



trading

*spaces*

BLUE AND GRAY

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# Washington-Lee High School

1301 North Stafford St.

Arlington, VA 22201

703-228-6200

[www.washlee.arlington.k12.va.us](http://www.washlee.arlington.k12.va.us)

Population: 1,522



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Population: 1,522

*opening*



# BLUE AND GRAY 2008

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This was the year of *trading spaces*. There was a shared sense of excitement as we watched our new home grow. Some students and faculty lamented leaving our old building, or packing before winter break, but most were overjoyed about the new beginning. However, buildings were not the only places where we were *trading spaces*! We *traded* in our 45-minute periods for a new block schedule. Many sports teams and organizations *traded* old ways for the new, with fresh coaches, players, and team rituals. Classrooms and academics overcame the distractions of construction and packing, while thriving on new technology and comfort at 1301 North Stafford Street. School spirit held an important *space* in our lives, as we celebrated the improvements of a new building, new schedule, and renewed sense of community.

# trading

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# *spaces*



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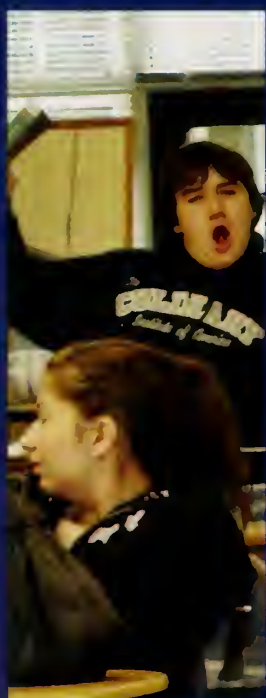
## STUDENT LIFE page 4





# student life

## 2008







There has to be more to being in high school than academics, right? That's where student life comes in. School days are more than living one test to the next. School days are about developing relationships, chattering in the hallway, and making weekend plans. From decorating lockers to serenading the cafeteria with a guitar to volunteering on their own time, students never failed to establish themselves within the school walls and beyond. From homecoming to senior privileges, students never missed a chance to inject some fun into stressful and demanding school weeks. With the transition to the new building, students of every class had to carve their new niches in a new environment. They bid farewell to their favorite spaces in the Quincy street building, and quickly adapted to being a student on Stafford street. It was a year of trading old for new, keeping pace with the changes, and students showed their flexibility and spirit through it all.





▶▶ According to the majority of students, summer vacation was simply too short.

# around the world in 76 days?

Being a couch potato and catching up on sleep might have been the biggest attraction of summer vacation for some, but many students grabbed the chance to venture out and explore the rest of the globe. "Sometimes it's nice to catch up on rest, but I usually use my vacation time to travel and see new things," said freshman Nadia Jmili.

Senior Milica Bogetic did a tour of Montenegro, Serbia, Croatia, and Germany, traveling some of the distance with family, and enjoying other parts with overseas friends. "The coast of Montenegro is gorgeous, and the nightlife is amazing," said Bogetic. "I wish vacation was longer, so I could have stayed there longer."

While Bogetic toured Europe, senior Alba Garcia chose to visit family in the Dominican Republic. "It's always really nice to see family, and my favorite part was just hanging out at the beaches and riverfronts, bonding with all my cousins," said Garcia. "A longer summer would be nice in some ways, but I think I would forget everything I learned, so I'm pretty happy with how long it is right now."

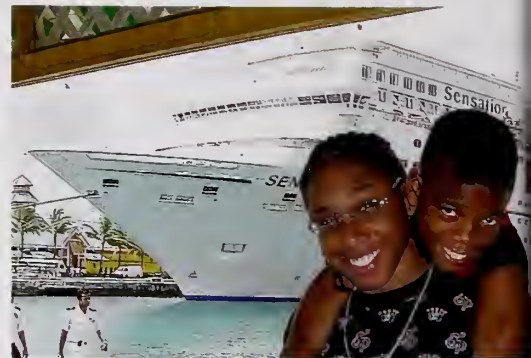
Senior Devon Hogan, who traveled to the Bahamas on a family cruise, agreed

with Bogetic about the length of summer vacation. "Parasailing and jet skiing were my favorite memories from my vacation," he said. "I wish it was longer, so I wouldn't have to rush back and work on all the summer assignments we got."

In addition to catching up on their travel plans, relaxing or visiting friends and family overseas, many students also interned, worked summer jobs, went on road trips or enjoyed classic local hangouts. Junior Prakriti Khanal said, "It always seems like summer assignments creep up and ruin the summer experience." Freshman Nadia Jmili agreed. "I absolutely love summer; it's the only time when I can catch up on my hobbies and actually have a stress free lifestyle," she said. "I only wish vacation was longer and we didn't get so much summer homework."

Students often felt summer to be too short for tackling both ambitious travel plans and summer assignments. With the endless possibilities that summer brought came the realization that summer does have to end.

-Anna Riddick, '08  
& Karina Zannat, '08



Seniors Hiba Elnour and Gloria Marin go on a trip to Europe, but France is the favorite stop. "France was beautiful. I loved it the most out of the entire trip because of all the buildings," said Elnour.



Juniors Waleed Shahid and Andrew Trombly eat barbecue and enjoy the outdoors at a summer production of a play in rural Virginia.



Senior Stephanie Salvador meets with presidential candidate Hillary Clinton during a summer internship on Capitol Hill.





Senior Devon Hogan waits with his younger brother to board ship during his family cruise in the Bahamas. "It's really nice to let go and relax in a place so far away from home," said Hogan. "Exotic sights and new things to try, like scuba diving, were my favorite things about my vacation."

Senior Andrew McClellan finds it relaxing to spend his summers out on the open ocean rather than on land, and uses his vacation time to sail with his family in New England.

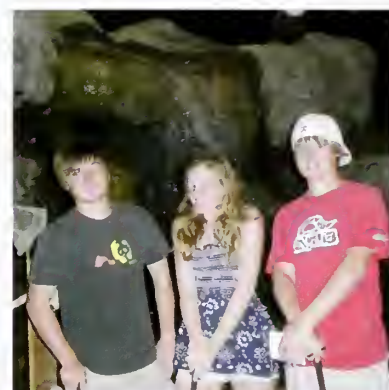


Senior Sarah Michaelson enjoys go-karting during her beach vacation with her family in Rehoboth Beach, Delaware.



Senior Ryan McNabola, junior Jason McNabola, and freshman Lisa McNabola take a family vacation to Cape Cod, Massachusetts. The three siblings found that putt-putt golf was something that they could all enjoy as a family.

Left: junior Kristen Bledsoe poses in front of a view of London, England during her summer trip. In this picturesque setting, she found the "Big Ben" to be just as captivating in real life.



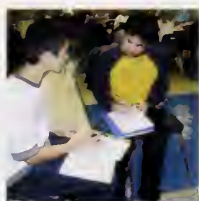
Freshmen Rachel Schwartz and Molly Ramey frequent Ocean City every summer with their families.



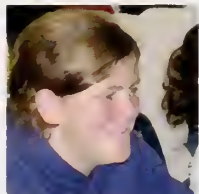
Senior Yasmira Ramirez sits at the Air Force Memorial. "My family came from Argentina, and so we decided to show them all around Arlington this summer. We went to places I had never even been to," said Ramirez.



# looking forward little kids



Jeremy Friedman and Paulo Dorado



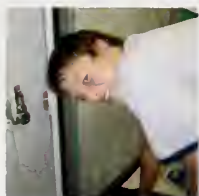
Jennifer Berry



Halima Jhoti and Mary Sanchez



Imane Zirari and Gabriel Yudken



Austin Evans

Freshman year was where it all began. From the time the freshmen walked into the doors of high school, they were already imagining senior year.

The freshmen had many plans for the four years that lay ahead. "Within the next four years, I hope to make the basketball team, get a scholarship, and be voted most funny by my classmates," said Dezmen Smith. Another freshman with similar aspirations, Robert Mercado, hopes to get his diploma, make varsity football, and of course, graduate.

Freshman year was also full of changes, the biggest change being the transition from middle school to high school. "You have a lot more freedom in high school

but then again, you have a lot more work and homework as well," said freshman Holly Parker.

The transition to high school was a challenge, but some students felt that they had it good in comparison to the upper grades. "My favorite thing about being a freshman is that we get the easier load," said Synthia Boudreau. "We have easier classes and less homework."

Appropriately, the academic theme for freshman year is "identity". Freshman year is a time of growing and discovering both who you are and who you will become. The class of 2011 began with high hopes for their next four years of high school.

-Mandy Maggio, '10



Freshman Clement Aifer smiles as he steps off the bus. Most freshmen, who are too young to drive, take the bus, walk, or ride with their parents to school.



"My least favorite thing about being a freshman is that the upperclassman girls turn you down because you're young," said Dezmen Smith.



Robin Taylor and Rebecca Graham laugh together after school in the freshmen commons as they discuss their days.



Daniel Browning and Michael Yuhang hang out together in the lunchroom after school as they wait for their rides.



Megan Gottfried, Lisa McNabola, and Amy Severs talk together during lunch about their upcoming weekend plans.



# vs. looking back big kids

Senior life is a stark contrast to freshman life: the changes vary from off-campus lunch privileges to the difficulty of classes.

Many seniors had a new perspective on high school as they finished up their four years. "If there was one thing that I wish I would have done during my freshman year, it would have been my work," said Jerrel Thompson. Other students had regrets about their extracurriculars. "I wish I would have never quit football," said Joseph Duffy.

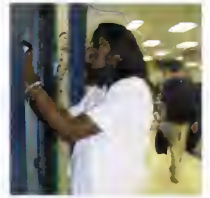
Senior year was also a time of having to make life-changing decisions. Within the first few months of the school year, seniors had to decide what they were going

to do with their futures. "I plan to go to GMU and learn how to fly planes," said German Peralta.

Some seniors were trying to pursue goals they had held since childhood. "Hopefully, I will go to college at Virginia Tech," said Gloria Marin. "It has always been my dream,"

Whether their plans were to attend an in-state college or take a year off and go backpacking across Europe, the years following high school graduation determine a lot about the future. The seniors, who were not long ago freshmen, grew up. The class of 2008 left their mark and moved on to new challenges.

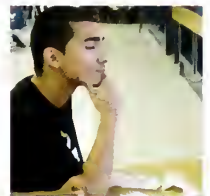
-Katie Wheeler, '08



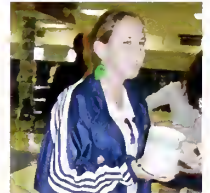
Pulkeet Mehra



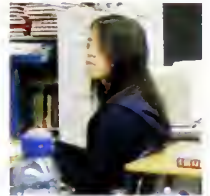
Donald Wortham



Edward Zapata



Devon Lynch



Kristina Vi



Senior Madeleine Champoux, like many other seniors, drives to school every morning and parks in the designated senior parking lot.



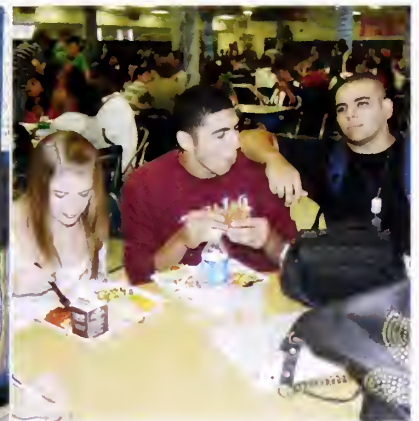
Alexander Case and Eskinder Haile present an idea for a new club, PAM, where they will discuss politics and money over pizza.



Although Nathan Rogers, Daniel McKenna, and Eric Schroeder have off-campus privileges, they choose to stay in the cafeteria for lunch.



Jaimie Dungo and Henry Medrano take a quick break during their day to discuss their plans for after school.



Gretchen Butt, Joseph Pricone, and Mahmoud Belhadj-Nasr decide to stick together and eat lunch in the cafeteria.



Seniors Andrew Gilbert, Salem Acuna, Samuel Speicher, Zachary Warburg, and Megan Holland act out the sixties in the midst of their hallway decorations. The seniors won first place for their hallway decorations.

Seniors Marion Zavolas, Gretchen Butt, and Robbie Fendley dress up for multiplicity day in matching white polos with jeans. "Spirit week is important to me. As a cheerleader, I work hard to promote spirit week," said Zavolas. "Spirit week is also the only time when you get to dress up, go crazy, and have fun with your friends."



Freshmen Amy Severs and Holly Parker were excited to participate in spirit week for the very first time. Here, they sit in the math hallway working on their freshmen homecoming float, which won second place.



Seniors Joan Cummins and Therese Gavin celebrate their senior year by dressing up in togas for "blast from the past" day.



Seniors Nicholle Canales and Cynthia Koss hang out by the old senior lockers after school while they discuss the upcoming pep rally.



Junior Adam Green shows off his junior spirit by not only wearing his class colors but painting his face red.



Juniors Craig Stephanson and William Stehm show off their junior pride at the pep rally.



Math teacher Eric Shetler expresses his spirit through his tie-dye shirt.



The sophomore class show off their western theme float for the judges.



The junior class, dressed up as cavemen, act out their Ice Age theme.



*Students get to show off their style and personality through spirit week.*

# let the spirit move you

Spirit week was a time when all students had the opportunity to show off their own personal style and individuality. Freshman Max Blackman said, "I think all students have the opportunity to participate in spirit week because it doesn't matter who you are, you could have dressed up however you wanted to." All the different themes gave students the chance to participate, although some chose not to participate in all of the themes. "I only participated in multiplicity day, class color day, and Generals' pride day because I thought those days would be the most fun," said freshman Imane Zirari.

Although spirit week has been a tradition for several years now, some students still felt as if it could be better. "Spirit week would be better if there was a pirate day and if everyone was involved," said Blackman. "We always do the same themes," said sophomore Molly Wolford. "I think more people would participate if we switched up the themes."

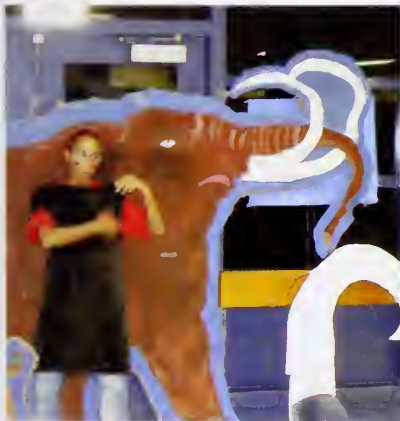
On the other hand, some students were completely satisfied with spirit

week. Freshman Dega Abdi said, "I enjoyed spirit week because I freaking love this school, and I love showing it!"

As for the seniors, this was their last spirit week before heading off into the real world. "I felt kind of sad because I won't have as much fun in school after this," said senior Sami Sabir. "I won't be able to hang out with my friends as much and do goofy stuff like spirit week." Other seniors felt similar to Sabir. "I thought it was a meaningful week because it's our last year and it was our last opportunity to show how much we love our school," said senior Rahaf Amer.

Regardless of what grade they were in, spirit week was fun and moving for all types of students, and it also gave them a chance to have fun and bond at the same time. Spirit week was a way for the school to come together as one. As junior Riko Chamroeun said, "Spirit week reflects the Arlington community, as we all come together as a school."

-Katie Wheeler, '08



Junior Mark Curry performs in front of the judges for the junior hallway decorations.



Brenda Harris and Catherine Sauter accompanied by some students, show their spirit.



The senior class shows off their spirit as they dress up for "class colors" day.



The band members perform as the floats are being judged.



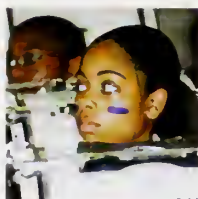
*Students come together for the last time in the old building.*

# got spirit?

## let's hear it!



Patrick Jackman,  
senior



Bianca Johnson,  
senior



Juniors Emily Seklecki  
& Hannah Thomas



Carol Callaway,  
Director of Students  
Activities

Traditionally, the purpose of a school pep rally is to get the student body hyped for the upcoming football game, homecoming dance, and other related events where fan participation is a must. A long-standing tradition for each class is wearing a certain color to represent their class spirit and attempt to prove that they have the most school and class pride. This year's competition was fierce, as the classic rivalry between the juniors and seniors escalated.

"The junior class had the most spirit. They all wore red and one of them started the wave," said freshman Kelsey Tigner. Students from all grades painted their faces and made signs to express their pride and to prove their spirit. Arguably the loudest, the senior class could not be ignored. Sometimes the competition goes even further than just dressing up or cheering. At one point, a group of seniors began throwing blue paper into the sea of red on the junior's side.

Other than just showing their

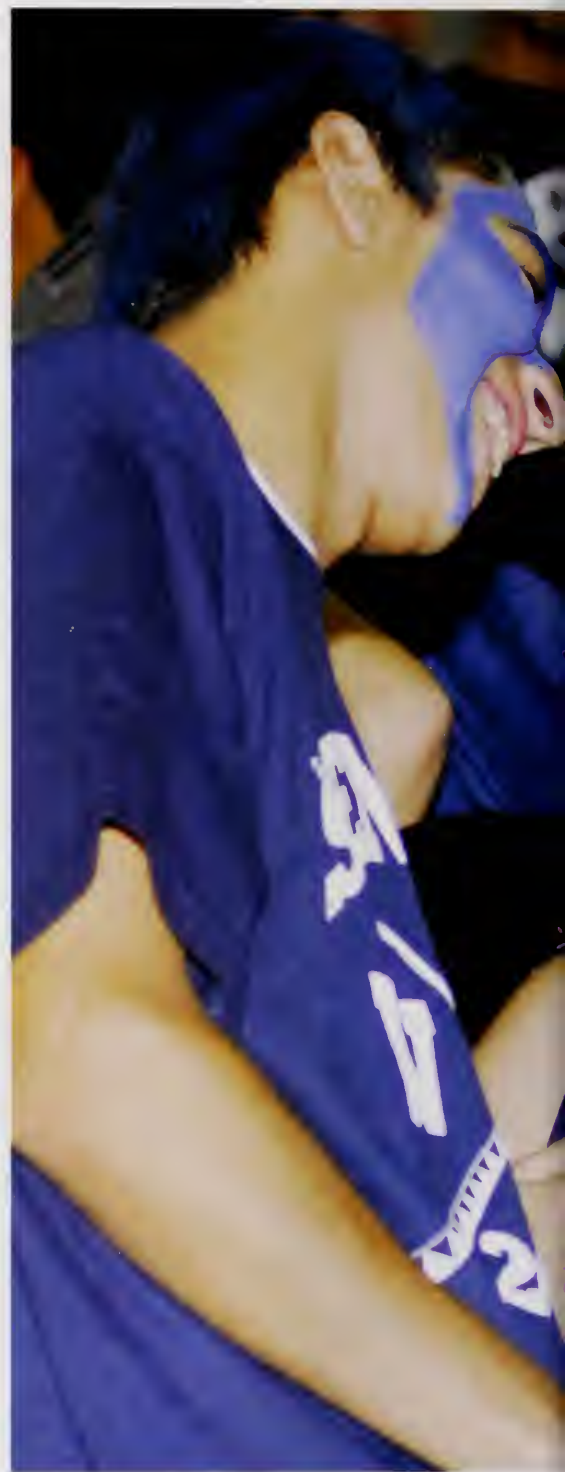
class colors and spirit, students all joined together to support the school sports teams. "Pep rallies definitely get people pumped up for the games, especially the band," said freshman Sam Eakes.

This year, the band played more popular songs that the crowd could recognize, such as "Rubber-band Man" and "Party like a Rock Star," which was a success in getting everyone pumped up.

Besides the band, performers included the dance team, cheerleaders, and the color guard. However, a pep rally would not be complete without some kind of competition where fall sports teams, such as the cheerleaders and football players, competed. Games such as the hula hoop and the marshmallow eating contest entertained the crowd.

No matter what their favorite part was, the majority of students agreed that this pep rally was true to the tradition: it gave the students a chance to go all-out to support their high school.

-Amanda MacDonald, '09



senior Rudolph Steven Gray, junior Enrique  
Magana, and senior Mahmoud Belhadj-Nasr



Kristi Kem and Jesse Baker, the winners  
of the freshmen homecoming court



Sophomore Genesis Torres-Moreira strikes a  
pose during the color guard performance.

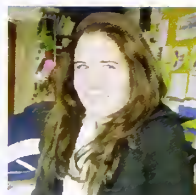


seniors Jane Roberts, Lauren Mathae,  
and Genevieve Griffin





David Sanchez and Jessica Lopez laugh it up and cheer for the class of '08 in the senior section of the gymnasium.



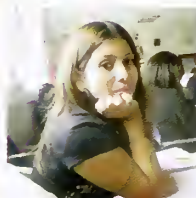
"I thought the pep rally was really fun because at my old school we had no school spirit. This is my first year here, and it was refreshing to see so many people involved."

-Alice Billmire, sophomore



"I think the seniors had the most spirit because they were all wearing their colors. Last year was a lot better, though, because we were freshmen and it was more exciting."

-Lilly Bouldin, sophomore



"[The class of] '09 had the most spirit. We were all wearing red, and everyone was standing up. Everyone had a lot of fun."

-Delia Aguirre, junior



"It was much better this year because I like it better in our new seats. Last year everyone was too embarrassed to wear green."

-Anne Murray, sophomore



"All the other years were so much better. This year there wasn't very much hype, and they just went straight to business. It wasn't as exciting as usual. When I was a freshmen, we all cheered, too."

-Joseph Duffy, senior



Henry Brigham and fellow spirited juniors stood up for the entire pep rally.



Sophomores Elana Crivella and Caroline Birasa check out the action below.



Senior Yasmina Ramirez-Garcia performs with the dance team.



The junior class was far from shy with their school spirit.



*Despite the rainy game, this year's homecoming was seen as one of the best.*

# "we takin' over..."



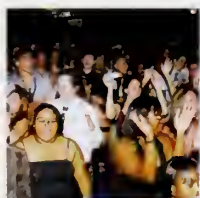
Zoe Bellars and Brooke Hudd



Chaimae Haronni and Rebecca Fisk



Nataly Lara and Stephanie Smith



The dance floor was packed throughout the night.

With a winning streak for the football team and lots of enthusiasm, homecoming week was a huge success with a few new twists.

During the spirit week leading up to homecoming, faces stayed painted to show school spirit, and the hallways stayed abuzz with talk of plans for the upcoming game and dance, which included everything from dress shopping to dinner plans. In addition to the usual festivities, the marching band revved up the entire student body by marching through the school on the morning of the big game.

The inspiration must have worked. An extraordinary number of students, faculty, and past graduates attended and stayed until the end of the victorious homecoming game, despite the rain and dropping temperatures. "There's no substitute for peers celebrating with peers, and that definitely played a large role in increased spirit this year," said Assistant Principal Tyrone Byrd. "Despite all the rain, the students at the game stayed upbeat and showed growing enthusiasm as the rain came down harder." The dedication paid off: the team had an impressive victory at home, defeating J.E.B. Stuart 31-0.

The homecoming dance, with the theme of "time travel," also proved to be a large success. "Overall, it was the best homecoming dance I've been to in all four years," said senior Nicholle Canales. "I thought the new tradition they started up with the homecoming court walking down the dance floor was cute."

The dance drew a large majority of the student body, who enjoyed both the event itself and all the excitement that came along with it. "Homecoming is a lot of fun, and it's great to dress up and do all the usual activities such as getting ready with friends before or going to eat at IHOP after the dance if you can avoid drama from your social group," said senior Hiba Elnour. The event gave students a chance to forget the stresses of school.

Students said that both the homecoming game and dance were nights to remember. "This year was my favorite homecoming out of all these years," said senior Courtney Anderson. "I've never seen that much school spirit before, and the dance was the most fun yet. I think almost everybody in the school appreciated that."

-Sharifa Ahmed, '09  
& Karina Zannat, '08



"My mission for my last homecoming was to have fun and enjoy the beginning of the end," said senior Mustapha Jammeh.



Freshmen Alexander Berlin and Jonathan Aciego challenge each other to a dance competition.

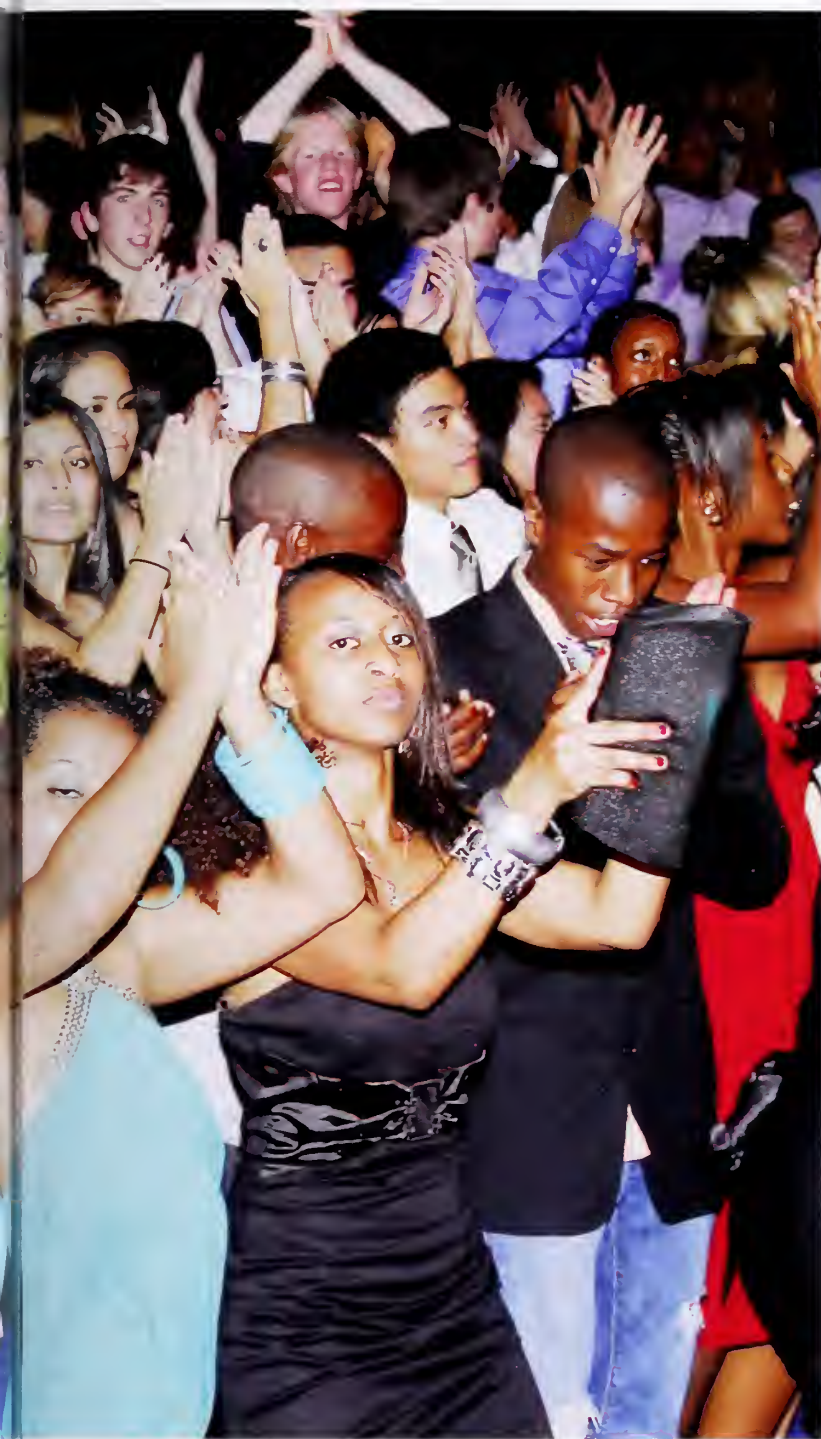


"This was my third homecoming and my favorite so far. It will definitely be something I miss from high school," said junior Rabaka Akter, with seniors Sonika Das, Roxane Tran, and Cathrine Wukitsch.



"Going to homecoming with friends was the best decision I made. It guaranteed that I could enjoy the night," said sophomore Leah Woodruff, pictured here with friends on the big night.



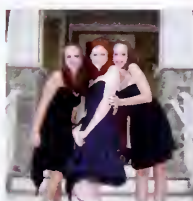


"Everybody clap your hands!" yells the dance floor as the popular dance song "The Cha Cha Slide" is played.



"I thought homecoming was really fun because I got to see all my friends. I previously attended a private school, so I never experienced a Washington-Lee homecoming dance. 'Amazing' was definitely the word to define that night."

-Elizabeth Clayden, sophomore



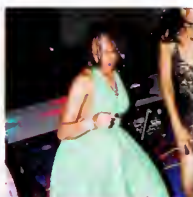
"For my first homecoming, I thought it was really exciting and fun. As a freshman, I thought it would be a great experience to go with my best friends."

-Allison Mihalik, freshman



"I thought it was a great last homecoming. I got to see people I don't usually see in school, and I thought it was nice to see people."

-Benjamin Yeager, senior



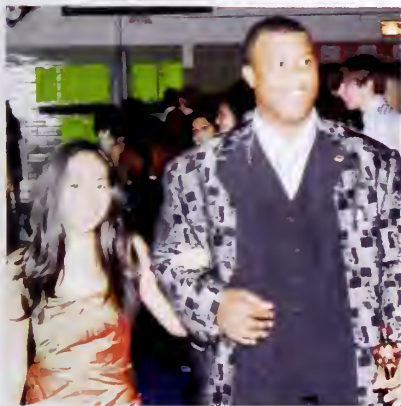
"I have been to all four homecomings, and this homecoming was a perfect way to spend time with friends, let loose, and have one last good time before going off to college in the fall."

-Frances Brionne Roberts-Gregory, senior



"I enjoy homecoming every year because I enjoy being with people I will always remember."

-Jessica Camille Holmes-Bonilla, senior



Seniors Rudolph Steven Gray and Jaimie Nowell Dungo walk down the dance floor as homecoming king and queen.



"I love homecoming. I really don't know why we don't have more dances," said freshman Keaira Wortham, pictured with freshman Imani Bigsby.



The DJ was able to get so many people out onto the floor with his popular music selection. Here, sophomore Rebecca McElfish and her date move to the front of the dance floor.



"With all the chaos of planning homecoming, this year it all came together really nicely," said sophomore Evelyn Hartz, pictured here with friends before the dance.



## carpool area

"I'm going to miss the old carpool area because during my freshman year I used to eat lunch outside. I ended up meeting my closest friends while I was there. We always laugh and remember those times"

-Sabrina Love, junior

## cafeteria

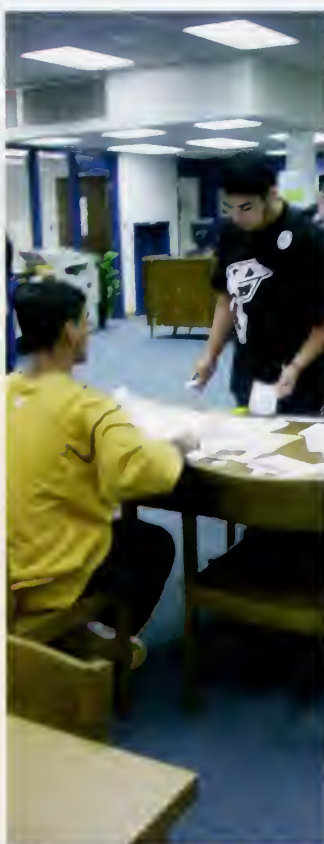
"One time in the cafeteria during lunch, me and my friends starting booing one of our friends. Then, all of a sudden, the whole cafeteria was booing. It was hilarious."

-Ryan Buescher, junior

## picnic benches

"I like the picnic benches because it's lovely to be able to go outside before the school day is over."

-Jessica Hogan, junior



Sophomore Usman Mahmood and senior Eric Interiano rush to get a project done during lunch in the old media center.

## student life



Seniors Omar Rubianes, Bryan Algeria, and Carlos Stewart work on their homework and catch some sleep in the cafeteria before the start of the school day.

Sophomores Caroline Birasa, Stephanie Tate, Gregory Hogan, and Christina Phang finish up their homework and chat before the bell rings, while waiting at the end of the old science hall to go to chemistry class.



►► Students say goodbye to their favorite spaces from the old building.

# old spaces same faces

After students moved into the new school building, many found themselves missing their favorite hangout spots. While the new building has its perks, students still had memories associated with the old school campus. Whether those memories involved getting some fresh air during lunch on the picnic benches or cramming for a test in the media center, many students missed their special spaces from the old-campus days.

Senior Zul Erdenebold liked to catch up on her work during lunch in her favorite teachers' classrooms. "I can speak four languages and English is my fourth, so my teacher can help me," said the exchange student from Mongolia.

While some students enjoyed a quiet place to prepare for class, others gravitated toward more social locations. Junior Billy Mashid preferred the atmosphere of the most popular area on campus: the cafeteria. "I think my favorite memory was when some guy walked by our table and tripped on a lettuce container," said Mashid.

Omar Rubianes, Bryan Alegria, and Carlos Stewart were also fans of the old cafeteria. The three seniors had sat at the same table every morning since freshman year. "We came one morning and sat here to do our homework and talk, and ever since we've been sitting here,"

said Rubianes. "Now it's our senior year, and we've had plenty of memories."

Of course, students did not forget about the freshmen commons. The class of 2011 would be the last to occupy its lockers. Freshman Megan Kroger loved greeting her friends between classes. "I like being able to hug my friends when I'm getting my stuff from my locker," said Kroger.

Besides the freshmen lockers, the lockers in the main hallway upstairs were a major hotspot before and after the school bell rang. Students gossiped, caught up on their homework, and got ready for class or the coming weekend. This area, mostly occupied by the junior class, was often congested and hard to pass through.

Many students also missed the picnic benches, which served as a warm-weather retreat when eating in the cafeteria became tedious. For those students who were not fortunate enough to be seniors, the picnic benches were a pleasant alternative.

However, as the students said goodbye to their old favorites, they quickly developed new ones, and, in turn, new memories.

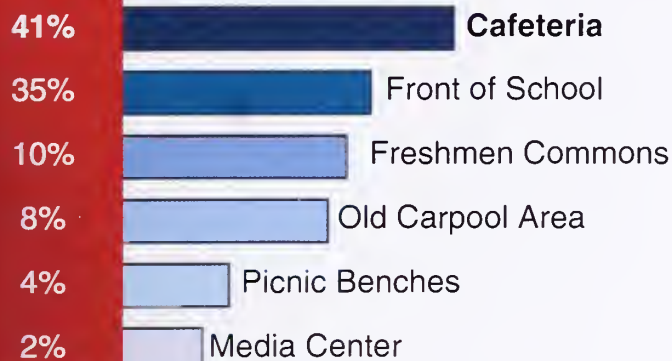
-Amanda MacDonald, '09  
& Jullie Zeballos, '09





# W

## hich hangout spot will you miss from the old building?



40 students surveyed

Juniors Conor Sharp, Andrew McDaniel, and Ahmad Helmy hang out by their lockers on the old second floor hall, talking about their new class shirts before catching the bus.



Senior Francisco Mejia and sophomore Kaitlyn Osteguín share a moment on the ledge in the front of the old building.

Juniors Connor Donahue, Elise Littler, Genna Schwartz, and Claire Van Wagner share some laughs out front of the old school before heading off to get a bite to eat. The front of the building was a popular hangout before the January move to the new address.

*student life*



Senior Cassandra Runevald shows off her locker, which is decorated with photos of close friends to remind her of good times in the past.



Juniors Oksana Trofimenko and Amanda Enright decorated their shared locker with cutouts from magazines and pictures of friends, a popular trend among girls.



## Express Yourself

"Our locker has lots of pictures of cute guys and bands that we like."

-junior Oksana Trofimenko

"I keep my skateboard in my locker because I love to skate. It's my passion."

-sophomore Zachary Fendley

"The things that express me the most in my locker are my pictures because they remind me of the good times I've had."

- freshman Enisa Turko



"The things in my locker that express me the most are my graffiti stencils that my brother made," said sophomore Mary Heather Cromartie. "It shows off my artistic side."

An avid fan, junior Victor Petty applies his lip balm before he kisses his favorite Lindsay Lohan picture from the shrine in his locker.



Now with eight minutes to spare in the hallways due to the adoption of block scheduling, sophomore Llona Brueckmann takes her time opening her locker before heading out for her next class.

Students were able to express themselves through decorating the interiors of their lockers. Junior McKenna Klontz decorates her locker with wrapping paper, which she changes monthly for some new scenery.



►► *Students reveal the secrets of their lockers.*

# a look in myspace

There were many ways for students to highlight their individuality at school, but with language restrictions and dress codes, one of the most creative ways students expressed themselves was through their lockers.

At times, students revealed the stranger sides of themselves in their locker decorations. "The weirdest thing in our locker is our calendar magnet of different yoga positions," said junior Amanda Enright. "It gives each day some variety and is interesting to look at. Sometimes I even go home and do the positions to relax."

Lockers also expressed students' interests and passions. "My locker expresses me because I'm really athletic, and my locker is full of cheerleading and softball stuff," said freshman Allison Mihalik.

For other students, their lockers were a place to turn to lift their spirits. Junior

McKenna Klontz kept messages and pictures from her friends on the inside of her locker door. "If I'm having a bad day, I can just look around and laugh at all the crazy things we have done," said Klontz.

Lockers also reflected group traditions among friends. "Every summer my friends and I have this one song that we love to listen to, and we decided to put up the lyrics in our locker," said senior Jaimie Dungo.

More than just storage spaces, lockers have evolved into creative outlets for the student body. Before the big move to the new building, creative expression reached a new level as students received permission to graffiti and spray paint the insides of their lockers.

-Lindsey Wallace, '09  
& Jessica Li, '10

## *the new lock policy*

### Why the new locks?

The school introduced a new lock policy that raised many concerns with students. The policy required each student to purchase a lock from the school for seven dollars. This new policy sparked many questions among students.

"We changed our lock policy because we were audited by the Virginia Department of Justice, who recommended a uniform lock system," explained assistant principal Tyrone Byrd. "With this system we are able to access and know what's going on in the lockers periodically."

The school-issued locks would benefit the students as well, according to the administration. "I believe the new lock system is effective because many students frequently forget their combinations, which we are now able to supply for them," said Mr. Byrd.

Though the administration seemed to be satisfied with the new policy, senior Sarah Michaelson suggested another method. "If they wanted to control our locks, they should let us buy our own locks, and we should be able to give our combinations to our English teachers," said Michaelson.



*student life*



Junior Betis Sorto-Sanches and sophomore Victoria Cruz take advantage of good weather to hang out on the library balcony and appreciate the view of the Ballston skyline and the football field.

"The commons is a new definite hot spot because you have access to the vending machines."

-Mark Curry, junior

"The courtyard gives people a chance to chill outside with lots of space to spare."

-Nicolas Burns, freshman

"The front of the school is a good place to hang out because it's outside of the school environment. It gives you a change to relax while waiting for buses."

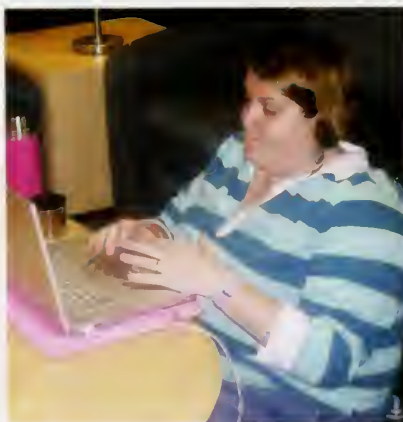
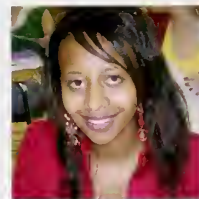
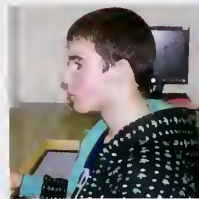
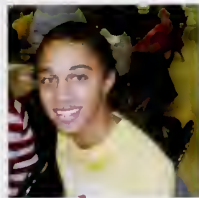
-Diana Dubon, freshman

"The courtyard is an awesome place to get some fresh air and get away from the school's chaos."

-Hilewna Gebru, junior

"The cyber cafe is a cool place to go, bring your laptop, and do your own thing."

-Bethlehem Girma, senior



Photography teacher Kyla Lupo sits back in the cyber cafe to check her personal e-mails at the end of the school day.



After school, sophomore Nathaniel Root takes advantage of the new library furniture to relax with his current read.



Freshman Daniel Browning catches up on some homework in the cyber cafe before heading to after-school sports practice.



Math teachers Susan Lauffer and Anne Verville enjoy the new, sunlight-filled teachers' lounge.



Students established new favorite spaces after the move.

# finding spaces



Switching schools was not entirely an easy transition, but students seemed to conform to the new school quickly, finding new hangout spots with ease. One of the first and most popular hangouts was the commons. The commons had a double function, serving as both a cafeteria and a space for students to hang out before and after school. "The commons is a hot spot because you can eat in it, and everyone automatically stops and hangs out there," said sophomore Brianna Haskins.

Along with the new school came a new and improved library complete with an outdoor balcony. This quickly became a space for students to gather with computers, books, and new magazines available to them. "The library is a cool place to hangout because it's quiet and a good place to get homework done and read magazines," said freshman Kylah Jackson. Connected to the library was the library balcony, overlooking the track, field, and Ballston skyline. "I think the balcony outside of the library is a great new hangout spot because it's secluded from everything and it has an awesome view," said junior Ashley Rippey.

Not only did the new home on Stafford street include improved rooms, but it also came with a courtyard. Students used this new outdoor area to their full advantage; they were able to get away from the hectic hallways of the school. Sophomore Brenda Quinteros said, "I think the courtyard is a good getaway place to chill and hangout."

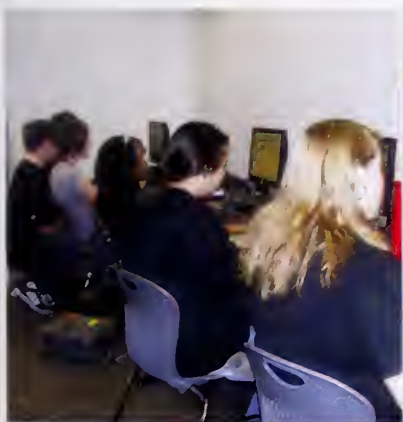
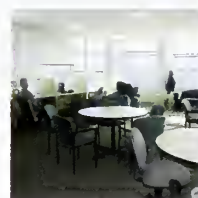
The new building was modern in more

than looks alone; it also reflected an increasing emphasis on technology. This included the addition of a cyber cafe, which quickly became a popular space for students to access the Internet and sip on hot chocolate before or after the school day. "The cyber café is pretty sweet because you can bring your laptops to use," said freshman Michael Yuchas. The cafe offered the freedom to surf the net, so it became an instant hit. "The café allows students to check e-mails, play games, and other non-school related things," said one of the cafe supervisors, photography teacher Kyla Lupo. "Its purpose is a fun, technology-enhanced place for students to hang out." During the school day, the cafe also served as a regular computer lab, accommodating more classes.

Arguably, the most attractive addition to the school was the luxurious teachers' lounge, which held new furnishings and a beautiful view looking out into the Ballston skyline. The lounge also brought the faculty closer together, as it was for all teachers to use, instead of individual departments. "The teacher's lounge is a place for teachers and staff to relax and socialize with their colleagues," said math teacher Susan Lauffer.

Though some students and staff were initially a bit hesitant about leaving behind the familiarity and history of the old school, they quickly adopted niches in the new building.

-Lindsey Wallace, '09



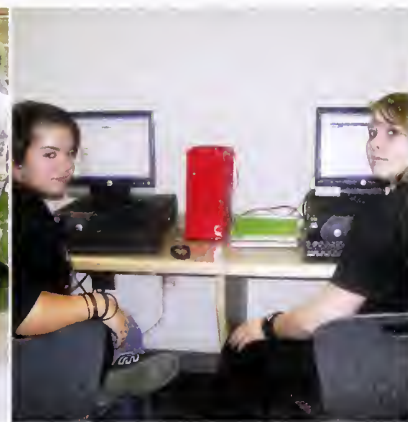
With the cyber cafe, students were given the opportunity to surf the net and enjoy hot chocolate before and after school hours.



Sophomores Michael Hanech and Tiphaine Monroe work on a project after school in the new library.



On a rare warm day in January, students use the courtyard during lunch time to get out their energy in the open air.



Sophomore Cristina Pereira and freshman Vanessa Clayberg surf the net in the cyber cafe, located on the main hall.



Sophomores Aasim Rawoot and Drake Anderson prepare to leave for Chipotle, a popular restaurant within walking distance of school.

"I love Five Guys! That's the hangout I'm going to miss the most when I leave after senior year because that's where all my friends and I went after school to get something to eat."

-Reyda Van, senior

"Whenever my friends and I get the chance after school or on the weekends, we head to Thomas Jefferson's rec-center. We play all different types of sports there, but we favor soccer the most."

-Roberto Lopez-Meleán, junior

"My favorite hangout spot is the restaurant TGI Friday's. All my friends and I drive to the restaurant to have lunch and talk."

-Senait Nega, senior

"I usually hang out at Ballston Mall. My friends and I go to the food court, grab some fast food, talk, maybe see a movie, and laugh at the people that fall on the escalators."

-Katherine McKenna, freshman



A popular place for upperclassmen, Georgetown offers high-end shopping, a variety of restaurants, and movie theaters.



Seniors Tave Harris and Anthony Astudillo choose an area across from the Ballston Metro station to pick up food. Students appreciate the variety of restaurants within walking distance of school.

Well known for attracting students from all over Arlington County, Ballston Mall doubles as both an after-school hangout and a weekend hotspot for dinners and movies.





Students frequent these well-known areas in their spare time.

# famous hangouts

Ever wonder what the hangout hotspots were in Arlington? From a relaxing evening at a friend's house to an all-out night in Georgetown, students never ran out of things to do in the area. "I think there's always something to do around here because everything is so close together, and there's also the Metro," said sophomore Suchana Costa. "Plus, we're near D.C." Many students agreed that the relatively small size of the area made it easy for younger people to get around, whether it was by car, walking, taxi, or public transportation.

The majority of students preferred casual local spots where they could relax rather than more expensive locations. "My favorite hangout is at my house, where we all get together, watch the latest movies, and eat all my food," said freshman Brita Gonzales. "I think the H-B Woodlawn basketball court is a pretty good spot," said junior Will Angle. "There's almost always another person there, so you can get pick-up games going."

Many students' favorite local spots centered around food. "Places like

Chipotle or Five Guys are always fun to go to eat and hangout with friends," said senior Andrea Sorto. "Fancier restaurants in Clarendon are also perfect to have group dinners or celebrate birthdays."

Students also took advantage of being so close to the nation's capital. "When I get tired of doing the same thing, I love going to D.C. to catch up on the museum exhibits and walking around the National Mall," said senior Pulkeet Mehra. "Window shopping in Georgetown is also fun." Students said they felt lucky to live in an area with so much to offer. "I think it's really good how there's so many different things to do around here," said Costa. "No matter what kind of social group you hang out with or what your interests are, there's always a place to go to get away from stress."

Whether enjoying a pick-up game on a neighborhood basketball court or taking a trip downtown, students stayed busy in and around Arlington.

-Fabiola Alba, '08  
& Karina Zannat, '08



Juniors Caitlin Little and Sabrina Love shop for a new phone at Ballston Mall.



Juniors Ariel Hamilton and Suzanne Matyas shop at Ballston Mall after school for some last-minute birthday presents.



The newly built Clarendon circle, in the heart of Arlington, attracted many students. Some frequented the Barnes & Nobles bookstore, others enjoyed having dinner with family and friends or simply strolling through the grounds in nice weather.



"I like hanging out at the mall and playing in the arcade," said freshman Britta Gonzales, pictured here with fellow freshman Alexandra Arriaza.



saying goodbye,

settling in

"I miss the old building and its homey feeling, but I do like the space, the windows, and the elevator in the new building."

-Sabrina Love, junior

"Change is hard, but as time goes on we will all see the benefits of the new building."

-Kristin Shapiro, guidance counselor

"I like both buildings. I felt more comfortable in the old building because it was my first high school, but I like the technology in the new building, and I feel happy here!"

-Emily Nolan, sophomore

"I feel like there are a lot of memories in the old building since I spent three years there, and although the new building is bigger and has more technology, I still feel like the old building is more comforting."

-Robert Reed, senior

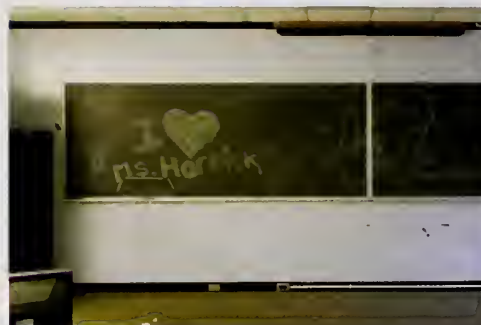
"I like the new building better because it is cleaner, bigger, and has better lighting, but I do miss our big senior lockers in the old building."

-Marissa Kroger, senior



Sophomore Stephanie Smith checks her film strip in the new photography lab's film dryer cabinet. The film dryer is now heated, and it is also faster than the dryer in the old building.

English teacher Sarah Harrick's students decorate her blackboard, expressing their love for not only her, but the old building as well. In the new school, classrooms were all equipped with whiteboards.



►► *Students and faculty find that change is necessary in order to grow.*

# moving on swiftly

For many individuals, change is not easy to deal with. For a full school community, it can be especially challenging. Saying goodbye to memories, and warming up a new home, took time. However, as teachers and students settled into their new classrooms, many agreed that a lot of benefits came along with the new building. Not only did the new building come equipped with much-anticipated climate control, the classrooms were also bigger and offered advanced technology in the form of laptops and SMARTboards.

Principal Gregg Robertson appreciated the upgrades of the new building. "In the new building, I think there are more common areas where students can come together such as the concourse, the commons, and the cyber café," he said. "I feel like the old building was constructed with many isolated areas. In the new building everything works, we have a new HVAC system, and we aren't hearing nearly as many complaints about the temperature."

However, he did note that the new building came with some drawbacks.

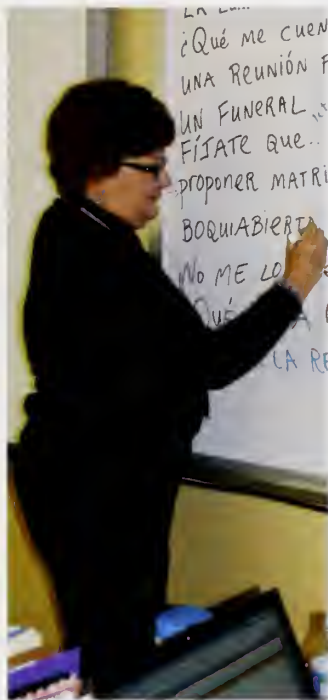
"In the new building, I miss having an office right on the main hallway where I can open my door and see the kids walking by."

Sophomore Kyle Thornhill agreed with Mr. Robertson. "I like the new building better because although we had fun in the old building, it is time to make new memories in the new building," he said. "Also, we cannot have the most expensive school in the country and not love it!"

On the other hand, junior Luke Malley expressed some feelings of discontent for the new building. "The new building is too big, and it feels empty. Also, I can't concentrate with all of the windows!"

Of course, some are always bound to miss the features and familiarity of the old building. As students and faculty said goodbye to painted ceiling tiles and the occasional mural, they settled into beautiful new classrooms and starting making them their own.

-Katie Wheeler, '08



"I have more space in my new classroom, and I have new technology. I also like the windows and the clean work environment that I get to work in," said Spanish teacher Rosemary Hernandez, pictured above preparing a lesson.

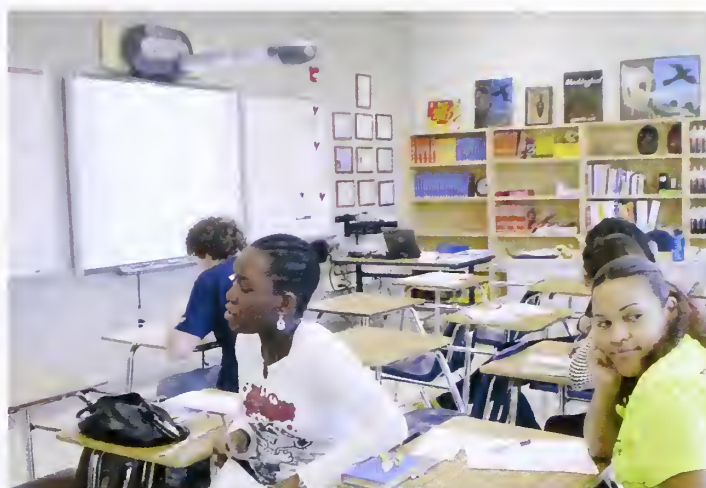
*student life*





Physics teacher Ron Revere's classroom was filled with memories of old experiments and previous students. Here, the room sits empty after the move.

Juniors Tiffany Wattley and Jerzie Robles enjoy English teacher Kenneth McCreary's new classroom after the move. It is filled with new furniture and technology, along with the natural light of two windows.



"I like the old building better because I could find everything, and there weren't as many stairs. Also, I've spent three years there and I had hoped to spend my last year there as well," said senior Brian Smith, pictured above in Sharon Brahaney's English class.

In the final days of the old building, freshmen Marvin Chinchilla, Paulo Dorado, Muna Abdulkader, Kaitlynn Menoche, and Lan-Anh Nguyen create memories while producing music in English teacher Christopher Erickson's classroom.



Students challenge gender stereotypes.

# in his or her shoes

What is your typical stereotype of girls? High heels, prissy attitudes, and shopping 24/7? "Girls are always stressing about everything and constantly over analyzing," said senior Brian Camacho. On the other hand, boys are always immature, sporty, and lack manners, right? "Guys are definitely more laid back about everything," said junior Angelo Sanchez.

Everyone may have their own ideas about members of the opposite gender, but as the times and trends change, girls and boys have continued to push the limit and do the unexpected. "I take a lot of time to get ready because I want to impress my date," said Sanchez. "Girls aren't the only ones who spend too much time getting dressed nowadays, because I know lots of guys who spend a lot of time getting ready on a daily basis."

With new opportunities opening up everyday, students kept breaking the traditional stereotypes. "I know people don't

expect boys to wear pink, but I have a pink shirt because it's been a popular fashion trend," said junior Andrew John Goodman. "I think people our age are starting to forget the traditional stereotypes," said senior Elizabeth Ludan. "Last year, we had two girls on the football team, and it is common for male celebrities to wear eye makeup and not be ridiculed for it."

Junior Ghislaine Mallek also observed changes. "The old stereotypes still exist, but people do not see new changes as negative," said Mallek. "I know men have started getting manicures more, and it doesn't freak girls out anymore."

Whether they were breaking fashion barriers, challenging traditional lifestyles, or taking part in sports not commonly associated with their genders, students crushed the limits set by old stereotypes.

-Juskeymi Lazo, '08  
& Karina Zannat, '08



Whether it was a case of coincidence or preplanned, girls who dressed alike were a common occurrence. Senior Helen Cahill ended up wearing the same shirt as sophomore Jayney Riddick because they shop at the same store.



A rare occurrence, seniors German Peralta and Carlos Stewart come to school with virtually identical clothes. "I thought it was really weird that we were wearing the same shirt, and it also felt awkward because only girls do that," said Stewart.

*student life*





After school, senior LaShay Newman chats on her phone as her boyfriend Elio Andia, also a senior, waits impatiently. "It gets a little annoying when girls are always on the phone or won't stop talking to their friends in the hallways," said Andia.



Though he faces criticism for his style at times, junior Alexander Torres keeps his hair long and often wears polo shirts. "Some people think it's weird, but I just laugh it off. Under my long hair and preppy style, I'm still me. So why should it matter if people think I should keep my hair short just because I'm a boy?" said Torres.



Senior Radia Mezouar shows her female-pride by "conquering" her friend Corey Smallwood, also a senior.

Freshman Dega Abdi does her friend's hair before a football game against Wakefield. "I love when she does my hair because it makes me look good for the guys at the game," said freshman Veronica Stokes.



Senior Jarvin Winger shows off his sense of fashion to the girls around him. "Not only girls worry about how they look; guys do, too," said Winger.



## then and now



Joan Bicklehaupt, an art and ceramics teacher, wears her dark aviator glasses in her younger days. Not much has changed for high schoolers today, with sophomore Eleanor Mills wearing her red sunglasses in the hallway.

Sociology teacher Peter Vogel's high school hair contrasts strongly with freshman Somwang Tipnoidi's hair today. The "clean cut" look has evolved to the long, tousled look that is more popular today.



Social Studies teacher Catherine Sauter's childhood Renaissance costume contrasts with sophomore Miles Coulton-Thompson's "Pokemon" costume for halloween.



Social studies teacher Peter Vogel clowns around with his students, sophomore Emma Wolfarth and juniors Lindsay Boryan and Anna Butt, during the last period of the day. "Mr. Vogel is always joking with us like he is still a high school student, so I guess some things never change," said Wolfarth.



Assistant Principal Tyrone Byrd, on the far right, strikes a pose with two friends during his college days.



Senior Justin Kidwell, sophomore Usman Mahmood, and senior Eric Interiano pose for a picture in the hallway.



World history teacher Jennifer Dean and a friend pose after a sumo wrestling match held at their high school.



Junior Regis Peebles competes in the pie-eating contest at the fall pep rally. Goofy games continue to be a tradition.



►► Today's student life differs from the high school days of teachers.

# blast from the past

"Didn't you ever do this when you were in high school?" Students frequently asked teachers and faculty during the year this question, as students were curious about what life was like for their teachers during their own high school days.

"One of my least favorite things were the cliques," said English teacher Chris Erickson, remembering his high school days in Michigan. "If you weren't a football player or a cheerleader, you weren't cool. I think that is very different from people today."

Most of today's students agreed that their student body was really well-rounded, with a variety of "acceptable" social groups. "One of my favorite things about this school is that you are free to be yourself because there is a lot of diversity and no one judges you as much as some other schools do," said sophomore Elizabeth Delery.

There were many teachers who attended Washington-Lee and had fond memories of their high school days. "My favorite thing in high school was the closeness of the student body and the diversity and school spirit of everybody," said

physical education teacher Lori Grimm. While remaining true to its diverse roots, the student body has experienced changes. "There used to be a bowling alley across the street and a drive-in that people really liked going to," said Tom Chisnell, science teacher.

Most students thought that student life had changed considerably since the past decades. "I think this school has mainly changed academically a lot from the past," said sophomore Eleanor Miller. "Good grades and advanced classes are highly stressed to students because of the AP/IB programs."

However, other students felt that student life had not changed much over the decades. "This was always a good school to go to, especially in the past, since sports used to be extremely big and we used to get lots of trophies," said senior Donald Hobbs.

Whatever their take on the changes, both students and teachers alike agreed that the move to a new building was a change that would mark this generation of graduates.

-Mandy Maggio, '10



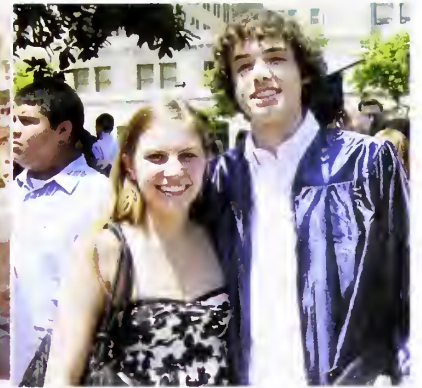
Main office secretary Mary Lib Tomb sports her fur collar and short hair with bangs while modeling for a catalog in her high school days.



Sophomore Mireille Nsanzimana wears a plaid skirt and jacket in the hallway. Hairstyles may have changed, but the vintage look is still "in".



Art teacher Joan Bickelhaupt congratulates a friend after attending a graduation ceremony.



Senior Samantha Moore with her friend, graduate Steven Getz, at his ceremony.



Junior Victor Petty and senior Victoria Petty have an intense karaoke session. "I have so much fun singing and getting into the songs with my sister," said Victor Petty. "It gets a lot of energy out."



Salem Acuna, senior, carefully tunes his guitar to prepare for band practice.



Junior Connor Donahue performs in front of a large crowd with his band. Donahue says he does not let the audience make him nervous.

My-Anh Nguyen, freshman, jams out in the cafeteria with some of her friends after school.







Juniors Thomas Peters and Waleed Shahid perform with their band CCCP. "Playing shows is the best part of being in a band," said Peters. "It's awesome to show people what you work so hard on and what you are passionate about."

Ingrid Pierre, senior, writes down lyrics for her band Lady in the Radiator. "It's important to have felt and experienced what you write about," said Pierre. "It makes the lyrics a lot more real."



"I love to mess around with different beats and music styles. There is just so much you can create and come up with. Music is so versatile."

-Will Warren, sophomore

"I feel like music is dying out on the D.C. music scene. I want to bring it back and spice it up a little bit."

-Thomas Peters, junior

"I'm constantly thinking about the band, thinking of new songs, new ideas, and new experiments to try out with the band. Mentally, it takes up most of my life. Physically... we only practice once or twice a week."

-Salem Acuna, senior

"I play instruments, but I also make mixes as well. I like to take different songs and mesh them together to see how the sound. It makes a whole different song."

-Michael Srisuwan, junior

"Playing and creating music really helps me unwind after a stressful day. I can just focus on chords and tunes and forget about everything else."

-Michael Underriner, senior



Senior Michael Underriner gives it his all when he is playing guitar. "I like to go in my room, blast my amp, and pretend that I'm playing in front of large crowd," said Underriner.

►► Students share their musical talent.

# carry a tune

The student body was well-endowed with musical talent, from the dance team to the jazz band. However, students also expressed their musical creativity outside of traditional school activities.

Despite the term "garage band," several student bands never actually practiced in garages. Wherever they chose to make their music, students collaborated to do covers and even create their own songs. They did this for fun, musical expression, and some even used this hobby as a way to raise money for causes and other fundraisers.

Junior Waleed Shahid said the reason he was in a band was so that he could develop music. "Playing guitar by yourself is really not as fun as when you play with other people," said Shahid. "Then you can get that wide range of sounds and ideas."

Other students did not just see their

musical talent as a hobby, but as a future. "Music is my biggest aspiration by far," said junior Connor Donahue. "I'm not really a multi-faceted person. I don't see myself doing much more than being in a band or creating music."

Creating music and being part of a group were not the only reason students formed their own bands. Some, such as senior Victoria Petty, loved music for adoring fans. "I sing for the audience," said Petty. "Although, I'd still sing and play music even if the audience hated me, when they enjoy my music, it is the best feeling in the world."

Whether it was for the fun of being in a group, the excitement of performing, or the pure love of music, being in a band was a great hobby and a way to unwind from other school pressures.

-Marley Furlong, '09



Students made time for fitness outside of school.

# fitting in fitness



Junior Claire Monfort attempts a goal in a Saturday-morning game. Monfort plays for the club team Lightning in her free time.

With the days of recess far behind, some students found it difficult to get a workout outside of P.E. class. Those who did make time, however, chose to participate in a variety of sports, from the traditional to the extreme.

For senior Vincent Sablan, surfing became an engaging outlet beyond a simple regime to stay in shape. "Surfing is mellow, and it keeps me calm," said Sablan. "It's my dream to surf on the Hawaii North Shore someday."

With increasing pressure on students to participate in high school sports in the competitive world of college admissions, students who chose alternate routes to fitness were an exception. "Snowboarding is a lot of fun and exhilarating," said junior Brian Jacobs, who snowboards every winter.

Aside from extreme sports, students also stayed in shape through calmer exercises, such as yoga. Junior Genna Schwartz liked to unwind after a long day with an half hour of yoga. "It helps me to gather my thoughts and stay in shape at the same time," said Schwartz.

Some students, such as senior Ziomara Soriano, used traditional

organized sports to exercise outside of school when their academic schedules lacked any physical activity. Soriano, who played house soccer on Saturday mornings with friends, said, "I don't like competition; I just do it to stay healthy and fit. I also like it when my family cheers me on."

Striking a sharp contrast with the traditional stereotype of students turning into inactive "couch potatoes" over the summer, sophomore Brad McGann said, "I try to run five to six miles a day, even in the summer."

Teachers shared the same concern as students about staying active through their own initiative. Social studies teacher Claire Moir played softball and kickball with colleagues. "It's physically challenging, and I prefer it over working out at the gym," said Moir. "Best of all, it's socially fun!"

Whether it was organized sports or yoga, the school community attempted to avoid falling out of shape through innovative ideas outside of school.

-Ana Villalobos, '09  
& Sharifa Ahmed, '09



After a long day snowboarding, juniors Rachel Heend and Brian Jacobs take a break at the summit and laugh off their falls.

## Top Ten Poll: Favorite Sports

1. Soccer
2. Football
3. Basketball
4. Baseball
5. Swimming
6. Gymnastics
7. Lacrosse
8. Golf
9. Dance
10. Field Hockey

(100 students surveyed)







Students from Washington-Lee and Wakefield gather together at the Kettler Capitals Iceplex for practice. Since hockey is not offered at any school, students are struggling to become a club team. Coaches Nathan Wardalh and Eric Braese push the team to perform their best.



Junior David Hooker prepares for football season by running two miles everyday, which keeps him fit and ready to take action in the upcoming games.



Junior Andrew Trombly enjoys hiking the Shenandoah Trail. "I love the outdoors and the atmosphere around; it's nice to get away from the busy city," he said. "Hiking makes me stay active, and it helps me relieve stress."

Freshman Rachel Rich, preparing for the fall volleyball season, stretches before putting on her sneakers and heading out for a run.



History teacher Claire Moir practices catching before a weekend softball game. "I like being in the outdoors exercising rather than going to the gym," said Moir, who has played softball since high school.



Junior Jesse Phillips blows up a balloon for children at a camp he volunteered at over the summer.



"I was in key club in high school, and I love volunteering. Now, as a teacher at Washington-Lee, I am excited to work with key club here."

-Christina Steury, social studies teacher

"Sometimes I work at stalls and other times I serve food or take pictures. It's great to be near DC because so many great people come from all over the country and the world. Volunteering can serve as a wonderful opportunity to meet these people."

-Grete Karuso, senior



Junior Alexandra Pill stands in front of the list of sponsors of the Green Festival, an environmental expo held at the DC Convention Center. "I think it's important to volunteer and help the community. It really shows good character and responsibility to give back, especially when no one is forcing you to do so," says Pill

*student life*



Former teacher, Barbara Hutcherson, works with students who are visiting Pet Smart. She attaches a dog leash to a soon-to-be adopted dog.

Members of the environmental club collect the school recycling every Tuesday. Elizabeth Claydon and Julissa Diaz, sophomores, contribute their time to the effort.



★ *Students find the meaning to volunteering.*

# giving back before they pack

Have you ever wondered what drove students to sacrifice their time and energy to give back to the community through volunteering? While many admitted to volunteering to pad their college applications or to meet the service hours required by the International Baccalaureate program, some students reached out solely for philanthropic reasons.

Freshman Rebecca Graham volunteered over the summer at an art camp for children out of her own initiative. "Kids are so much fun to work with," said Graham. "They brightened up my day."

While students such as Graham volunteered out of passion for a hobby, others volunteered to improve aspects of the community. "I helped out by painting the school training room," said junior Conor Sharp. "It felt awesome to have accomplished that!"

In addition, some volunteers felt that their work helped to improve aspects of themselves. Senior Catherine Conti volunteered as an assistant coach for the Arlington Girls

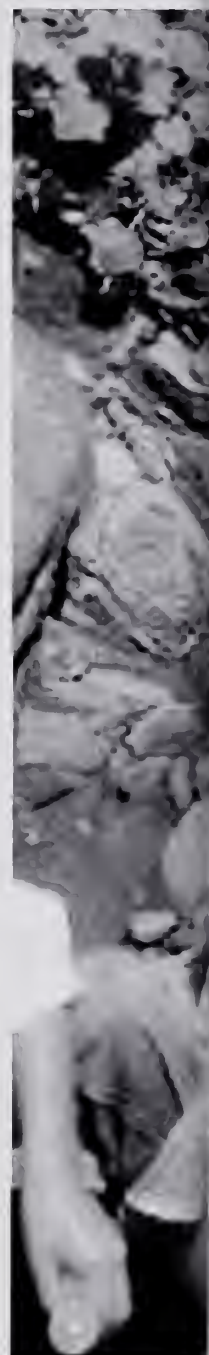
Softball Association all-star games. "I really love coaching and it makes me feel great," said Conti. "I also learn a lot about softball through helping the younger girls."

Senior Reyda Van felt a similar sense of accomplishment by helping others through his volunteer work at a martial arts center. "Seeing people smile when I'm helping them makes birds chirp in my heart," said Van with a grin.

Though students often had hectic schedules, those who made time for volunteer work felt more than repaid for their efforts. "Yes, I'll admit that I do volunteer because I have to," explained senior Kerry Coll. "But it also can be a really fun experience. I've gotten a lot of pride in myself from the things I've accomplished helping out the community."

From art camp to martial arts, students found a plethora of places to volunteer and give back to the community they call home.

-Marley Furlong, '09  
& Whitney Hurdle '09







At Pet Smart, sophomore Patrick Kelly holds a cat that is waiting to be adopted by a loving family. Kelly and other members of People for Animal Welfare gave their time to the cause.



Seniors Emma Prins and Ayisha Swann helped out with the Amigos Program in Mexico over the summer. This playground was cleaned up so children who lived in the neighborhood could have a better playtime setting.

Splashing in a local creek, senior Emma Prins enjoys helping needy children in Mexico.





**Mingle:** Sophomore Kiera Allen laughs over an amusing text message, while boyfriend Ross Gray, sophomore, leans over to catch the joke.

## How many students ARE dating?

Are you in a relationship or single?

**66%**

are living the single life

**34%**

are dating or in a relationship

(100 students polled)



**Single:** Sophomore Zeyna Solak and junior Tania Gwynne Hines not only enjoy sharing secrets but also the single life!



**Single:** Seniors Mariela Ortega-Lobo and Anjani Chopra make plans for a girls-night out.



**Mingle:** Ghizlaine Mallek and boyfriend William Brower, both juniors, unwind over a joke out front of the school after a stressful day.

*student life*



►► How important was dating in students' lives?

# single or mingling?

Most students agreed that whether one is single or in a relationship, there are pros and cons associated with either situation.

Those who were dating appreciated the comfort of companionship. "The best part about being in a relationship is knowing that you will always have someone there for you," said junior Joel Diaz. Sophomore Zach Fendley agreed. "For my sixteenth birthday, my girlfriend and I spent the day at the beach together," said Fendley. "I thought it was sweet of her to come along."

Being in a relationship does have its perks, according to students. However, some saw the drawbacks and opted for the single life. These students claimed that a relationship was too stressful and dramatic to handle in their high school years, when the

main focus should be on fun and academic achievement. "I hang out with a single crowd more because it's more fun, and the single crowd has no restrictions," said senior Brian Camacho. Sophomore Zeyna Solak took a similar attitude. "I choose to be single because there's less drama, and boys aren't my priority right now," said Solak.

Single or not, almost all students agreed that a trustworthy companion, whether it's a significant other or a best friend, is the most important thing to have in order to survive the everyday stresses of high school life. "It's nice to have a boyfriend, but it doesn't bother me if I'm single as long as I have friends to talk to and have fun with," said senior Mariela Ortega-Lobo.

-Fabiola Alba, '08  
& Tamara Amer, '09



**Single:** Freshman Hadiya Truesdale works on homework at the library. "Relationships are important, but so are my studies," said Truesdale.

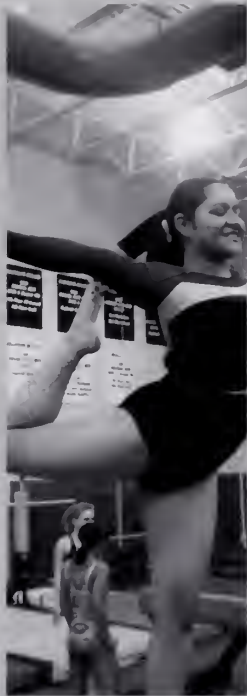


**Mingle:** Juniors Julliette Zeballos-Perez and Eric Salmeron, who are dating, see each other one last time before heading home.



**Single:** Seniors Brian Camacho and Edward Zapata discuss plans for hanging out with a single crowd for the upcoming weekend. Even though students tended to hang out with friends of the same sex in single crowds, social events on the weekends provided opportunities to meet members of the opposite sex.



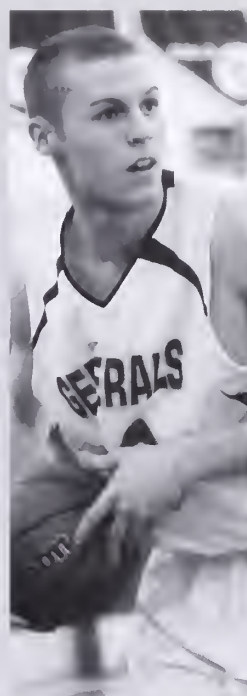


# sports

2008







Student athletes were the pride of the school because not only were they incredibly talented in terms of sports, but also able to balance school along with it. Whether it was boys soccer, or the swim team, their talents showed both at practice as well as in the classroom. The move to the new building added another challenge for athletes, coaches, and spectators. The initial construction complicated the walk to the track and field, and, after the move, the walk around the track to the old gym became the norm. However, the athletes and their fans persevered. Through cold temperatures, long walks, and the distraction of construction, they showed their spirit. Whether on the baseball field or in the gym, the devoted family and friends created signs, organized cheers, and built excitement as they supported their teams. The school community created an exciting environment in which student athletes could compete with pride, and coaches helped athletes develop the integrity needed to pursue both their athletic and personal goals.





►► The varsity football team trades in their loses for double the wins.

# movin' up on the scoreboard

With new coaches at hand, and the enthusiastic roars of fans, the football team has traded in their loses for wins this past season by moving up on the scoreboard. It was a familiar sight to see the home team in the lead, in what was the best season of at least the last four years. The vast improvements were largely owed to the new coaching staff, the increase in team bonding, and of course, the hard work the players put into the team.

A majority of the team's improvement is thanks to new coach, Josh Shapiro, who was quick to take hold of the team and made many drastic changes. "It's more organized and he pushes us," said sophomore Rodderick Battle. Senior Alexander Wicks agreed. "The new coaches are doing a great job," said Wicks. "This is the best coaching staff that we have had since I have been here, and I'm sure that they will be here for a long time."

Not only did the coaches lead the team, they also established ways for the players to bond. "We work very hard, and we support each other in everything we do," said junior Kenuel Suarez. "It feels like a family."

Some hardships that the team had to work through in order to improve included an extensive weight-training

program put together by the coaches, extreme discipline, mandatory attendance at all practices, and even off-season workouts during the summer. "We all are bigger, stronger, and faster because of the off-season workouts, and we use that to our advantage," said senior Joseph Pricone.

The practices helped as well, according to the players. "The improvement from the last year's 2-8 [wins to loses] team is longer and harder practices than in years past," said junior Flenner Hoagland. "The self discipline of being at practice -- not only being there, but on time -- contributed."

The team made major adjustments in order to improve their record, and in doing so, the fans' spirits were raised. "The fans and the school spirit has really pumped us up before the games," said senior Mahmoud Belhadj-Nasr. Ultimately, though, it was the dedication of the players that brought the game to a whole new level, according to Coach Shapiro. "I have extreme respect for the players," he said. "We're improving, the kids care about the program, and they really care more about the results."

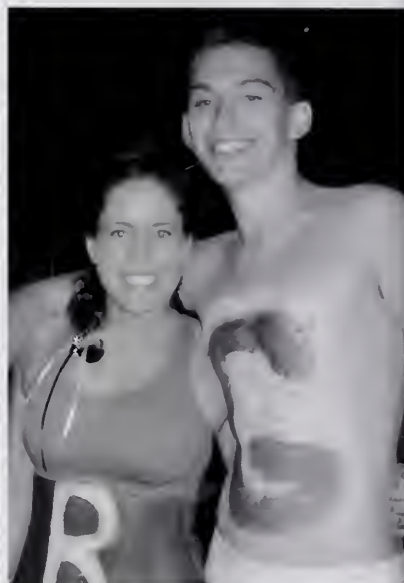
-Lindsey Wallace, '09

## Fans' Corner

The football fans and their spirit were at a definite all-time high. Fans showed their support through painted stomachs, ear-popping roars, and communal tailgating.

At left, faculty tailgators, including counselors Meaghan Traverse and Chad DeMagistris, join together at the Quincy lot for some pre-game snacks.

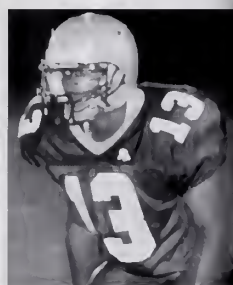
"I'm really glad that people have started to show more spirit lately. It makes the games way more fun," says senior Nora Murphy, pictured below with fellow senior Zachary Allen.



Karl Lendenmann,  
Sophomore



Coach  
Josh Shapiro



Mustapha Jammeh,  
Senior

Andrew McDaniel, Mustapha Jammeh, Daryl Carpenter, Mahmoud BelHadj-Nasr, Alex Wicks, Reyda Van, Kenuel Suarez, Eduardo Crosa, Puneet Chopra, Keith Johnson, David Carter, AJ Goodman, Tyler Kellogg, Dylan Bilbao, Chris Almquist, Chris Newsome, Enrique Magana, William Andrade, Joe Pricone, Rudy Grey, Daniel Buraca, Conor Sharp, Tony Astudillo, Emon Javadi, David Roddy, Jake Del Gallo, Robert Hemstreet, Jack Washington, Greg Hogan, Gustavo Lopez, Ulysses Smith, Seddhamanik Sarik, Sait Solak, Jake Campa, Tareck Amer, Joe Davis, and Will Horsly







For the first time, the team held family dinners over the summer after two-a-day practices as a way of socializing among teammates and including their families. They also continued the tradition throughout the season, with occasional dinners before games. "We work very hard and we support each other in everything we do," said junior Kenuel Suarez. "It feels like a family." The team's support for one another showed on the field.



Senior Mahmoud Belhadj-Nasr



Sophomore David Roddy



Senior Daryl Carpenter



Junior Keith Johnson



Senior Joseph Pricone



Senior Anthony Astudillo



Junior Conor Sharp



Assistant coach and science teacher Chris Rodger gives some words of advice to Steven Rudolph Gray before he enters the game.



Offensive and defensive liner Rudolph Gray strides across the field during the game against McLean.

## Varsity Scoreboard

	Us	Them
Dominion	7	27
Chantilly	7	42
Fairfax	13	36
McLean	21	14
Mt. Vernon	22	42
Falls Church	17	15
Wakefield	23	7
J.E.B Stuart	31	0
Edison	0	39
Yorktown	7	13



Juniors Andrew John Goodman and Andrew McDaniel



The scoreboard says it all. The home team holds their lead, defeating McLean High School.



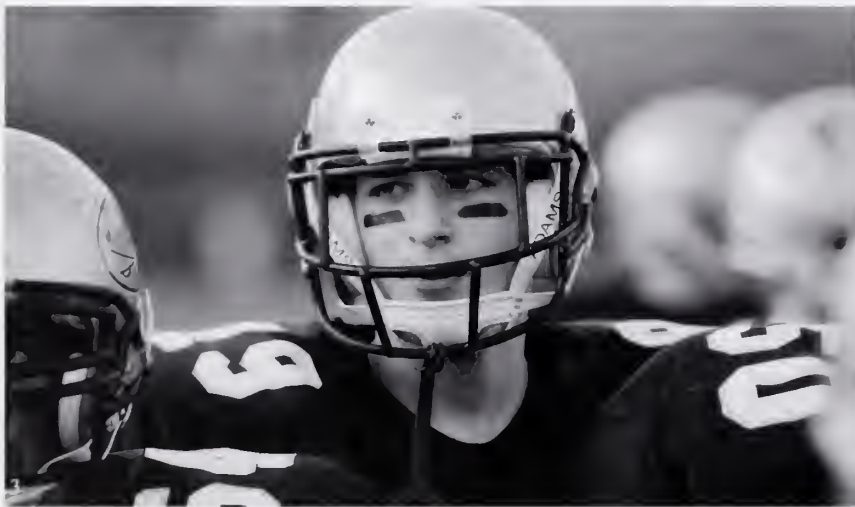
Justin Bolfek, assistant director of student activities, encourages the players, who go on to defeat J.E.B. Stuart on homecoming night.



The players enjoy a team dinner as a way of conversing and bonding with one another before a big game.



1) At the beginning of the third quarter the Generals struggle to score, but the team overcomes to complete the best play of the game. 2) In the final minutes of the junior varsity game against Mt. Vernon, sophomore Puneet Chopra snaps the ball to quarterback Jacob Del Gallo to begin the play. 3) Rhyler Henning listens to the coach and tries to focus before a tough game against Mt. Vernon. "When I prepare for a game, my favorite song to play is 'Time of Dying' by Three Days Grace," said Henning. 4) Center Daniel Gunther snaps the ball to quarterback Richard Lewis, as the freshmen team begins their next play.



Junior Jacob Del Gallo looks up to throw a pass in hopes of completing a touchdown. "My favorite thing about this position is that every year I have learned something new about it," said Del Gallo.

Freshmen Score Card		
	Us	Them
Fairfax	14	30
McLean	13	26
Falls Church	14	26
Jeb Stuart	41	0
Edison	15	26
Mt. Vernon	21	35
Yorktown	21	28
Wakefield	26	28



**Freshmen:** Richard Bayliff, Anthony Bieniek, Anthony Taylor, Daniel Guenther, Nicholas Freed, Trevor Turner, Nathaniel Young, Paris Ebert, Coach Watson, Rhyler Henning, Dylan Gibbs, William Davidson, Xavier Gonzalez, Spencer Hemstreet, Coach Pilson, Tyler Cook, Oliver Cross, John Cummins, Jesse Guzman, Richard Lewis, Ian McLennan, Robert Mercado, Aaron Michalak, Mark Palmer, Joshua Patecell, Peter Patrianakos, Rigoberto Salguero, Julian Seprebon, Nicholas Serene, Paul Teifer, Sunny Tran, Delonte Washington, Matthew Wilson, Alexander Salguero, Coach John Watson, and Coach Erik Pilson





5) As the freshmen team warms up, players participate in a pre-game ritual. Players say the chants help to increase team spirit. 6) Assistant Coach John Watson prepares the freshmen team before a game. "Dedication is an important aspect of the game," he said. "It's important for the boys to take a moment and reflect."



Sophomore Gregory Hogan takes a break at half-time before returning to the game. Coach Ben Bamabikadis, defensive coordinator, takes this opportunity to remind the players that they have to work together to win the game.

►► *Determination, dedication, and defense drive the freshmen and junior varsity football teams.*

# "throw some d's up"

Talent may play an important factor on the field, but both junior varsity coach Robin Miller and freshmen coach Erik Pilson felt that dedication was the most important factor during football season. Both coaches and athletes agreed that determination was essential for the team's growth. "Although the season was very tough, I think each athlete grew as a player, as well as a student," said Coach Pilson. Though the team inspired one another, most athletes agreed that personal motivation was responsible for the team's improvement.

Many players said that this year was a learning year because the team faced many challenges that tested both their individual skills and unity as a team. "Playing the tough teams improved me as an individual player and brought the team together," said freshman Richard Lewis. The teammates agreed that facing the stronger opponents forced them to push themselves harder on the field.

This drive on the field also inspired the athletes to keep up in school. "This season I had to make sure that I kept both my grades and my performance up because I felt that the team needed all of its players to face really strong opponents," said sophomore Puneet Chopra.

Another obstacle both teams faced was finding the dedication to progress. "After playing football for two years, I have realized dedication is a key component," said freshman John Alexander Cummins. The coaches also pushed the players. "It was important for the boys to want it [to win] and never give up," said Coach Pilson.

Gradually, members of the football team realized they had to have the desire not only to win, but to improve as an individual player. In the end, the teams' challenges only helped them become that much stronger.

-Sharifa Ahmed, '09

## JV Score Card

	Us	Them
Fairfax	7	34
McLean	14	24
Falls Church	17	24
Jeb Stuart	26	22
Edison	14	23
Mt. Vernon	7	24
Yorktown	14	28



Freshman Anthony Taylor receives a pass from quarterback Richard Lewis. Taylor drives into the end-zone to receive a touchdown to tie the game.



Senior Bethany McGann of the varsity team smiles, as everyone stands in a warm up huddle. Before the games, the varsity team gets pumped by warming up and stretching in a circle. The team gathers together, cheers, and prepares to play.



Senior Jessica Kelley, one of the three captains on the varsity team, warms up to play in the game. Fully-suited in her notorious yellow goalie uniform, Kelley prepares to help lead the team to another victory.



Second-year coach for the freshmen team, and world history teacher, Jennifer Dean gives advice during half time at a game. This is an important time for players to rest and listen to instructions for the second half.

The JV field hockey team stands in a group huddle about to start their cheer and begin the game. "My favorite thing about field hockey is the feeling of accomplishment that comes after a good, long game," said sophomore Brenna Nelson.



Sophomores Sophie Kiendl, Annie Buckalew (H-B Woodlawn), Molly Wolford, and Amanda Maggio dive out of the goal to start a corner. "Saving the opponent's attempted goal is the number one priority," said sophomore Sophie Kiendl.

## JV Scoreboard

	Us	Them
McLean	0	0
South Lakes	3	0
West Potomac	1	0
T.C. Williams	0	4
Fairfax	0	1
Marshall	0	0
Lee	1	0
Falls Church	5	0
Stuart	4	0
Mt. Vernon	5	0
Yorktown	0	0
Edison	2	2
McLean	1	0



**Junior Varsity:** Marilyn Guerrero, Brenna Nelson, Clara Dubow, Marky Duarte (H-B Woodlawn), Suzanne Matyas, Amanda Maggio, Emma Wolfarth, Molly Wolford, Sophie Kiendl, Mary Cromartie, Kathryn Rabatsky, Patricia Murray, Coach Marissa Lynn, Annie Buckalew (H-B Woodlawn), Zoë Bellars, Jennifer White, Emily Nolan, Brooke Hudd





Varsity player Megan Holland, senior, chases after a loose ball and begins to head up the field.

Junior Lindsay Boryan pushes a ball up the field during a varsity home game. Her aggressive pushes and strong drives help advance the team up the field.



**Varsity:** Alison Mayo, Kelsey Clark, Megan Holland, Kelly Tynan, Olivia Mihalik, Jennifer Browning, Coach Beth Prange, Anne Murray, Olivia Huston, Bethany McGann, Lindsey Boryan, Rachel Heend, Coach Spring Silverman, Megan Smith, Sharifa Ahmed, Cynthia Koss, Sara Kayes, Pallvi Chopra, Sarah Chacon, Jessica Kelley, Ariel Hamilton

Field hockey looks ahead for renovation and improvement.

# intensity

Fresh coaches, fresh players, and a fresh start gave the field hockey program the perfect opportunity to improve. "The idea that the national district tournament for the varsity team was only a couple steps away made us really excited to win," said senior Kelly Tynan. After winning the national district tournament in 2004, the varsity players wanted to bring back that legacy.

Many team cheers sounded throughout the field before the game and during time-outs. One of these many spirited cheers involved the whole team shouting, "Intensity!" before heading out to play. "I think the key intimidation factor is the fact that we all gather around as a team to shout the cheer at the top of our lungs together," said sophomore Brenna Nelson, of the JV team.

New coaches and new players had a major role in the

construction of the field hockey teams. The new JV coach Marissa Lynn, was a positive influence for the team. "I really liked our new coach this year because she actually knew a lot about the sport," said sophomore Kathryn Rabatsky. "I thought the coach did a good job for her first season coming into a brand new school and a new group of students," said sophomore JV player Zoë Bellars.

An additional improvement to the field hockey program was bringing in an assistant coach for varsity, Coach Spring Silverman. "My favorite thing about Coach Spring is that she always made practice exciting and fun," said junior Pallvi Chopra.

Each team in the field hockey program looked toward the future as it built upon the present.

-Mandy Maggio, '10

## Varsity Scoreboard

	Us	Them
Falls Church	2	0
Stuart	1	0
Wakefield	1	0
Yorktown	1	1
Mt. Vernon	0	1
Edison	0	1
Marshall	2	1
Lee	2	1
Fairfax	0	4
T.C. Williams	0	4
McLean	1	0
West Potomac	2	1



The varsity team gathers together for a picture in their new tie-dye t-shirts, which they made at a team-bonding event.



► The golf team finishes fourth in the district.

# headed fore improvement

With twelve years under Coach Doug Grove's leadership, the golf team had been trying to establish a solid foundation for the last few years. "We definitely had a better year this year, in every aspect," said sophomore Robert Burgess. That goal was finally achieved this year, when participation was at an all-time high and two members of the team made it to regional games.

Why play golf? There's often a portrayal of golf players as being too exclusive, and the following is smaller than the typical sport. "I don't think being a golf player makes you better than other athletes, but it's a different experience from other sports because it's you

versus the wide, open golf course, instead of other opponents," said Coach Grove. "We have a great coach, and the guys on the team are lots of fun to be around. Plus, the atmosphere of our team and the course is really free," said senior Matthew Leighton, who thought exclusiveness had nothing to do with his passion for golf. "Honestly, it's not that it's a better sport, but it offers more of a challenge," said senior Michael Wall.

Aside from the improved image of golf, a number of factors, both individual and team, contributed to the success of the team. "During the season, there was a lot more team chemistry and a lot less emphasis on individual glory,"

said senior Daniel McKenna. A bigger team also meant a bigger chance at regional games. "We had a lot more people try out this year, the team was bigger and we had more time in the driving range," added Leighton.

Coach Grove saw individual effort as the biggest factor in the team's overall success. "A lot of the players practiced hard over the summer, which made a huge difference in our performance as a team," said Grove.

With the increase in membership, and a starting record in regional rankings, the golf team seems well on their way with a solid foundation.

-Katie Wheeler, '08



"We did well this year even though we should have been third in the district. We improved our shots this year as a team."

Senior Captain  
Michael Wall

## Scoreboard

	Us	Them
Falls Church	155	163
Stuart	177	215
Wakefield	182	200
Vernon	195	185
Edison	200	182



Senior Matthew Leighton and sophomore Robert Merrill walk to the green so they can prepare to tee off. Leighton says he enjoys being on the golf team. "We have a great coach, and the guys on the team are fun to be around."



Senior Captain Michael Wall follows through on his shot, as he looks to see where the ball has gone.





Senior Matthew  
Leighton



Senior Daniel  
McKenna



Sophomore Robert  
Burgess



Sophomore Robert  
Merrill



Sophomore William  
Baker



Senior Robert  
Matyas



Freshman William  
Ferguson



"I don't know if golf is better than other sports, but it's definitely different. It's you versus the course every time out, instead of an opponent."

Coach Doug Grove



Andrew Hansen, Robert Matyas, William Ferguson, Matthew Leighton, Michael Wall, Andrew Ricks, Stephen Laredo, Robert Merrill, Eric Schroeder, Coach Doug Grove



Senior Robert Matyas hits a big tee shot.



Senior Robert Matyas lines up a putt.

Senior Eric Schroeder follows through on his shot.



1. Senior varsity player Meredith Halliwell punts the ball at practice. Team members agreed that though practice always had a relaxing environment, the discipline and unity gained from constant practice was the main reason for their improvements during competitions. 2. Freshmen Volleyball: Jessica Viricochea, Rachael Rich, Aliya Winker, Robin Taylor, Brittany Hinkle, Head Coach Chris Ann Becki, Javkhlantuya Vaanjilnorov, Mary Hamilton, and Synthia Boudreau. 3. Members of the varsity team meet together before a home game against Hayfield High School. "Pre-game pep talks helped to increase enthusiasm and inspired the team," said senior Devon Lynch.



"We're friends first, teammates second, no matter how many times the coaches try to tell us otherwise. But if someone isn't doing what they should be doing on the court, they'll hear about it."

-Carleigh Wegner, senior



Junior varsity team members line up in formation to congratulate an opposing team following a game. JV always took place after freshmen games and before varsity competitions.



**Junior varsity:** Assistant Coach Brian Wilt, Anna Halverson, Yanina Ortiz-Moya, Megan Chase, Head Coach Austin Zimmerman, Laura Louise Kane, Lorrane De Oliveira Freitas, Tina Kargbo, Brigitte Jahneke, Emily Sekleeki, Meredith Denton, and Rebecca Jones



1. Varsity players Eva Simkin and Carleigh Wegner, seniors, prepare to back up senior Monica Madera while she blocks the ball during a victorious game. 2. Coaches and captains of opposing teams meet to shake hands and go over competition rules prior to the start of the game. This was practiced to increase sportsmanship among the teams. 3. The varsity team lines up to congratulate the opposing game after a competitive match. The phrases "good game" and "nice job" were often repeated among exchanges of high fives.



**Varsity:** Head Coach Chrissy Cary, Monica Madera, Sarah Bayliff, Julia Lerner, Carleigh Wegner, Laura Louise Kane, Jennifer Lynn McCue, Eva Simkin, and Colleen Connelly

*Solid team bonds carried the team through another successful season.*

# "bring it!"

"There's nothing more dangerous than someone with nothing to lose." The volleyball team's motto for the past season, while humorous, got straight to the point about their attitude. While a laid back atmosphere helped players to get along with one another and bond as a team, the players all agreed that improved skills and performance on the court were their best achievements. "Because we had the background from last year, we learned more plays, which, when executed, would totally throw off the other team and earn us points," said senior Carleigh Wegner. "Points gained on awesome offensive plays would psych us up and help us to stay strong until we won."

Many players said their performance as a team greatly improved in the past season. "We've all been playing together over the past three to four years so we were already a really well oiled machine," said senior Devon Lynch. "We just worked easier with each other so we could focus on stepping up our game, and not worry about trusting each other."

Team members not only bonded and got along during competitions,

but also organized continuous dinner outings to spend more time with one another off the court. Seniors organized gatherings where they made team shirts to wear before games. The athletes also dressed uniformly to school on game days to advertise the competition. "The whole team got along great," said senior Colleen Connelly. "We are all friends and know how to have fun together, so it's easy for us to buckle down and get the job done together when it really counts."

In addition to team cohesion, athletes also credited their strong season to dedicated coaches, and pre-season practice. Junior Sarah Bayliff said, "The camp during the summer really helped me prepare for the school season to start because I was in shape and ready to do my best." Wegner believed the coaches had great influence over the overall atmosphere of the team. "The coaches were a huge part of our success this year because of how much they devote to the team," she said. "They truly care about each of the player's improvement and success both individually and as a team."

-Karina Zannat, '08  
& Whitney Hurdle, '09



"Team bonding helped bring our team together, and all the girls became more comfortable with one other."

-Sarah Bayliff, junior

Senior Colleen Connelly gets in position to bump the ball back over to the opposing team's side of the net.



Cross country undergoes a few changes this year.

# running toward success

Whether it was the high level of dedication required for membership or the challenge of living up to the outstanding success of the runners from the year before, cross country athletes were widely accepted as "hardcore" athletes of the school.

The past year the team faced new changes and challenges. With the unexpected death of Coach Bill Findler the previous spring, some students found it hard to cope and move on. "He really cared about each and every runner; the whole team misses him," said sophomore Henry Phillips, of the coach who was widely known and appreciated for his dedication. Though it was a change, the athletes adapted well to the new leadership of Jeffrey McCarthy, previous assistant coach. They rallied around him.

Besides having a new coach, students also commented on the new changes at practices. "Cross country is a lot more team-oriented this year," said junior Luke Malley.

The amount of time and energy required for two-hour practices, ending at six in the evening each day, pushed some of the athletes to juggle their time. Freshman Jack Bardo, who thought time management was a challenge, said, "The hardest part is having to get up early for the Saturday meets; cross country is really time consuming."

If being a member of the team requires so much, where did the athletes find their inspiration? "I run because it's both an individual and team sport," said junior Stephanie Dinan. "Cross country is about you personally, but you always have the team's support." Senior Antoine Planche found that cross country helps to stay in shape for other sports as well. "I run because it gets me into shape for lacrosse," said Planche.

Though they participated for a variety of reasons, the athletes strove to gain records and improve their foundation as a team.

-Tamara Amer, '09

## Coaches' Corner

Coach Jeffrey McCarthy and Assistant Coach Matthew Przydzial enjoy coaching cross country, in addition to their teaching positions in the social studies and math departments, respectively. "The best part about cross country is that you get a chance to measure your improvement on a daily basis," said Coach McCarthy. This was Przydzial's second year as assistant coach. "We have a bigger team this year, and that promotes a team-oriented atmosphere," said Przydzial. Despite being an out-of-school coach, Assistant Coach Laura Jenkins also contributed to the team's improvement and organization.



Senior Daniel Sebbat walks to the Bluemont Park meet in his uniform.



Cheered on by the team, sophomore Steven Hazel finishes a JV race.



Sophomore Cynthia Carson keeps a constant pace at the Franconia meet.

Trevor Newton, Michael Yuhus, Gabriel Yudken, Arley Turner, Stephanie Dinan, Henry Phillips, DiAnthony Talmedge, Daniel Browning, Dylan Woody, Daniel Weiner, Madeline Williams, Katri Gurney, William Warren, Steven San Miguel, Chad Hilla, assistant coach Laura Jenkins, assistant coach Matt Przydzial, Luke Malley, Cynthia Carson, Jordan Mandel, Regis Peebles, Marvin Chinchilla, Eric Fry, Brian McGrail, Coach Jeff McCarthy, Steven Hazel, Lindsey Treweek, Megan O'Doherty, Adam Ginsberg, Jack Bardo, Peter Vernia, Marc Patton, Nathaniel Root







Sophomore Cynthia Carson, Anne Marie Hansen (H-B Woodlawn), and senior Megan O'Doherty discuss results after a difficult meet at Franconia Park.



Junior Regis Peeples relaxes after a hard, but successful, race. "I run because I want to make it to states before I graduate. I also run because I am very competitive, and I love to test my speed. It's all about the look on the other guy's face when you dart past him."

Sophomore Brad McGann and freshman Gabriel Yudken show their finishing kicks at the end of the Burke Lake meet.



Cross country runners await the sound of the starter's pistol at the Bluemont Park meet in Arlington, where they competed against a range of other schools.

Freshman Gregory Jacks and Lucas LeBlanc come together to catch their breath after the JV meet at Franconia Park. Runners were required to compete in all types of weather and temperatures.

Teammates Brian McGrail and Henry Phillips, both sophomores, end their run on a victorious note, as the team cheers them on to finish strong at the Burke Lake meet.



1) With a smile and loud voice at hand, sophomore, flyer, and varsity cheerleader Catherine Dorset uses balance and leg strength to take the top of the formed pyramid and pump up the crowd. 2) The varsity team kicks up the crowd's spirits in unison during the homecoming game against Stuart. 3) Varsity cheerleaders show their spirit and support as they drop down for seven push ups after the football team makes a touchdown, followed by a two-point conversion, during the Wakefield game.



With their decorated ladders, ribbons at hand, during the fall season the cheer squad was outside for every game. Regardless if the team were winning or losing, if the game was away, and no weather, the cheer team was there to support the players.



**Freshmen:** Katie Turner, Nataly Lara, Alexandra Arriaza, Britta Gonzales



**Junior Varsity:** Nilda Ortuno-Molina, Chaimae Harroni, Alexandra Bieniek, Lizzie Ramos-Palma





4) The freshmen cheer team supports their boys basketball team during the winter, as they perform a cheer during a home game against Edison. 5) Freshmen Britta Gonzales and Katie Turner sit and chat with each other on the bleachers before warming up for a home basketball game versus Robinson.



**Varsity:** Torie Coppa, Catherine Dorset, Megan Kroger, Gabriela Toledo, Anna Butt, Louisa Gilson, Sophie Jenkins, Jayney Riddick, Ellen Kuhm, Marissa Kroger, Ghita Haronni, Robbie Fendley, Marion Zavolas, Lee Anne Strehle, and Gretchen Butt

► Cheerleading contains **three** teams and **two** seasons, within **one** sport.

# ready to rumble

Cheerleading, a truly unique sport, had an exceptional year. As one of the school's few two season sports, the cheerleaders worked remarkably hard to at the field and court to support other teams.

Collectively, the team grew particularly close to one another and bonded together. "The team bonding is way improved from other years!" said sophomore varsity cheerleader Sophie Jenkins. "This is my third year doing cheerleading, and I am so much closer with the other girls on the squad than I was with the girls on my squads before," said Jenkins.

Senior and varsity captain Marion Zavolas held a similar view. "This year's varsity squad has been unusually closer than any other year," she said. "Everyone seems to really get along with each other, and it makes practices and bonding activities that much more enjoyable."

It was apparent that the team meshed well, but the squad had to conquer challenges in order to create their well-rounded team. "One of the most difficult things we had to overcome was that we lost a majority of our bases last year; we had to start fresh," said junior Anna Butt.

Additionally, it took much time

and effort in and out of school to achieve the squad's goals. "A lot of time goes into being on the cheer team," said senior Lee Anne Strehle. In the end, the repetition and practice paid off. "It's really rewarding when we master a new stunt that we didn't think we'd be able to," said sophomore Catherine Dorset.

With dedicated coaches, the girls were also able to expand their skills and push themselves harder. "This year I'm on JV with totally different girls and a new coach," said sophomore Genesis Torres. "She's nice, and she makes us work hard, but it's rewarding."

Sophomore varsity cheerleader Jayney Riddick agreed. "The coaching this year is really good, and through that we've accomplished more than we thought we ever could," said Riddick. "Our coach, Libby, keeps us focused and on-task at practice and games."

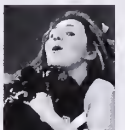
Through football season, basketball season, and competitions, the cheerleading squads have come together to support other teams and contribute to the sports program as a whole.

-Lindsey Wallace, '09

**GO**

"I love cheering at the Friday night football games. There's nothing like being able to perform under the lights every week and watch the fans react to what we're doing."

-Marion Zavolas, senior



**BIG**

"I enjoy the squad as a whole and, of course, cheerleading and everything that comes with it: good and bad, the cheers, stunts, tumbling, bruises, and hard work."

-Marissa Kroger, senior



**BLUE**

"We all have to put ourselves in the state of mind that we are going to be able to get it, and we either do or we just keep working on it. We get bruises...but they are all worth it."

-Ghita Haronni, senior





►► In spite of the loss of major members,  
the hip hop dance team continues its success.

# hip hop hooray

The hip hop dance team remains a fairly new thing for the school. Organized by sophomore Sally Traynham in 2003, the team has continued to perform and compete in spite of the graduation of all original members. Seniors Jaimie Nowell Dungo and Brittany Robinson-Fuller, along with junior Darrisaw Tatum, did their best as the team captains to make sure that it lived up to the standards of the previous team members.

"It's hard to reach their status and to be able to live up to the legacy," said Dungo about the original dance team. Besides pushing the other members, the captains helped create the right environment for the team. "As captains, we're supposed to set a good example by showing up on time to practices and make sure everyone's on point and having fun," said Dungo.

While the captains needed to know all the routines, the entire team contributed to creating them. "If someone has a move or heard a song on the radio, we try to work it into a routine," said Tatum.

Moments before their performance, Alex Selig, Darrisaw Tatum, Brittany Robinson-Fuller, Yasmina Ramirez, Jaimie Nowell Dungo, and Tave Harris join their coach, Nekya Ball, for a picture at their December competition. "We placed second, but we did our best, and I think we're number one in our minds," said Selig.

At various assemblies, pep rallies, and sports events, the hip hop dance team strove to get the crowd pumped. The choice of music was always the latest or most popular, which created an opportunity for crowd involvement. "The dances are mainly to hip hop or music from old years," said senior Yasmina Ramirez. "Mostly we use mixes, what's hot, or throwbacks that never get old."

Surprisingly, none of these students took any type of formal dance classes. "I officially started dancing in sixth grade at school," said Dungo. "You'll always see me dancing in random halls or whenever a good song comes on." For these dance team members, who placed second in the Winter Fest Dance Competition, dancing was more than just an after-school hobby; it was a part of them.

The team hopes that in the coming years they will attract students with a passion for hip hop to continue this exciting, still-new tradition.

-Amanda MacDonald, '09

## Fan's Corner

Whether students were at a competition, or just having a good time in the crowd at a performance, the hip hop dance team had a strong fan base. Many students got fired up when they saw their favorite song performed. This year's favorite was "Crank Dat Soulja Boy."



Brittany Robinson-Fuller  
Senior Captain



Jaimie Nowell Dungo  
Senior Captain



Darrisaw Tatum  
Junior Captain







This year, the team members had a whole new look. They sported their slick outfits at the pep rally in the fall. The attire included bright red ties, funky black hats, men's white dress shirts, and slacks.



Besides practice at school, seniors Yasmina Ramirez, Alexandra Selig, and Brittany Fuller enjoyed each other's company. "I think the team is a lot closer this year since we're mostly seniors," said Selig.

Senior captains Dungo and Robinson-Fuller usually put the music together and helped the other members learn their routines. At their competition, they placed first with their very own routine.



Though different performances had various members of the team, a core group of dedicated dancers, consisting of Yasmina Ramirez, Alex Selig, Brittany Fuller, Jaimie Nowell Dungo, Darrisaw Tatum, and Tave Harris were present at every performance.

"I get so nervous before we perform," said junior Darrisaw Tatum. "I usually cry. Once I get out there, I'm a whole different person."



# Readers for Leaders

The Readers for Leaders program involves all members of the basketball team and the second and third graders of Tuckahoe Elementary School. Players pair up with elementary students and work with them from November to June. The program was started as a way to give back to the community. "Helping out the kids really gives the team a sense of accomplishment," said junior Craig James Stephanson. Working with young students helps them become better and more comfortable readers. In addition, the players get an opportunity to bond, which helps them on the court.



1) Junior Ryan Buescher and sophomore Thomas Edwards jump for a rebound to gain possession of the ball over Edison. 2) Generals fans gather at the highly anticipated Wakefield versus Washington-Lee game, wearing t-shirts that spell out "Go Generals" to support their peers. 3) Senior Yosief Yohannes jumps for the toss-up against a long-awaited game against the Eagles. 4) Junior Gavin Treweek dribbles up the court and gets past the Edison defense. 5) Senior Eric Cromartie pushes up the court and drives into the lane.



Junior Gavin Treweek and sophomore Rodderick Battle pressure the Edison offense. "Good defense was a big factor the team overcame this season," said Battle.



Coach Keith Whitney, Thomas Edwards, Timothy Edwards, Aaron Vincent, Yosief Yohannes, Ryan Buescher, Kevin Donahue, Coach Robert Dobson, Craig James Stephanson, Joseph Pricone, Donald Wortham, Gavin Treweek, Rodderick Battle, Eric Cromartie, Sammy Sabir Idrissi



▶▶ With a fresh start, varsity boys basketball reaches new heights.

# opportunity is here

Tradition may dictate that a sports team is judged by wins or losses, but varsity boys basketball coach Robert Dobson thought his team should be judged according to "character, work ethic, and how far they've come as players and human beings." According to Dobson, each team member had developed into a better basketball player during the season through all the challenges they faced.

Attitude played the biggest part in their self improvement, according to the players. "As a captain, it was my job to stay positive and never give up," said senior Eric Cromartie. The team was in consensus that if they did not keep up one another's morale through good attitudes, their team would have never come that far.

After losing seven seniors last year, the team had no option but to strive for the better with the new members of the team. The team focused on rebuilding. There were many new additions to the team: two new coaches and seven new players. "With so many new players, the most important thing this year was to build up trust

within the team and make everyone work together," said senior Aaron Vincent.

The coaches wanted a strong foundation of trust and cooperation among the team members, and they tried to achieve their goals through novel methods, such as the Readers for Leaders program. "Readers for Leaders was a really good idea because it let all of us work outside school, off the court, and gave us an opportunity to build a common goal," said sophomore Timothy Edwards.

With the volunteering program being a must with every team member, the players also got a chance to prove their citizenship and dedication to the team. "The program proves that we're not just players. We can be smart and volunteer, too," said sophomore Kevin Donahue.

As the season went on, the team realized they controlled their destiny and could grow to become both better players and better citizens.

-Sharifa Ahmed, '09

## Score Card

	Us	Them
Lake Braddock	34	57
Herndon	38	45
West Potomac	40	46
Thomas Jefferson	45	35
Chantilly	54	69
Mount Vernon	56	74
Yorktown	46	47
Falls Church	67	40
Edison	55	64
Wakefield	52	59
Jeb Stuart	57	65
Mount Vernon	49	53
Dominion	49	65
Yorktown	47	44
Robinson	40	44
Falls Church	71	38
Edison	69	81
Wakefield	54	58
Jeb Stuart	54	66

The team gathers during a huddle in the last minutes of the Edison game. "In that time, we were able to come up with the perfect play and relax," said Coach Dobson.



"This season was a long and tough season, but as a senior, I can say I learned a lot of valuable things about basketball that will help me in life," said Donald Wortham.



►► *The girls varsity basketball team adds wins to their record.*

# got game?

Communication was essential throughout the season for the girls varsity basketball team. Although their record was not perfect, they built a close connection both on and off the court.

The players attributed their wins to the relationship they had developed. "As we became more comfortable playing with each other, we improved a lot as a team and were able to get some wins," said junior Pallvi Chopra.

Because Coach Michelle Miller traveled throughout the season, the girls bonded more than ever. They would even give one another advice. "In practice we would give each other feedback on the plays we needed to improve," said junior Nataly Revollo.

The ladies' victories were the result of their hard work and dedication in spite of losses. In the previous years, the team suffered many losses, thus wins helped build confidence.

"Winning our first game has definitely helped," said senior Natalie Dahlstrom, shortly after their first victory of the season, which was against Falls Church. The teams' wins also included a district play-off game against Stuart.

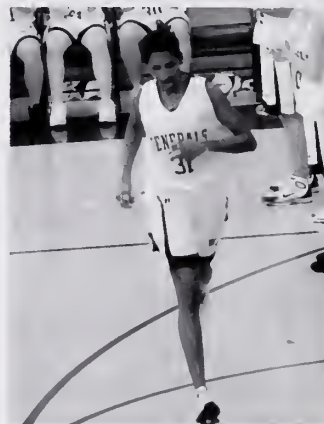
Not only were the girls close on the court, but even more so off the court. They spent approximately two hours a day together during practices. In addition, the team spent a lot of time together outside of school. "Sleepovers and the team dinners helped us get to know each other and feel more comfortable around each other," said senior Nora Murphy.

Overall, the varsity girls basketball had a great season, both in terms of their improved record and the lasting relationships they developed.

-Ana Villalobos, '09

## Captains' Corner

The girls varsity basketball captains for the season were seniors Bethany McGann and Natalie Dahlstrom. "We play our best and the effort that we put in practice helped us in our games," said Dahlstrom.



Freshman  
Rachael Rich



Senior  
Megan Holland



Coaches Michelle  
Miller, Angie Kelly, and  
Chris Jacobs

Coach Chris Jacobs, Coach Angie Kelly, Megan Holland, Nora Murphy, Natalie Dahlstrom, Bethany McGann, Rachael Rich, Coach Michelle Miller, Evelyn Hartz, Pallvi Chopra, Rachel Schwartz, Cynthia Gomez, Emma Wolfarth, Nataly Revollo, Jennifer McCue

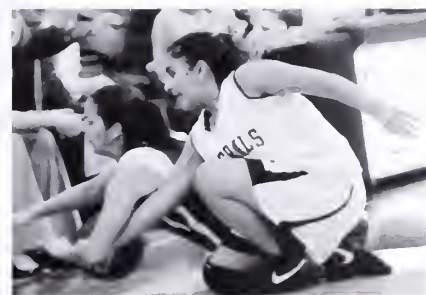






Before every game, the girls varsity basketball team gathers together to come up with a plan. "Communication was a huge obstacle we faced. We started out with a lot of confusion, but day by day we came together as one," said senior Bethany McGann.

Junior Pallvi Chopra is trying to recover the ball for the team by making the other player hit it out of bounds. "I put all my effort on the court," said Chopra. "Demonstrating my dedication towards the game is a key to winning."



## Score Card

	Us	Them
Lake Braddock	28	44
Herndon	23	49
West Potomac	35	40
Thomas Jefferson	34	37
Chantilly	30	64
Mt. Vernon	42	58
Yorktown	20	78
Falls Church	48	28
Annandale	28	58
Stuart	31	35
Robinson	35	44
Bullis	25	54
Edison	31	83
Wakefield	39	34
Westfield	18	58
Dominion	28	40
Wakefield	32	24
Mount Vernon	22	49
Yorktown	29	52
Falls Church	57	38
Edison	27	75

Sophomore Jennifer McCue dribbles the ball down the court. Her goal is to complete the play by making a lay up in a very close game against Wakefield.

Senior Nora Murphy rushes down the court in an attempt to score.



Freshman Rachael Rich protects the ball against the opposing player and looks for an open teammate.



Sophomore Emma Wolfarth tries to escape the Wakefield defense and drives to the basket.



Sophomore Rachel Schwartz is squaring up to shoot the basketball with the defense coming up behind her.



"Playing on the court with the seniors was an awesome experience. I am going to miss them next year," said sophomore Evelyn Hartz.



1) Freshman Austin Karpinski dribbles the ball down the court to make the winning shot. 2) The JV team huddles before the game starts, to pump the team up, as they head off to begin their game. 3) Sophomore Raymond Lindsey-Butler continues his goal to make a basket with firm control of the ball after successfully dodging an opponent. 4) The freshman team mates Austin Evans, Joshua Patacell, Jonatan Carias, Joshua Patecell, and Dylan Gibbs watch their team with apprehension, as the game reaches against a pivotal point.



Freshman Malik Risher receives a pass from his teammate, as he rushes down the court to shoot the open lay-up.

Freshmen Score Card		
	Us	Them
Dominion	54	36
Herndon	41	49
Thomas Jefferson	42	41
Chantilly	34	56
Mount Vernon	57	63
Yorktown	36	43
Edison	34	43
Wakefield	27	47
Stuart	50	52
Falls Church	47	40
Mount Vernon	46	67
Robinson	58	77
Falls Church	45	33
Edison	54	48
Wakefield	57	48
Yorktown	52	61



Freshmen: Dezmen Smith, Jonathan Carias, Han Lee, Austin Evans, Dylan Gibbs, Oliver Cross, Amanuel Abebe, Nick Ofiesh, Tarik El-Allame, Alexander Salguero, Joshua Patacell, Benjamin Merlos, Keith Ricks, Andrew Karpinski, Mark Palmer, Anthony Taylor, Bobby Drayton





5) Sophomore Zachary Fendley rushes up the count and succeeds by pulling the defense away in order to complete to make a lay-up. 6) During the fourth quarter, sophomore Brent Powell searches for a pass as he blocks off an Edison player.



**Junior Varsity:** Coach Ronnie Haskins, Raymond Lindsey-Butler, Haiston Jaminson, Jason Truesdale, Andre Birdsong, Benjamin Schwartz, Nicolas Friedman, Daniel Lesueur, Zolijargal Tsogoo, Aasim Rawoot, Jose Ondo, Malik Risher, Ross Gray, Benjamin Schwartz, Zach Fendley

→ The freshmen and JV boys basketball teams came together with dedication.

# in it to win it

"Dedication was one word that could sum up this season," said JV coach Ronnie Haskins. This attitude was felt all around by the JV and freshmen teams because of the overall hard work and ability to come together and work as a single unit.

The freshmen coach, Nick Ofiesh, served as a model for this dedication to the game. "Our coach talks about how basketball made his childhood more fun, and the better he got, the more fun it got, so that's an incentive," said freshman player Oliver Cross. "He also works us pretty hard, so we really have no choice but to get better."

Dedication of the fans was also essential to the motivation of the two teams. "It's a lot of fun playing, mainly because there is such a good fan base," said sophomore Jason Truesdale. "More people came to our games this season than the season before."

Another aspect of the players' dedication was the mindset that encouraged them to succeed as a team instead of struggling individually. "Playing on the team is like having a second family," said freshman Malik Risher. "We basically see each other everyday, and we all are working for one thing: to win."

It was a new adjustment for the freshmen team, who were in their first year of high school. The JV team also had to work together, in spite of being in different classes. "Both teams overcame the obstacles and achieved the ultimate goal: to come together in wins or losses," said junior Nicholas Friedman.

The dedication of the players, coaches, and fans helped carry the freshmen and JV boys basketball teams through the season.

-Jullie Zeballos, '09

## Junior Varsity Score Card

	Us	Them
Dominion	38	42
Herndon	48	62
Thomas Jefferson	32	37
Chantilly	48	65
Mt. Vernon	59	92
Yorktown	55	48
Falls Church	59	61
Edison	38	56
Wakefield	72	75
Stuart	65	44
Robinson	52	79
Mt. Vernon	58	80
Yorktown	27	44
Edison	72	69
Wakefield	65	61
Stuart	60	55



Sophomore Benjamin Schwartz charges past an Edison player to score a basket.



1) Sophomore forward Mary Heather Cromartie prepares to shoot a free throw after taking a foul. The coaches stress B.L.T., which stands for breath, legs, and threads. This technique helps players make free throws more often. 2) Sophomore Shante Waller takes the ball up to the basket on a fast break. The team relies on Waller to add points to the scoreboard with her quick steals and aggressive offense. 3) Sophomore Laura Kane protects the ball from the opposing team while running one of the team's plays. Protecting the ball is one of the priorities for the team.



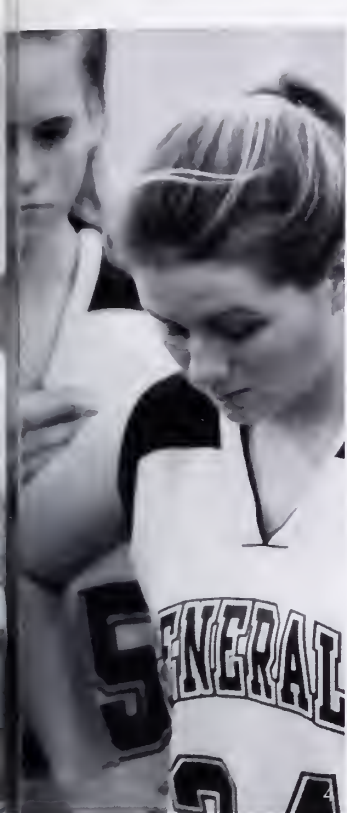
Sophomore Leah Woodruff plays "forearm and fist" defense against her opposing player. Coach Wayne Vincent constantly emphasizes this form of off-ball defense.

Junior Varsity Score Card		
	Us	Them
Dominion	43	14
Herndon	46	31
Thomas Jefferson	35	21
Chantilly	21	46
Mount Vernon	36	18
Yorktown	36	30
Falls Church	38	12
Edison	32	43
Wakefield	45	24
Stuart	48	12
Mount Vernon	48	34
Yorktown	42	49
Robinson	53	43
Falls Church	49	30
Edison	59	54



Coach Ron Files, Madeline Templeton, Meredith Denton, Lindsey Treweek, Leah Woodruff, Heather Cromartie, Molly Wolford, Michele Derieux, Coach Wayne Vincent, Adriana Niedenuhr, Madeline Brothers, Eleanor Mills, Cecily Leahy, Laura Kane, Amanda Maggio, and Shante Waller





4) Assistant JV Coach Ron Files talks to the team during a 30-second time out at a game against Wakefield. Files constantly calls attention to improving the team on the little details of basketball. 5) Freshman Rebecca Jones takes the ball to the hoop for a right-handed lay up. Lay-ups are the most important shot in basketball to make, and keeping a strong form like Jones has is mandatory. 6) Freshman Sandra McCartin plays on-ball defense to protect an in-bound pass during a game. "To break a press," Coach Aaron Queen says, "players have to put a lot of pressure on the ball."



★ The girls JV and freshmen teams learned how to accomplish their goals.

# driven players

Experienced coaches, prepared players, and the drive to win were the perfect recipe for the freshmen and junior varsity girls basketball teams. The basketball players worked together to create an environment focused on both competition and team bonding. The girls struggled during try-outs, but it paid off to play on the team and be proud of their accomplishments.

The JV players carried out an overall great season. The ongoing team dinners, early morning practices, and social events led the team to a winning streak. The combination of last year's players and new members generated a strong bond amongst the team. "I've made some amazing new friends and gotten a lot more insight about everything in high school," said freshman Lindsey Treweek.

The new coaches to the program, Wayne Vincent and Ron Files, also contributed greatly to the success of the JV team. Along with coaching full time, Vincent and Files both are employed as Arlington County policemen and have high expectations for their players. Before

every practice, Coach Vincent read team a quote relating to the standards he held for them. "I think Coach Wayne's quotes really help me really focus on a particular thing during practice," said sophomore Molly Wolford.

Finally, the junior varsity team took the basketball program as a whole to a higher level of achievement. The desire to learn, and the passion to compete, went hand-in-hand, leading the team to a winning streak.

The new freshmen basketball team adapted well and learned a lot throughout the season. After many time-consuming bus rides and practices, the team's hard work paid off during the games. "I think the hardest thing about preparing for games is making sure the whole team keeps their intensity up," said freshman Kristi Kem.

Bringing together prepared coaches, skilled players, and the passion to compete resulted in a strong season for both the freshmen and junior varsity teams.

-Mandy Maggio, '10



Coach LaTasha Chamberlain, Gretchen Schroeder, Clare Terpstra, Rebecca Jones, Jennifer Berry, Tiffany Bradford-Brooks, Christine Nguessan, Coach Aaron Queen, Elizabeth Englund, My-Anh Nguyen, Katharine Eden Riley, Jessica Langley, Sandra McCartin, Javhana Vaanjilnorov, Karina Irizarry, and Kristi Kem

## Freshmen Score Card

	Us	Them
Dominion	23	38
Herndon	32	23
Thomas Jefferson	27	25
Chantilly	28	56
Mount Vernon	32	25
Yorktown	33	37
Falls Church	61	8
Edison	44	27
Wakefield	40	19
Stuart	30	15
Mount Vernon	39	14
Yorktown	37	30
Robinson	49	13
Falls Church	40	20
Edison	44	28



Freshmen Coach Aaron Queen discusses the game plan with the team in order to prepare for a home game against Mount Vernon High School.



►► Heavy dedication pushes the wrestling team to success.

# wrestlers weigh in

According to the its members, the wrestling team was "on fire" this year. Their dedication shined through all their hard work.

Waking up early on Saturdays to condition was considered one of the easiest requirement when it came to this tough sport. Wrestling takes a lot more than being able to win matches.

Besides the hard conditioning the wrestlers had to face, which included working out six days a week, wrestlers were also required to watch their weight in order to maintain their weight class. It was important for the wrestlers to eat healthy. Binging on junk food was one thing they had to give up. "If you don't watch what you eat, you may not make a certain weight class, which results in having to sit out until your next match," said junior Michael Mackenzie.

In the sport of wrestling, there are 14 weight classes, and this wrestling team is only capable of filling nine, sometimes ten of them. "It is troubling for the team to go into a meet and have to

forfeit 30 points," said Coach James Mon. "Although, the team marches back, only to lose by two points at the end. Case in point, the wrestling team is very skilled at what they do," he added.

The pressure to stay a healthy weight might be a little tough, but with the wrestlers' dedication and commitment to the sport, they were able to manage. That temptation to fall off a strict diet occurred, but when it did, how exactly did the wrestlers cope? "To overcome the temptation to give in on junk food, I tried to not think about it and went for the healthy foods because it helped my body function when I was wrestling," said junior Justin Serence.

Whether they had to sacrifice time from their own interests or watch what they ate to make a weight class, the team members were clearly dedicated when it came to performing their best.

-Tamara Amer, '09

**Coaches' Corner:** Coach James Mon and Coach Johnny Watson are mentors for members of the team. They attend every match to help guide the team with pointers on how to improve and win.



"It is fun going into matches. It gets me pumped up, and my adrenalin starts rushing," said sophomore Seddhaman Sarik.



"The best part about wrestling is that it doesn't only work out your body, but also your brain," said junior Michael Mackenzie. "It gets you to concentrate harder."

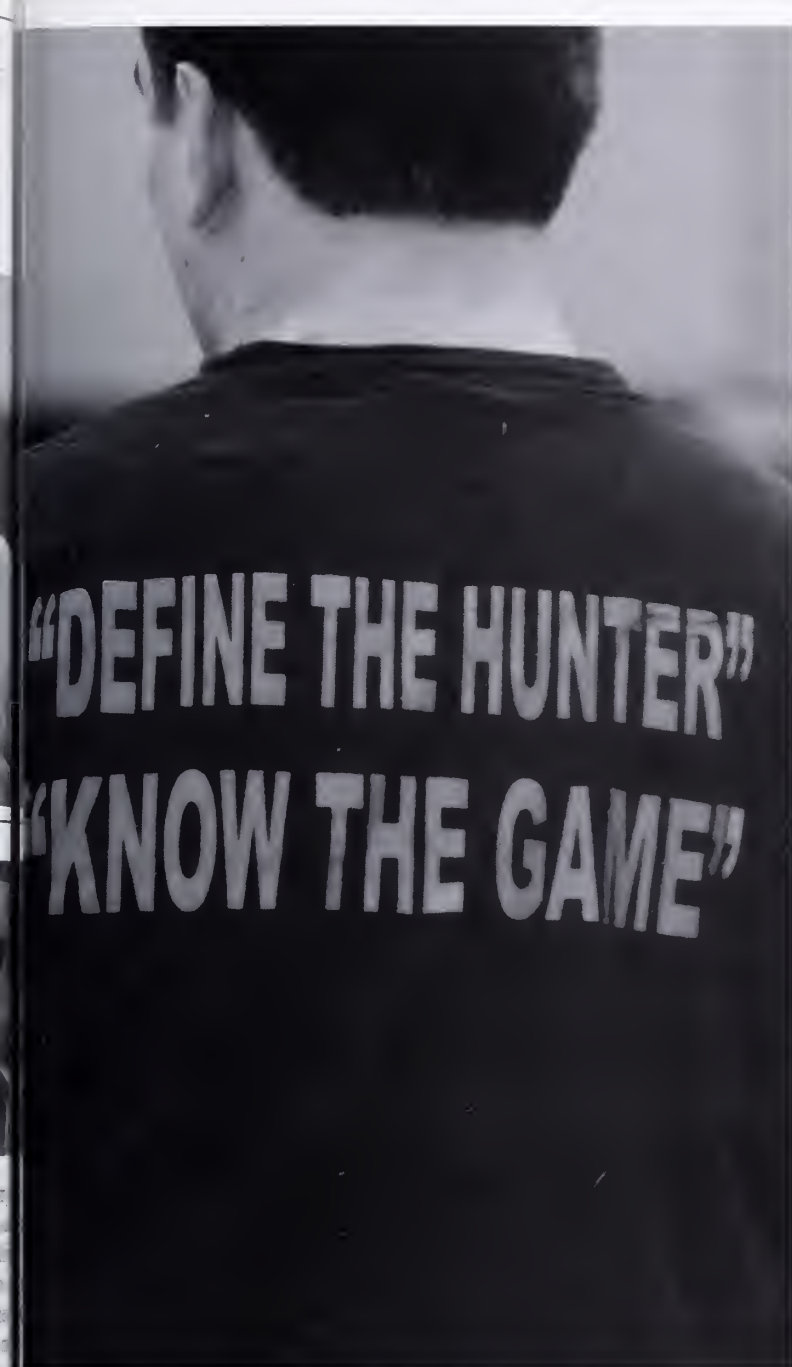


"Wrestling is my favorite sport," said sophomore Collin Seamens. "It helps n stay in shape. I get t work out all of my muscles and learn different moves at tl same time."

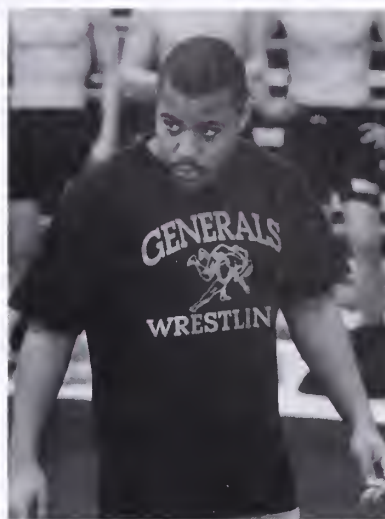
Coach James Mon, Ulysses Smith, Alexander Goodahl, Justin Serene, Connor Sharp, Michael Watson, and Collin Seamens. Anthony Krauss, Alvaro Araujo, Jorge Gomez-Pedraza, Corey Smallwood, Seddhaman Sarik, and coach Johnny Watson





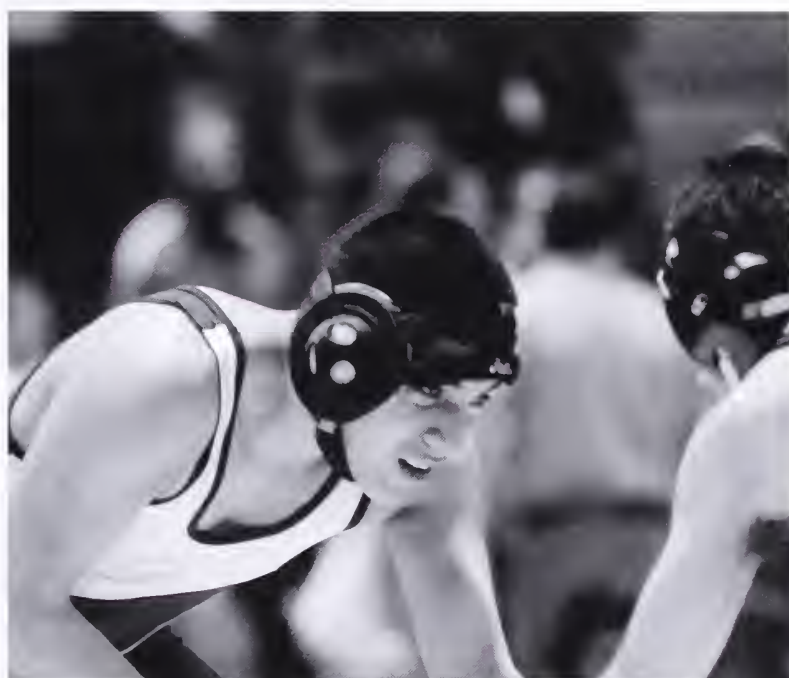


"Define the hunter, know the game" is the wrestling team's slogan for this year.



"I enjoy wrestling because it strengthens me mentally and physically like no other sport in high school," said senior Corey Smallwood.

Junior Jorge Gomez waits for the whistle to blow before he can engage his competitor.



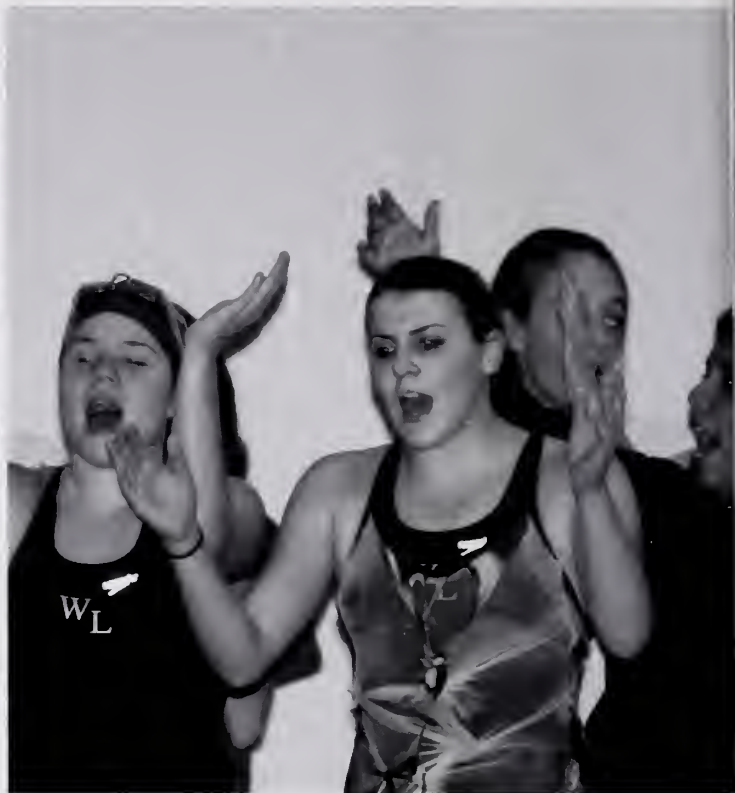
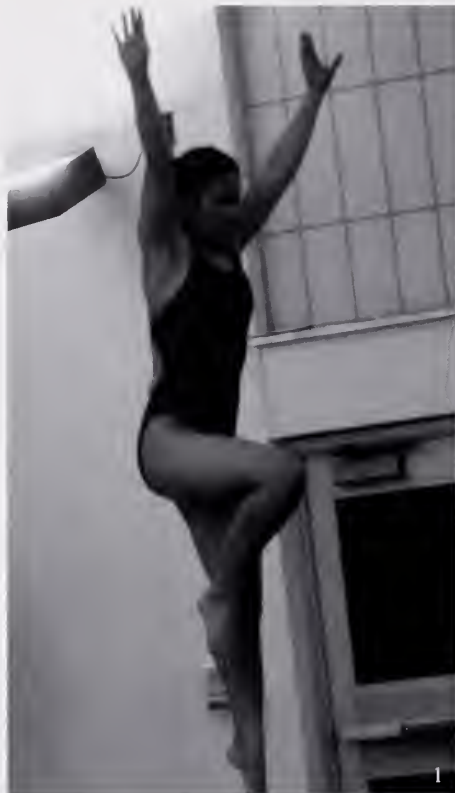
Junior Justin Serene traps his competition in a hold, which helped him win the match.

Junior Connor Sharp successfully pins his opponent during a match.

*sports*



1) Sophomore Lilly Bouldin prepares to dive into the water at a Wakefield swim meet.  
2) Sophomore Freddy Crawford and Abigail Conklin sit quietly and listen to their coach to find out what she has planned for the team before an upcoming swim meet. 3) The seniors celebrate senior night, the last meet at home, with flowers and monogrammed swim towels after a meet verse Yorktown.



"While still swimming at the old pool, the team brought a new light to the season," said Coach Kristina Dorville.

## Girls Score Card

	Us	Them
Edison	97	89
Mt. Vernon	180	135
Falls Church	107	78
Chantilly	58	128
Wakefield	118	48
Stuart	100.5	88.5
Yorktown	55	131



**Girls:** Coach Kristina Dorville, Natalie Stearman, Alysia Bell, Sarah Dinardo, Olivia Goldstein, Monica Madera, Cynthia Carson, Elizabeth Ludan, Emelyn Rude, Coach Matt Laconte, Catherine Dorset, Haley Oleynik, Tessa Van Grack, Sarah Chisholm, Lilly Bouldin, Devon Lynch, Mallory Uzel, Lauren Mathae, Lindsey Alexander, Clare O'Doherty, Julia Casciotti, Laura Gorsky, Kathryn Rabatsky, Abigail Conklin, Brooke Hudd, Lindsay Cronin, Hannah Aiken, Marian Anklam, Marilyn Guerrero, and Sarah Michaelson





1) Captains Marian Anklaam and Sarah Michaelson, both seniors, and junior Nicolas Peñaranda lead the cheers before every meet begins to get the team excited to swim.



# head first

into the season

The swim and dive team matched their exceptional talent with exceptional teamwork. In years past, the team had had difficulty winning a single meet, but this year its members raised the bar and won second place in their district.

Several components were essential to the swim team's incredible season, including harder practices, intensified weight room training, and perhaps the most important of all, fortified team bonding. "Team bonding was very important to me because, as a freshman, it's hard enough not knowing anybody," said freshman Hannah Aiken. "The pasta dinners on Thursdays and going out to eat after swim meets on Fridays have really helped me and other freshman feel more part of the team."

"We usually have seven hours of practice a week, not including the twice a week weight room training," said junior Daniel Watson. The weekly practices helped the team improve on speed and performance.

Another contributing factor to their overall success was their experience, as most of the swimmers

have been swimming and diving since they were young. "I have been diving for AFC [Arlington Forest Club] since I was eight," said junior Clare O'Doherty. "It helps me improve my diving skills during the summer before swim season comes."

The swim team also had spirit on its side. "At every swim meet, people will never see a quiet soul...or anyone sitting around, because everyone is up and cheering for their fellow swimmers," said freshman Adrien Soutter. "The enthusiasm and energy of the team is great, and everyone has a good time regardless of whether or not we're winning or losing," said senior Corey Anklaam. "The good thing about the swim team is that we truly behave as a team inside and outside of the pool."

The members of the swim team saw their team not just as a group of athletes, but as members of the same family with the same goal.

-Jessica Li, '10



**Boys:** Coach Kristina Dorville, Jacob Houston, Jonathon Banks, David Hemingway, Andrew Ricks, Daniel Watson, Daniel Abecia, Dylan Soutter, Coach Matt Laconte, Nicolas Peñaranda, Derek Framinan, Stewart Brown, William Stehm, Casey Botticello, Matthew Allen, Warren Mitchell, John Swallow, and Adrien Soutter

## Boys Score Card

	Us	Them
Edison	83	102
Mt. Vernon	120	188
Falls Church	77	102
Chantilly	61	122
Wakefield	111	66
Stuart	106	80
Yorktown	90	95



"The swim team is extraordinarily close. The bonds we have created has made the season way easier," said junior Nicolas Peñaranda, pictured with junior Clare O'Doherty.



Aiming for the target, the rifle team reaches for their goals.

# fired up and ready to go

Would you wake up early on Saturdays to drive to an arsenal, the nearest of which is 30 miles away? Sophomore Ryan Carney, who considered the skills he learned and practiced on the rifle team to be "valuable and useful," was willing to make the sacrifice.

The uniqueness and attraction of the team lay in the fact that every member had to score individually and contribute to the team, as participants had to compete with their own marksmanship. "Singular efforts get scores, which gets wins, so the team work is definitely indirect," said sophomore Brandon Hummell.

While some may find that daunting, team members embraced the chance to prove themselves and joined for various reasons. "I joined because I enjoy shooting," said freshman Timothy Peel. "Plus, I never think of gun marksmanship as violence because it is purely a sport." Some, such as Carney, joined as novices to learn a new skill. "Even though I never knew about guns or marksmanship, I just did it to try something new, and I ended up really liking it," he said.

How does a match work?

"Usually, everybody in a competition fires a match course, which consists of three targets: one prone, standing, and a kneeling," said Marc Portis, sophomore. "Each shot has a maximum of 100 points. Then the total for the team is calculated by adding together the individual scores of each member."

This system helped players relax and concentrate on the sport. "We always have fun doing what we do because there's not too much pressure, and you can actually concentrate on your own stuff," said Peel.

Despite the continuous dedication and passion shown by the team, members felt that the organization was still small and largely unknown. "We really need to recruit more people because, with such a small team, we can't get too many wins," said Carney.

Even with so few participants, the team looked forward to improving their scores and becoming more known within the school community. Hummell said, "If you like shooting, this is decent fun, and we have lots of fun."

-Whitney Hurdle, '09

1) Sophomore Ryan Carney prepares his rifle at practice to make sure he has the best chance to score on target. 2) While putting up the target sheets, freshman Timothy Peel is excited to get his gear and game on. 3) At practice, the rifle team shoots in "prone" position. This is one of the three angles of shooting practiced in competition.



Christopher Stephens,  
Sophomore



Andrew Grand-Pierre,  
Sophomore



Daniel Hershberger,  
Senior





1) Senior Cynthia Chanduvi performs on the balance beam. 2) Senior Jessica Bravo poses with flowers after a competition. 3) Bravo performs on the uneven bars.



Jessica Bravo,  
Senior



Cynthia Chanduvi,  
Senior



Chanduvi and Bravo before  
a practice at Barcroft

► *These girls believe in gymnastics for both the body and the mind.*

# poised on the edge

Evolved from exercises used by the ancient Greeks, gymnastics traditionally included skills for mounting and dismounting a horse and circus-performing skills. The sport has come a long way since then; the modern form typically involves exercises on the balance beam, uneven bars, high and parallel bars, still rings, and many more.

Although gymnastics is a demanding sport that requires much physical strength, agility, and coordination, "you don't need to be super flexible to join," said team member senior Jessica Bravo. "You just need to be persistent and be there for the team."

Despite being the only two members of the gymnastics team, seniors Jessica Bravo and Cynthia Chanduvi still strived to make the team a success. The already small team dropped to only two members when junior Lindsay Cowen was injured and could no longer perform.

The girls formed a tight bond

because it was just the two of them. "I think we definitely became closer through gymnastics. It was Jessica who said I should try doing gymnastics," said Chanduvi. "I like it because I used to play basketball and this is something much different."

With the move to the new school building, there was no longer a place for the gymnasts to practice, but a space has been promised in the final completed building for them. "We practice at Barcroft or randomly at the park," said Bravo. "Occasionally I go over my routine just in my head."

Gymnastics is a experience, according to the two participants. It has taught them to work hard and stay committed to their goals. Chanduvi said, "It's helped me with school because it helps keep me organized and constantly striving for a goal."

-Amanda MacDonald, '09





Indoor and outdoor track  
became family this year.

Senior Devon Hogan races to pass the baton to his next teammate in the relay. "When others are depending on you, it makes your drive for success so much stronger," said Hogan.

# catch us if you can

This season indoor and outdoor track were not just about running, getting a good score, setting a record, or being faster than other runners. Indoor and outdoor track were all about the teams' commitment to both their sport and one another.

With the members of the team practicing multiple times every week, the team's dedication paid off in races. "I like using all the energy that I have and putting it into the race. Even though I'm tired by the end of the race, the adrenalin makes me happy," said freshman Jordan Mandel. Junior Marvin Chinchilla agreed. "When I see that I'm just about to reach the finish, I get this rush of power that is unexplainable," he said. "Races are such a rush."

Besides attending practice, some members did additional training. "I sometimes went out for a run when the team didn't have practice," said sophomore David Roddy. "It helped me stay

in shape."

Even though doing indoor and outdoor track was not easy, the team was always supportive of one another. "When someone is upset about a certain score they received, or not happy, we give advice to each other," said junior Oksana Trofimenko. "It's like we're a family."

Other members agreed. "We see each other multiple times a week. We have to get along or else practices would be unbearable," said sophomore Ian Feeney.

This season, indoor and outdoor track were deemed to be successful. The teams' hard work and commitment was rewarding. Not only did the runners gain new friends, but also transformed themselves into true athletes.

- Tamara Amer, '09  
& Marley Furlong, '09



Tyler Leeds  
Junior



Cynthia Carson  
Sophomore



Marc Patton  
Junior

Warren Gillus, Yanick Tanda, Karl Lendenmann, Eric Fry, David Carter, Regis Peeples, Antoine Planche, Jordan Mandel, David Roddy, Matthew Przydzial, Tyler Leeds, Bethlehem Girma, Bernard Nkesi, Khalia Horne, Arley Turner, Greg Jacks, Gabriel Yudken, Josh Katz, Jahan Shiekhy, Kimsue Grant, Gray Gustafson, Luke Malley, Marc Patton, John Sheahan, Nathaniel Young, William Horsley, Suzanne Matyas, Eric Engel, Lashay Newman, Trevor Newton, Kelly Landers, Oksana Trofimenko, William Warren, and Marvin Chinchilla







"The dedication track takes really rubs off onto other aspects of my life. Getting things done like chores and homework seems a lot less daunting," said sophomore Katherine Fleming.



Sophomore Steve San Miguel gives the race his all at an indoor track meet in January.

Junior Bernard Nkesi leads the way to the finish line in an indoor track meet at Thomas Jefferson Middle School.



"Track is a good way to keep in shape for other sports. It really builds endurance," explains sophomore Bradford McGann.

"Track is pretty addictive. If I go a couple of days without running, I start to feel really [bad], physically and mentally," said junior Luke Malley.

*sports*



With a common goal and the drive to win,  
the varsity baseball team strives for perfection.

# a line drive

Talent was no question when it came to the varsity baseball team. However, it was the matter of motivation that set this season apart from earlier years.

With the loss of many seniors from the previous season, the team worked to rebuild with "a fresh start, young talent, and determination to win districts!" according to Coach Doug Grove.

The common goal was clear: the team was united in their drive to win the district championship. The fresh start, along with the addition of many new players, inspired the team to focus on a specific goal and stick to it.

In order for the team to make it into districts, they needed to have courage, individual and team goal-setting, and most importantly, the ability to keep their hopes and motivation up. Individual players exemplified this idea by keeping up with training both on and off season. "As a player, training was important in the off season for improving myself as an individual baseball player and person," said

junior Thomas Peters.

In addition, improving their skills made all the difference in the players' performance throughout the season. The team practiced and worked hard to incorporate new techniques, especially to improve their batting skills. "My goal for this season is to bat over 300," said junior Hector Campos. "My teammates and I have set high hopes for improving our batting averages." The team's motto for the season was "to make practice look like a game, and to games look like practices," said Coach Grove.

Building a tighter team dynamic was another aspect that the players hoped would bring them one step closer to winning districts. "Team bonding really helped everyone come closer this season, and there were many trips to Taco Bell following tough practices," said senior Benjamin Yeager.

With talent, cooperation, and a clear goal, the team pushed toward districts.

-Sharifa Ahmed, '09

## Fans' Corner

Come rain or shine, the baseball team had a strong fan base. Most of the crowd consisted of parents of the players, along with friends, teachers, and other members of the community. The baseball games played gave parents an opportunity to mingle and support the Generals!



Senior Michael Wall



Junior Thomas Peters

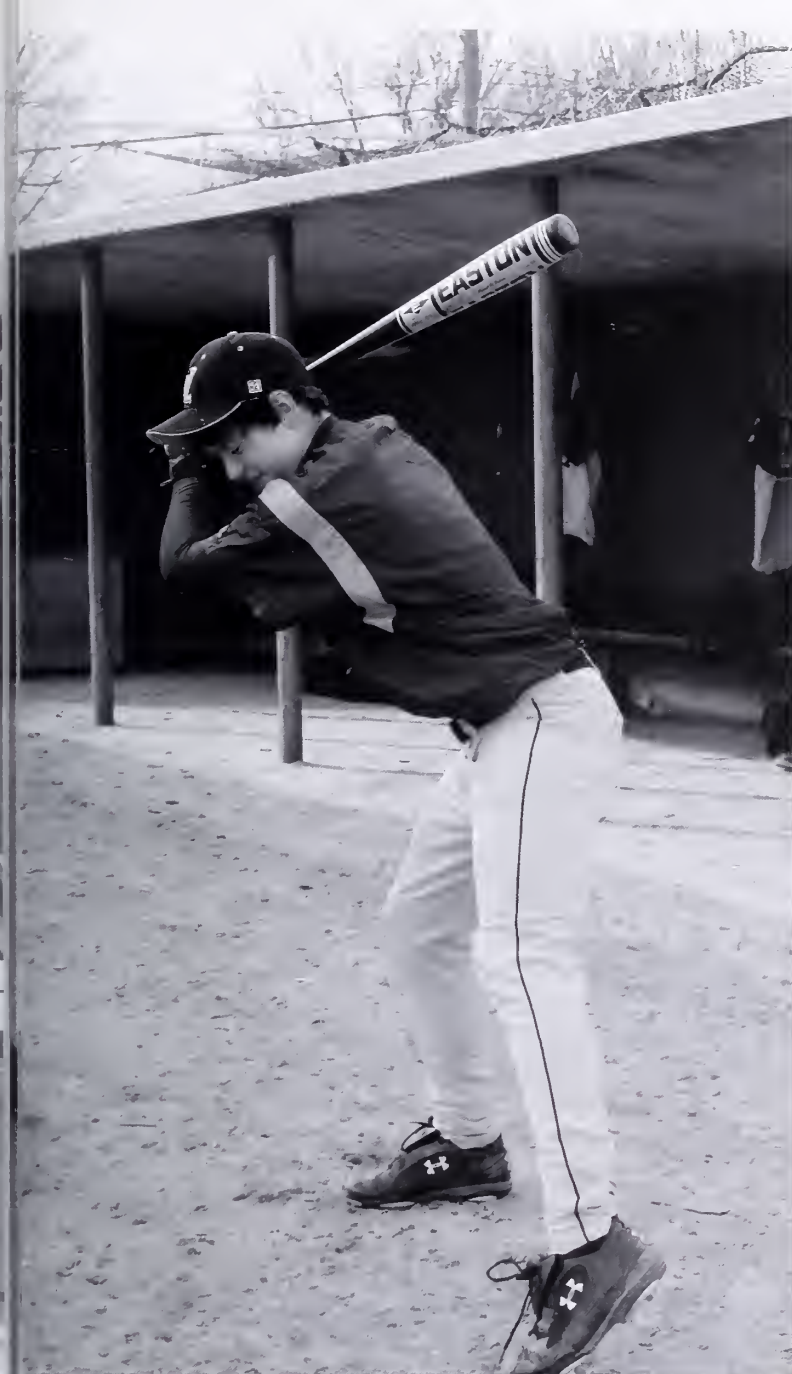


Sophomore Robert Burgess

Coach Terry Dwyer, Nathan Rogers, Timothy Edwards, Alec Pastre, Thomas Edwards, John Philip Morgan, Benjamin Yeager, Coach Doug Grove, William Thomas Brower, Gerado Amador, Karl Lendenmann, Michael Ross Mackenzie, Thomas Peters, Christian McGillen, Alexander Jeffery Wicks, Robert Burgess, Daniel McKenna, Michael Wall, Taka Winter, Jeremy Seipp, and Hector Campos







Junior William Brower lines up his feet and practices swinging right before he steps up to bat during practice.



Sophomore Karl Lendenmann throws back and forth with teammate sophomore Thomas Edwards. "Practice on the simple things make all the difference in the game," said Lendenmann.

Sophomore Jeremy Seipp gets into position to catch the ball during warm-ups before the home game against Marshall.



The team gathers to strategize before the big game against Yorktown, which is anticipated by the team all season.

Before a game, players hang their uniforms on the fence until after finishing their warm-up exercises.

*sports*



►► *Big on defense and eliminating errors, the new coaches motivated the team to reach for higher goals.*

# the big lead

The softball team started off the season with a clean slate. After having lost the majority of the players the previous year, and the two head coaches, the team was forced to undergo drastic changes. With three new coaches, two of them being previous Yorktown head coaches, and many new players, the team was able to have a fresh start for the better.

The players seemed to have a positive attitude towards the drastic change. "The coaches this year are great! I was a little worried since they were coming from Yorktown, but I think they all truly want to improve our record and create a new, talented team," said senior and captain Meredith Halliwell.

Freshman Jennifer Berry also pointed out the value of having

new coaches. "They are almost all new to W-L and can give us a new outlook to improve our program," said Berry.

Along with new coaches, came a whole new team dynamic. "I feel like with the coaches this year the team is more structured," said junior Amanda Enright. "There is also more of a reward for doing well...praise from the coaches seems to matter more now," said Enright.

Not only did the coaches improve the team as a whole, but they contributed good feedback to individual players about their positions. "They have taught me a lot of new stuff, like sliding for outfield balls and how to properly run the bases," said senior Natalie Stearman.

Aside from the hard work and

practice of new skills, the team found time to get to know one another and their new coaches as well. "The team gets along great; we all like each other and we have fun at practices," said senior and captain Catherine Conti.

The team continued to bond with after-school activities as well. "We get along great; it's like we're sisters," said freshman Imani Bigsby. "Some bonding rituals we have are that we go out and eat and we have team parties," she added.

With new coaching, players, talent, and team dynamic, the softball team was able to pull together and improve the softball program.

-Lindsey Wallace, '09



**"This year, the team is much more aggressive. I think the coaches have brought out that drive in us to win."**

**Meredith Halliwell  
Senior**



Junior Amanda Enright helps pick up the dimple balls for the hitting machine during an indoor practice in the gym.



Freshman Imani Bigsby takes a swing for a hit, as she practices in the Quincy field batting cage before a game against Yorktown.

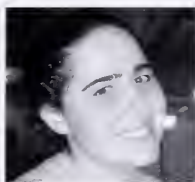


Junior Selina Pena is all smiles as she dominates a fellow team member in air hockey at Coach Wallace's house during a team bonding night.





Megan Chase  
junior



Catherine Conti  
senior



Kristy Gogo  
sophomore



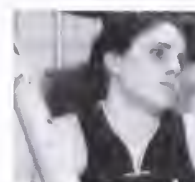
Olivia Mihalik  
junior



Allison Mihalik  
freshman



Jennifer Berry  
freshman



Natalie Stearman  
senior



"What I enjoy most about coaching is seeing players go beyond their comfort zone and being successful doing it."

Carolyn Majowka  
Head Coach



Coach William Downs, Natalie Stearman, Catherine Conti, Coach Carolyn Majowka, Jennifer Berry, Meredith Halliwell, Coach Timothy Wallace, Amanda Enright, Megan Chase, Imani Bigsby, Olivia Mihalik, Kristy Gogo, Whitney Hurdle, Selina Pena, McKenna Klontz, Erin Lindsey Wallace, and Allison Mihalik



Junior pitcher Olivia Mihalik winds up for the pitch. She then successfully struck out a Bishop Ireton batter.



Freshman Imani Bigsby, coach William Downs, junior Megan Chase, senior Maggie Nice, sophomore Kristy Gogo, and freshman Jennifer Berry sit quietly, focused on the ongoing game.

Senior captain Catherine Conti uses good form while swinging her bat. This led to a hit for a single at first base while playing Bishop Ireton.



1) Freshman Oliver Cross uses the tee to help improve his aim in hitting the ball.  
 2) Sophomore James Morgan gets into the batting cage to practice his swing before an upcoming game against Fairfax High School. 3) Since cleats are required for good traction on the diamond, freshman Daniel Browning makes sure that his cleats are tight and secure before heading out of the dugout for practice.



Freshmen Peter Janetos and Benjamin Edgar get ready in the dugout before baseball practice.



Freshmen Matthew Pearson-Beck and Benjamin Edgar talk about the upcoming game. "I really enjoy baseball practice with Coach Balutis. It's not all about work; we have fun at the same time," said Edgar.



**Junior Varsity Baseball:** Charles Vitale, James Morgan, Paul Teifer, Brandon Wagstaff, Ian Feeney, Jake Merrill, Coach Adam Balutis, Matt Browning, Matthew Pearson-Beck, Michael Yuhas, Peter Janetos, Benjamin Edgar, Drake Anderson, Isaiah Brennan, Daniel Browning, Austin Evans, Oliver Cross, and Will Ferguson





- 1) Coach Russ gives his team a little pep talk during practice before an upcoming game against Falls Church High School.
- 2) Junior Sally Salazar gets into position to catch the ball during practice.
- 3) Sophomore Sasha Cerruto lines up her feet and watches the pitcher in order to be ready to hit a run.



**Junior Varsity Softball:** Coach Alexandra Obrand, Emma Tober, Abigail Whitmore, Coach Chris Dunn, Leah Woodruff, Valerie Dugie, Coach Alexander Monde, Madeline Templeton, Brooke Rippey, Corinne Wiesner, Madison Lane, Camille Uzel, Christina Chang, Genesis Torres, Sally Salazar, Kylah Jackson, and Kassidy McElheney

*JV baseball and softball have different methods, but both aim for a common goal.*

# aiming for a grand slam

Both junior varsity softball and baseball had to adjust to a change in coaches. Nevertheless, new coaches brought new routines to the team, new goals, and a new spirit.

The new head coach for JV baseball, Adam Balutis, had new goals for the team. "As a new head coach I plan to use the things that worked from last season and incorporate it with new routines I have," said Coach Balutis at the beginning of the season.

Coach Balutis pushed the players to perform, according to his team. "He's very serious when it comes to game situations, which is a great thing because we'll be more prepared when we get into situations," said freshman Peter Janetos.

As for JV softball's head coach, she believed that with a new routine any goal could be accomplished. "We are putting an emphasis on team spirit as well as conditioning by encouraging our ladies to run together as a team and support each other through increased communication and positive

attitudes," said Coach Alexandra Monde.

Another element that helped the girls JV softball team reach their goals was the knowledge and expertise of the new coaching staff. "Coach Dunn is a great coach because he makes us work hard and knows what he's talking about," said freshman Kylah Jackson.

In addition to new coaches both JV softball and baseball have players with outside experience, which they draw upon in practice. "I play for a baseball team outside of school so I can be better and more improved for the spring season," said sophomore Drake Anderson.

The JV softball and baseball team started the season off with new coaching, positive attitudes, and their hopes set on higher levels of success. They adjusted well to the new coaching staff and incorporated the new strategies and tactics into their play.

-Jessica Li, '10



Sophomore Leah Woodruff stands in ready position, waiting for the ball to be thrown.



Coach Chris Dunn prepares to hit fly balls into the outfield, which gives the girls practice in catching pop flies.



With a rocky start, the varsity boys soccer team looks forward to improving.

# kicking forward

After three years of making it to the regionals with a very strong team, the varsity boys soccer team had a rough start this season. Off and on the field, they felt that they had many things to improve. "I've played on the team for three years, and this year the team has a lot to work on," said senior John Blunden.

Not only did they have to improve together as a team, but also as individual players. Many wanted to work on personal skills with the ball, but most members also felt that the lack of communication was the team's biggest weakness. "One of the most important skills in soccer is communication, and this year the team does not have much of it," said sophomore Yannick Tanda at the start of the season.

According to some players, the lack of communication stemmed from the lack of experience the players had with one another. "There are a lot of younger, new players on varsity this year, and they don't really know the older

players, so it's hard to establish leadership and communicate during a game," said Blunden. This posed a challenge for the players as teamwork is critical to their sport.

They may have lacked communication, but the team came together as they focused on improvement. By combining their work on individual skills with strenuous practices, the team progressed once the season was underway. "It is going to take time, but we are working hard during practices to do better on games," said freshman Alex Salguero. As a result, communication and team chemistry increased.

According to the players, every game increased their connection, and the team built the bonds that would carry them through the season. Senior German Peralta said, "After a game we all feel like we worked together and have better chemistry."

-Juskeymi Lazo, '08

## Fans' Corner

By cheering and giving the team immense support, parents and fans alike were essentially team members.



"I always keep my head in the game."  
-Alex Salguero, freshman

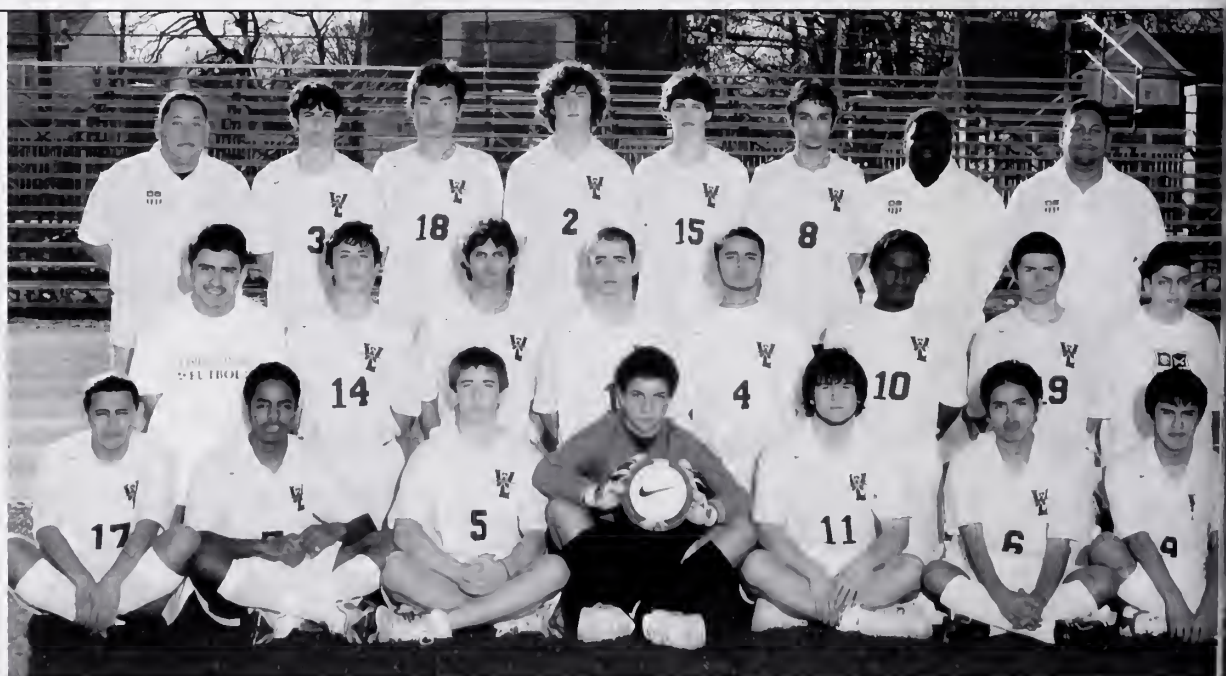


"When I am on the field, I play with all my strength."  
-John Blunden, senior



"I play with all my heart."  
-Davis Rodriguez, senior

Assistant Coach Edward Carrasquillo, John Sheahan, Ming Wong, Jesse Phillips, Kevin Donahue, Ilias Idrissi, Joshua Katz, Assistant Coach Keith Whitney, Head Coach Jimmy Carrasquillo, Milton Portillo-Ortiz, Hernando Wills, David Roddy, German Peralta, Yannick Tanda, Alex Salguero, Joaquin Rada, Benjamin Argueta, Tomas Grhbeluul, Robert Hemstreet, Zachary Yancey, Andrew McClellan, Kevin Donahue, and Davis Rodriguez-Orellana







In a mid-March game, freshman Zachary Yancey; seniors German Peralta, Jack Blunden, and Hernando Wills; junior Jesse Phillips; and senior Ming Wong huddle with the rest of the team before kick-off. According to the players, in spite of their initial struggles, every game helped them improve communication and become closer as a team.



Senior John Blunden receives high fives.



Freshman Zachary Yancey and Coach Keith Whitney



Sophomore Ben Argueta juggles the ball.



Players run down the field for the ball during practice.



Coach Carrasquillo and players prepare for a game.



Junior Robert Hemstreet crosses the ball.



The players line up before the start of the game and advance onto the field.

During spring break, the team continued to meet for practice. Here, the team members form two groups and practice scoring goals.



After a game against Westfield, the teammates gather to increase team morale by shouting "1,2,3 Generals!"



During practice, players work on keeping possession of the ball, while moving it down the field as a team.



Senior Hernando Wills races against a Westfield player in order to gain possession of the ball.



With a combination of new and returning players, girls varsity soccer looks forward to a successful season.

# new kicks

This season the varsity girls soccer team had a special combination of players. They had experience, and most importantly, they had a mix of upperclassmen and underclassmen all working together toward creating a successful season.

The younger players looked up to the older players for guidance. "We are a very young team, only eight out of twenty players are upperclassmen, but I like this because I learn a lot from them, and I will be ready in my senior year to take their place and lead a successful season," said junior Naomi Shagam.

With this range of age and experience, the players grew as a team. In spite of their differences, they still became a close group. "At practice, I learn little tips from the upperclassmen that help me in the long run, and I really appreciate it," said sophomore Madeline Brothers.

But the learning experience was not one-way; it was mutual between the older girls and younger girls on the team. "Since I don't participate on a travel team, the only chance I really get to play soccer is during the school season, and I usually learn new techniques from the

underclassmen since most of them participate on a travel team," said senior Emelyn Rude.

Many members are involved with different travel teams for Arlington County, so the team is well experienced. "I play for The Pride team year round, so I am always prepared when soccer season starts for school," said sophomore Emma Wolfarth.

With the close cooperation of younger and older team members, the girls varsity team had the recipe for a winning season.

- Fabiola Alba, '08  
& Jessica Li, '10



"Practices and hard work make a difference because patience, persistence, and our effort pay off in the end of games."

Senior Natalie Dahlstrom



Sophomore and goalie Molly Wolford gets pumped before entering the game.



Sophomore Eleanor Mills jumps up to head the ball straight into the goalie's net.

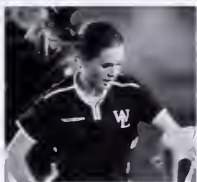


Senior and team captain Natalie Dahlstrom steals the soccer ball from a Westfield player and heads to the goal post.





Madeline Farber  
Sophomore



Molly Ramey  
Freshman



Ayisha Swann  
Senior



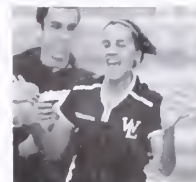
Catherine Frondorf  
Junior



Isabel Siemon-Carome  
Freshman



Sophomore  
Madeline Brothers and  
senior Natalie Dahlstrom



Naomi Shagam  
Junior



"Even though the team lost many of its senior players this year, we have many younger and experienced players."

Head Coach  
Ann Cernicek



Coach Ann Cernicek, Catherine Frondorf, Emelyn rude, Molly Ramey, Natalie Dahlstrom, Alyse Alicandro, Madeline Farber, Naomi Shagam, Madeline Brothers, Eleanor Mills, Megan Holland, Izzy Siemon-Carome, Elizabeth Englund, Ayisha Swann, Coach Anthony Detomo, Emma Wolfarth, Karina Irizarry, Emilia Sens, Pallvi Chopra, Adriana Niedenfuhr, Katherine Fleming, and Molly Wolford.



Freshman Emilia Sens sneaks up from behind and attempts to take control of the ball in a heated match.



Junior Adriana Niedenfuhr steals the ball from an opponent and passes the soccer ball to one of her team members.

Freshman Karina Irizarry rushes to head the ball while moving up the field.



1) Freshman Rachel Schwartz dives for the ball and blocks the shot taken by a West Potomac player. 2) Sophomore Anne Murray dribbles up the field, looking for an open teammate. 3) Sophomore Hok Steven Lay sends a line pass to freshman Tyler Cook.



The JV boys team sits during half-time to discuss the team strengths and weaknesses.



JV Boys Soccer: Coach Greg Butler, Nathan Young, Christopher Almquist, German Dell'agostino, Adrian Ferrufino, Ben Merlos, Christopher Gonzalez, Coach Kevin Clark, Malick Beye, Tyler Cook, Jhonatan Pozo, Soufen Mosie, Thomas Ghidey, Jackson Verville, Felege Zewede, Jose Estrada, Carlos Dell'agostino, Guido Blacutt, Keith Rieks, George Guerrero, and Hok Steven Lay



1) Sophomore George Guerrero dribbles up the field, as he focuses on making a diagonal pass. 2) Sophomores Jhonatan Pozo and Felege Zewede focus on the game from the bench. Maintaining focus was a key component in this season. 3) Freshman Catherine Pricone stretches before a game against West Potomac.



*JV boys and girls soccer aspire for team chemistry and learning new skills.*

# from the ground up

Boys and girls junior varsity soccer may have had their differences, but both teams went through the same building process to create a strong foundation consisting of experience, technique, and team work this season. "With so many new players who have never played before, this year is honestly a big learning experience for the entire team," said sophomore Christopher Almquist. "But then again, being in junior varsity is supposed to be about making a stronger foundation for next year's varsity."

With all players being on various levels of skill and experience, the coaches focused on teaching skills to those who needed it and developing the experienced players. Sophomore Anne Murray said, "We're all working really hard to be capable of achieving undefeated status, but for that, we have to learn to work together and understand the same plays and methods during practices so we can play together

on the same level."

Many of the junior varsity players agreed that soccer was a sport where teamwork was crucial, if not the most essential part of the team's success. "It doesn't matter how good a soccer player is by themselves, if they can't work well with the entire team," said freshman Lindsey Treweek. "The team has to work together to get the ball across the field, and we're definitely in the process of improving on team unity."

In addition to building up a strong foundation, the teams also aspired to achieve more team chemistry. "In new teams like ours, team unity can only be built up with team chemistry, so we're all hoping that as time passes, we'll get closer," said sophomore Danny Lesaur.

With clear goals and high hopes, the boys and girls junior varsity teams looked forward to a successful season.

-Karina Zannat, '08  
& Sharifa Ahmed, '09



**JV Girls Soccer:** Kathryn Rabatsky, Anne Murray, Lindsey Treweek, Coach Eddie Matos, Meredith Denton, Clare Terpstra, Patricia Murray, Sharifa Ahmed, Anisa Turko, Cecily Leahy, Catherine Pricone, Clara Nice, Melissa Argueta, Alike Johnson, Christina Alameda, Kristi Kem, Evelyn Hartz, Camilia Rubalcava, and Rachel Schwartz



The JV girls soccer team breaks after a huddle during the game against Westfield High School.



►► With a new season and a lot of interest,  
boys lacrosse took their game to the next level.

# turning up the heat

With a great turn out for try-outs, both the varsity and junior varsity boys lacrosse teams were able to make the selections needed to get their season off to the right start.

The players hoped that this growing interest would help the teams improve on last year's record and increase their recognition even more. "I want to improve the lacrosse program at our school, so we can win more games and spread knowledge and enthusiasm for lacrosse," said junior Jason McNabola.

The teams hoped to accomplish their goals by putting in new plays and training more than ever, especially in running and endurance. The players and coaches wanted to not only have a successful season, but

to also prepare for the program's future. "We're trying to build up the team itself this year after the seniors leave," said junior Marc Patton. "We want to have a strong group."

The players received the encouragement needed to strengthen the team and train on a strict regime from the coaches, who expertly balanced out training and teamwork. "We're improving by training harder, but we also want the boys to be able to work better on the field," said head coach Chris Corey, summing up the season's agenda. "They have to function in unison."

The team was united, but individual players felt that competition helped them to push themselves. "You need

to be competitive in order to knock someone down," said senior Scott Bentley. "But being competitive as a team is better."

With newer and younger members for JV, and older and wiser members for varsity, the lacrosse team looked toward a successful future. "The team is well prepared for the season, and I am ready for a winning season," said sophomore Nicholas Apseloff in early spring.

With winning attitudes and a united focus on competition, the boys lacrosse program worked together to improve both their records and their recognition.

-Jullie Zeballos, '09



"We can learn something here tonight. Let's go out there and keep playing."

-Varsity assistant coach Andrew Daly, encouraging his team at a game



Assistant coach Andrew Daly teaches his players during a practice in early March.



Junior Henry Brigham fixes the net of his lacrosse stick before the start of a game against Stone Bridge High School.



JV: William Marshall, Robert Te Tan, Nicolas Burns, Jesus Edward Crosa, Daniel Veizaga, John Cummins, Anthony Palmer, Coach William Ingalsbe, Chapman Paret, Christopher Diethorn, Richard Lewis, William Andrade, Frederick Mitchell, Eric Fry, Manager Hannah Dannenfelser, Cheru Mengesha, Joshua Barden, Tareck Amer, Iver Altamirano, Elber Velasquez, and Stephen Laredo





Anthony Palmer  
Freshman



Elber Velasquez  
Sophomore



Warren Mitchell  
Junior



Matthew Brewer  
Senior



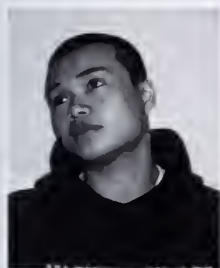
Elio Andia  
Senior



Alexis Planche  
Senior



Scott Bentley  
Senior



"The team is the direct mirror image of me: fast, athletic, and ridiculously cool."

-Senior captain Reyda Van, on how he characterizes the varsity team



The varsity team huddles together for words of advice from the coach during practice.



**Varsity:** Coach Chris Corey, Scott Bentley, James Kelley, Elio Andia, Matthew Brewer, Robert Lee, Assistant Coach Andrew Daly, Tyler Kellogg, Antoine Planche, Henry Brigham, Alexis Planche, Patrick Jackman, Christopher Weber, William Horsley, Marc Patton, Reyda Van, Flenner Hoagland, Jason McNabola, Ryan McNabola, and Nicholas Apseloff



The coach gives the players tips on how to attack the opponent's defense as the boys warm-up for the game.



Goalie Patrick Jackman takes a break from his hard work at practice and strikes a pose for the camera.



►► The varsity and JV girls lacrosse teams learn the importance of achievement.

# take it to the goal

Strong friendships, quick learning, and achievement of team goals brought a fantastic season to the varsity girls lacrosse program.

Not only were each of the girls good at individual details, but they came together to form a unified team of all different grades. "We have at least one person from each of the grades this year on the varsity team, and we all share a common goal to win games and grow closer as a group," said sophomore Mary Heather Cromartie.

Another factor that united the team was the coaches' motivation to create a positive atmosphere where student athletes could learn the sport and better themselves for other aspects of life. "When Coach Spring Silverman told us that winning the first game shouldn't keep us from having humble attitudes, that really

motivated me to work harder," said sophomore Brooke Hudd.

Quick learning and personal achievement were important features of the girls lacrosse program. Many of the junior varsity members had a tough time adjusting to the sport, but they found that practice paid off in the end. "I had to work on building up the endurance for team runs and learn techniques for catching and throwing," said freshman Elizabeth Beckwith. "You have to work hard, but the work pays off."

The accomplishment of these personal goals, along with those shared by the team, helped to define this season. Whether they worked toward building friendships or winning games, the girls lacrosse teams' unity helped define their season.

-Mandy Maggio, '10

## Fans' Corner

Even in the cold, windy start to the season, the girls lacrosse fans sat on the bleachers to watch games and support the team. Huddled together in blankets and holding hot chocolate, the fans were set to watch the girls "take it to the goal".



**Jennifer Burpoe**  
Senior captain and  
varsity offense player



**Jessica Kelley**  
Senior captain and  
varsity goalie



**Elizabeth Buttram**  
Senior captain and  
varsity offense player

**Varsity:** Coach Jennifer Cutler, Cynthia Carson, Elizabeth Buttram, Bethany McGann, Mary Heather Cromartie, Megan O'Doherty, Ilona Brueckmann, Coach Spring Silverman, Rachel Heend, Devon Lynch, Jennifer Burpoe, Jessica Kelley, Amanda Maggio, Annie Buckalew, Jennifer Browning, Clare O'Doherty, Megan Smith, Marky Duarte, and Suzanne Matyas







**Junior Varsity:** Laura Kane, Erin Fox, Vanessa Andia, Sophie Kiendl, Julia Petro, Anna Halverson, Dominique McNairy-Dixon, Sandra McCartin. Coach Spring Silverman, Emily Nolan, Holly Parker, Stephanie Tate, Megan Gottfried, Ghizlaine Mallek, Lisa McNabola, Morgan Livezey, Kathy Huynh, Kaitlyn Campbell, Katie Menoche, Amy Seaver, Aidian Lynch, Julissa Diaz, Elizabeth Beckwith, Brooke Hudd, and Emily Watson



Laura Kane, '10



Devon Lynch, '08



Margaret Duarte, '10



Megan Smith, '09



Antonia Smith, '09



Suzanne Matyas, '09



Rachel Heend, '09



Senior Megan O'Doherty, senior Devon Lynch, junior Rachel Heend, senior Bethany McGann, senior Jennifer Burpoe, and sophomore Ilona Beckmann cheer on the sidelines as the ball comes up the field during their scrimmage.



Junior Ghizlaine Mallek shouts encouragement to other teammates during a game against South Lakes.



The varsity team stands in a straight line for the "stick check" to pump up the rest of the team at the beginning of the game.



Coach Jennifer Cutler discusses the game plan with the varsity team during half-time at a home game.



Sophomore Mary Heather Cromartie, sophomore Cynthia Carson, and freshman Gretchen Schroeder watch the field during the first half of a scrimmage.



Sophomore Dominique McNairy-Dixon, freshman Megan Gottfried, freshman Elizabeth Beckwith and freshman Kaitlin Campbell wait on the field before the first JV scrimmage of the season.



*The men's crew team seeks  
another victorious season.*

# the art of competition

Crew is traditionally a sport in which the collective effort of the team is essential for success. The men's crew team worked well as a team this season simply because the boys had worked together from the start. "We will hopefully be good because we returned six out of eight of the varsity boat," said junior Andrew John Goodman at the beginning of the season. "We are basically going to have the same boat, and were all pretty good friends."

Knowing one another as both friends and as team members was key, especially because they had to work together to keep pace while rowing. "At practice our coach encourages us to row faster, and this year my advantage is that I'm faster, better and stronger, but also I know how to keep pace and work together with the other rowers," said junior Nicolas Kelleher.

Due to the stiff competition between schools in crew, members had to push themselves harder than usual. "The strategy for the season is to row as fast as you can," said senior and co-captain David Kahan. They prepared

physically by running and doing weight training. "Pain is our weakness leaving our body," said junior Nicolas Penaranda of training.

Some of the biggest competition for men's crew were Yorktown and Thomas Jefferson, which the team looked forward to beating at regattas. "One of our major goals for this season is to beat Thomas Jefferson and be number one in the state," said junior Michael Watson.

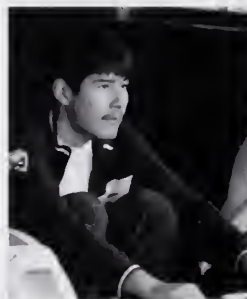
The individual passion of the rowers played a big part in motivating them to continue working their hardest throughout the season. "The best thing about rowing is the feeling during a race, knowing that you're going as fast as you can," said junior Jake Smout.

The rowers were so motivated to beat competition and become the best that they refused to take shortcuts in training. Set on becoming the top team in the area, the men's crew team embraced the challenges of their sport and the season.

-Ana Villalobos, '09

## Captains' Corner

This season's crew captains were seniors Andrew Gilbert and David Kahan. "This year we are competitive, and a lot of us have matured," said Kahan, pictured at bottom left.



Sophomore  
Jason Cespedes



Junior  
Collin Seamens



Junior  
Richard Hooker

Jason Cespedes, Collin Seamens, Richard Hooker, Andrew John Goodman, David Kahan, Nicholas Kelleher, Jake Smout, Nicolas Penaranda, David Hemingway, Daniel Abecia De Gosztanyi, Andrew Gilbert, Michael Watson, Daniel Watson, Dakota Springston, William Dickinson





"This is one of the largest men's crew teams in current years. The majority of our boys are underclassmen, and that's why we are losing the bulk of leadership after this season," said Coach Derek Patterson. "Our focus is on underclassmen."



Junior Dakota Springston jumps on to the boat on deck and prepares to row. With choppy waters, starting off together was vital for the team.

The boys stretch out on the boathouse deck at Georgetown before rowing in the water.



Each boat consisted of eight men coached by a coxswain. Here, the team rows on the Potomac at a practice near the Georgetown Boathouse.

Juniors Nicolas Penaranda and David Hemingway, along with senior Daniel Abecia De Gosztanyi, push off to turn the direction of the boat.



►► In women's crew, the level of effort and hard work are directly tied to the end results.

# row, row... row your boat!

Although crew may not be as acknowledged as other sports in the student body, the sport requires a lot of dedication, according to the members of the women's crew team. "I think you have to have a lot of commitment and dedication in order to do crew," said senior Diana Lay. "You have to set a goal for yourself, and at every workout and every practice, you have to be working towards that goal."

Women's crew practiced everyday after school for two and a half hours, rowing out on the Potomac in Georgetown.

"Dedication is key in crew, because you have to be willing to not only work out and train, but to come to practice every single day," said sophomore Dana Probasco.

The members of the women's crew team, along with their two coaches, Paul Holland and Melissa Saunders, hoped that their dedication and commitment would lead them to achieve their team goals.

The women's crew team helped their first-year members gain

experience by putting them on a separate team called their "novice team". This team was separate from the experienced girls and even had a separate coach. Helping prepare the younger girls for the more advanced team was only one of the team's methods of meeting their goal.

"Nationals is a regatta that we look forward to competing in every year," said coach Paul Holland. "That being said, every year brings tougher and tougher competition." The coach hoped that the competition would spur them on to placing at the state level. "Our main goal is to medal at states in both the varsity and second eight categories, even if we don't place at nationals."

The girls set high goals for themselves and remained hopeful. Sophomore Zoe Willis said, "My personal goal is to place in nationals, and I think we have a good chance."

-Katie Wheeler, '08

## Seniors' Corner

1) Jane Roberts tries to keep warm as she waits for practice to begin. 2) Cassandra Runevald yells instructions to one of her teammates as they prepare to go out on the water. 3) Diana Lay prepares the boat by getting the oars ready.



Grace Vinson  
Sophomore



Sarah Bayliff  
Junior



Caitlin Macnamara  
Sophomore

Hannah Aiken, Sarah Bayliff, Alicia Carter, Elizabeth Claydon, Abigail Conklin, Leah Davis, Samantha Eakes, Caitlin Macnamara, Darya Minovi, Brenna Nelson, My-Anh Nguyen, Haley Oleynik, Dana Probasco, Rebecca Strause, Sydney Tichenor, Mallory Uzel, Tessa Van Grack, Grace Vinson, Zoe Willis







Junior Claire Monfort and senior Alison Hight take a break from rowing and wait for the second boat to catch up.



Despite cold temperatures, the women's team gathers on the deck of the boathouse to listen to the coach's instructions for practice after warming up.

Senior Cassandra Runevald, sophomore Sydney Tichenor, sophomore Dana Probasco, and junior Claire Monfort carefully lower their boat into the water before paddling out for practice.



The novice eight team is made up of first-year girls. This team has its own coach, who prepares the girls for the next season.

Sophomore Grace Vinson, sophomore Mallory Uzel, sophomore Darya Minovi, and senior Diana Lay lift their boat above their heads, as they prepare to put it in the water and begin practicing.



1) Senior Julia Casciotti is all smiles as she practices with teammate Lindsey Alexander, senior. 2) Graduate Nicolas Jaramillo comes back to help head coach Loranzo Alexander by giving the girls pointers to improve their skills. 3) The boys team comes together to pose for a picture outside of the old building before going on their bus to play a game against Langley.



"All the girls have to be competitive during matches, and they work really hard during practice to keep up their skills."

Coach Loranzo Alexander



Sophomore Devin O'Connor heads to Quincy Park for an afternoon practice.



**Girls Tennis:** Alice Billmire, Julia Lerner, Lauren Mathae, Julia Casciotti, Lindsey Alexander, Victoria Trofimova, Coach Loranzo Alexander, Caroline Jahneke, Zoe Bellars, Laura Gorsky, Mary Beech, Kelsey Clark, and Alex Jones





1) The team practices the correct form for serving at Quincy Park. 2) Sophomore Alice Billmire practices her form as she serves the ball to a fellow teammate. 3) Sophomores Mary Beech and Kelsey Clark get some team support from seniors Julia Casciotti, Lauren Mathae, and Julia Lerner.



**Boys Tennis:** Coach Rick Kakareka, Ezana Seyoum, Devin O'Connor, Adam Green, Matt Newman, Adam Kahan, Assistant Coach Michael Eddy, Gregory Jacks, Rukshan Hathotuwa, Hobart Reynolds, Peter Thomas

*Individual experience and fierce teamwork foreshadow high hopes for the team.*

# matters of the court

Some school sports teams may discourage players from taking competition too seriously, but the tennis team had a different approach. Senior Julia Casciotti said, "Being competitive is a requirement if you want to play tennis. It's such a fast paced game that one drop in defense can hurt a player." Boys' tennis player Adam Kahan agreed, "The competitiveness of the game is what drives you to do well on the court, it's essential." With a strong sense of competition instilled within each player, the separately coached boys and girls tennis teams both looked forward to an increase in team wins at the start of the season.

Though singles competitions required individual skills from players, the tennis team aspired to improve as a whole and get everyone to be on the same level of competition. "Even though a lot of the players have different levels of skill, we can only get better as a team if we all play really hard and be competitive in the matches," said sophomore Victoria Trofimova.

In addition, the majority of the competitions were doubles, where

two players had to work together on maintaining their speed and sense of competition to beat opponents.

According to team members, the most important factor that allowed them to both enjoy practice and increase the sense of competition was the team bonding. "We have so much fun, and it's great to just play and relieve stress with your team because we're all so close," said sophomore Zoe Bellars. With a close bond, the tennis team looked forward to beating the last season's record and winning all of their matches.

"We have the top six players who consistently start out in the matches, but the great thing about this team is that all of the members are willing to put in extra work and encourage each other to get one step closer to beating Yorktown," said girls Coach Loranzo Alexander. Boys and girls may have trained differently, but both had a strong shared goal of beating opponents and training for matches and scrimmages.

-Karina Zannat, '08  
& Lindsey Wallace, '09



Boys' captain Cullen Mott, junior, puts his tennis racket into his case as he waits for the team bus to take them to their game against Langley.

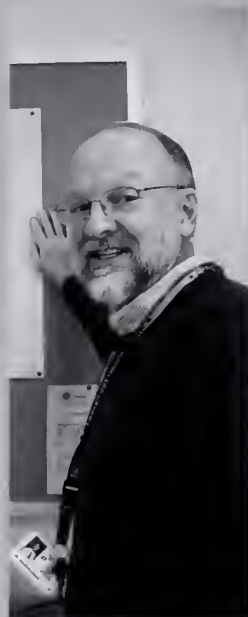


"The fact that most of the girls on the team have prior experience helps us because we're all really competitive in the matches."

-Senior Captain Julia Lerner

*sports*





# people

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## 2008







While more than 1,500 students and 200 staff members roamed the halls each day, each person had a different story to tell about the big move. As the old classrooms were emptied, and years of posters and pictures were taken down, students and faculty alike reflected on what the new space would offer and what it would mean in terms of change. The thought of a new school was exciting. The new computer labs, classrooms, and commons provided places for all of the people to fill and embrace as their own. When the move finally did happen, freshmen, sophomores, juniors, and seniors were all in the same position: in a way, they were all starting over. For the freshmen, starting high school and then moving to the new building within one year accounted for two big changes. For the seniors, it meant that there were two spaces to say goodbye to: the space of their first three years, and the new space that was the last they would leave. Aside from the move, the everyday stories, of friendships and relationships, of adventures and unforgettable conversations, developed into memories. From students to faculty, changes brought forth both pride in a new school and bittersweet farewells to the old.

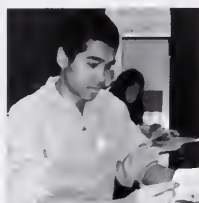




►► As the first class to graduate from the new building, the seniors made history.

# top floor

## class of 2008



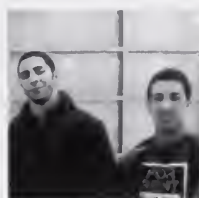
Bunlay Thong



Samantha Moore



Matthew Dempsey



Emon Javadi and  
Sami Sabir

Entering in 2004, the class of 2008 went through the same ridicule as the other freshmen classes. However, they worked to create their own identities, showcasing their unique styles or talents.

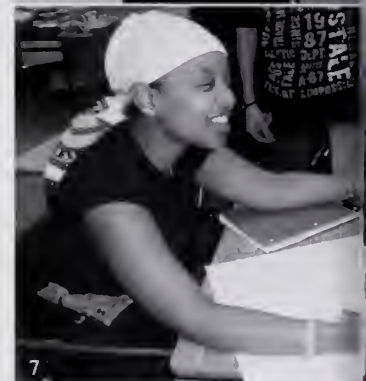
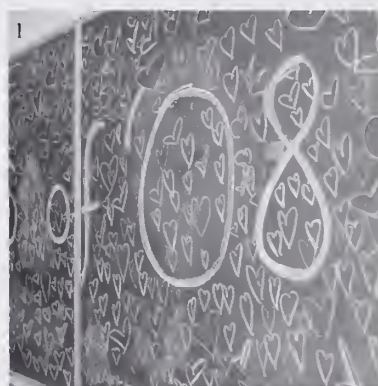
From sports to theater and from music to student government, the class of 2008 showed they were a group to be admired. They were known for fighting for what they wanted. Many had strong views, and while they treated others with respect, they made sure people knew where they stood.

The class of '08 showed the strength of their school spirit, painting their stomachs and faces for games and putting many hours into those creative homecoming floats. They also started new traditions, such as tailgating and Screen on the Green.

For their final year, these seniors did not hold back. For homecoming, the class of 2008 created an elaborate 1960s scene with their own Beatles-style band and won for both hallway and float decorations.

The class of 2008 had one foot in the past as they spent the last years in the old building, and they stepped into the future as they became the first class to graduate from the new building. They were a reminder of all that came before and evidence of the great things ahead.

-Jennifer Burpoe, class president  
& Katie Wheeler, '08



1) The senior class decorated a blackboard in the old building to show their class spirit. 2) Fatima Stuart leaves the counseling office. 3) Alex Carroll, Michael Underriner, and Pete Gentile pose outside of class. 4) In the old building, Nathan Rogers always hung out with friends in the senior locker area surrounding the cafeteria. 5) Genevieve Griffin and Grace Chang catch up with friends before class. 6) Ghita Haronni rushes to class after getting lunch off-campus. 7) Degie Mengesha reacts to a joke in class. 8) Henry Reyes liked the new building better than the old, but missed the familiar feeling of knowing where everything was.





Daniel Abecia De  
Gosztanyi

"Finds under clashing kings, think how  
overlashed societies import monsters  
over unaffectionate times."



Cesar Aceituno



Salem Acuna



Evelin Aguirre

"And at the end, it's not the  
years in your life that count.  
It's the life in your years."  
-Abraham Lincoln



Nadeem Ahmad



Sobia Ahmed

"Academics is the ladder to success."



Nasima Akhter



Fareeda Akram



Fabiola Alba Alanes

"The only thing in life you regret are the  
risks that you didn't take."



Bryan Alegria



Lindsey Alexander



Zachary Allen

"Moderation in all things."  
-Terence Andrin



Vito Allgeier-Lipp

"My only fear of death is  
coming back reincarnated."  
-Tupac Shakur



Zachary Allison



Victor Almeyda



Kevin Alvarez



Randy Amaya

"We met as strangers,  
and became friends,  
and now we're family."



Afsarul Amin



Courtney Anderson

"Life's like an hour glass  
glued to the table."  
-Anna Nalick



Elio Andia





Johnny Andia-Moya  
"No one knows what you can  
do until you try."



Marilyn Andrade



Marian Anklam  
"Always remember to wash your hands."



Nancy Argueta



Jasmin Arias  
"Laugh as much as you breathe,  
and love as long as you live."  
-Lizzie Edwards



Mohammad Arshid



Anthony Astudillo



Ming Yee Au  
"The wisest men (and women)  
follow their own direction."  
-Euripides



Gloria Baca



Carlos Barbbery  
"A ship in a port is safe, but that is  
what ships are built for."  
-Admiral Grace Hopper



Alexander Beck  
"The garden head knows my name  
Neutral Milk Hotel



Marisa Beckley  
"The suspense is terrible.  
I hope it will last."  
-Oscar Wilde



Mahmoud Belhadj-Nasr



Alysia Bell  
"Cause I'm free as a bird now,  
and this bird you cannot change."  
-Lynyrd Skynyrd



Scott Bentley



Jeffrey Berry  
"Always be curious and never sell out, but  
most importantly, always have love."



Sara Blanco  
"I'm not afraid of storms, for  
I'm learning how to sail my ship."  
-Louisa May Alcott



John Blunden



Milica Bogetic



Claudia Bonilla  
"Always be yourself because the  
who matter don't mind, and the people  
who mind don't matter." -Dr. S





**Zachary Bowman**  
 "Life is short, and so am I."



**Jessica Bravo-Tomaylla**  
 "Success is not final, failure is not fatal; it is the courage to continue that counts."  
 -Winston Churchill



**Matthew Brewer**  
 "My name is Ozymandius, king of kings: Look on my works, ye mighty, and despair!"  
 -Percy Bysshe Shelley



**Rachel Brooke**  
 "The world is mud-luscious and puddle-wonderful."  
 - E.E. Cummings



**Jennifer Burpoe**  
 "Keep a sense of humor, especially about yourself. It's strength beyond all measure."  
 -Dan Millman



**Gretchen Butt**  
 "I would never die for my beliefs because I might be wrong."  
 -Bertrand Russell



**Elizabeth Buttram**



**Helen Cahill**



**Brian Camacho**  
 "Understand tough people last: tough times don't."  
 -Joe Cartagena



**Michelle Canales**  
 "Don't count the days, make the days count."  
 -Muhammed Ali



**Nicholle Canales**



**Ran Cao**  
 "You cannot achieve a new goal by applying the same level of thinking that got you where you are today."  
 -Albert Einstein



**Daryl Carpenter**



**Angel Carretino**



**Alexander Carroll**



**Julia Casciotti**  
 "Be excellent to each other and Ted's Excellent Adventure"



**Alexander Case**  
 Time, word, etc



**Cesar Celis**  
 "I don't need to be a superman, as long as you always be my biggest fan."  
 -Warrant



**Madeleine Champoux**



**Cynthia Chanduvi**





Grace Chang

"But what makes us who we are is not defined by our times of happiness, but by our times of sadness."



Anjani Chopra

"There is nothing worse in life than being ordinary."  
- "American Beauty"



Tasien Choudhury

"Know your role, and shut your mouth."  
- The Rock



Kerry Coll

"Whatever tomorrow brings, I'll be there with open arms and open eyes."  
- Brandon Boyd



Colleen Connelly

"Rivers know this: there is no hurry. We shall get there some day."  
- "Winnie the Pooh"



Catherine Conti

"There is a game out there, play or get played."  
- The Wire



Tatiana Cornejo

"You can never replace anyone because everyone is made up of such beautiful specific details."  
- "Before Sunrise"



Eric Cromartie



Joan Cummins

"Take my love, take my land, take me where I cannot stand. I don't care, I'm still free, you can't take the sky from me."  
- Joss Whedon



Zachary Custer

"I'd rather laugh with the sinners than cry with the saints. The sinners are much more fun."  
- Billy Joel



Natalie Dahlstrom



Sonika Das

"North, South, East or West, Washington-Lee is the best."



Margaret Decarlo



Cesar Deleon



Matthew Dempsey

"He felt that his whole life was some kind of dream, and he sometimes wondered whose it was and whether they were enjoying it."  
- Douglas Adams



Sergio Dheming



Yailin Dishmeyer



Voljan Donis

"Make it what you want it to be."



Joseph Duffly



Jaimie Dungo

"Never miss the chance to dance to the music of life"





Hiba Elnour

"Do not follow where the path may lead.  
Go instead where there is  
no path and leave a trail."  
-George Bernard Shaw



Ruth Elvira



Dalma Encinas-Munoz



Zul Erdenebold



Edward Erkenbrack



Stefanie Evans

"We don't remember days;  
we remember moments."



Robbie Fendley

"Life is a highway;  
I want to ride it all night long."  
-Tom Cochrane



Tanya Forrester

"Study, learn, live, party, then graduate!"



Kieona Galloway



Zolbat Ganbaatar



Alba Garcia

"It's better to die on your feet  
than live on your knees."  
-Emiliano Zapata



Itzel Garcia

"I'd rather be hated for who I am,  
than to be loved for who I am not."  
-B.B. Clark



Wendy Garcia

"The harder you work,  
the harder it is to surrender."  
-Vince Lombardi



Katarina Gathro

"Always earned, never given."



Therese Gavin

"The best and most beautiful things in the  
world cannot be seen or even touched.  
They must be felt within the heart."  
-Helen Keller



Peter Gentile

"An efficient person gets the  
job done right. An effective person  
gets the right job done."  
-Chinese fortune cookie



Andrew Gilbert

"Umm...good attempt, hut..."  
-Mr. Peters



Bethlehem Girma



Gail Gnessin

"Every little thing  
is going to be alright."  
-Bob Marley



Olivia Goldstein

"We dance in a circle and suppose,  
while the secret sits in the  
middle and knows."  
-Robert Frost





Cynthia Gomez

"Good, better, best.  
Never let it rest  
until your good is better  
and your better is best."  
-Tim Duncan



Yessica Gomez

"Make the most of yourself,  
for that is all there is of you."  
-Ralph Waldo Emerson



Miguel Gonzales



Gimena Gonzalez-Pintos

"No one can make you feel inferior  
without your consent."  
-Eleanor Roosevelt



Lauren Gradowski

"To die is nothing,  
but it is terrible not to live."  
-Victor Hugo



Ciano Grand-Pierre

"I have two strengths:  
my legs, my arms, and my brains."  
-Michael Vick



Steven Rudolph Gray



Genevieve Griffin

"In three words I can sum up everything  
I've learned about life: it goes on."  
-Robert Frost



Leslie Haase

"Life isn't about finding yourself.  
Life is about creating yourself."  
-George Bernard Shaw



Eskinder Haile



Meredith Halliwell

"Playing in the rain  
is worth catching cold."  
-Michael Tolcher



Grace Handley

"He who has a why to life  
can bear almost any how."  
-Nietzsche



Ghita Haronni

"Great works are performed not by  
strength, but by perseverance."  
-Samuel Johnson



Tave Harris

"Only the strong survive."  
-Allen Iverson



Leila Heggen



Andrew Hernandez



Nelson Hernandez-  
Martinez



Alison Hight

"So yesterday has gone  
Who knows, tomorrow may  
bring all we desire "  
-Ian Broudie



Eric Hill



Devon Hogan

"Dang, really?"





**Megan Holland**

"Better to be wise by the misfortune of others than by your own."  
-Aesop



**Jessica Holmes-Bonilla**

"I carry your heart with me,  
I carry it in my heart."  
-E.E Cummings



**Afroza Hossain**

"It's not that some people have willpower and some don't. It's that some people are ready to change, and others are not."  
-James Gordon, M.D



**Atticus Huberts**



**Amna Hussain**



**Linda Huynh**

"I can see behind the tears, I'm certain of way we feel, and given time the hurt will heal. I am the fallen angel."  
-The Jersey Boys



**Nghiep Huynh**



**Ilias Idrissi**



**Eric Interiano**

"If you love something, set it free. If it comes back to you, it is yours. If it doesn't, it never was."  
-Alison Willcocks



**Mazhar Iqbal**



**Patrick Jackman**

"A hero is a scared man that doesn't walk away."  
-Ken Thomas



**Mustapha Jammeh**



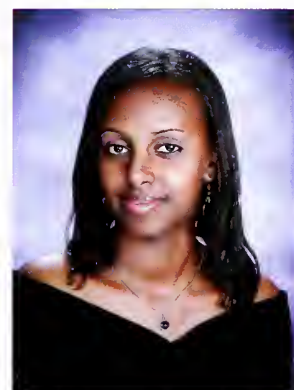
**Emon Javadi**

"We must learn our limits. We are all something, but none of us are everything."  
-Blaise Pascal



**Umber Kabir**

"Wherever you go, no matter what the weather, always bring your own sunshine."  
-Anthony J. D'Angelo



**Naome Kalyie**



**Grete Karuso**

"Total absence of humor renders life impossible."  
-Colette



**Jessica Kelley**

"If you take care of all the little things, you will never have a big thing to deal with."  
-Cal Ripkin Jr.



**Adrienne Kerr**

"For the rest of my life."



**Arfa Khattak**

"The best and most beautiful things in the world cannot be seen, nor touched, but are felt in the heart."  
-Helen Keller



**Justin Kidwell**





Cynthia Koss



Marissa Kroger  
"There is only one good, knowledge,  
and one evil, ignorance."  
-Socrates



Melissa Lara  
"Live life with no regrets."



Albertina Larios



Symon Lax



Diana Lay  
"Oh, perpetual revolution  
of configured stars."  
-T.S. Eliot



Juskeymi Lazo  
"Dream as if you will live forever,  
and live as if you will die tomorrow."



Robert Lee  
"Rms before the rent."



Matthew Leighton  
"Hard work beats talent  
when talent fails to work hard."  
-Tim Notke



Julia Lerner  
"Life's tough, get a helmet."  
-Eric Mathews



Rena Linden  
"It's all happening!"  
Almost Famous



Jessica Lopez



Elizabeth Ludan  
"Promise me you'll always remember:  
you're braver than you behave,  
stronger than you seem,  
and smarter than you think."  
-Winnie the Pooh



Emilia Lugn  
"When lips cannot sing, they kiss."



Devon Lynch  
"Narf!"  
-Pinky



Janette Madera



Monica Madera



Gilberto Maldonado  
"Life is 10 percent what happens to you  
and 90 percent how you react to it."  
-Charles R. Swindoll



Gloria Marin  
"I have found that if you love life,  
life will love you back."  
-Arthur Rubenstein



Lauren Mathae  
"A ship in a port is safe, but that is  
what ships are built for."  
-Admiral Grace Hopper





Robert Matyas



Alison Mayo

There is only one way to happiness and that is to cease worrying about things which are beyond the power of our will.  
-Epictetus



Andrew McClellan

"Hard work never killed anybody, but why take a chance?"



Bethany McGann

"I think we'd get along like marshmallows on fire."



Daniel McKenna



Christine McLean

"If you cannot be inspired, become the inspiration."



Ryan McNabola



Pulkeet Mehra

"I have become a queer mixture of the East and the West, out of place everywhere, at home nowhere."  
-Jawaharlal Nehru



Francisco Mejia

"I need an adult! I need an adult!"  
-Peter Griffin



Jennyffer Melendez



Deny Mendoza

"Keep moving forward, and never look back."



Degie Mengesha

"I imitate no one. Your uniqueness, your authenticity, is your strength."  
-Wally Lamb



Radia Mezouar

"The best and most beautiful things in the world cannot be seen or even touched. They must be felt within the heart."  
-Helen Keller



Sarah Michaelson

"You can't put a limit on anything. The more you dream, the further you get."  
-Michael Phelps



Cristian Montufar



Samantha Moore

"Shut up and eat your McDonalds!"  
-Lawrence Gnessin



Megan Moran



John Philip Morgan



Christopher Muir

"Leaves are falling all around; it's time I was on my way. Thanks to you, I'm much obliged for such a pleasant stay."  
Robert Plant



Robin Munoz-Valencia





**Nora Murphy**  
 "I get by with a little help  
 from my friends."  
 -John Lennon



**Lisa Musto**



**Alexander Neatherry**  
 "Follow your heart, listen to your  
 conscience, and make the right decisions."



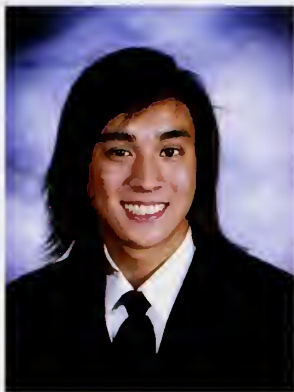
**Senait Nega**  
 "Everything happens for a reason, so do  
 what you feel is right."



**Lashay Newman**  
 "Never fear those mountains in the  
 distance. Never settle for the path of lea-  
 resistance. Living might mean taking  
 chances, but they're worth taking."  
 -Lee Ann Womack



**Elizabeth Neyra**  
 "Make the most of yourself,  
 for that is all there is of you!"  
 -Ralph Waldo Emerson



**Douglas Nguyen**



**Blanca Nochez**  
 "A memory lasts forever,  
 never does it die. True friends stay  
 together and never say goodbye."  
 -Tupac Shakur



**Megan O'Doherty**  
 "It is easier to ask for forgiveness than to  
 ask for permission."



**Franco Ochoa**



**Katherine Olson**  
 "We all take paths in life,  
 but no matter where we go,  
 we take a little of  
 each other everywhere."  
 -Tim McGraw



**Mariela Ortega-Lobo**  
 "Everything happens for a reason!"



**Nathaniel Osteguín**



**Zaida Parra**  
 "If we don't change, we don't grow.  
 If we don't grow, we aren't really living."  
 -Gail Sheehy



**Joaquin Patino**



**Demetra Patrianacos**



**Panayiota Patrianacos**



**Andrew Pena**



**Carla Lee Penn**  
 "Just think of me [us]  
 long enough to make a memory."  
 Nightwish



**German Peralta**  
 "There's no greater pleasure than see-  
 your loved one prosper."





**Yanira Perez-Manco**  
 "The tragedy in life doesn't lie in not achieving your goal. The tragedy lies in having no goal to reach."  
 -Benjamin Nays



**Ronald Phan**  
 "We fall only so we can learn to get up."



**Ingrid Pierre**  
 "Give me rampant intellectualism as a coping mechanism."  
 -Chuck Palahmuk



**Angela Pinto**  
 "Through every dark night, there's a bright day after that. So no matter how hard it gets, keep your head up."  
 -Tupac Shakur



**Kyle Pittleman**  
 "Encouraging proper use of the English language through mock since 2006."  
 - "Shattered Oath" motto



**Alexis Planche**  
 "day is the first day of the rest of your days. So lighten up, squirt."  
 -Thom Yorke



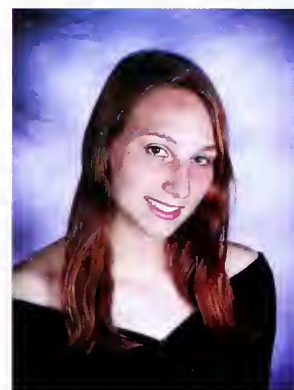
**Antoine Planche**  
 "Flying is simple. You just throw yourself at the ground and miss."  
 - Douglas Adams



**Carlos Ponce-Arispe**  
 "Never give up!"



**Joseph Pricone**



**Emma Prins**



**Aaron Probasco**



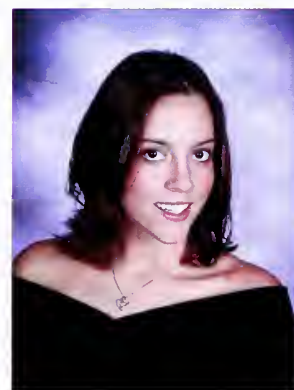
**Maria Raffaele**  
 "They say a little knowledge is a dangerous thing, but it's not one half so bad as a lot of ignorance."  
 -Terry Pratchett



**Diana Rahmani**



**Yasmina Ramirez-Garcia**  
 "My ambition is my prerogative."



**Emma Rava**  
 "The mistakes you make do not define you as a person, but how you rise to the top does."



**Henry Reyes**  
 "Knowledge is king."  
 -Nas



**Hobart Reynolds**  
 "That which does not kill me postpones the inevitable."  
 -Larry Kersten



**Andrew Ricks**



**Anna Riddick**  
 "Yeah, I live for little moments like that."  
 -Brad Paisley



**Halle Ritter**  
 "Those who danced were thought to be quite insane by those who could not hear the music."  
 -Angela Monet





Andre Rivera

"Try not to become a person of success,  
hut rather to become a person of value."



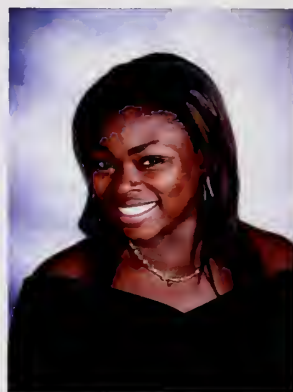
Jane Roberts

"The words of the prophets are  
written on the subway walls."  
-Paul Simon



Frances Roberts-Gregory

"Work smart, not hard."



Brittany Robinson-Fuller



Davis Rodriguez-  
Orellana



Nathan Rogers

"A life is not important except in the  
impact it has on other lives."  
-Jackie Robinson



Geovana Rojas



Santos Rojas



Ariana Rua

"When things can't get any worse,  
the only way to go is up."



Omar Rubianes

"In three words I can sum up every-  
I've learned about life: it goes on."  
-Robert Frost



Emelyn Rude

"I never think of the future.  
It comes too soon."  
-Albert Einstein



Cassandra Runevald



Michelle Ryan



Vincent Sablan

"Life is like a guitar, so grab it by the neck  
and have a jam session."



Stephanie Salvador

"No one can tell me the sky is the li  
when there are footsteps on the mo



David Sanchez



Tyler Sandifer

"It's kind of fun to do the impossible."  
Walt Disney



Ryan Scheurer



Eric Schroeder



Daniel Schwartz

"The glass is twice as hig  
as it needs to be."





John Andrew Scott

"You can't see the forest through the trees."  
-Mr. Gillus



Timothy Seamen



Daniel Sebhat



Alexandra Selig

"Dance is the hidden language of the soul."  
-Martha Graham



Vanessa Serrano

"Where there's love, there's life."



Ezana Seyoum



Kalkidan Shebi

"I am one of those who would rather sink with faith than swim without it."  
-Stanley Baldwin



Alexander Silverman

"I don't want to achieve immortality through my work; I want to achieve immortality through not dying."  
-Woody Allen



Rajnish Singh



Corey Smallwood

"If you have the mentality that you can't be beaten, then you already lost."



Brian Smith

"The arsonist has oddly shaped feet."  
-Ron Burgandy



Kirstin Smith

"How wonderful it is that nobody need wait a single moment before starting to improve the world."  
-Anne Frank



Margaret Soderholm

"Neither intelligence nor imagination nor the both together go to the making of genius. Love, that is the soul of genius."  
-Wolfgang Amadeus Mozart



Ziomara Soriano

"Some people come into our lives and quickly go. Some stay for a while and leave footprints on our hearts, and we are never, ever the same."



Anna Soroko

"Sweet Niblets!"  
-Miley Cyrus



Andrea Sorto

"I don't know the key to success, but the key to failure is trying to please everybody."  
-Bill Cosby



Noemi Soto



Samuel Speicher



Carlos Stewart



Lee Anne Strehle





**Fatima Stuart**

"You may kill me with your hatefulness,  
but still, like air, I'll rise."  
-Maya Angelou



**Melissa Suarez**



**Khand Sukhee**

"The most powerful weapon on earth is the  
human soul on fire."  
-Ferdinand Foch



**Ayisha Swann**

"Most people are other people. Their thoughts  
are someone else's opinions, their lives a  
mimicry, their passions a quotation."  
-Oscar Wilde



**Imani Tate**

"There is no way to peace.  
Peace is the way."  
- A.J. Muste



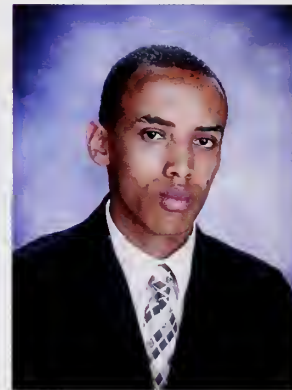
**Margaret Tate**



**Elizabeth Tedder**



**Gustavo Terrazas-  
Mollinedo**



**Girmay Tewelde**



**Bunlay Thong**

"Mind before matter,  
and soul before flesh."  
-Mos Def



**Michael Tran**



**Roxane Tran**

"Fashion is my passion."



**Cindy Turcios**



**Kelly Tynan**

"You have brains in your head. You have  
feet in your shoes. You can steer yourself  
in any direction you choose."  
-Dr. Seuss



**Michael Underriner**

"My inspirations don't come from out  
space, they just come to me. I have no  
idea why they come when they do."  
-Joe Satriani



**Reyda Van**



**Raul Vargas-Ayala**



**Bianca Vassare**

"We are always getting ready  
to live but never living."  
-Ralph Waldo Emerson



**Rodrigo Veizaga**



**Maira Ventura**

"The world is round, and the place  
which seems like the end  
may also be only the beginning."  
-Ivy Baker Priest



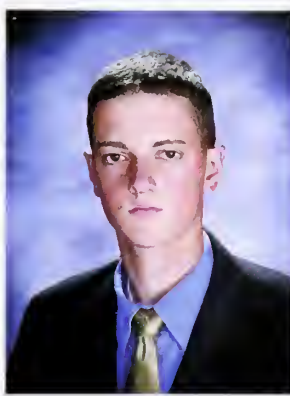


**Christine Vi**

"I tried to walk into a target,  
but I missed."  
-Mitch Hedberg



**Kristina Vi**



**Aaron Vincent**

"The world is what you make of it, friend.  
If it doesn't fit, you make alterations."  
-Silverado



**Alexandra Vincent**

A kiss for luck and we're on our way,  
we've only just begun."  
-The Carpenters



**Kelsey Wagner**

"They say that time changes things,  
but you actually have to  
change them yourself."  
-Andy Warhol



**Michaeli Wall**

"You can fool all the people some  
of the time, and some of the people  
all the time, but you cannot fool  
all the people all the time."  
-Abraham Lincoln



**Zachary Warburg**

"George W. Bush taught me  
a valuable lesson: VOTE!"  
-Jason Love



**Christopher Weber**

"Take your vitamins."  
-Stephen Kilroy



**Carleigh Wegner**

"There's nothing more dangerous than  
someone with nothing to lose."



**Mary Welborn**

"Life is a tale told by an idiot, full of sound  
and fury, signifying nothing."  
-William Shakespeare



**Katelynn Wheeler**

"Don't worry about knowing people, just  
make yourself worth knowing."  
-Langston Hughes



**Alexander Wicks**

"I, like God, do not play with dice, and  
therefore do not believe in coincidence."  
-V for Vendetta



**Madeline Williams**



**Jarvin Winger**

"I ain't got a money printer,  
so for this paper chase,  
I'm out running sprinters."  
-Lil Wayne



**Donald Wortham**



**Catherine Wukitsch**

"To thine own self be true,  
and it must follow, as the night the day  
thou canst not then be false to any man."  
-William Shakespeare



**Emily Yancey**



**Benjamin Yeager**

"Excellence is not an act,  
but a habit."  
-Aristotle



**Maksaba Yohannes**



**Yosief Yohannes**





Lisha Yuan

"The best way to prepare for life  
is to begin to live."  
-Elbert Hubbard



Karina Zannat

"I have the simplest tastes. I am  
always satisfied with the best."  
-Oscar Wilde



Edward Zapata

"And I heard 'em say, nothing ever  
promised tomorrow today."  
-Kanye West



Marion Zavolas

"I am not interested in money.  
I just want to be wonderful."  
-Marilyn Monroe



Amanda Zellman

"Relax, take it slow,  
and let the good times roll."  
-"American Pie"

### Seniors Not Pictured:

Wesam Abdeljabbar, Sue Alves, Rafah Amer, Thomas Appel, Yaritza Aquino-Velazquez, Gloria Araujo, Julio Arguello, R-Jay Belvis, Sarah Brosnahan, Christian Bumgardner, Katherine Burneko, Jaquilin Cabrera, Kevin Cerna, Brittany Cooksey, Richard Davis, Sunny Doan, Juan Escobar, Mohammad Faruk, Jennifer Gavidia, Andrew Gonzalez Pereira, Nicholas Hall, Renee Hernandez, Danile Hershberger, Donald Hobbs, Maribel Jaldin-Andia, Brittany James, Huma Kabir, David Kahan, Anthony Krauss, Loren Lulushi, Roberto Manglapus, Henry Medrano, James Needham, Loan Nguyen, Tin Nguyen, Claire Norris, Aisha Pervaiz, Victoria Petty, Abdul Quddus, Preston Reavis, Patricia Requeno, Amin Reza, Kenta Rimando, Melvin Rivas, Justin Salao, Milagro Sanchez, Alexis Sanchez-Vasquez, Baris Senol, Nestor Sosa, Beimnet Teklai, Terrel Thompson, Walter Viera, Anthoine Williams



Ezana Zewede

*signatures*



# ☆ s nior superlatives ☆

## Most Creative



Ingrid Pierre

Alexander Beck

## Best Dressed



Grete Karuso

Atticus Huberts

## Worst Senioritis



Michelle Ryan

Samuel Speicher

## Most Humorous



Corey Smallwood

Kerry Coll

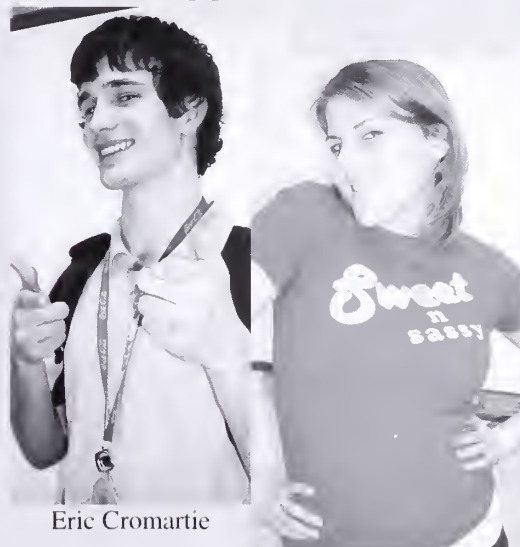
## Most Likely to Succeed



David Kahan

Amanda Zellman

## Biggest Flirts



Eric Cromartie

Sarah Michaelson

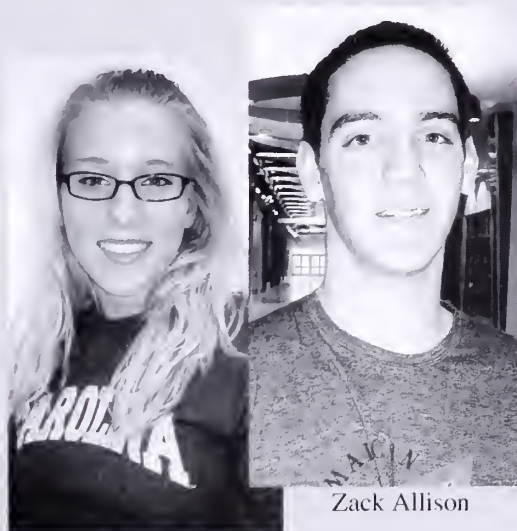
## Best Eyes



Lindsey Alexander

Andrew Gilbert

## Worst Drivers



Anna Riddick

Zack Allison

## Most Athletic



Joe Pricone

Beth McGann

seniors



# trading faces:



Salem Acuna



Evelin Aguirre



Sobia Ahmed



Fareeda Akram



Fabiola Alba



Bryan Alegria



Elio Andia



Gloria Araujo



Jasmin Arias



Amanda Au



Carlos Barbery



Alysia Bell



Elizabeth Buttram



Jaquelin Cabrera



Brian Camacho



Nicholle Canales



Michelle Canales



Alexander Carroll



Tatiana Cornejo



Zackhary Custer



Eric Cromartie



Joan Cummins



Natalie Dahlstrom



Sonika Das



Stefanie Evans  
*seniors*



Robbie Fendley



Alba Garcia



Itzel Garcia



Wendy Garcia



Therese Gavin



# *senior baby pictures*



Lindsey Alexander



Victor Almeyda



Randy Amaya



Rahaf Amer



Courtney Anderson



Johnny Andia-Moya



Scott Bentley



Sara Blanco



Claudia Bonilla



Rachel Brook



Jennifer Burpoe



Gretchen Butt



Julia Casciotti



Alexander Case



Anjani Chopra



Kelly Coll



Colleen Connelly



Catherine Conti



Daniel De Gosztanyi



Cesar DeLeon



Giovanni Domis



Jaimie Dungo



Hiba Elnour



Dalma Encinas



Bethlehem Girma



Peter Gentile



Olivia Goldstein



Cynthia Gomez



Yessica Gomez



Gimena Gonzalez  
*seniors*



# trading faces:



Lauren Gradowski



Karuso Grete



Genevieve Griffin



Leslie Haase



Ekinder Haile



Meredith Halliwell



Afroza Hossain



Linda Huynh



Eric Interiano



Patrick Jackman



Emon Javadi



Umber Kabr



Diana Lay



Juskeymi Lazo



Matthew Leighton



Julia Lerner



Devon Lynch



Janette Madera



Henry Medrano



Pulkeet Mehra



Deny Mendoza



Degie Mengesha



Radia Mezouar



Sarah Michaelson



Douglas Nguyen  
*seniors*



Blanca Nochez



Katherine Olson



Mariela Ortega



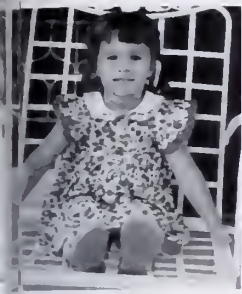
Panayiota and Demetra  
Patrianakos



Zaida Parra



# *senior baby pictures*



Grace Handley



Ghita Haronni



Tave Harris



Alison Hight



Devon Hogan



Jessica Holmes



David Kahan



Naome Kalyie



Jessica Kelley



Marissa Kroger



Melissa Lara



Albertina Larios



Monica Madera



Gloria Marin



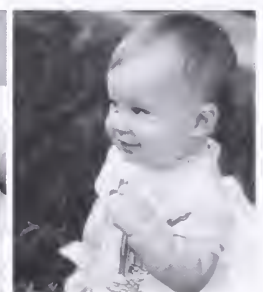
Lauren Mathae



Alison Mayo



Andrew McClellan



Christine McLean



Samantha Moore



Christopher Muir



Nora Murphy



Lisa Musto



Lashay Newman



Elizabeth Neyra



German Peralta



Carla Lee Penn



Yanira Perez



Victoria Petty



Ronald Phan



Ingrid Pierre

*seniors*



# trading faces:



Angela Pinto



Alexis and Antoine Planche



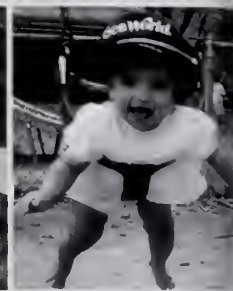
Carlos Ponce



Emma Prins



Maria Raffaele



Yasmina Ramirez



Ariana Rua



Omar Rubianes



Emelyn Rude



Vincent Sablan



Stephanie Salvador



Vito Santiago



Margaret Soderholm



Ziomara Soriano



Anna Soroko



Andrea Sorto



Noemi Soto



Carlos Stewart



Michael Underriner



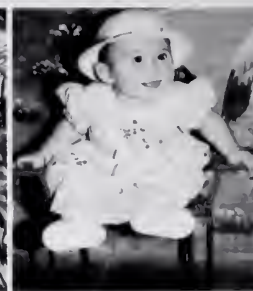
Bianca Vassare



Rodrigo Veizaga



Yaritza Velazquez



Maira Ventura



Alexandra Vincent



Mary Welborn



Katelynn Wheeler



Madelina Williams



Hernando Wills



Jarvin Winger



Catherine Wukitsch

*seniors*



# *senior baby pictures*



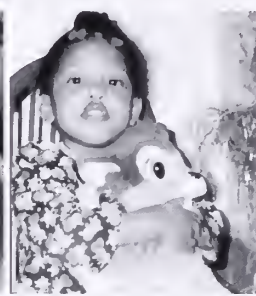
Emma Rava



Anna Riddick



Halle Ritter



Frances Roberts



Jane Roberts



Nathan Rogers



Ryan Scheurer



Alexandra Selig



Kalkidan Shebi



Brittany Robinson



Corey Smallwood



Kirstin Smith



Fatima Stuart



Melissa Suarez



Imani Tate



Bunlay Thong



Roxane Tran



Kelly Tynan



Aaron Vincent



Kelsey Wagner



Micheal Wall



Emilia Wan



Zachary Warburg



Christopher Weber



Benjamin Yeager



Maksaba Yohannes



Lisha Yuan



Karina Zannat



Edward Zapata



Marion Zavolas



Amanda Zellman



# class of



Evelin Aguirre and  
Maira Ventura



Antonie Williams and  
Kieona Galloway



Jennifer Gavidia



Kalkidan Shebi and  
Umber Kabir



Nghiep (David) Huynh  
and Eric Hill

*seniors*



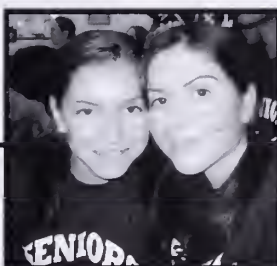
# 2008



Matthew Dempsey and  
Omar Rubianes



Aaron Probasco



Gloria Marin and  
Elizabeth Neyra



Vincent Sablan and  
Juskeymi Lazo



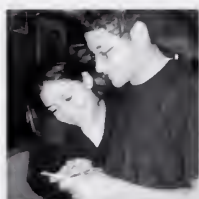
Jasmin Arias



►► *The juniors say they are  
"hotter than global warming."*

# third floor

## *class of 2009*



Hector Campos  
and Ana Paz



Fariha Alam and  
Amanda Enright



Marilyn Guerrero  
and Daniel Baker



David Carter and  
Megan Smith

The class of '09 had never lacked spirit, but this year they took their class spirit to new heights. Proving themselves at the homecoming pep rally as arguably the loudest class, and at the football games with spirited defense chants, the junior class made their mark. "I'm really surprised at how much our spirit's increased," said Alanna Rivera, who participated in the immense school pride exhibited.

What made them the most spirit-oriented, according to the juniors, was their ability to work together as a class, which was something they had not done in the past. "Our class was different this year in the way that we are always trying to help out and work together in any way we can, through clubs, study help, projects, or trying to meet new people and getting to know our class better," said Sarah Chacon.

Whether it was a change of attitude, or a change of mentality, one thing was certain: juniors were taking pride in their class. "I like how most of the junior class was pumped during the pep rally, and that you could see red all around the school," said Karla Pineda. On class color day, most people were wearing their class t-shirts, and those that were not still wore red. "It was our goal to increase class spirit, and we are going to keep doing what we are doing because it seems to be working," said Andrew McDaniel.

Dayshava Suxo noted that "everyone says that junior year is the hardest, and it truly is, but it is also the year in which you discover who you are and what your ambitions are." Despite the increase in spirit, they recognized the hard work and effort required to succeed in the most important year of high school.

As juniors, they grew and became more unified. "Everyone is really good friends with each other," said Khalia Horne. "Instead of having 20 different social cliques, we kind of just became smashed together into one big group!"

- William Farley, class president  
& Jullie Zeballos, '09

*juniors*



1) Michael Mackenzie, Henry Brigham Nicholas Friedman, and Gavin Trewer pose for the camera before heading to class on spirit day. 2) Andrew Goodman and Robert Hemstreet listen to their friend Alexandra Pill's story during a break in class. 3) Mark Curry and Genevieve Dabrowski laugh while remembering a funny story that happened earlier that day. 4) Vanessa Lazo and Delia Aguirre share a cookie after school. 5) Henry Reyes and Bellal Mashid share a laugh and enjoy their 1 moments in the old building. 6) Sarah Dimardo and Nicolas Penaranda fix the last finishing touches on their homecoming float before turning it in. 7) A large group of juniors show their class spirit during lunch and get together for a group picture. 8) Laura Gorsky and Oksana Trofimenko dress up for the theme of junior hallway float.





5) Bridget Ward, Sara Kayes, Stephanie Dinan, Jennifer Browning, and Rachel Heend celebrate spirit week. 6) Michael Srisuwan asks Zac O'Malley if he is going to finish his lunch. 7) Claire Van Wagner shouts for to cheer on the football team. 8) Andrew McGarity and Amanda Enright enjoy lunch in the new cafeteria.

9) Justin Serene is enjoying lunch time in the new commons. 10) Eric Engel moves his crew boat. 11) Olivia Mihalik and Ariel Hamilton are close friends on and off the field. 12) Jhery Kevin Siles likes to relax during lunch.



13) Fenimore Love dresses up as a caveman for the junior homecoming float. 14) Vanessa Andia listens to English presentations. 15) Dakota Springston looks as if he jumped right out of the '70s on Blast from the Past spirit day. 16) Daniel Estes charms the ladies on Valentine's Day.

1) Alvaro Araujo is red with junior spirit. 2) Isma Kansiz and Kenuel Suarez-Frutes share a wrap at lunch. 3) Roberto Lopez-Meleon poses for the camera. 4) Casey Botticello dresses up for fby physics.



Delia Aguirre  
Sharifa Ahmed  
Rabaka Akter  
Fariha Alam  
Gilmar Alarcon-Aldunate  
Ricardo Aldana



Dorothy Alston  
Eric Alvarez  
Munkhjin Amarbayasgalan  
Tamara Amer  
Patrick Andersen  
Vanessa Andia



Maria Andia-Moya  
Alvaro Araujo  
Melissa Argueta  
Shahad Ashour  
Daniel Baker  
Jonathon Banks



Elena Barrera  
Odonchimeg Batbaatar  
Sarah Bayliff  
Genevieve Belvis  
Rebecca Bergena  
Dylan Bilbao



Murilo Bizon  
Kirsten Bledsoe  
Jessica Boatner  
Lindsay Boryan  
Casey Botticello  
Henry Brigham



William Brower  
Christopher Brown  
Nannette Brown  
Jennifer Browning  
Luca Brunner  
Ryan Buescher



Anna Butt  
Jonathan Cabel  
Angela Cabrera  
Herland Caceres-Aguilar  
Jake Campa  
Agatha Campos







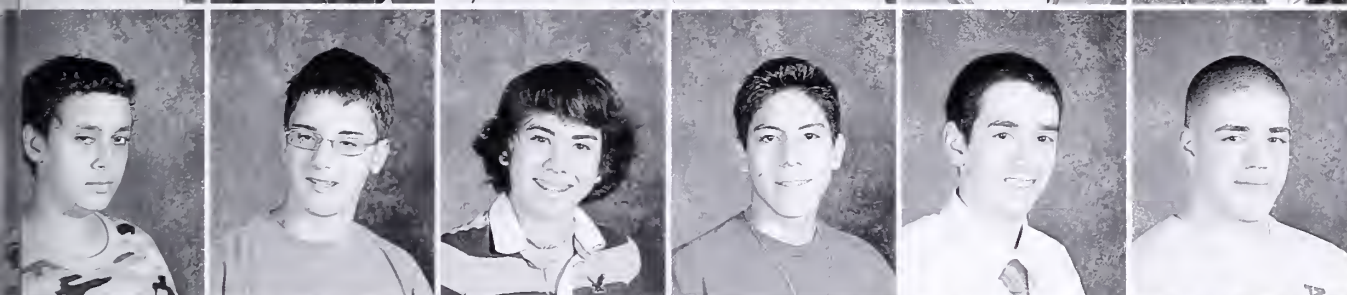
Jose Canales  
David Carter  
Megan Chase  
Pallvi Chopra  
Andrew Clayberg  
Paul Clayberg



Amelia Cornfield  
Lindsay Cowen  
Mark Curry  
Genevieve Dabrowski  
Jacob Del Gallo  
Sydney Delmar



Christian Desrochers  
Stephanie Dinan  
Sarah Dinardo  
Connor Donahue  
Chantel Doucette  
Mayra Encinas-Munoz



Theodrose Encubahre  
Eric Engel  
Amanda Enright  
Pablo Enriquez-Zurita  
John Escobar  
Daniel Estes



Matthew Fagnoni  
Perla Farias  
William Farley  
Michael Firth  
Amarilis Flores  
Michael Flynn



Derek Framinan  
Lorrane Freitas  
Nicholas Friedman  
Marlaina Furlong  
Frayne Gantus  
Jacqueline Garcia

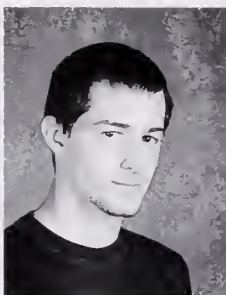


Juan Carlos Garcia  
Raul Garcia  
Judy Garcia-Zurita  
Hilewna Gebbru  
Adam Ginsberg  
Edmond Gniewek

*juniors*



Jorge Gomez-Pedraza  
Andrew Goodman  
Laura Gorsky  
Kimsue Grant  
Adam Green  
Rose Greenawald



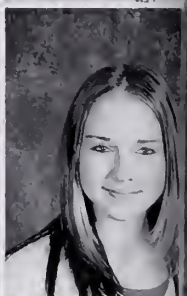
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Marilyn Guerrero  
Erika Guevara  
Brian Gutierrez  
Fanuel Haile  
Ariel Hamilton



Ryan Harding  
Erin Healy  
Rachel Heend  
Ahmad Helmy  
David Hemingway  
Robert Hemstreet



Lisa Hines  
Flenner Hoagland  
Jessica Hogan  
Richard Hooker  
Khalia Horne  
Whitney Hurdle



Maryam Hussain  
Olivia Huston  
Kate Irick  
Mukti Islam  
Corey Jackson  
Brian Jacobs



Caroline Jahneke  
Keith Johnson  
Mark Johnson  
Adam Kahan  
Esma Kansiz  
Charity Kariuki



Amandeep Kaur  
Sara Kayes  
Nicholas Kelleher  
James Kelley  
Madeline Kemp  
Safana Khan







Prakriti Khanal  
Peter Klingelhofer  
McKenna Klontz  
Siyun Lai  
Kelly Landers  
Ecma Lazo



Tyler Leeds  
Andrew Leinbach  
Caitlin Little  
Elise Littler  
Roberto Lopez-Meleán  
Fenimore Love



Sabrina Love  
Raul Luna  
Vivian Lundgren  
Amanda Macdonald  
Erick Machado  
Michael Mackenzie



Enrique Magana  
Amani Mahmoud  
Ghizlaine Mallek  
Luke Malley  
Bellal Mashid  
Suzanne Matyas



Andrew McDaniel  
Andrew McGarity  
Steven McKenzie  
Andrew McLennan  
Jason McNabola  
John McQuinn



Robert Menezes  
Matthew Menoché  
Olivia Mihalik  
Sahand Minaie  
Warren Mitchell  
Claire Monfort



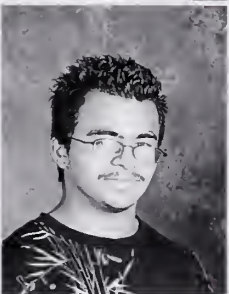
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Yefri Moreno  
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Ravi Narayanan  
Christian Newsome  
Adriana Niedenfuhr



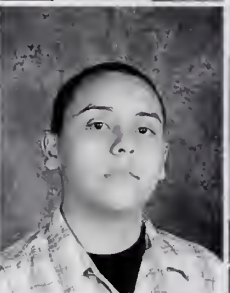
Bernard Nkesi  
Jhon Nogales-Pimienta  
Cristian Nolasco  
Clare O'Doherty  
Zac O'Malley  
Jose Ondo Nchama



Yanina Ortiz-Moya  
Yafelmane Ouchna  
Juan Palomino  
Alfonso Miguel Panlilio  
Miriam Pantoja-Barrientos  
Tayaba Paras



Carla Paredes-Vargas  
Megan Parker  
Marc Patton  
Dania Paz  
Isauro Pedroza-Cruz  
Regis Peeples



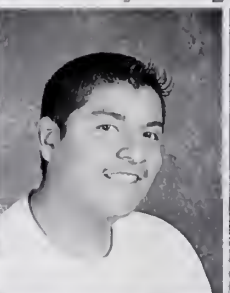
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Thomas Peters  
Victor Petty  
Jesse Phillips  
Natchaya Phoyen



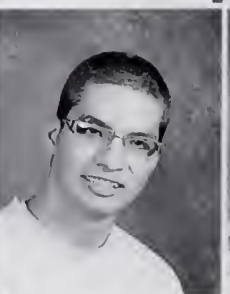
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Aliya Pilchen  
Alexandra Pill  
Karla Pineda  
Milton Portillo-Ortiz  
Rebecca Pratt



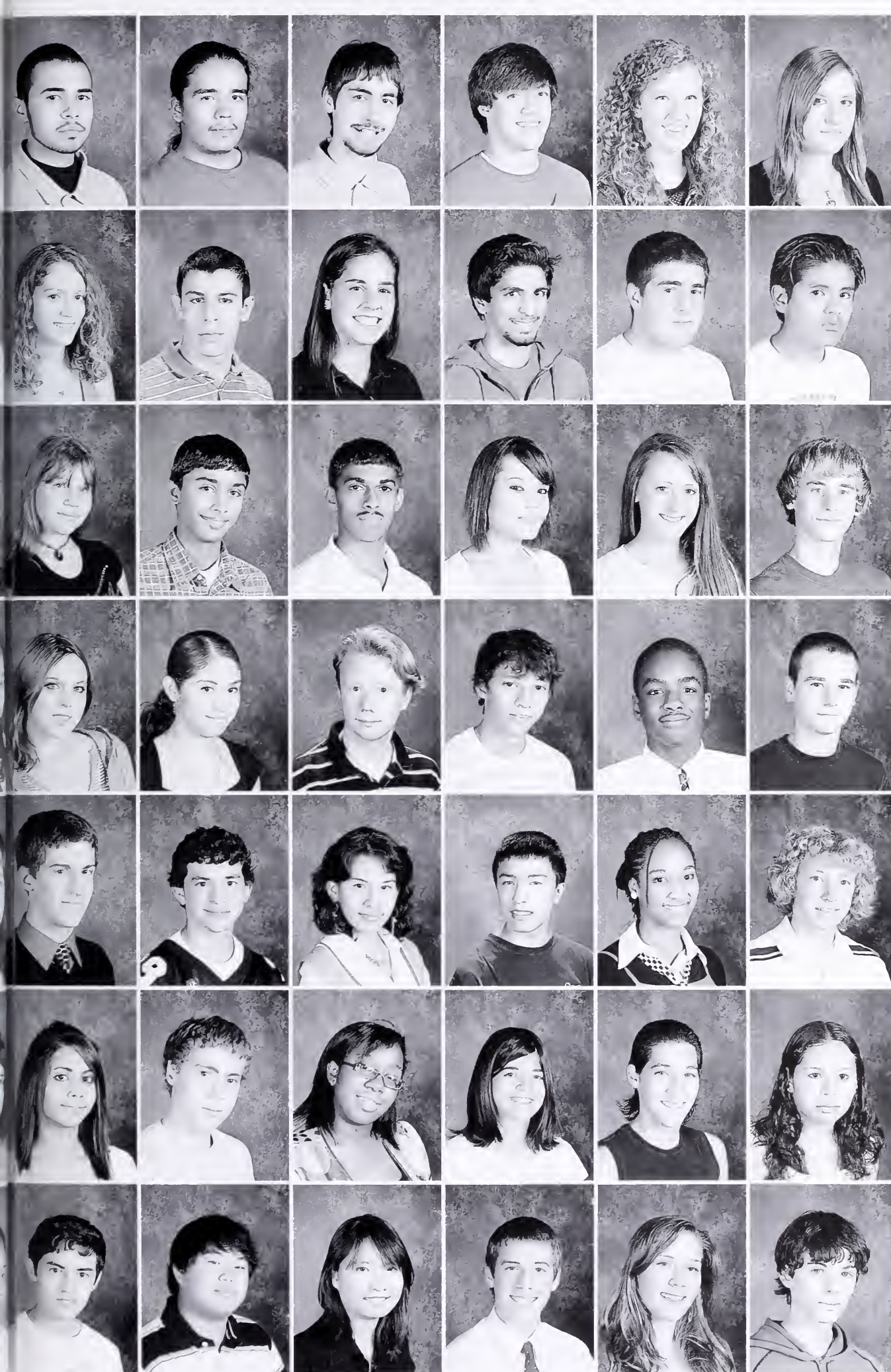
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Troy Riemer  
Michael Rincon  
Alanna Rivera  
Julio Rojas-Telleria  
Gloria Romero



Rebecca Rondon  
Tameka Roney  
Julia Ruane  
Sindy Rubianes  
Jason Salazar  
Sally Salazar







Eric Salmeron  
Angelo Sanchez/  
Collin Sandifer  
Ethan Scholl  
Heidi Schoomaker  
Genna Schwartz

Emily Seklecki  
Justin Serene  
Naomi Shagam  
Waleed Shahid  
Conor Sharp  
Jhery Siles

Erin Simmons  
Anand Singh  
Prashant Singh  
Jasmine Sinkavitch  
Megan Smith  
Jacob Smout

Julia Solheim  
Betis Sorto-Sanchez  
Dakota Springston  
Michael Srisuwan  
Kwabena Stefan  
William Stehm

Craig Stephanson  
Kenuel Suarez-Fuentes  
Dayshva Suvo  
John Swallow  
Darrisaw Tatum  
Robert Tedder

Hannah Thomas  
Hugh Thomas  
Latreshia Thomas  
Sylvie Thomas  
Alexander Torres  
Maria Torres

Erick Torrico-Lopez  
Bailey Tran  
Tran Tran  
Gavin Treweek  
Oksana Troftmenko  
Rob Troiano



Andrew Trombly  
Zolboo Tsogoo  
Arley Turner  
David Umana  
Ilka Valdez  
Claire Vanwagner



Ana Villalobos  
Mauricio Villarreal-  
Orellana  
Karen Villeda  
Erin Wallace  
Lakiesha Waller  
Bridget Ward



Daniel Watson  
Michael Watson  
Tiffany Wattley  
Andrew Webster  
Jessica Williams  
Tysha Witcher



Selam Wubante  
Julliette Zeballos-Perez







5) Students in Peter Vogel's sociology class stand up to read aloud. 6) Aliya Pilchen and Rachel Heend smile for junior spirit. 7) Alan McQuinn reads aloud in English class. 8) Students in Kenneth McCreary's class work on the SMARTboard.

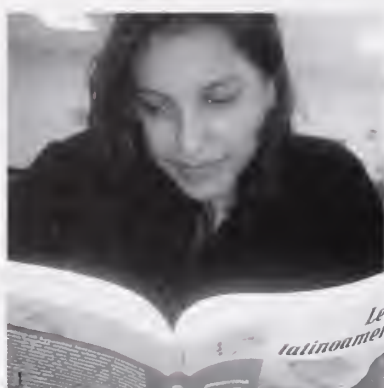
9) Jessica Williams meets up with her friends in the hallway after school in the new building. 10) Ryan Harding and Sahand Minaie pose for the camera. 11) Megan Parker volunteers within the community outside of school. 12) Michael Watson focuses in during English class.



13) Dorothy Alston gathers her work together in class. 14) Juniors gear up before the fall pep rally. 15) Khalia Horne dresses up for tacky Tuesday during the spring spirit week. 16) James Kelley waits for the hispanic heritage assembly to start.

1) Arley Turner and Naomi Shagham work diligently on their studies. 2) Melissa Argueta shows off her devilish side for Halloween. 3) Whether it's for acrobats or fancy physics, Lindsey Oryan, Ryan Buescher, Sharifa Ahmed, and Olivia Huson love to dress up and show their spirit. 4) Genevieve Dabrowski is closely paying attention in her chemistry class.





1) Paolita Fernandez rushes to finish studying for a Spanish exam minutes before the bell rings. 2) Sean Hoffman 3) Thu Tonnguyen cracks up at lunch after hearing a recap of a TV show from a friend. 4) Lashaunta Davis and Zeynep Solak play around on an ipod in the commons.

1) Christopher Almquist uses his lunch time to relax from a stressful school day. 2) Kevin Donahue, Jake Huston, and Brooke Hudd show off their school spirit at the fall pep-rally. 3) Will Warren uses the cyber cafe to catch up on some math homework. 4) About to get on the bus for an away football game, Joe Davis and Tareck Amer wait with great anticipation.



1) Gregory Hogan 2) Daniel Buruca, Zak Rabe, and Hannah Dannenfelser 3) Samiah Mohammed browses through her ipod nano during lunch. 4) Katherine Thruong and Ericka Reyes go over homework before their next class period.



1) Robert Te Tan 2) Josh Branden and Jason Truesdale always sat at the same lunch table throughout the year. 3) Jason Truesdale puts his cell phone in his pocket to follow the outside-only policy for cell phone use in the commons. 4) Collecting her book before the bell rings, Danice Alston rushes so she will not be tardy to class.



→ The sophomores celebrated  
being freshmen no more.

# second floor

## *class of 2010*

After an uneventful year passed as freshmen, the class of 2010 was ready for a good start as sophomores. "The nice thing about this year is that we aren't freshmen," said Katie Dorset. "People don't knock down our freshmen bake sale signs or give us mean glares. Overall, it's just better."

The sophomores greatly accepted their new rank and began to socialize more with the upperclassmen. "Talking to upperclassmen has been really a lot easier this year, now that we aren't freshmen," said Anne Murray.

As students established their niches, the class as a whole became more unified. More people showed up to participate in homecoming float, carwashes, bakes sales, and other class events. The sophomores seemed more willing to improve their class and make their high school stay more worthwhile. "It's really cool when people show up at class sponsored events," said Jack Verville, class vice president. "It really improves class morale."

Forming an identity as a class was not as hard as some thought. "During freshmen year I thought that our class was considered the boring one, but this year I realized that this wasn't the case," said Molly Wolford. "Yeah," added Danny LeSuer. "Our class is really thought of as the sporty class because a lot of us are on varsity sports teams."

As an identity was established and spirit improved, the sophomore class of 2010 was ready to face the rest of high school.

-Evelyn Hartz, class president  
& Mandy Maggio, '10



Suchana Costa



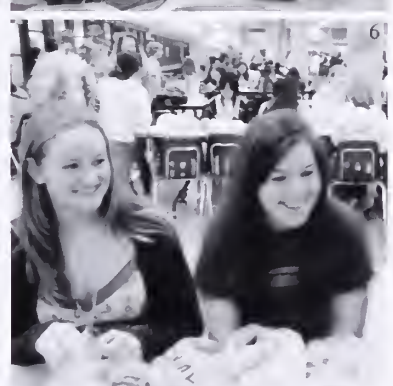
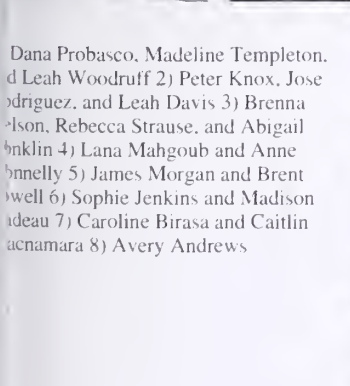
Laura Kane



Iver Altamirano



Christina Phang



Dana Probasco, Madeline Templeton,  
and Leah Woodruff 2) Peter Knox, Jose  
Rodriguez, and Leah Davis 3) Brenna  
Olson, Rebecca Strause, and Abigail  
Franklin 4) Lana Mahgoub and Anne  
Bnnelly 5) James Morgan and Brent  
Bnnelly 6) Sophie Jenkins and Madison  
Bnnelly 7) Caroline Birasa and Caitlin  
Bnnelly 8) Avery Andrews



Monica Ahir  
Naheem Ahmad  
Sana Ait Ouahi  
Tariq Al-Tayeb  
Raisul Alam  
Dowha Ali



Kiera Allen  
Matthew Allen  
Christopher Almquist  
Danice Alston  
Iver Altamirano  
Jack Alves



Tarek Amer  
Drake Anderson  
Mariela Andrade  
Sindy Andrade  
Avery Andrews  
Nicholas Apsehoff



Benjamin Argueta  
Kristopher Armradit  
Charlene Arquiza  
Chi Au  
Joshua Baiza-Lopez  
William Baker



Sharain Barnhart  
Dimas Barrera-Lazo  
Rodderick Battle  
Stephanie Bautista  
Yonas Bayou  
Mary Beech



Dagmawi Bekele  
Sarah Bel-Hadj Nasr  
Zoe Bellars  
Caroline Benitah  
Alice Billmire  
Caroline Birasa

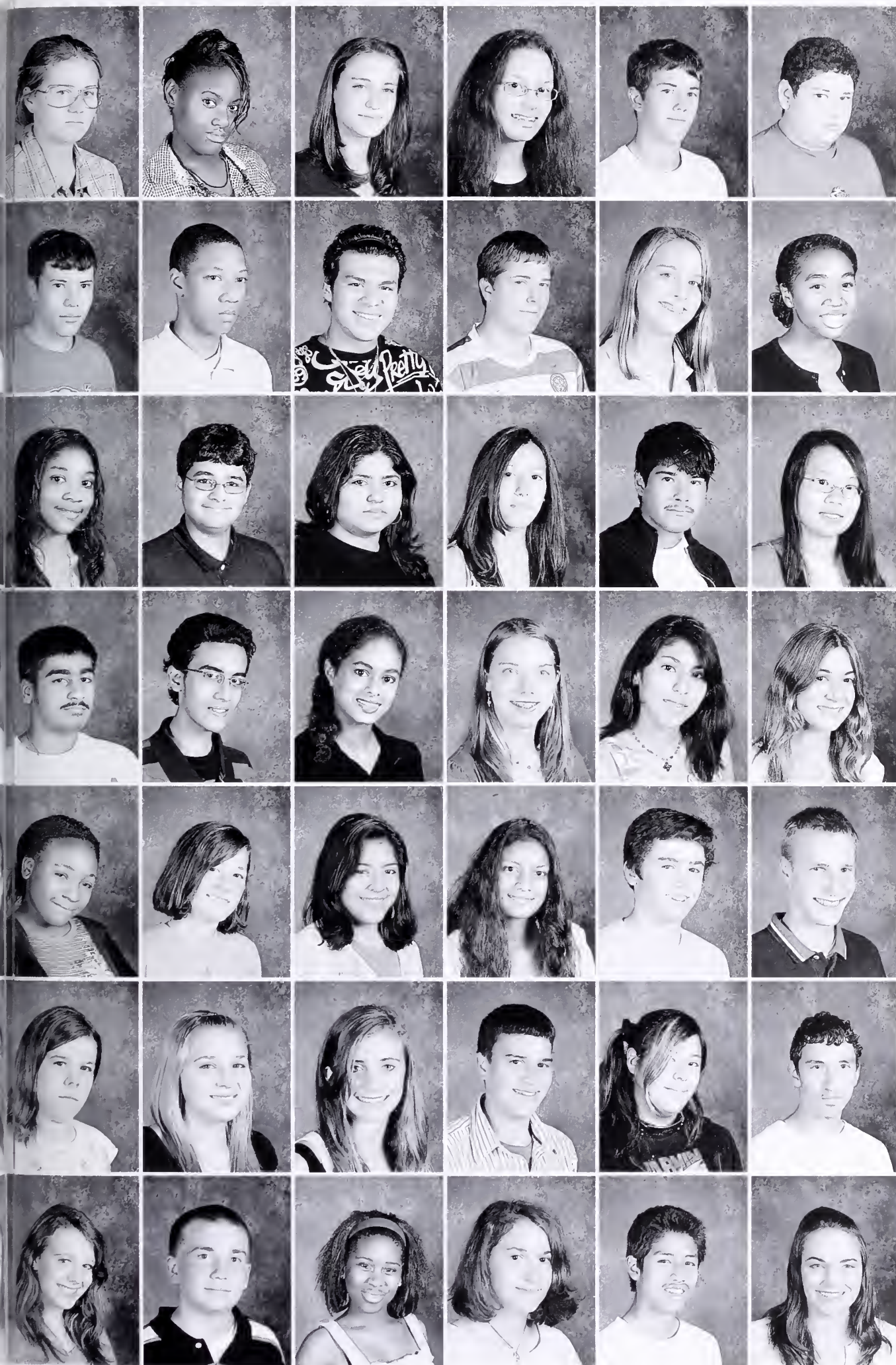


Andre Birdsong  
Gabriela Blades-Arteaga  
Lilly Bouldin  
Joshua Braden  
Steve Bravo-Tomaylla  
Anna Brosnahan



*sophomores*





Maddie Brothers  
Chanae Brown  
Ilona Brueckmann  
Megan Buche  
Robert Burgess  
Daniel Buruca

Kevin Bustillo  
Andre Campbell  
James Canales  
Ryan Carney  
Cynthia Carson  
Alicia Carter

Gabrielle Casteal  
Jose Castellon  
Brenda Cerna-Rivera  
Sasha Cerruto  
Jason Cespedes  
Christine Chong

Puneet Chopra  
Rabitul Chowdhury  
Malayika Cincotta  
Kelsey Clark  
Andrea Clavijo-Herrera  
Elizabeth Claydon

Briana Coneys  
Abigail Conklin  
Gianina Corrales-Chirinos  
Suchana Costa  
Miles Coulton-Thompson  
Freddy Crawford

Hannah Crawford  
Elana Crivella  
Mary Cromartie  
Jesus Crosa  
Victoria Cruz  
Esteban Cuellar

Hannah Dannenfelser  
Joseph Davis  
Lashaunta Davis  
Leah Davis  
Oliver De La Via  
Elizabeth Delery



Meredith Denton  
Julissa Diaz  
Thomas Dickinson  
Christopher Diethorn  
Kevin Donahue  
Anne Donnelly



Catherine Dorset  
Markus Doychak  
Clara Dubow  
Valerie Dugie  
Frank Duran  
Mary Eccles



Thomas Edwards  
Timothy Edwards  
Yesukhei Enkhbaatar  
Dulguun Enkhtur  
Wendy Esteban-Arana  
Jose Estrada-Ruiz



Alexandra Evans  
Lina Ewell  
Madeline Farber  
Ian Feeney  
Zachary Fendley  
Erika Fernandez



Adrian Ferrufino  
Dane Fitzmaurice  
Katherine Fleming  
George Flores  
Stewart Foster  
Brenda Funes



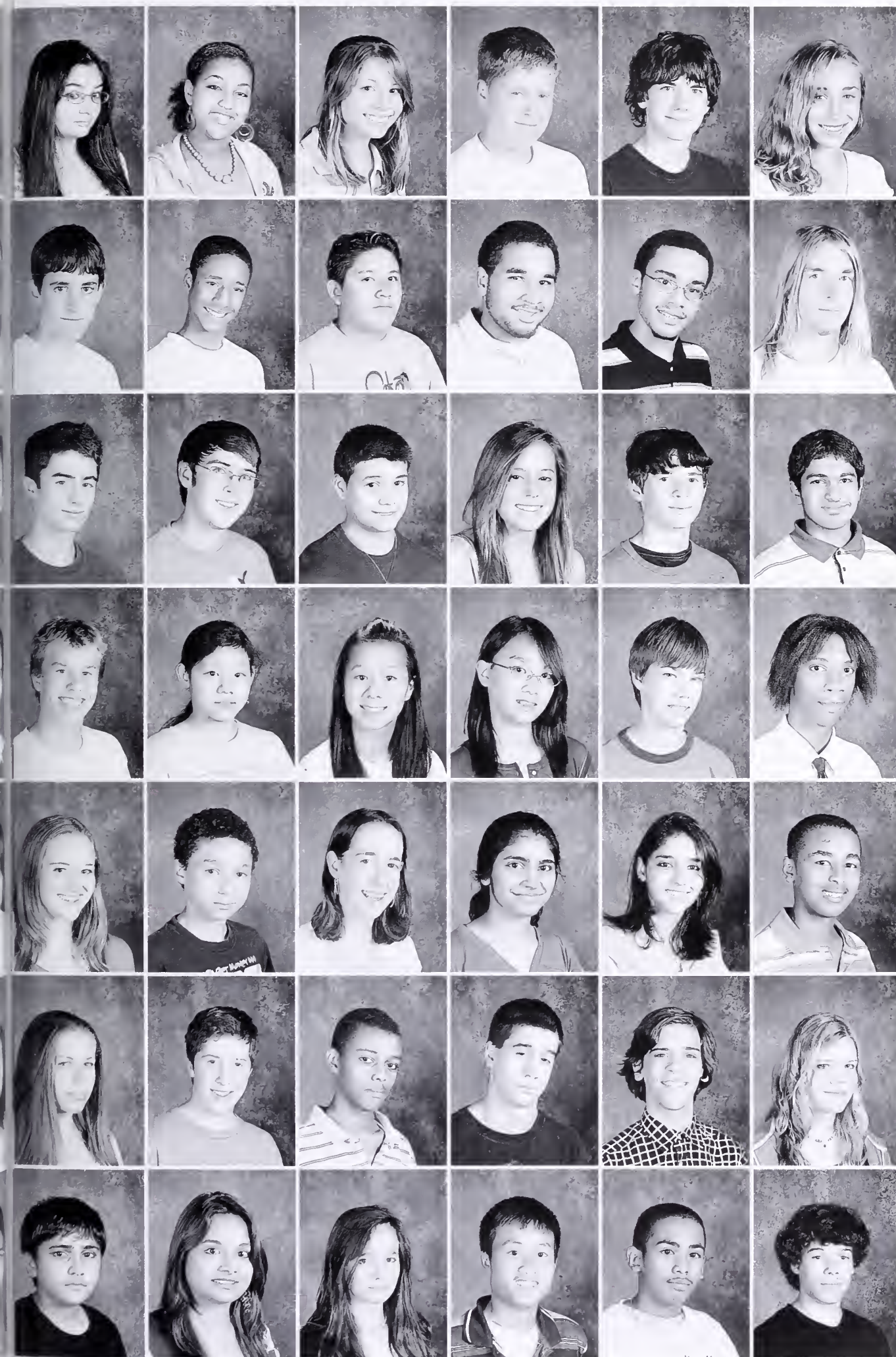
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Sean Ganous  
Louisa Gilson  
Krissia Gomez-Martinez



Alexander Goodahl  
Andrew Grand-Pierre  
Ross Gray  
Carlos Guardado-  
Henriquez  
Carlos Gudino-Jarrin  
George Guerrero







Rubi Guevara  
Danait Habtemariam  
Julia Hampson  
Andrew Hansen  
Michael Hansen  
Evelyn Hartz

Steven Hazel  
Khalif Heath  
Yovany Herbas-Lozano  
Kyle Hoffman  
Sean Hoffman  
Gregory Hogan

William Horsley  
Wesley Horton  
Brian Huaman  
Brooke Hudd  
Brandon Hummell  
Bilal Hussain

Jacob Huston  
Hong-An Huynh  
Julia Huynh  
Kathy Huynh  
Joseph Jaeger  
Haiston Jamison

Sophie Jenkins  
Shawn Jewell  
Alexandra Jones  
Disha Juneja  
Labika Kabir  
Robel Kabthiymer

Laura Kane  
Ali Kansiz  
Abel Kebebew  
Zachary Keller  
Patrick Kelley  
Angelica Kennedy

Jhanzeb Khan  
Aakriti Khanal  
Sophie Kiendl  
Kent Kik  
Chinny Kim  
Peter Knox



Nathaniel Kresh  
Patrick Lacey  
Madison Lane  
Anna Lantelme  
Douglas Larrea  
Richard Lax



Cecily Leahy  
Sindy Leguia-Aroni  
Karl Lendenmann  
Daniel Lesueur  
Jessica Li  
Jose Lopez-Ibarra



Juan Lopez-Ibarra  
Jose Lozano-Avila  
Caitlin Macnamara  
Amanda Maggio  
Lana Mahgoub  
Usman Mahmood



James Malone  
Abdullah Mamun  
Imani Marks  
Jasmin Marshall  
Britni Martin  
Ximena Martinez Garcia



Myeisha McBee  
Jennifer McCue  
Joanna McElfish  
Rebecca McElfish  
Bradford McGann  
Christian McGillen



Dominique McNairy-  
Dixon  
Amine Mehari  
Gelila Mengesha  
Robert Merriell  
Eleanor Miller  
Eleanor Mills



Darya Minovi  
Thomas Miotke  
Samiah Mohammed  
Pedro Molina  
Tiphaine Monroe  
Stephanie Montano



*sophomores*





Arnold Montecinos  
Francis Monterroso-De  
Leo  
James Morgan  
Anne Murray  
Patricia Murray  
Madison Nadeau



Emily Nalker  
Khaliun Namsrai  
Brenna Nelson  
Matthew Newman  
Quy Nguyen  
Douglas Nieto-Zelaya



Emily Nolan  
Alfredo Nolasco  
Abigail Noria-Aroni  
Phillip North  
Waseem Nosair  
Mireille Nsanzimana



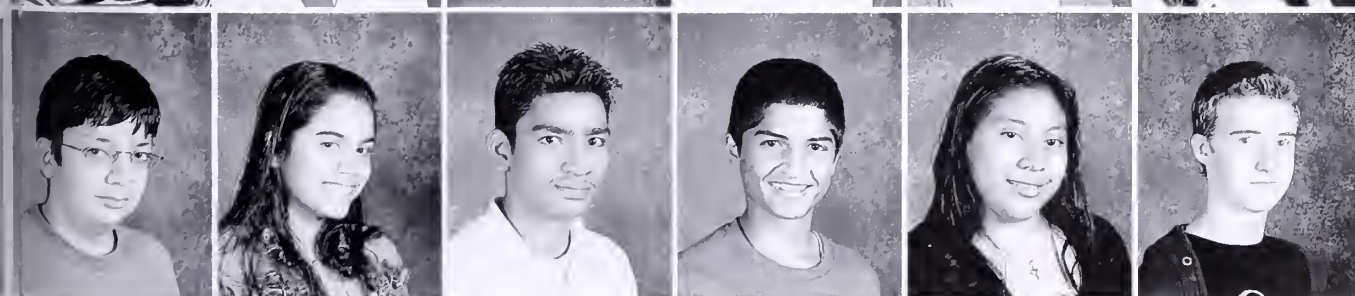
Devin O'conor  
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Brayan Ortega-Lobo  
Nilda Ortuno-Molina  
Jason Osorio  
Kaitlyn Osteguian



Soukayna Oukhouya  
Paola Pachacopa  
Alec Pastre  
Viki Paz  
Maricela Peralta  
Cristina Pereira



Christina Phang  
Henry Phillips  
Marc Portis  
Roy Powell  
Dana Probasco  
Kathryn Rabatsky



Joaquin Rada  
Lizzie Ramos-Palma  
Gaurav Rawat  
Aasim Rawoot  
Denise Raxtun  
Sean Readdy



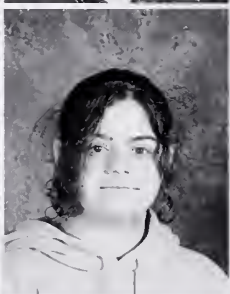
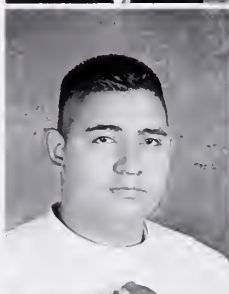
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Sierra Riddle  
Mehdi Rizq



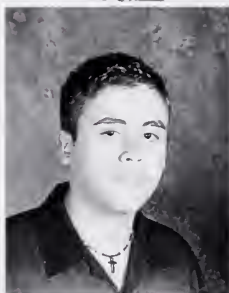
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Victor Rodriguez  
Jose Rodriguez-Barbara  
Bernol Rojas  
Nathaniel Root



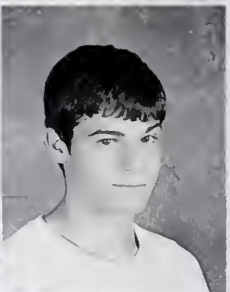
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Camelia Rubalcava  
Andrea Salad  
Steve San Miguel  
Davison Sanchez-Sanchez  
Miriam Sands



Raul Saravia  
Seddhamanik Sarik  
Benjamin Schwartz  
Rachel Schwartz  
Collin Seamens  
Jeremy Seipp



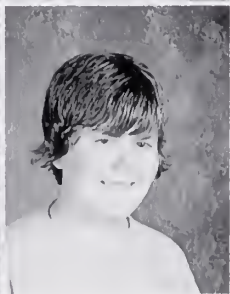
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Douglas Seymour  
Nathan Shagam  
John Sheahan  
Elfaz Shebi



Jahan Shiekhy  
James Shirron  
Stephanie Smith  
Ulysses Smith  
Zeynep Solak  
Audrey Sonntag

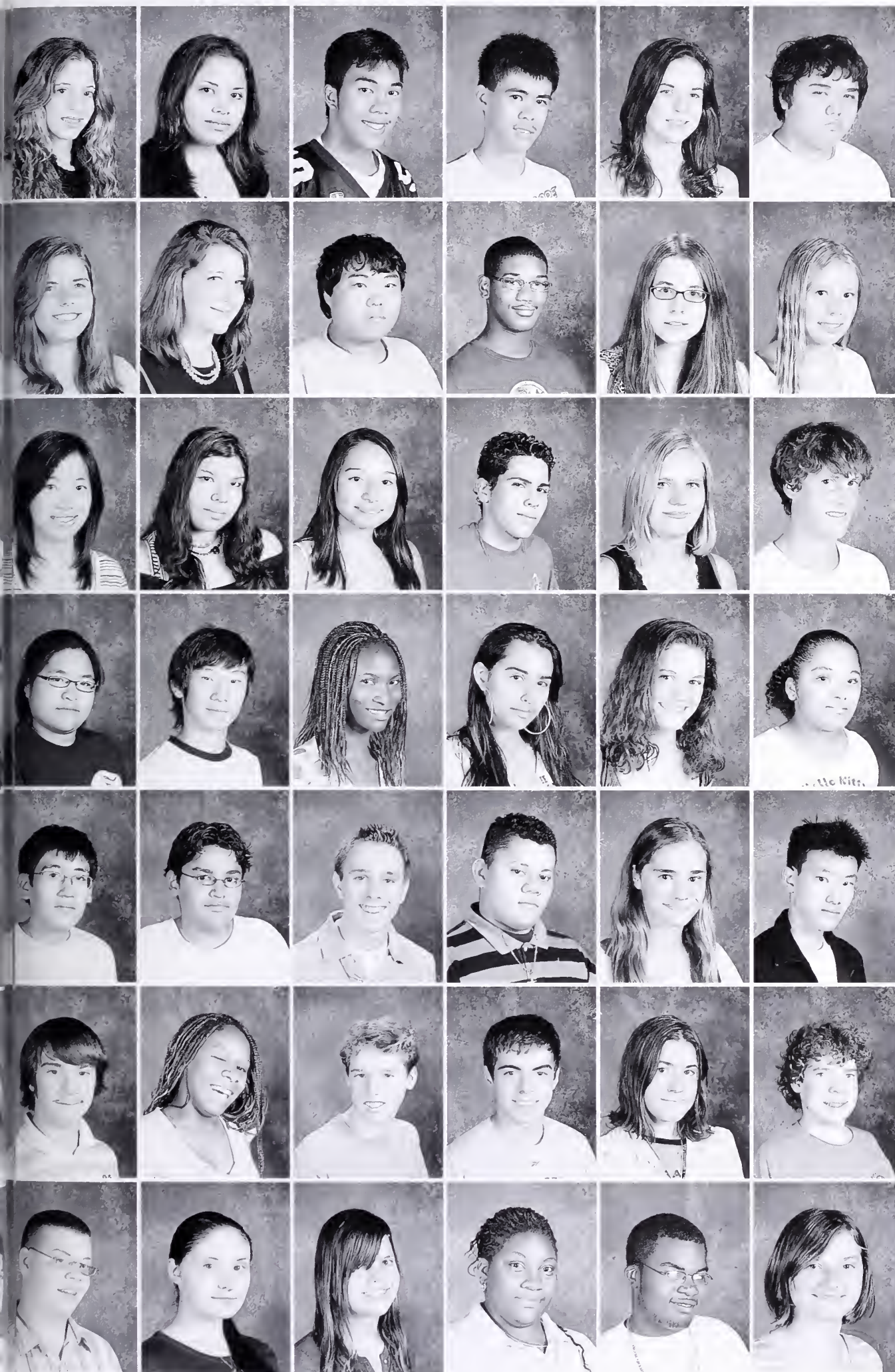


Jaime Southern  
Dylan Soutter  
Wyeth Steigler  
Christopher Stephens  
Miguel Stewart  
Travis Stone



*sophomores*





Rebecca Strause  
Elissa Suarez  
Mark Sykhammountry  
Jethro Tapulgo  
Stephanie Tate  
Robert Te Tan

Madeline Templeton  
Robin Thacker  
Patrick Thai  
Kyle Thornhill  
Emma Thorp  
Sydney Tichenor

Phuongthu Tonnguyen  
Marcela Torrejon  
Genesis Torres-Moreira  
Edgardo Torres-Velazquez  
Victoria Trofimova  
Jason Truesdale

Katherine Truong  
Zoljargal Tsogoo  
Kadijatu Turay  
Carla Urrutia  
Mallory Uzel  
Kirsten Valentine

Daniel Veizaga  
Elber Velasquez  
Jackson Verville  
Celso Villacorta-Santos  
Grace Vinson  
Paul Vu

Paul Wagner  
Shante Waller  
William Warren  
John Washington  
Theressa Weller  
Benjamin Whelan

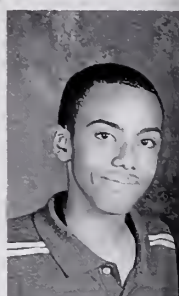
Timothy Whelan  
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Corinne Wiesner  
Courtney Wilcox  
Reginald Williams  
Zoe Willis



Emma Wolfarth  
Molly Wolford  
Leah Woodruff  
Phoumrin Yin  
Denise Zelaya  
Nicolas Zevallos



Felege Zewede

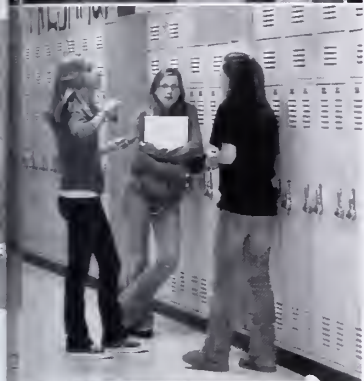



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## *signatures*

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1) Berenice Urrutia, Daravi Cuellar-Cujio, and Cecilia Mendoza discuss their day after school. 2) Megan Gutfried, Megan Kroger, Lisa McNabola decide to have a quick discussion before going to lunch. 3) Claudia Cisneros hopes to fit all her books in her freshman locker in the old building, which was a lot smaller than upperclassmen lockers. 4) Freshmen anxiously wait on the stairwell while getting instructions during a physical education class. 5) Benjamin Brady, Andrew Perrow, Tachelle Morris, and Megan Adakins-Blanch catch up on after-school plans. 6) Kieth Ricks and Nathan Carias shake their hands for good luck before trying out for the basketball team. 7) Freshmen Alexandra Eniek, Karina Irizarry, and Kristi Kemble take a picture before starting their classwork. 8) Nadia Jmili gives Breth Andrade-Ayala tips on how her camera works before she heads off to photography class.

*Freshmen adjusted to life as the "new kids on the block."*

# ground floor

*class of 2011*



"What's going on?" was the first thought in the mind of every freshman on their first day of school, said Peter Janetos. The hallways were crowded, upperclassmen loomed over them, and the entire school layout was totally new to them.

However, as the year progressed, freshmen started to find their way around and became more comfortable going to their classes. It was not always easy because many freshmen students had never even heard of block scheduling, and it became very confusing to keep straight the "W" days and the "L" days. Some freshmen were not prepared for longer class periods. "I'm not used to the block schedule because I'm stuck in class for ninety minutes, and that's too long," said freshman Becky Graham.

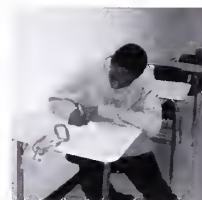
After a while, the "new kids on the block" began to grow accustomed to the block scheduling and started to participate in many after school activities, such as decorating the freshman commons for spirit week and going to football games. According to the freshmen, this helped them become accustomed to the school's traditions. "I started helping for homecoming, met a lot of new people, and helped freshmen get second place in the float design," said Max Blackman. "It was cool."

Although it took a while to get used to, they left middle school behind and established themselves as high school students by becoming more responsible and learning new things. From the first day of school to the last, freshmen said their first year of high school was a great experience and made them look forward to their remaining three years.

-Andrew Perrow, class president  
& Jullie Zeballos, '09



Daniel Weiner and Megan Rippey



Tomas Ghidey



Thalia Hiler and Brisset Chavez-Aliaga

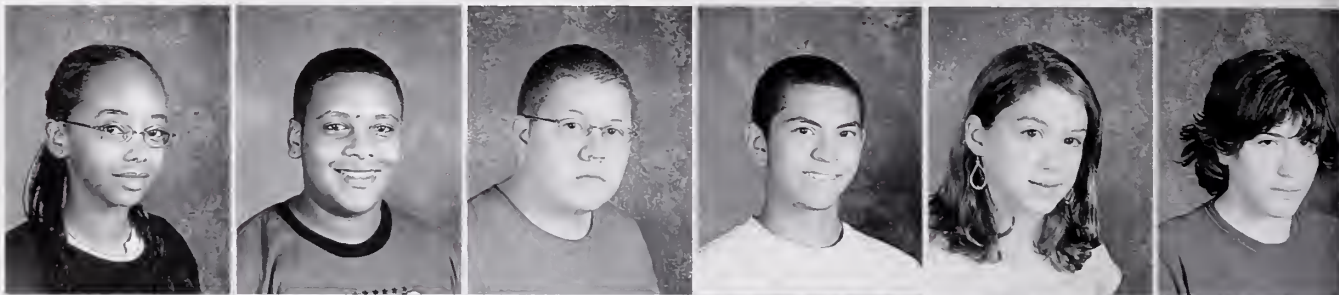


Kurt Stevens

*freshmen*



Muna Abdulkader  
Amanuel Abebe  
Alan Acero  
Jonathan Aciego  
Megan Adkins-Blanch  
Emiliano Agudo



Rosa Aguilar-Maldonado  
Clement Aifer  
Hannah Aiken  
Faiza Ait Ouahi  
Pann Ajjimaporn  
Ayesha Akter



Salma Akter  
Mahmuda Akther  
Maksuda Akther  
Eti Alam  
Loyda Alcantara  
Lana Allen



Patricia Almeyda  
Steven Amaya  
Karen Ampuero-Figueroa  
Sarah Anderson  
Andrea Andrade  
Jason Andrade



Susana Andrade  
Sagastizado  
Hareth Andrade-Ayala  
Rodrigo Andrade-Calderon  
Gabriela Aquino-Vasquez  
Mario Arevalo-Bonilla  
Erik Argueta



Leticia Arispe-Zurita  
Oscar Arnez  
Alexandra Arriaza  
Adan Ascencio-Mendoza  
Amir Ashtiany  
Nomin Ayushbaatar



Bernard Yves Bagalso  
Jesse Baker  
John Bardo  
Brayan Barranza  
Manuel Barrera-Ramirez  
Gabriela Barrios-Orozco







Nicole Bass  
Khulan Batmunkh  
Aracely Bautista  
Jagalsaikhan Bayarsaikhan  
Orgil Bayarsaikhan  
Elizabeth Beckwith

Walter Bell  
Ariadne Bene  
Julieze Benjamin  
Omar Benkhallouk  
Nicole Bentley  
Alexander Berlin

Jennifer Berry  
Malick Beye  
Alexandra Bieniek  
Imani Bigsby  
Max Blackman  
Guido Blacutt

Alexander Bogetic  
Uyanga Boldbaatar  
Synthia Boudreau  
Tiffany Bradford-Brooks  
Benjamin Brady  
Cayden Brehaut

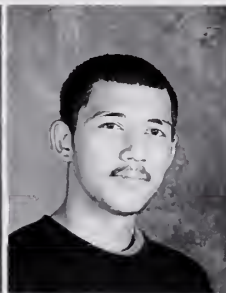
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Ashley Brewton  
Felicia Brooks  
Jonathan Brown  
Daniel Browning  
Andrew Bryant

William Burdick  
Nicolas Burns  
Kelsey Butterworth  
Emanuel Cabrera-Pomposo  
Jared Campa  
Cecelia Campbell

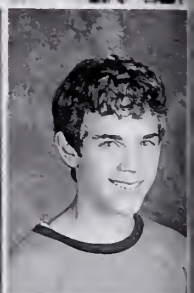
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Iliana Carballo  
Jonatan Carias  
Megan Carlson  
Mauricio Carranza-Garcia  
Lillian Carter



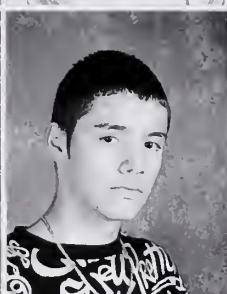
Gabriel Castillo  
Chelsea Charles  
Bryan Chase  
Simon Chauhan  
Itziar Chavez-Aliaga  
Lina Chhuy-Hy



Marvin Chinchilla  
Sarah Chisholm  
Sayda Cifuentes-  
Maldonado  
Claudia Cisneros  
Edwards Claure-Siles  
Tyler Cook



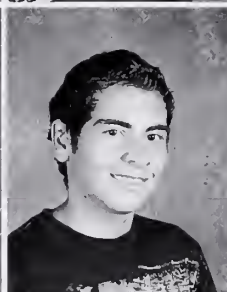
Torie Coppa  
Antonella Cordero  
Henry Cornejo  
Lindsay Cronin  
Oliver Cross  
Daravi Cuellar-Clavijo



John Cummins  
Kedus Daniel  
Nhat-Quang Dao  
Kimberly Davies  
Lorena Deleon  
Natalie Deleon



Vanessa Deleon  
Carlos Dell'agostino  
German Angel  
Dell'agostino  
Jessica Diaz  
Joseph Difilippo  
Linda Doan



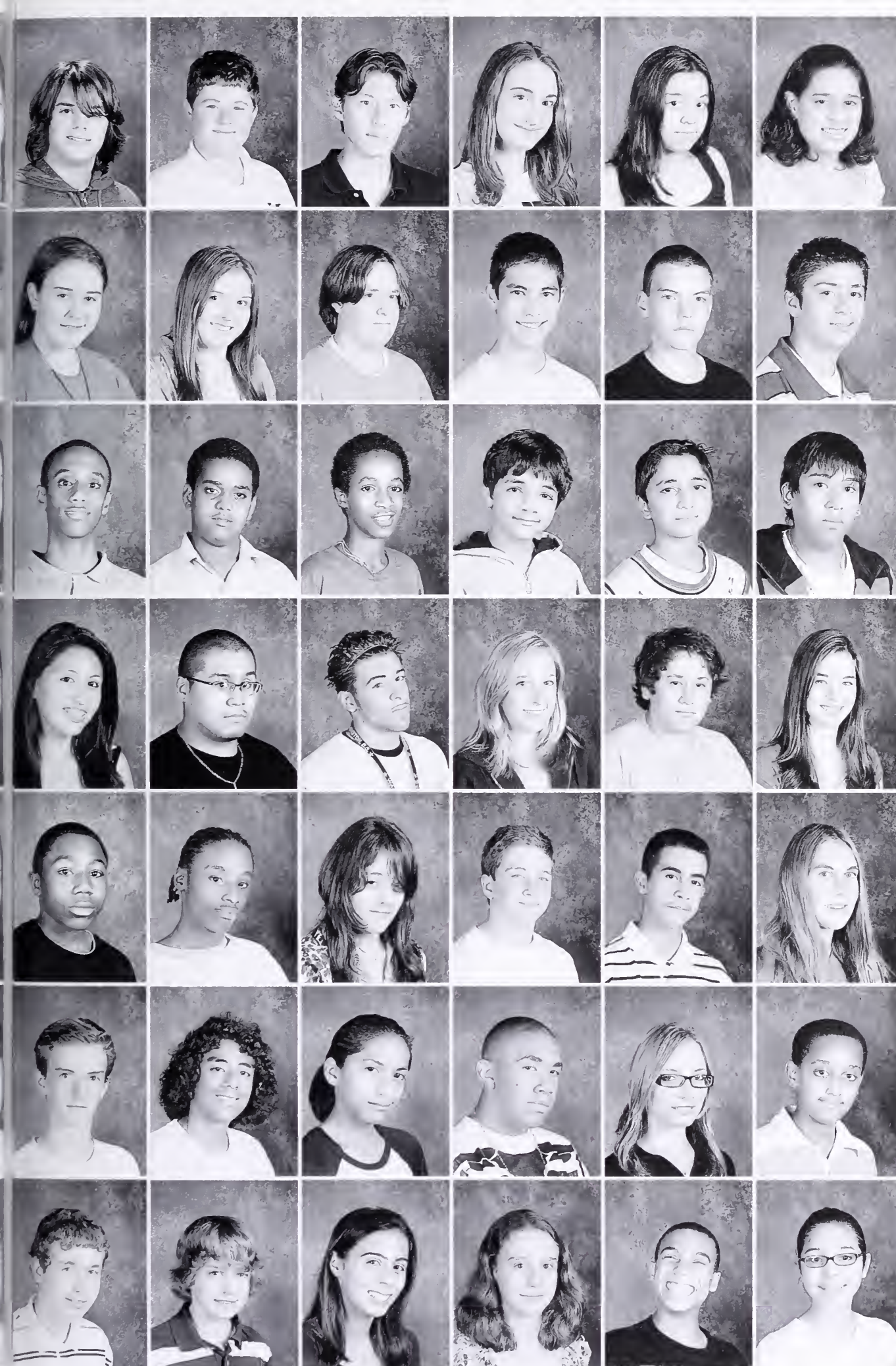
Paulo Dorado  
Bobby Drayton  
Diana Dubon  
Samantha Eakes  
Paris Ebert  
Benjamin Edgar



Tarik El-Allame  
Andrew Elliott  
Elizabeth Englund  
Ivana Escobar  
Brandon Escobar-Andrade  
Austin Evans







Jeffrey Evans  
William Ferguson  
Rodrigo Fernandez/  
Rebecca Fisk  
Brenda Flores  
Nory Flores

Allison Fontaine  
Cassandra Ford  
Nicholas Freed  
Jeremy Friedman  
Eric Fry  
Gustavo Garcia-Medina

Kaleb Gared  
Dawit Gebru  
Tomas Ghidey  
Mukesh Ghimire  
Roshan Ghimire  
Terry Gomez

Britta Gonzales  
Nelson Dennis Gonzalez  
Joel Gonzalez-Gonzalez  
Megan Gottfried  
Edgar Govea  
Rebecca Graham

Daqwon Gray  
David Green  
Sandra Gudino-Jarrin  
Daniel Guenther  
Sean Guerra  
Katri Gurney

Gray Gustafson  
Jesse Guzman  
Marcial Guzman  
Sergio Guzman-Nemtala  
Hana Hadzibegovic  
Solomon Hailu

David Halliwell  
Nicholas Hallowell  
Anna Halverson  
Mary Morgan Hamilton  
Kenneth Hammond  
Chaimae Haronni



Charity Harris  
Rukshan Hathotuwa  
Rhyler Heining  
Shahenda Helmy  
Spencer Hemstreet  
John Heng



Jayla Henry  
Iliana Hercules-Umanzor  
Thalia Hiler  
Tania Hines  
Brittany Hinkle  
Nate Holsten



Keisha Horne  
Nahidul Huque  
Karina Irizarry  
Gregory Jacks  
Kylah Jackson  
Brigitte Jahnke



Brian Jaimes  
Peter Janetos  
Nomuun Javzmaa  
Halima Jhoti  
Allen Johnson  
Paul Johnson



Rebecca Jones  
Noe Juarez  
Andrew Karpinski  
Joshua Katz  
Kristi Kem  
Reeda Khattak



Rutha Kidane  
Abigail Knight  
Xavier Knox  
Hayate Kodama  
Megan Kroger  
Jessica Langley



Nataly Lara  
Stephen Laredo  
Hok Lay  
Lucas Leblanc  
Han Lee  
Nicola Lemmer







Jeffrey Leon  
Richard Lewis  
Alexander Lindeman  
Louis Linden  
Madhavi Liyanage  
Udari Liyanage



Grover Loayza-Vela  
Alejandro Lopez-Cordova  
Aidan Lynch  
Ahmed Mahmoud  
Jordan Mandel  
Christopher Mannix



Angela Manzano  
William Marshall  
Hardino Marsigit  
Natalie Martinez  
Jose Martinez-Hernandez  
Jose Martinez-Medina



Charles Massiah  
Sandra McCartin  
John McElderry  
Katherine McKenna  
Ian McLennan  
Lisa McNabola



Luis Melgar  
Maria Melgar-Portillo  
Cecilia Mendoza  
Cheru Mengesha  
Kaitlynn Menoche  
Robert Mercado



Benjamin Merlos  
Madison Merrin-Davies  
Nahom Michael  
Aaron Michalak  
Allison Mihalik  
Kevin Miranda



Frederick Mitchell  
Sonia Molina  
Richard Montes  
Aris Morris  
Soufan Mosie  
Eric Muniec



Romel Munoz-Valencia  
Aurore Mushikiwabo  
Sara Neel  
Selam Negash  
Christopher Nelson  
Michaela Nelson



Trevor Newton  
Christine Nguessan  
Lan-Anh Nguyen  
My-Anh Nguyen  
Ian O'hara  
Silvia Obando



Rene Ochoa  
Sara Ochoa  
Haley Oleynik  
Juan Ornelas-Ornelas  
Cynthia Orosco  
Cynthia Ortiz-Urrunaga



Charles Ovando  
Mark Palmer  
Manuel Palomino  
Binita Pant  
Holly Parker  
Samuel Passaglia



John Pastre  
Joshua Patecell  
Peter Patrianakos  
Sabrina Patwary  
Matthew Pearson-Beck  
Timothy Peel



Teodora Peneva  
Sandra Peralta  
Ricardo Perez  
Andrew Perrow  
Kathryn Perry  
Hector Ponce



Katherine Ponds  
Genesis Portugal-Sanchez  
Nathan Prange  
Grace Prentice  
Catherine Pricone  
James Quiambao







Maria Rafailan  
Molly Ramey  
Yessenia Ramirez  
Kevin Ramirez-Carrasco  
Spencer Reavis  
Atiya Rehman

Sabrina Relp  
Jesly Reyes  
Juan Reyes  
Rachael Rich  
Keith Ricks  
Courtney Riley

Katharine Riley  
Juan Rios  
Megan Rippy  
Malik Risher  
Brendan Ritter  
Karla Rivas

Catherine Roca  
Christian Rodriguez  
Antonella Rodriguez-Cossio  
Alina Rojas-Terceros  
Christine Rumpf  
Alexander Salguero

Vichit Samountry  
Mary Sanchez  
Faris Sanjakdar  
Blanca Santos  
Cristela Saravia  
Gretchen Schroeder

Rachel Schwartz  
Aida Sebhat  
Christopher Seipp  
Julian Sempredon  
Emilia Sens  
Amy Severs

Margaret Siddle  
Jhasmira Siles  
Melissa Sinkavitch  
Stella Sklar  
Dezmen Smith  
Michelle Smyth



Eileen Soiles  
Nikita Soshnikov  
Adrien Soutter  
David Spencer  
Isha Srivastava  
Kurt Stevens



Lucas Stewart  
Veronica Stokes  
Harrison Streeter  
Brian Sulser  
Dianthony Talmadge  
Anthony Taylor



Robin Taylor  
Paul Teifer  
Clare Terpstra  
Michael Tesfaldet  
Peter Thomas  
Victoria Thompson



Kelsey Tigner  
Jessie Togan  
Kevin Torrico  
Hiep Tran  
Flor Trejo-Ayala  
Lindsey Treweek



Diego Trucios-Vera  
Hadiya Truesdale  
Kibret Tsige  
Bilguunzaya Tumurbaatar  
Enisa Turko  
Trevor Turner



Scott Underriner  
Berenice Urrutia-Gomero  
Javkhlantuya Vaanjilnorov  
Tessa Van Grack  
Karen Vasquez/  
Nathaniel Velugu



Peter Vernia  
Oscar Viera-Reyes  
Jessica Viricochea  
Charles Vitale  
Brandon Wagstaff  
Emily Watson



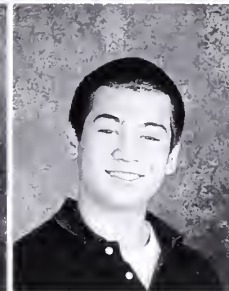




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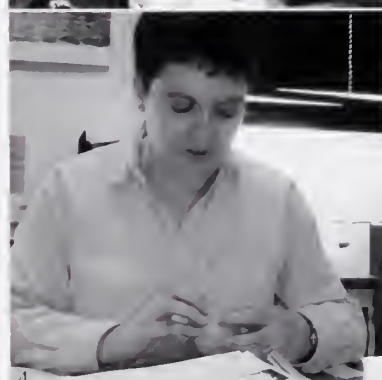


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Julia Zewede  
Ryan Zielinski



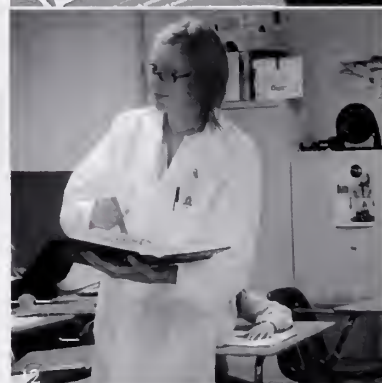
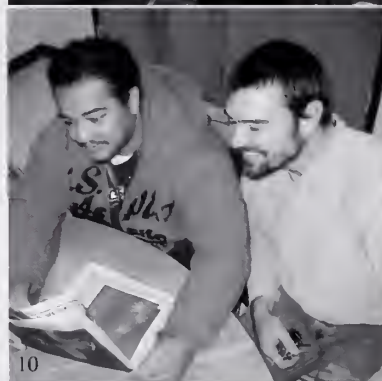
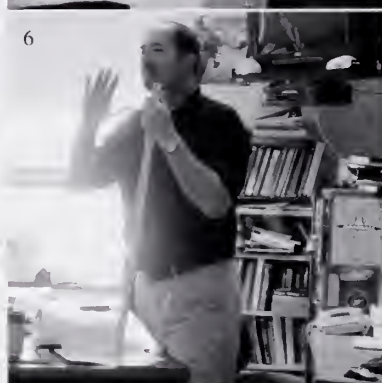
Imane Zirari  
Chloe Zorn



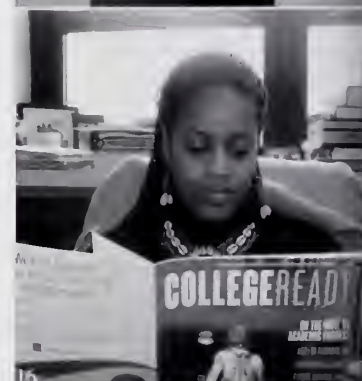


1) Attendance Secretary Cindy Del Gallo  
2) Security Guard Lamont Mitchell  
3) P.E. Teacher Brenda Harris 4) Math Teacher Jennifer Scher

5) After getting coffee, social studies teachers Nicole Derocco and Wendy Taylor walk to their classrooms together.  
6) Social Studies Teacher Doug Grove  
7) Social Studies Teacher Jim Thomas  
8) Technical Education Teacher Richard Avondet

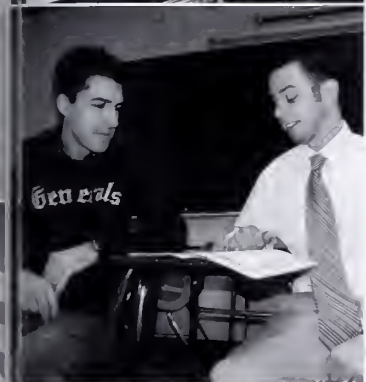
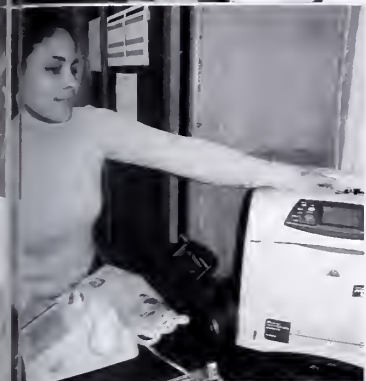


9) Special Education Teacher Carla Farley 10) Security Guard Alex Berrios and Social Studies teacher Robert Summers 11) Spanish Teacher Rosemary Hernandez 12) Physics Teacher Katherine Shirey



13) P.E. teacher Alison Finke 14) Sign Language Interpreter Henry Cardenas and Security Guard Scott Forbes 15) Math Teacher Warren Gillus 16) Counselor Heather Mizell

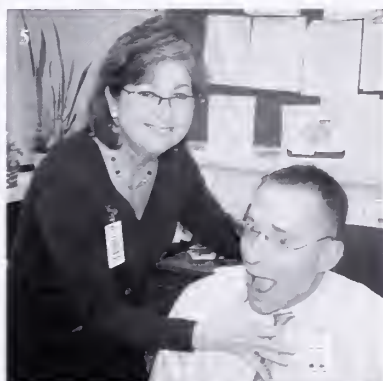




Minority Achievement Coordinator  
 1) Administrative Assistant  
 2) Administrative Assistant  
 3) Math Teacher Matthew  
 4) Social Studies Teacher Les  
 5) Assistant Principals Margarita  
 6) Administrative Assistant Mary Lib Tomb and security  
 7) Activities  
 8) Administrator Assistant Diane Richter  
 9) Administrative Assistant Mo Pollard

Staff and faculty make up the  
 framework of the school community.

# the foundation 2008



How often does the average student take time to thank a faculty member for all their hard work and dedication to maintaining a good environment at school? From a distant look, some students admitted that they did not appreciate enough. "Some of the things the teachers and administrators have to deal with are really hard," said senior Vincent Sablan. "If it was me, I couldn't do it."

But a closer look revealed that faculty felt appreciated for the the most part. Math teacher Navin Jaffer said, "I absolutely know they appreciate us a great deal even though they may not show it as much."

With a particularly stressful year of changes, how did the faculty and staff cope with the chaotic move to the new building while "keeping their cool"? Assistant Principal Margarita Cruz, who often had to deal with complaints about the construction in the old building, said, "Concentrating on the positive, and knowing that once we moved in everyone would love the building, got me through my initial stress over the move."

Teachers had their own strategies for maintaining a calm and studious environment despite unstable temperatures and lots of construction noise. "I just had to take it one day at a time and ignore the problems we couldn't control to the best of my ability, so the learning process would not be disrupted," said Jaffer.

Whether student appreciation was frequently expressed or not, the faculty always had the benefit of the doubt and generally felt appreciated for all their efforts. "Sure you have the kids that are rude when they get into trouble, but I like most of the students, and I think most of them know we do really hard work," said security guard Jorge Caballero.



Principal Gregg Robertson shows off his Hokie pride.



Assistant Principal Tyrone Byrd cheers for the Cowboys.



Assistant Principal Margarita Cruz poses with Mexican masks.



Assistant Principal Paul Jamelske helps coordinate the move.

-Juskeymi Lazo, '08  
 & Karina Zannat, '08

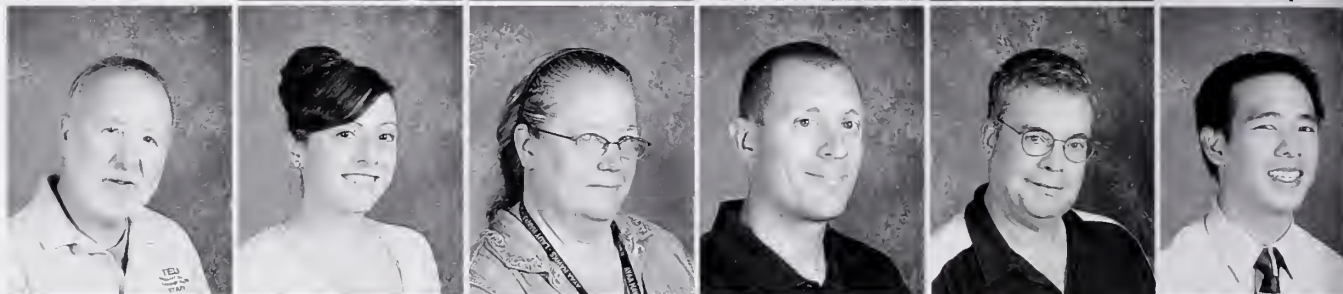
faculty



Ali Akkache  
Lester Albers  
Roger Aleman  
Jesse Alvarez  
Emily Andrusko  
Colleen Auerbach



Richard Avondet  
Sandra Baird  
Joan Bickelhaupt  
Justin Bolfek  
Reginald Brigham  
Paul Bui



Ryan Burgess  
Greg Butler  
Tyrone Byrd  
Jorge Caballero  
Joyce Cadogan  
Monica Campoverde



Julie Cantor  
Cheryl Caul  
Bill Chamblee  
Kevin Clark  
Lynette Constantinides  
Philip Cooke



Margarita Cruz  
Marsha Dale  
Denise Dawson  
Jennifer Dean  
Chad Demagistris  
Chris Erickson



Emilmari Faria  
Alison Finke  
Sara Fiorini  
Monty Forrester  
Mary Fretts  
Bob Garcia



Lori Grimm  
Doug Grove  
Mouldi Hadiji  
Sarah Harrick  
Brenda Harris  
Rosemary Hernandez



*faculty*





Courtney Holcombe  
Paul Jamelske  
Rosanne Johengen  
Angela Jones  
Danielle Karaky  
Christine Katcher

Keith Klein  
Philip Krauth  
Monica Larrieu  
Dionte Lawley  
Katie Lawson  
Marilyn Leeb

Pam Lockridge  
Kyla Lupo  
Cynthia Matos  
Jeff McCarthy  
Erin McCoy  
Kenneth McCreary

Dawn McMahon  
Carmen Mejia  
Ryan Miller  
Lamont Mitchell  
Heather Mizell  
Adam Moir

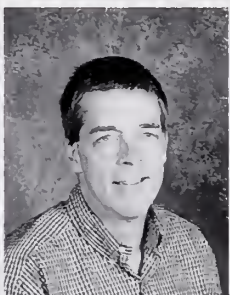
Claire Moir  
Shonta Moore  
Dr. Sidney Morris  
Pat Nimmo-Holmes  
Jeana Norton  
Crystal Olivo

David Peters  
Eric Pilson  
Lucita Poliquit  
Mary Primosch  
Matthew Przydzial  
Marilea Rabasa

Rosie Ramirez  
Sarah Reese  
Ron Revere  
Sandra Reznicek  
Diane Richter  
Betty Rivera



Gregg Robertson  
 Alex Robinson  
 Joel Rockwood  
 Pamela Sanchez  
 Catherine Sauter  
 Dr. Tom Schelstrate



Jennifer Scher  
 Theresa Severin  
 Josh Shapiro  
 Kristin Shapiro  
 Janet Shea  
 Eric Shetler



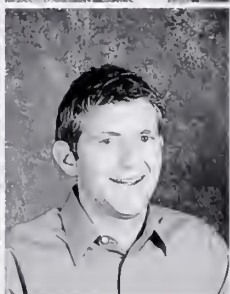
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 Nora Spruth  
 Robert Summers  
 Carolyn Taylor



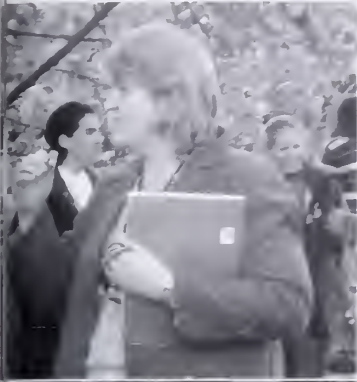
JoAnn Thomas  
 Mary Tomb  
 Bridget Tomich  
 Meaghan Traverse  
 Maria Valenzuela  
 Peter Vogel



Gracie Williams  
 Justin Willis  
 Adje Wilson  
 Brandon Wright  
 Jennifer Zimmerman







5) Attendance Specialist Monica Larrieu  
and Counselor Laurel Cerrud  
6) Hispanic Parent Liason Bob Garcia  
7) Transition Office Assistant Lucita  
Poliquit 8) Special Education Teacher  
Gregory Butler

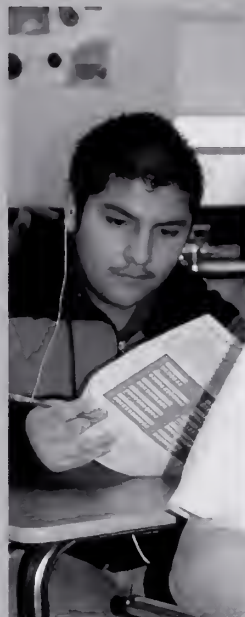
9) Librarian Esperanza De Sisneros  
10) French Teacher Ali Akkache  
11) Art Teacher Hiromi Isobe  
12) Assistant Director of Student  
Activities Justin Bolfek



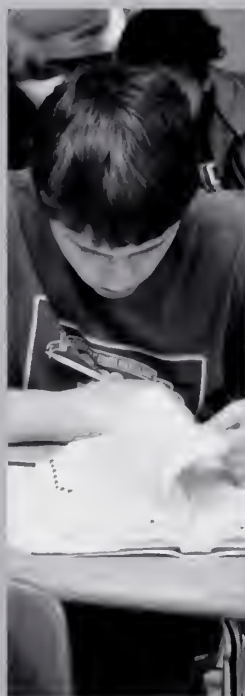
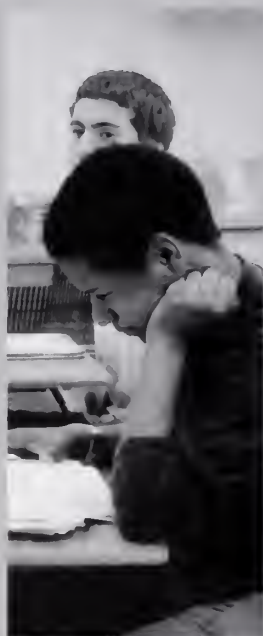
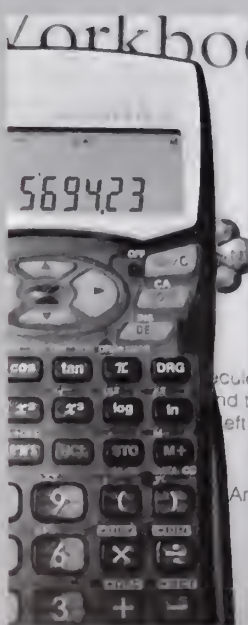
13) Gifted Education Teacher Anne Reed  
14) Math Teacher Viet Phan  
15) Counseling Administrative Assistant  
Martha Helgerson 16) Social Studies  
Teacher Leah Saxton

Vocal Music Teacher Theresa Severin  
Art Teacher Joan Bikelhaupt  
Family Consumer Sciences Teacher  
Jennifer Zimmerman 4) Receptionist  
Monica Campoverde





# academics & organizations *2008*







With the change to block scheduling, the academic program continued to provide a solid foundation for learning. The student body had a wide variety of academic opportunities to choose from, including IB and AP courses, as well as career and technical courses. The courses were accelerated by the advanced technology that came along with the new building. Tools such as SMARTBoards enhanced lessons for both staff and students. Regardless of subject matter, teachers did their best to provide an atmosphere that fostered learning. Foreign language classes helped students to appreciate the languages and cultures of the world. Music and arts developed students' talents. Core classes provided a foundation for all students. In addition, the collection of clubs and organizations provided their members with a chance to explore interest areas. Whether they were building skills, developing creativity, or exploring an interest, students found learning opportunities throughout the school and beyond.





## REACTIONS TO THE BLOCK

Does block scheduling help you perform better in your classes?

**55%** Yes, I am better on the block.

**37%** No, I was better before the switch.

**7%** I don't see a difference.



On this even day, freshman Julieze Benjamin comes to school with pencil, paper, and purse because on "L" days she doesn't need heavy text books or a huge bag. "I don't like block scheduling because it's confusing," said Benjamin.

Senior Blanca Nochez and junior Perla Farias try to find out the classes that they have for the day. "The calenders helps students get around and not be lost on the different days," said Farias.



*acad. & org.*



Sophomores Diana Velasquez, Gianina Corrales-Chirinos, and juniors Odonchimeg Batbaatar and Ana Paz enjoy their lunch on a "W" day. Due to the block, it is the only day they all have lunch together.

Junior Angelo Sanchez tries to catch up on rest after school in the library. "The long classes get me tired fast because I feel like I do more work," said Sanchez. "By the end of the day, I'm ready to take a nap."



➤ Reactions to the new schedule were mixed.

# of the starting block

Was it a W or L day? An odd or even day? Those were questions being asked by students in daily conversations as they adjusted to the block. Students agreed that there were some ups and downs to block scheduling. "I don't prefer block scheduling because it's hard for me to adapt, especially being in class for an hour and a half with the same teacher," said senior Blanca Nochez. While students such as Nochez did not like the schedule change, there were other students, such as junior Arley Turner, who managed well. "The longer class periods really help in classes like science, English, or art, where you need lots of time to complete labs or projects," said Turner.

Students also disagreed on whether the block made work more manageable or more overwhelming. Some students claimed that teachers doubled the amount of homework this year just because students had two nights to do it. Some also argued that teachers doubled lesson plans; therefore, the work load given

in one period was larger than normal. Others said that teachers did not issue much homework, and that they were assigned the same amount as last year.

The teachers also had to adapt, but most reacted favorably to the change. Jennifer Zimmerman, a family and consumer sciences teacher, found that block scheduling benefitted her classroom. "Block scheduling is really nice; it gives us more time to complete activities and lessons," said Zimmerman. I don't have to do much reviewing with my classes any more." Some teachers saw block scheduling as an excellent opportunity to vary activities and cover material in-depth.

Even though block scheduling caused students and faculty some inconvenience, as everyone adjusted, they found that the block had its perks. Overall, most students agreed that the switch could make routines tough, but it also gave them time to finish assignments and do them well.

-Ana Villalobos, '09

the pros

and cons

"I like block scheduling because I have two days to do my homework, and it gives me time to participate in after school activities."

-Esma Kansiz, junior

"The day goes slower, but the week goes by a lot faster because you only have a certain class two times a week."

-Andrew McGarity, junior

"I work better with a seven period day instead of block scheduling. Sometimes I forget to do my homework."

-Tiphaine Monroe, sophomore

"Now that I started working, block scheduling makes a difference in my schedule and in keeping up with my homework."

-Yessica Gomez, senior

"I came to school one day, and I didn't remember what class I had, so I walked in the wrong class. I should have looked at the calenders."

-Sindy Rubianes, junior



Junior Thomas Peters enjoys block scheduling due to the extra time he gets to complete labs in his chemistry class. "Now I don't have to come in after school and finish my labs," says Peters.

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Preparing for the move was difficult in more ways than one.

# i like to move it, move it

It was official! On January second, the faculty moved into the new and improved school building. After sitting in classrooms with boarded up windows, or hearing nothing but the sound of chainsaws, students and staff were excited to get the luxury of moving into the new building.

After waiting nearly two years, the building was finished to the point where students and teachers could move in. Although the move was not easy, in the end, getting a new school was well worth it. Teachers, especially, put in a lot of effort to make the move successful. "I'm impressed with staff members who have been pulling together to make the move work; it is a lot of hard work," said Assistant Principal Paul Jamelske.

Even though the school hired a commercial moving company for the actual move over winter break, many teachers had to do some heavy lifting of their own. Chemistry teacher Crystal Olivo had to personally move her fish tank into her new classroom. "I had to come in during winter break to move the fish tank by myself," said Olivo. "With the cold weather

and long distance from my old classroom to my new one, moving it was not my favorite thing to do." Earth Space teacher Chris Roger also had to go through some heavy lifting of his own. With a growing rock collection, Roger was apprehensive about moving to the new building. "It's going to be difficult to move all of my rocks because some are very heavy, while others are fragile," he said. "I have to be very careful."

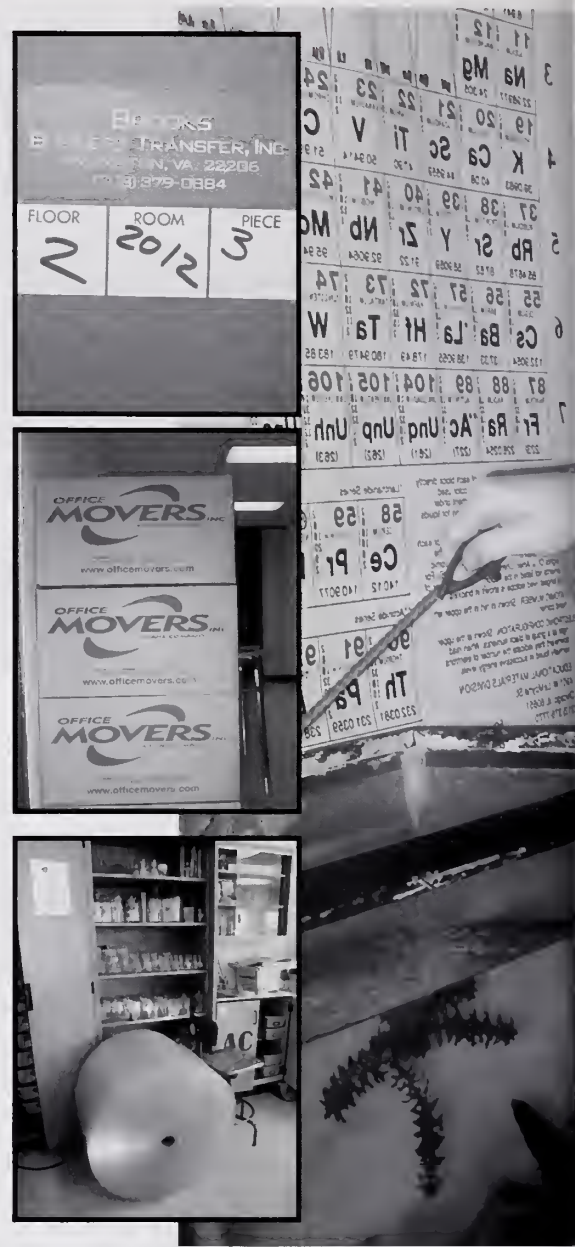
Besides the workout, teachers and staff were looking forward to the big move. "I was excited to move into the new building because I'm a new teacher," said math teacher Sandra Reznicek. "I got lost at the old school, but at the new school everyone was lost with me." Principal Gregg Robertson was also eager for the move. "I was excited to move in because I truly believe that students and staff deserve the new building," said Robertson. "They have been very patient and supportive."

The hard work and preparation paid off. Students and staff quickly settled into their more modern and efficient home.

-Tamara Amer, '09



Earth space teacher Chris Rodger enjoys collecting rocks. He has a large rock collection in his classroom, which he was required to move himself, into his new classroom.



Librarian Esperanza De Sisneros begins unpacking library equipment. "The new library is different, so we had to re-create order," she said. "Also, finding a place to put everything and using the space to its greatest advantage were two of our goals."





Chemistry teacher Crystal Olivo feeds her fish for the last time before having to carry them into the new school.

Spanish teacher Rosemary Hernandez had no problem packing. "I am used to packing because I moved from Puerto Rico to the United States. I also lived in Maryland, then moved to Washington D.C. Lastly, I moved from Washington D.C. to Arlington. Packing is a part of me."



"I am excited for the move because it's going to be a new start for everyone," said sophomore Danait Habtemariam. "Also, I like the fact that teachers will be able to control their room temperatures now."

Junior Tameka Roney was wary about going into the new school. "The move was difficult because I have a lot of stuff in my locker. It is very time consuming to have to clean it out."



TT&SS employee Bridget Doles helps monitor teachers to make sure they can get their computers up and running in the new building.



► The English Department provides students with essential reading and writing skills.

# building the essentials

Last year four new teachers were added to the English department. This year it remained more stable, with the addition of only one new teacher. However, the department faced the challenge of moving many books and adjusting to the new building, but the English faculty continued to emphasize both creativity and a solid foundation of reading and writing skills.

In return, the students appreciated the value of English classes. "English class is important because it gets you prepared for writing in college, and helps you get into college," said sophomore Iver Altamirano.

English teachers often covered a range of subject matter in their classes. "In English there is more variety," said sophomore Laura Kane. "You learn about grammar, reading, writing, literature, and culture all in one subject." Teacher Bridget Tomich agreed. "What separates the English department from others is the

breath of possibility," said Tomich. "We can study history, commercials, diaries, and the Gettysburg Address. There's so much variety that other subjects don't have."

In addition, English classes allowed students to express themselves through their writing. "I try to set up an open classroom environment in which students feel encouraged to express themselves to take risks, and challenge and support one another," said English teacher and department chair Sarah Harrick. Junior Anna Butt agreed. "English is my favorite subject because I like writing and being able to express my opinions," she said.

In spite of the stress of having to pack up countless books, the English department continued to provide both creative outlets for students and a place to build practical skills.

-Lindsey Wallace, '09

Freshman Megan Carlson concentrates hard in her English studies, as she reads and answers her vocabulary worksheet in Keith Klein's class.

Pamela Sanchez observes her junior's presentations during her last period of the day with a smile.



New English teacher Ryan Burgess creates a quiet environment and directs all his focus into his work during his planning period.



Junior Miriam Pantoja-Barriento focuses on teacher Pamela Sanchez in her English class.

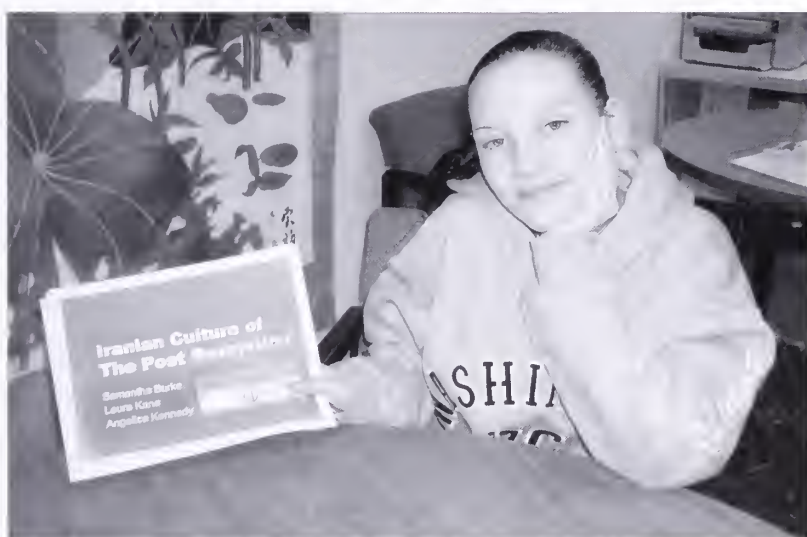
In English teacher Sarah Reese's sophomore class, students Chinny Kim, Patrek Thai, and Elfaz Shebi get a break from the classroom as they conduct a "Webquest" in the computer lab.





English teachers Sarah Harrick and Gordon Laurie take a small break and lay back in one of their favorite places to collaborate, the old building's English department office.

"I enjoy Mr. Krauth's class a lot. We get to do interesting projects about literature, romanticism, and poetry," said senior Yaritza Aquino-Velazquez.



"What is most satisfying to me, when it happens, is to be able to open students' minds and capacity to express themselves and grow through reading and writing," said English teacher Keith Klein.

"What I like about Ms. Reese's class is that she's always energetic and ready to challenge us," says sophomore Samantha Burke, as she holds up a print-out of her slideshow about Iranian culture before reading the graphic novel *Persepolis*.

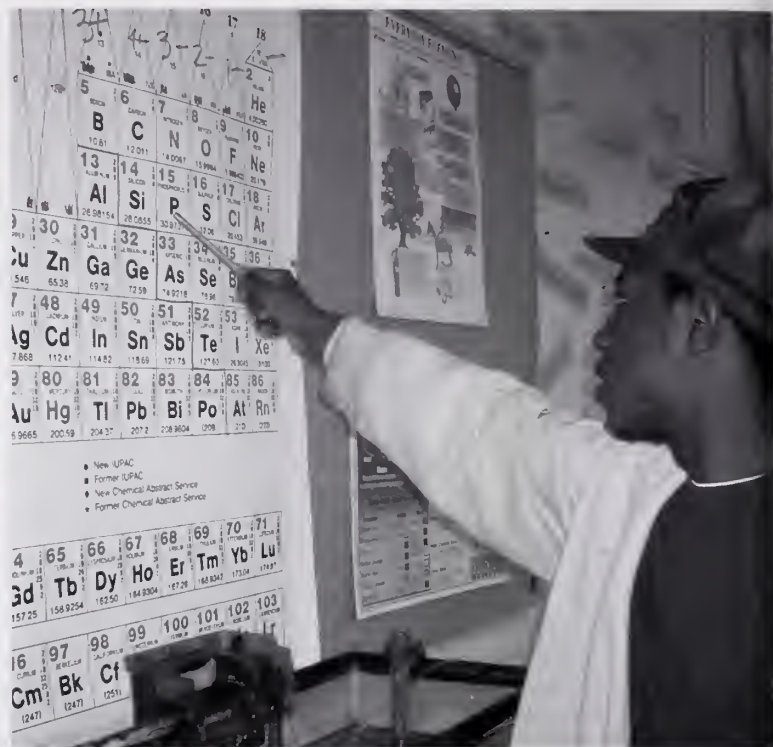
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Glass jars filled with a dead frog, baby fish, and various other specimens of scientific study are to be packed and moved. These out-of-the-ordinary objects were just some of the items requiring extra attention during the moving process.



Sophomore Andrew Grand-Pierre finds the element phosphorus on the periodic table during a class lesson. While memorizing the periodic table is not a requirement, most students had to have a real understanding of the nature of the elements for class.



Juniors Gavin Treweek and Ryan Mac Buescher dress up as famous physicians for "fancy physics" day. Extra points are given to physics students who dress up in fancy clothes or in a creative way every Wednesday.

Chemistry teacher Erin McCoy refers to the textbook to show an example of the mole triangle being used. She shares a room with biology teacher Margo Pierce and another room with chemistry teacher Mary Fretts. "I can't wait to get my own room, but I don't have anything to put in it yet!" said McCoy prior to the big move to the new building.



Stacy Brasfield bubble wraps her fragile glass equipment that is still in good enough condition to be taken to the new building. "Everything in the old building needed to be fixed up or replaced," said Brasfield.





►► The science department quickly warmed to the environmentally friendly new building.

# new, fresh, and green

The science department had a lot of its own changes to go along with the changes that came along with the new school. The science teachers felt thankful for the new "green friendly" school, which was installed with motion detector lights to conserve energy and topped off with a green roof. According to many science teachers, new buildings designed with the environment in mind are the first step towards a cleaner and better world.

Many of the science teachers also looked forward to the additional space that the new building offered. Many had shared classrooms before the move due to a lack of space, which often caused annoyance to both students and teachers. Earth Space teacher Chris Rodger could not wait to move into his new classroom in the new building. "I was excited to have more space and be on the third floor with a view of the football field," he said.

However, moving into the new school came with some heavy

lifting. Teachers had to coordinate moving all equipment out of the science classrooms, which was a strenuous task. Various teachers took care of plants, animals, glassware, and dangerous chemicals in their rooms. "I dreaded moving all my stuff, but I was looking forward to the new school," said physics teacher William Chamblee. "I just wished someone else would have packed my things for me."

After the stress of moving from one school to another, science started to play a big role in the new school as well in the community. "Green friendly" and helping out the environment by using less electricity and more sunlight, the new school won the approval of the science department. Science teacher Stacy Brasfield said, "We were excited for the new environment and a clean, fresh start for the department."

-Whitney Hurdle, '09



Earth space science teacher Chris Rodger, known for his animated style of teaching, describes the largeness of the universe.

Marlene Smith shares a double helix model of DNA with student Troy Riemer, a junior. Science teachers often made use of models made of plastic as visual aids to help students understand class material.



Teacher Katherine Shirey demonstrates the correct way to use a scale to science students Javier Perez, Amanda Enright, and Suzanne Matyas, all juniors.



Sophomore Diana Velasquez strikes a pose with the plastic skeleton in biology teacher Dawn McMahon's room.



Chemistry teacher Mary Fretts gives junior Zack O'Malley extra help after school in the old building. Moving to the new building provided more space for students to get help outside of class.



*Last year's history classes are in the past; this year things were different.*

# the past is history

A school day usually includes a history class for most students. Whether students are taking an AP, IB, or regular history, students and teachers recognized a couple of changes that were different in this year's history classes. Teachers also received new technology, which allowed for new teaching techniques.

New social studies teacher Chrissy Steury was happy about the additional equipment she received after moving into the new school. "Having a SMARTboard in my classroom is really helpful," said Steury. "I no longer have to use the overhead."

Another change students and teachers found convenient was block scheduling. The classes were twice as long and gave students more time for questions, according to students and teachers. "I'm taking government, which is a hard class, but because of block scheduling year, I don't feel rushed when

doing class work and learning," said senior Douglas Nguyen.

In addition to the changes, many students enjoyed the fun, memorable activities in history classes. "This year my favorite memory in history class was when Ms. Sauter's class did the congo around the cafeteria while singing the preamble," said senior Antoine Williams. Sophomore Brooke Hudd made memories in history class as well. "In my history class this year, we often had debates, which I thought were fun because I got a chance to get my point across."

Adjusting to the new changes was exciting for students, who enjoyed more time and technology in class. History class may teach you about the past, but this year, history was all about moving forward and embracing the future ahead.

-Tamara Amer, '09

IB US/VA history teacher Les Albers loves history. "I chose to teach history because I'm lousy at math," joked Albers.

Senior Sarah Michaelson takes notes on Castor's rise to power in Natalie Root's IB 20th Century World Topics course.



Sophomore Leah Woodruff believes that history will help her in the future. "I'm interested in politics, so taking classes such as government will be good for me later on in life," she said.



Modern world history teacher Christina Steury enjoys teaching. "I've always had an interest in history," said Steury.

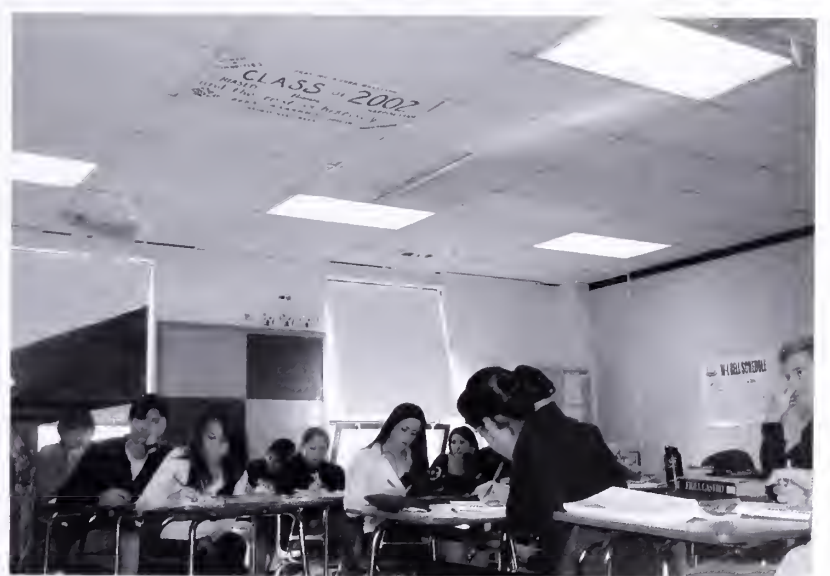
Juniors Andrew McLennan, Fenimore Love, and Christopher Brown participate in a debate in Kathleen Claassen's AP US/VA history class.





Juniors Lindsay Boryan, Gavin Treweek, Yanina Ortiz, and Alfonso Panlilio present their project about the pre-Civil War era to the rest of their AP US/VA class.

"Advanced Placement history is a lot of work and is very time consuming," said junior Lorrane Freitas. "But I really enjoy learning about the past and how it shaped this nation."



Freshmen Tiffany Bradford-Brooks, Isaiah Brennan, Kimberly Davies, and Kurt Stevens participate in a group activity in world history.

Seniors Ayisha Swann, Nora Murphy, and Zach Warburg concentrate on their class work in Natalie Root's IB 20th Century World Topics class.



"Having an extra day to do math homework is really convenient, because that way, if I need to come during lunch the next day to get help, I can," said junior Christina Brooks.

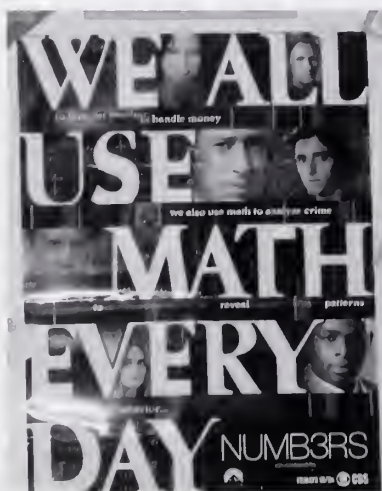


In her classroom in the old building, algebra teacher Rosanne Johengen uses the help of an overhead projector to explain a math concept to her class.



Eric Shetler, who thought that he got more work done with the new schedule, grades his students' papers during his planning period.

Posters encouraging students to remain interested in math hang throughout the math department rooms. While some, such as this one, promote the importance of math in real life, others display math jokes or formulas.



Sophomore Chris Stephens gets some extra help outside of his regular class from teacher Nevin Jaffers, who teaches algebra II, IB Math Studies, and AP statistics.





*Adding extra out-of-class help to regular math lessons improved students' skills.*

# addition to math

"Math is HARD," senior Nora Murphy lamented. This sentiment was often echoed in the hallways right before or after a math test. Compared to other subjects, why was math such a struggle for many students? "I'm used to using a calculator that whenever I can't use one, math problems become really hard for me to solve," said senior Sami Sabir.

Teachers in the math department understood the issues students had with math, and attempted their best to offer out-of-class help and hold onto the interests of students. "Math is something you have to practice constantly and work hard for whether you're learning calculus or geometry," said algebra and geometry teacher Matthew Przydzial. "Student interest is hard to hold onto sometimes, but there is enough math application in real life to motivate students."

Opportunities for students to keep up their math skills and get extra help between the block scheduled days included zero period before school, math skills center during lunch, and after-school help on Thursdays. Sophomore Brenda Quinteros said, "The out-of-class help really helps me to improve my math skills, and I always go whenever I need to."

In addition to offering extra help, teachers also planned out fun activities and interactive projects using the computer lab. Celebrations for Pi Day, when students took part in activities themed after the number, were a hit with the math classes.

Math may be challenging, but with the dedication of teachers, students' math skills continued to add up.

*-Marley Furlong '09*



Sophomore Daniel Veizaga does his work, while classmate Peter Knox, also a sophomore, raises his hand to ask a question in Nevin Jaffer's class.

Senior Amna Hussain makes use of a graphing calculator to solve her math equations. These calculators were provided to students by the math department.



Senior Elizabeth Buttram diligently finishes her classwork during the new block period scheduling system.



Junior Prashant Singh enjoys the jokes his math teacher, Warren Gillus, makes to "loosen things up."



Junior Jackie Garcia works on a geometry proof in a new, well-lit math classroom in the Stafford building. Along with block scheduling, this year brought newer, more modern math classrooms, to improve students' learning environment.



► The band pulls off another exceptional year, climbing the ladder towards perfection.

# one band... one sound...

With exceptional organization, collective talent, and musical versatility, the band has proven itself to be much more than a hobby for a few students. In the last few years, the band has evolved into a dynamic component of the school community by playing at numerous sporting events and school assemblies.

While praise for the performances was widespread throughout the student body and community, the individual musician often had a complex balancing act that few knew about. "Participating in band has improved my ability to multi-task," said sophomore Grace Vinson. "It's hard, but I think it's great that I can also participate in crew as well as marching band." With many band members in AP and IB programs as well as participating in sports, students had to be both proactive and responsible with time schedules to meet all of the demands.

Aside from the dedication and hard work of the members, the band's other important feature was the diversity of its members. "There is such a variety of students in band that it gives us an

opportunity to branch out and meet new people," said senior Emelyn Rude.

"Band improved my high school experience by introducing me to students from all grades."

Each student brought something different, but in the end, the music and sound allowed all members to connect. The band consisted of the marching band, drum line, symphonic band, concert band, percussion ensemble, three jazz ensembles, and the color guard.

The levels of skill and amount of experience differed from student to student, and director Alex Robinson efficiently led the various individuals and sections to perform at their best. "The jazz band and marching band play really differently, but are still part of one band," said senior Alexander Carroll.

Members of the band may have had their musical differences, but they came together to impress the crowds in every performance.

-Sharifa Ahmed, '09  
& Lindsey Wallace, '09



The various sections of the band; including the marching band, drum line, symphonic band, concert band, percussion ensemble, three jazz ensembles, and the color guard; gather on the stadium bleachers for a formal picture.



Sophomore drummer Ian Feeney focuses on keeping the beat. "I like playing in front of people. Whether it's on the football field or on stage, I like to entertain," said Feeney.







The marching band plays during a surprise performance for an enthusiastic school body on the morning of the homecoming game and pep rally in the Quincy building's cafeteria.

Freshman trumpet player Jennifer Berry focuses on her performance as she keeps her eyes on the director's hand movements for directions.



Junior and trumpet player Will Angle stands up and to take a brief lead in the jazz band performance at the African American Heritage Assembly in February.

"I enjoy the social part of band the most. We all spend so much time together, and I have made some of my closest friends through band," said senior and flute player Lindsey Alexander.



"The most rewarding thing about being involved in the band is putting on an epic performance, where the audience is impressed, but I personally am impressed," said junior Peter Klingelhofer. Here, he plays the saxophone during a performance at a football game.



►► *The students of the music department  
celebrate the universal language of mankind.*

# hitting the high note



"They're a quick and quirky group," said instructor Theresa Severin of the Madrigals.

Although orchestra and choral members did not receive a varsity letter jacket or as much fan attention as the athletic teams, their efforts did not go unnoticed. Between the orchestra trips to Boston and the Madrigals and Advanced Choir's joint trip to New York, the choral and orchestra kept a busy schedule improving on their talents and contributing to the school community.

For many students, it was their first year in the group. "Everyone's very kind about the experience difference," said Theresa Severin, vocal music teacher, about the different levels within the choral groups. "I've never done anything musical before; it's different," said senior and first-year member Ezana Seyoum. Both the Madrigals and Advanced Choir, who worked with members of all different skills and levels, attended the district finals where they received superior ratings.

Another important part of the music department was the

school's orchestra. By spending so much time practicing, the orchestra developed into a family. "We all have to work together and play in unison because it's all the same song," said senior Salem Acuna.

The members of orchestra consisted of a diverse batch of students. They all came together to celebrate their common interest and passion: music. "I think music is a really cool way to unify people, and it definitely does," Acuna said.

The members of the orchestra always looked forward to a weekend trip to Boston to participate in the Heritage Festival. This created an environment outside of school for the students to expand their relationships even further.

Whether students used their vocal chords or a musical instrument, and despite different levels of experience, they all came together as one to create melodies.

-Amanda MacDonald, '09



"Madrigals can be vocally exhausting, but it's extremely fun," said junior Tommy Peters, pictured here with the Madrigals at the holiday bazaar.



"Orchestra is great because it's a break from academic classes. It's creative and fun," said senior Imani Tate.







Seniors Khand Sukhee, Sarah Brosnahan, and juniors Rachel Heend, Genna Schwartz, and Stephanie Dinan prepare for their upcoming competition in New York for Madrigals.

Seniors Chris Muir and Salem Acuna, roommates on an orchestra trip to New York, relax in Central Park after a long day of performing music.



Sophomores Mark Sykhammountry, Katherine Truong, and junior Kwabena Stefan prepare for their spring pieces for orchestra.

"I love seeing our orchestra improve and mature as musicians," said orchestra teacher Serena Everett.



"The basses are the bread, tenors are the meat, altos are the lettuce, sopranos are the condiments or cheese, then Ms. Severin is the toothpick holding it all together," said junior Andrew McDaniel about Madrigals.



Junior Ahmed Helmy and senior Zachary Bowman perform in the fall production of "The Diary of Anne Frank." Helmy received special recognition at the Folger Festival later in the year for his performance in "Deception in Shakespeare."

## 2007-2008 Playbill

*The Diary of Anne Frank*.....fall production, directed by Keith Cassidy

*Nickel & Dimed*.....IB production, directed by Keith Cassidy

*The One-Acts*.....spring production, directed by students

*Deception in Shakespeare*.....Folger festival entry, directed by students

*Little Shop of Horrors*.....spring musical, directed by Keith Cassidy

"I think the theater is the best way to tell a story and to send a message to people. You get a complete view of a person, and not just pictures or words."

-Joan Cummins, senior



"The lack of a theater was very inconvenient, but we all made the best out of it. The lighting crew had a hard time but were able to pull it off and any set design had to compliment the theater while allowing it to seat as many people as possible."

-Rebecca Pratt, junior



"Acting is one of the greatest things I've ever chosen to do. I think I love acting because I like portraying all different sorts of people and because I like to do it in front of an audience."

-Ahmed Helmy, junior



"I enjoy acting, because it's a great creative outlet for people with lots of energy! It's like little girls who play dress up or house. The only difference is that I'm a lot taller now!"

-Anne Donnelly, sophomore



Junior Ethan Scholl reads over his lines as he prepares to play the dentist in "Little Shop of Horrors."



Junior McKenna Klontz, junior Ethan Scholl, sophomore Caroline Birasa and senior Elizabeth Tedder listen to instructions from director Keith Cassidy for the play "Little Shop Horrors."



Freshman Caleb Wroblewski and sophomore Morgan Sendek perform in "The Diary Of Anne Frank."



Sophomores Kyle Thornhill and Emma Thorp await instructions from a student director, while teacher Keith Cassidy supervises.



►► In the Blackbox Theater,  
student directors shine.

# a space of their own

Rather than feeling isolated in the old building after the December move, the students of the drama department made their space and their performances their own.

Despite the fact that the Little Theater was still located in the old building, the drama department students worked hard and had a great attitude about it. "Even though we have very little storage space, it's a great area to rehearse in and make the space our own," said senior Joan Cummins. Included in the great attitudes of the drama department participants was the quickness in which they adapted to a brand new drama teacher, whose methods were different than the previous teacher, Scott Sophos.

Theater teacher Keith Cassidy was content with the old theater, knowing that a new theater was on the way in the next phase of construction. "It was disconcerting at first to be in the old building, but it's worth the wait, because we'll have a beautiful new auditorium for the students to direct in when the construction is done."

An important factor that allowed students to adapt so well to the changes was their individual interest and enthusiasm. "In the productions, everyone is here not just to perform or because they're in the classes; every person really wants to perform and has respect for theater," said

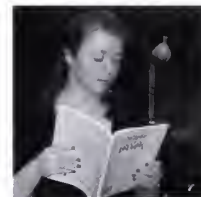
senior Elizabeth Tedder. Positive attitudes like these, along with student motivation and enthusiasm, were part of the reason for the department's success this year.

In addition, participants transformed the Little Theater into a blackbox theater, where dress rehearsals and performances were carried out. "Not a lot of us actually like using it and would rather have a theater, but the students have done a great job trying to make the blackbox work," said junior Rebecca Pratt. The student-directed plays were critical to establishing a close relationship between the students and the productions.

Student-directed performances, such as the award-winning Folger Festival entry "Deception in Shakespeare," gave all involved a sense of personal ownership. The drama department spent countless hours and long-term effort on producing shows that entertained their audience and gave them pride in their work.

With student-directed performances, and a lot of personal passion to drive students, the drama department did not allow the limitations of space to get in the way of performing.

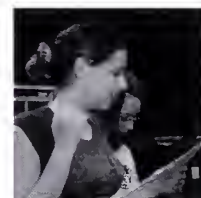
-Mandy Maggio, '10  
& Fabiola Alba, '08



Junior  
McKenna Klontz



Senior  
Courtney Anderson



Sophomore  
Mary Eccles



Sophomore Nicolas  
Zevallos and senior  
Ingrid Pierre perform a  
scene from "As You  
Like It."



Senior Milica Bogetic performs in the IB  
production "Nickel and Dimed."



Seniors Marion Zavolas, Kirstin Smith  
and Emily Yancey perform as cleaning  
ladies in "Nickel and Dimed."



Sophomore Nathaniel Kresh performs as  
Iago from "Othello." The student-directed  
"Deception in Shakespeare" entry won the  
Brian McCabe award at the Folger Festival.



Senior Kirstin Smith, sophomore  
Nathaniel Kresh, and junior Ahmed  
Helmy study their scripts in a rehearsal for  
"Little Shop of Horrors."



►► *The students in the after school club get involved with their community.*

# building skills for life

"Popcorn! Juice! Water! Food! Fifty cents!" This was the soundtrack as students left the school building at the end of the day. The main hallway consistently had a scent of popcorn, thanks to the members of the After School Club.

The club organized a food stand, best known for the popcorn they sold, to accommodate hungry students and learn practical skills. The members gained experience in money management and networking in a quick-paced and business-like environment.

Students had to manage a variety of aspects of the business. "Every Wednesday, we go to Giant [grocery store] together to shop for the food stand," said freshmen Jessie Togan. Students enjoyed the various tasks. "I like to advertise all the things we sell," said junior Jason Salazar.

While teaching valuable life skills to members, the After School Club also allowed students to bond and have a chance to make friends all around school. "I like selling popcorn after school because it helps us make money, and I get to see my friends," said senior Andrew Pena. "The club gives the students an opportunity to

interact with each other so they can improve their social skills," said teacher Emily Andrusko.

With the kitchen built in to their classroom in the new school building, the students were excited about baking more and continuing their food stand despite the big transition to the new school. The money raised went towards an end-of-year trip to Six Flags Amusement Park that all the members of the club eagerly anticipated.

Aside from their business, students also took field trips and participated in other outdoor activities as a group. Volunteering at the Goodwill warehouse and the hospital were ways the student gave back to their community.

In addition to volunteering, organized games and sports were also regular activities. For Milton Portillo, some of his favorite activities included basketball or going to the track with his fellow students in a group.

With close friendships and a strong base of real life skills, the student seemed well on their way to success.

-Ana Villalobos, '09  
& Amanda Macdonald, '09



Freshmen Jessie Togan and Nahidul Huque and juniors Jason Salazar and Milton Portillo enjoy their new classroom.



Senior Angela Cabrera, junior Milton Portillo, and teacher Angela Jones relax with a game of Uno.



Senior Anna Soroko and assistant Carolyn Taylor shop at Giant for food for their stand by the front doors.



The students head back to school after a shopping trip. Having Giant close by made it an easy walk to pick up food.





After School Club members grin from ear to ear, exhausted after a successful ball game one afternoon in the new courtyard.



"I like the club because we make cookies, smoothies, chex mix, quesadillas, and rice crisps. I like playing soccer, basketball, and tennis in the club, too."

-Milton Portillo, junior



"I like advertising when we sell popcorn. We say 'Popcorn, juice, water! 50 cents!' and I get to see my friends."

-Jason Salazar, junior



"When we sell popcorn, I'm in charge of the cooler. I give out the juice and the water. When we're not selling popcorn, my favorite game is Uno."

-Andrew Pena, senior



"I like cooking the best. Every Wednesday we go to Giant to get supplies. My favorite thing that we cooked was rice crispy treats."

-Jessie Togan, freshman



Assistants Dionte Lawley and Carolyn Taylor, junior Angela Cabrera, and senior Rebecca Martin walk back to school.



Students make their way through the store, locating ingredients needed for their stand.



Junior Angela Cabrera and freshman Jessie Togan shop for groceries.



Seniors Jaquelin Cabrera and Anna Soroko help each other bake some treats.



Sophomore Carla Urrutia stops by her locker to check herself in the mirror and put some lip gloss on before heading to class.



Junior Edmond Gniewek walks into the new building after his long walk back from gym class.



### *TOP 3* things to do between classes

"The top thing I like to do would probably be talking to my friends. I know what's going down, and I have a few laughs."

-Nataly Lara, freshman

"Stopping by my locker is important for me, so I can get my books for my next class before heading off to talk to my friends."

-Brenda Quinteros, sophomore

"Finishing my work that I forgot to do the night before is a relief."

-Enrique Magana, junior



Senior Stefanie Evans takes a minute to finish her assignment before heading to her next class.

Students crowd the main staircase in between classes. The new building provided four large stairways, but the one leading down to the concourse was the most popular.





Senior Demetra Patrianakos makes a quick bathroom stop before going off to class. The switch to block scheduling offered an additional three minutes between classes.

Sophomores Joshua Biza-Lopez and Adrian Ferrufino compare test scores after history class. After seeing the scores, they decided they should head to zero period the next day for additional help.



►► *With an additional three minutes to get to class, students used the time to their advantage.*

# the spaces between

After an hour and thirty minutes of working in a class, students looked forward to a break. When the bell would finally ring, it was time to meet up with friends, go to lockers, or even cram for last-minute tests. Whatever the time was used for, there was always something to do between classes.

Now with eight minutes between classes due to block scheduling, students had an additional three minutes to use to their advantage. However, with the transition to the new building, some students found that they were required to use time between classes more wisely, since they had to walk to the old building for P.E. classes. "I'm just going to make sure that I'm not messing around in between two classes if I know I have to be in the other building in a few minutes," said junior Michael Srisuwan. "Time is of the essence now."

The long walk was something students initially had a hard time getting accustomed to, but

eventually students got used to the walking and found ways to return to their usual habits. Freshman Berenice Urrutia said, "There's not enough time to talk to my friends, so I just walk with my friend to the other building, and I still have time to catch up and get to class on time."

Other students, such as senior Carlos Stewart, had the perk of not walking to the old building. "I'm so glad I don't have to walk to the old building like at times when the weather is horrible," he said. Another benefit was having more time to talk or study. "I'm glad I'm not one of the people having to make that walk," said junior Jessica Hogan. "I have more time to socialize between classes."

Although the eight minutes seemed luxurious at the beginning of the year, the size of the new building necessitated it. Still, students found time to eat, talk, or read in the spaces between classes.

-Jullie Zeballos, '09

old vs.

new

## *The "long" walk*

"I didn't used to mind going to the gym, but now that I have to practically run to class, it makes getting to gym more difficult."

-Louisa Gilson, sophomore

## *Different routes*

"I disliked how crowded the old school was when walking in the halls, but I liked how I saw mostly everyone in the halls. In the new school, though, I don't see any of my friends, and I do twice the walking."

-Stephen Laredo, freshman

## *Lockers*

"I think that the lockers in the new school have more space, which I like, because we don't have to share anymore, which is always good."

-James Kelley, junior

## *Time with friends*

"Now that the walks to class are longer, I have more time to talk to my friends before going to class."

-Claire Van Wagner, junior

## *Help between classes*

"Getting help before a class is so much easier now that we have more room in the classrooms and better technology."

-Marissa Kroger, senior



Senior Mahmoud Belhadj-Nasr does some last-minute "cramming" before the test awaiting him in his next class.



"I am an in-house substitute. So I see a lot of students on a regular basis. I have enjoyed getting to know all the kids here," said substitute Chris Jacobs. Here, Jacob works with juniors Munkhjin Amarbayasgalan and Maria Andia-Moya.

"Substitutes here are much more involved with the school. They are always helping out with clubs and other things."

-Jonathan Aciego, freshman

"A lot of our subs have kids at this school, so they know a ton of the students through them. It is way more fun to have a sub that knows the students and will talk to us."

-Eleanor Miller, sophomore

"For my past three years at Washington-Lee, I feel like I have gotten to know a lot of the subs here. They are all really nice, and I love it when I get to have them."

-Lorrane Freitas, junior

"I love the subs here because they are really in touch with the students, and I'm not going to lie, it's nice to have a break from our regular teachers."

-Markus Doychak, sophomore



Substitute Nan Irick helps out with an art class project. She applies vaseline to sophomore Britni Martin's arm to help make a cast.

"I am retired, and I live near the school, so it's an enjoyable and convenient way to spend my time," said Francis Firta.



"I have a lot of respect for subs. It must take a lot of courage to come to a class full of people you have never met before, especially teenagers," said freshman Nataly Lara, pictured here with substitute Will Gordon.





►► *The students have a strong connection with the substitutes.*

# wouldn't trade our subs



People may envision complete chaos when they think of a class with a substitute. They see images of students throwing paper airplanes and no work getting done.

However, many substitutes have a real connection with the students. They are not seen as mere babysitters, but as actual staff members of the school. "I love the subs we have because they don't just sit in the class and ignore us," said junior Khalia Horne. "Our subs will actually talk to us and help with any work or anything we may need." Senior Rahaf Amer felt similarly. "I have actually gotten to know some of the subs here quite well," she said. "It's as if they are one of my teachers that I just don't happen to see everyday."

The substitutes have felt the same connection with the students. "I started substituting here when I

retired from the government. I had kids that went here, and one that is going to go here, so I felt it was a way for me to be involved," said Bob Taylor. "I have ended up getting pretty attached to the kids here, and I couldn't imagine a better way to help out."

Many of the substitutes also have helped out with the school in other ways. School-based substitute Nan Irick often assists with the mountain club by chaperoning on their hikes. Other substitutes have helped out with fundraisers and school plays.

According to students, substitutes here have a very special place, and they go well beyond the normal expectations of substitutes. They connect with students and faculty alike and make up a vital part of the school community.

- Marley Furlong, '09



"The best part about subbing is that you get to meet new kids and go into a new classroom everyday," said Sandra Baird. "It's always a different experience."



"Sometimes I myself, don't know the subject very well, but it is still rewarding to try my best to help them figure out the work," said substitute Caroline Smeaville. Here, she works with junior Tameka Roney.



What are the challenges for a

## club presidents?

"As a captain, I am trying to organize the math team better so that more people would enjoy being in the club."

-Siyun Lai, senior,  
Math Team president

"I have to set up the meetings, provide the materials, and book activities."

-Corinne Wiesner, sophomore,  
Russian Club president

"Recruiting people and getting it started is easy, but getting people to want to come takes some thinking."

-Alexander Case, senior,  
Politics and Money Club co-president

"I advertised a lot about the club through flyers and in class and also explained the importance of politics and money in the future."

-Eskinder Haile, senior,  
Politics and Money Club co-president

"I call everyone to remind them about the meetings. I have to teach them the rules [of the game], so being in charge takes up a lot of my time."

-Henry Phillips, sophomore  
Cricket Club president



Sophomore Jose Castellon stays after school to participate in the Politics and Money Club.



Senior Lisa Musto stays after school for the National Art Society, where club members make bowls, in conjunction with the Everybody Bowls club, and sell them to benefit the homeless.

Sophomores Mary Beech and Madison Lane give each other high-fives during a game of cricket.



*Inspiration and motivation  
are the keys to starting a new club.*

# the start of something new

Everyone has hobbies that they enjoy doing. There are very few, however, who have the inspiration to actually start a club based on those hobbies. Starting a club is a big challenge and takes a lot of motivation.

For most students, starting a club resulted from hobbies that fascinated them. Junior Emily Tyson, one of the founders of the Russian Club, said, "I have been teaching myself Russian and about Russia for about a year already. The country has always caught my attention." For other students, however, starting a club resulted from hobbies that were introduced to them by their friends. "One of my friends heard about the Politics and Money Club from the morning announcements and introduced it to me," said sophomore Erika Fernandez. "I thought it sounded interesting, so I went to one of their meetings. I liked it, so I just kept on going."

Student-created clubs and clubs that are traditionally created by the school are similar in the sense that they both allow students with similar interests to meet and share new ideas with one another. "I've met many new people since joining the

math team, and we all have the same interest," said senior Siyun Lai.

However, these two types of clubs differ in that student-created clubs gave students the freedom to explore hobbies that are not already established within the school. "The Cricket Club is unique in that it includes physical activity," said sophomore Clara Dubow, another member. "Since it's not a typical club (such as the Key Club, French club, etc.), it will stick out on a college application."

Starting a club was not as easy as it may seem. It took someone with the time, determination, and enthusiasm to make it happen. "Trying to start the Russian Club took a lot out of my time because there was so much responsibility and planning that I had to do," said sophomore Corinne Wiesner. "It was hard to find out how to make the club official."

Whether it was the Cricket Club, Russian Club, or any other student-created club, the motivated students who developed these new groups have contributed to the school's fabric. They hope that future students will continue their work.

-Jessica Li, '10







The Cricket Club, which typically met on weekends, takes a break from a Saturday practice at Bluemont Park.



In the Politics and Money Club, junior Tyler Kellogg listens to senior Alexander Case's views on what has happened in government in the past week.



In a meeting of the Math Team, senior Siyun Lai helps senior Grete Karuso with an equation, while junior Erin Healy looks on.



►► Students share their  
favorite school memories.

# unforgettables



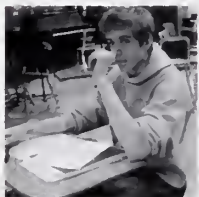
Sonika Das



Chelsea Charles



Devin O'Connor and  
Matthew Newman



Alexis Planché

No one ever really knew what to expect at school. Every year there was always a spontaneous new event or a new tradition that made that year different from any other. Whether it was a particular class, a teacher, a fight, or a friend, students agreed that school memories would always be remembered over the summer and beyond.

For some, a faux pas often turned into an amusing memory. "My most memorable moment was this day in the beginning of the school year when I wore my favorite flip flops and fell in front of the senior class," said freshman Chelsea Charles. "They all started to laugh at me, and I was so embarrassed."

Kelly Tynan, a senior, recalled a particular day in English class. "Mrs. Reyes let me go to the bathroom with the blue pass, but I didn't return with the pass because I dropped it in the bathroom trash can by mistake," said Tynan. "I didn't want to pick it up, so I left it behind, and went back to class.

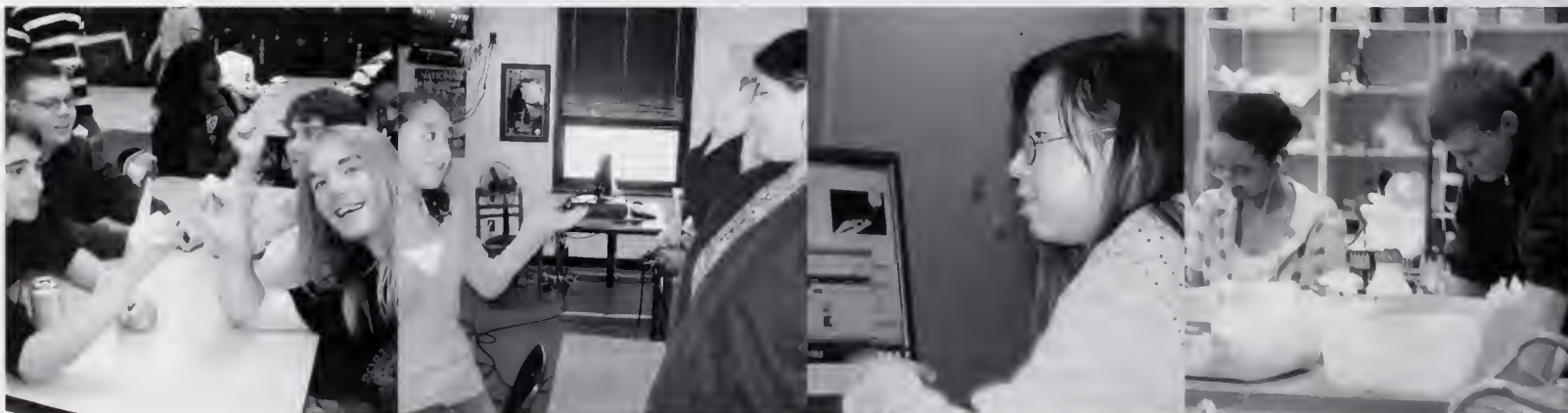
Then, one of the security guards came in saying that they had found it."

For others, the shocking or comedic moments were the best to recall. Junior Olivia Huston said, "My most memorable moment in class was the day of the real fire. It was so unexpected that I'm never going to forget it." Junior Rachel Heend said, "My favorite memory would have to be when Peter Klingelhofer told his somewhat inappropriate dream to my entire math class...it was so hilarious."

Still, others found that day-to-day experiences made the best memories. "My favorite part of this year was being the one kid who wasn't in IB physics, who had time to hang out with friends every night of the week while others couldn't," said junior Andrew McGarity.

Whether classic or once-in-a-lifetime, school memories defined the year for each student.

-Fabiola Alba, '08



Sophomores Timothy Whelan, Joshua Barden, Collin Seamens, and Gregory Hogan enjoy having class in the cafeteria.

Caroline Benitah, sophomore, and Jennifer Melendez, senior, get together during a five-minute break in class to talk about their day.

Ming Yee Au, senior, researches the culture of Afghanistan for her English class project.

Sophomore Alec Pastre and freshman Keisha Natsumi work together on an assignment for art class.



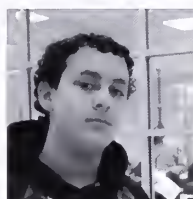


Sophomores Gabriela Arteaga and Tamar Jibladze said their favorite memory will be the friendship they developed and all the times they spent together in P.E. class.



"I'm going to miss my teacher....I always seem to get her mad during class, but it was funny for me."

-Timothy Seamen, senior



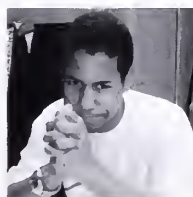
"I'm going to miss my classrooms in the old building, since next year we are going to start in the new building, in the beginning of the year."

-Theodrose Encubahre, junior



"My favorite memory is the time I spent with my friends. Whether it was goofing off in class or catching up in the hallways, my friends always put a smile on my face."

-Lizzie-Ramos Palma, sophomore



"When this year is over I'm going to miss my physics class the most. We all got along so well, and I'll always remember when we played with Hot Wheels cars for labs."

-William Farley, junior



"My most memorable moment is falling in the cafeteria. After a rainy day, when I came inside I slipped. It was so embarrassing."

-Mary Sanchez, freshman



Ciano Grand-Pierre, senior, heads to the snack machine for an after-school treat.



Aidan Lynch, Chaimae Haronni, Hannah Aiken and Khulan Batmunkh, all freshmen, take time in class to wish Haronni a happy birthday.



Kathryn Perry, freshman, works on an art piece.



Junior Luca Brunner and freshman Marvin Chinchilla enjoy the cafeteria in the old building before the big move.



"The nights when I have soccer, I always find myself not having enough time to study so, I end up studying before the bell," said sophomore Madeline Farber.

## Do you procrastinate?

We polled 100 students about whether they procrastinate or not. The majority admitted to this bad habit.

**73%** admit that they regularly put off work.

**27%** claim to be more disciplined.



With extra time after school, sophomore Jesus Eduardo Crosa stays after to talk to his friends for a bit right before he leaves to play some lacrosse.

Seniors Michelle Canales, Hiba Elnour, and Lashay Newman catch up and share jokes after school. "We always start out with the intention of doing our homework, but we always get side tracked and end up hanging out instead," said Canales.

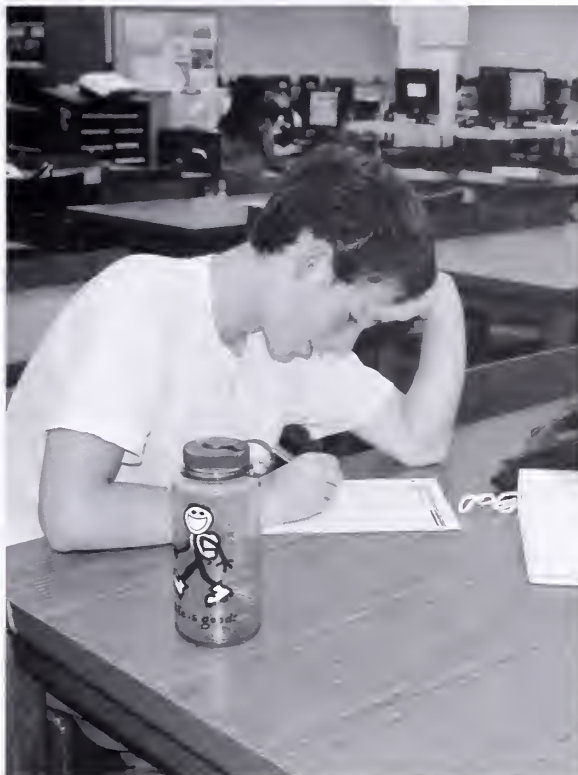






With band and cross country taking up all of freshman Jordan Mandel's time, he finally has time to go to the library and sit in a peaceful atmosphere to catch up with his homework.

Students often met up in the lunchroom to finish up homework. Freshman Mary Hamilton starts on some homework in the cafeteria right before heading to volleyball practice.



►► *Students reflect on the pros and cons of procrastination.*

# spacing out

For many students, procrastination was an ongoing challenge. They must balance out school work, extra curricular activities, sports and jobs, while still maintaining a social life.

A lot of students agreed that block scheduling gave them more chances to procrastinate until the last minute or slack off. Most students regularly admitted to their procrastination habits. "I procrastinate more with block scheduling because I have more time to do it in class and near the end of the class," said sophomore Audrey Sonntag. Even teachers admitted to procrastination. "Sometimes I do procrastinate with grading tests and assignments when I have a huge stack of essays to grade," said social studies teacher Jennifer Dean.

A lot of students also had other after-school priorities that kept them from doing their homework. "I am senior class treasurer, historian for the key club, I take Arabic class, and on Wednesdays I tutor," said senior Hiba Elnour. "I also have college applications that have deadlines to them, so I must put that in front of

homework because I can always make up homework but not college applications," added Elnour. Many students with extra curriculums find it difficult to stay on top of everything, but when students have tough classes, it adds to the load.

Due to AP and IB classes, some students found themselves not wanting to put off work and saving it for the last minute. "I procrastinate less with AP because it is harder and more work," said senior Nicholle Canales. "I know I cannot leave it to the last minute; it is just too much work for one night."

Some students believed that procrastination helped to motivate them and improve their grades. "I wait until the pressure kicks in, and then I will start to do my homework," said freshman Jordan Mandel. "I am more focused on it, so it is better."

Many students agreed that whether it was due to the pressure of difficult courses, or a result of pure distraction, procrastination was unavoidable.

-Jessica Li, '10

## Why do you procrastinate?

"I do procrastinate because it is a habit of putting things off until the last minute. I mostly do this when the assignment is extremely long."

-Loan Nguyen, senior

"I always procrastinate because I have other things to do like play basketball with my friends and hang out with the ladies. I also work on Mondays from four to eleven."

-Sami Sabir, senior

"Of course I procrastinate. I am in a Bolivian dance group, and I work three days a week at Chili's from five to ten, so it takes up a lot of my time."

-Sabrina Love, junior

"Yes, I do it all of the time, because I am on a traveling dance group, and we practice everyday from six to nine. Usually after I get home, I'm too tired to start my homework."

-Amani Mahmoud, junior

"Do I procrastinate? I'll get back to you on that..."

-Robert Summers, social studies teacher



Sophomore Thomas Edwards learns shocking news about his basketball training. Instead of it being after school, the time was changed to 6:30 the next morning. Now, with basketball training being canceled, he can go home and start on some homework.

*acad. & org.*



►► Students enjoy hands-on activities at the Career Center.

# opening new doors



Junior Michael Firth learns to salute in his Reserved Officers' Training Corps class. "I take this class because I want to join the army. This class is helping me get an understanding of leadership," said Firth.

Digital photography, forensic science, and television production were some of the many areas of study available at the Arlington Career Center. Students from Washington-Lee, Yorktown, Wakefield, and H-B Woodlawn high schools gathered to explore their future careers. "Technical animal science is giving me real life opportunities because I do a lot of hands-on activities," said junior Ariel Hamilton. "It's giving me experience."

Students said they felt especially involved at the Career Center and were able to participate more than they did at their home schools. "I like TV production because I am interested, I understand it, and it is easy," said senior Giovanni Donis. "Some days we do not get lectures, instead we just go and work on the current project."

Many students felt that the classes at the Career Center were more engaging than regular

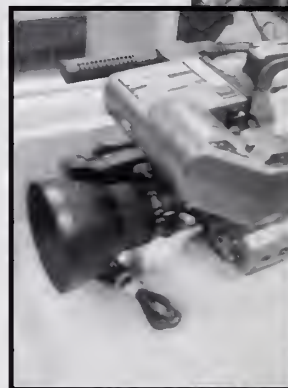
academic classes because they were specific to their interests.

"The technology that we use there is advanced, and some of the classes offered there are not offered here at school," said junior Erika Guevara. "I feel like the experience we get is better."

Overall, virtually all of the students who went to Career Center classes said they enjoyed the experience and felt that the classes were worth the bus ride across the county. "It was worth going because the experience that I get there are skills that I will use in the real world," said junior Michael Firth. "I know they will come in use when I am studying my profession."

With classes that kept students interested and taught professional skills, the Career Center was one of the best opportunities available to students.

-Ana Villalobos, '09



Junior Ashley Rippey enjoys cropping hair color on herself in digital photography class. "I have learned a lot of different techniques in this class," she said. "We use Photoshop to change hair color, shrink objects, and retouch portraits."





Seniors Ziomara Soriano and Maira Ventura learn how to perm hair in their cosmetology class. They also learn to work with people, cut and dye hair, and create hair styles. "I really enjoy this class because it is more hands-on," said Ventura. "It is not like a regular class where you just go and sit down. Everyday we have an assignment and we have to complete it."

Senior Zaida Parra and junior Amarilis Flores practice getting a patient down the stairs in their EMT class. "We have to practice beating the clock and run as fast as possible," said junior Amarilis Flores.



Senior Giovanni Donis is learning to produce in the TV production studio. "All the technology here is giving me a heads-up on how everything works, and it is getting me ready for my future career," he said.

Senior Douglas Nguyen enjoys working with camaras and being one set with his classmates. "You have to be able to work with people if you want to get a career in TV production," he said.



Junior Mauricio Villarroel-Orellana does not mind traveling to get to Career Center. "I don't mind getting on the bus everyday and going to Career Center because I enjoy the class," he said.



With her personal assistant Huma Abedin and security by her side, Senator Clinton greets and signs autographs for students.

A gym packed full of students, teachers, and community members of all ages await the arrival of Senator Clinton. Enthusiastic students waited on foot in exchange for a floor spot in front of the podium.



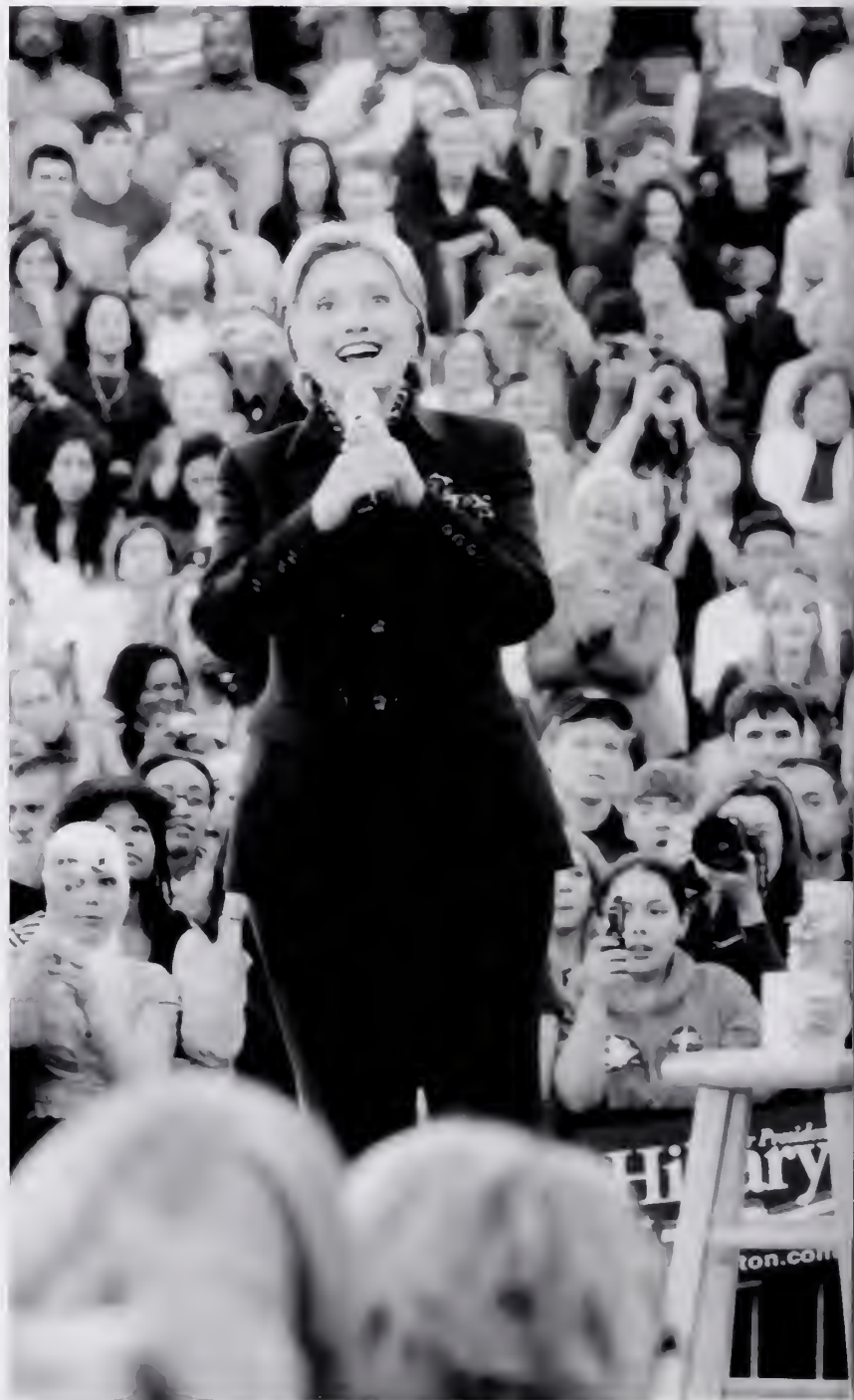
### Leading to the Event...

1) Principal Gregg Robertson placates the crowd with jokes and information about the event as the wait for the Senator's speech continues. 2) Working alongside professional media correspondents, senior Zach Warburg records the speech, while photography editor Julia Lerner, also a senior, takes photographs for the "Crossed Sabres." 3) After an early release, tired students wait for the speech to begin as Senator Clinton runs two and a half hours late. 4) Accompanied by much applause, Senator Clinton is introduced to the audience by Arlington County Sheriff Beth Arthur.



**On Strict Security Measures...**  
"There were a lot of secret service men everywhere, and we all had to go through a metal detector," said freshman Andrew Briant.

*acad. & org.*

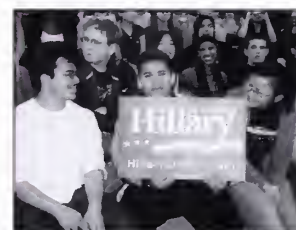






Members of the Student Council Association sit behind the podium. "We were really excited and nervous," said senior Jennifer Burpoe.

Four-year-old Miralda Calderon, who attended with her mother, sports a shirt saying "I Can Be President." As the first woman seriously campaigning for the Democratic presidential nomination, Senator Clinton is an inspiration to many women.



►► Forget the sidelines, when Hillary Clinton made a campaign stop at school, students experienced politics from the front line.

# up close and political

Instead of going home, students lined up outside the gym in the old school building when the bell rang to signal the end of an early release day in mid-February. Willing to wait for two and a half hours while things ran behind schedule, spectators went to great lengths to hear New York Senator and Democratic party presidential candidate Hillary Rodham Clinton. Expectations ran high as the packed gym, consisting of students from schools across the county, teachers, and various community members, waited restlessly. Secret service agents kept close watch over the crowd.

With the entire American public watching, why did Senator Clinton choose this school to make an intimate campaign stop at? "She's heard good things about us, and we were one of the top 'Newsweek'-chosen public high schools in the nation," said Principal Gregg Robertson. "Young voters are an untapped source, and students can always go home and influence their parents' voting decisions," said senior Kieona Gallaway. According to sophomore Gabrielle Casteal, "She chose us for the diversity of the student body."

Reasons may have varied, but one thing was certain: students were experiencing both national and school history-in-the-making, as Clinton was the first woman seriously campaigning as a presidential nominee, and the school had never hosted a political event of such a grand scale. Math teacher Warren Gillus summed up the atmosphere: "The

crowd is really pumped up and excited to be part of history!"

While some had come for the excitement, many spectators were there to evaluate Clinton as a nominee. "She may be trying to drum up support for the upcoming Virginia primary, but I think she is also aiming to win the public," said community member Jacob Rehpelz, who remained undecided between supporting Clinton or her main rival, Barack Obama. Junior Ethan Scholl agreed. "She's here for a lot of reasons, but a big one is to improve her rep, because there's a lot of Obama supporters in this area," he said.

The Senator was finally introduced to an enthusiastic crowd by the Arlington County Sheriff Beth Arthur. During the forty minute speech, Senator Clinton talked about her vision for the future of America. She discussed her experience with diversity, goal to reduce the high cost of college, and her efforts to increase the availability of health care. Virtually met with thunderous applause and photo flashes from the young crowd after every sentence, Senator Clinton was well received and welcomed warmly. However, some, such as senior Carlos Barbary, also critiqued the speech. "It was a good event, but I felt like she took advantage of the young crowd to skirt substantial issues," he said.

After the speech, Senator Clinton posed for pictures, signed autographs, and thanked many of the crowd members personally.

-Karina Zannat, '08

acad. & org.



# clubs & societies

## 2008

►► Whether they formed a new club, or joined an established society, students gave their time to shared causes and interests.

### ARTS



*NATIONAL ART SOCIETY*



*EVERYBODY BOWLS*

"Art club has helped me go on with my passion for art, and I love to show my individuality through art."

*Tin Nyugen, '08*



"I find Everybody Bowls is a great club to give back to the community by making bowls for the homeless."

*Cesar Ruiz, '11*



*ART CLUB*



# THIS & THAT



"I wanted to join the African Awareness club because of what it stands for. I wanted to help raise the spirit of African awareness."

*Ezana Seyoum, '08*



"I'm looking towards expanding my future into the United Nations, and Model United Nations has helped me learn more about politics."

*Pulkeet Mehra, '08*



"Politics and Money has brought out more of my political side because there are more important events in the world to talk about."

*Dakota Springston, '09*



"The Independent Political Club has helped me learn other people's opinions and given me more knowledge of political events."

*Aaron Vincent, '08*

## POLITICS



*MODEL UNITED NATIONS*



*POLITICS & MONEY*



*INDEPENDENT POLITICAL CLUB*



*YOUNG REPUBLICANS*



## ACADEMICS & HONOR SOCIETIES

### *Why join?*

"I joined Social Studies Honor Society because I have always enjoyed my history classes and my history teachers, which made me want to get more involved with this subject area."

*Jane Roberts, '08*



*NATIONAL HONOR SOCIETY*



*SOCIAL STUDIES HONOR SOCIETY*



*VIRGINIA MATH LEAGUE*



*IT'S ACADEMIC*



*DEBATE TEAM*



# SERVICE ORGANIZATIONS



*KEY CLUB*



*LEADERSHIP INSTITUTE*



*STUDENT COUNCIL ASSOCIATION*



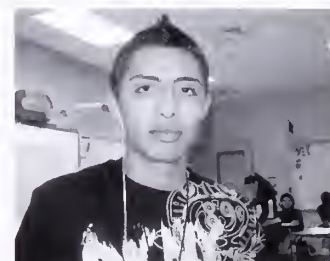
*DIVERSITY PEER TRAINERS*



*PEER MEDIATORS*

"Peer mediation made me a better listener. I've learned to listen to other people's ideas and to comprehend other people's concerns."

*Cristian Montecinos, '09*



"I joined leadership club because I felt like being a leader is an important part of one's life. Leaders go above and beyond, and I admire that. I also wanted to see what leadership opportunities are out there for me."

*Chaimae Haronni, '11*



# THIS & THAT



"I like step team because it is a lot of fun, and I enjoy dancing. I also want to join a step team when I go to college."

*Danait Habtemariam, '10*



"Badminton club has helped me to not only stay in shape, but I have gotten to meet a lot of new and interesting people."

*William Horsley, '10*



"F.C.A. is a good way to interact with people, which helped me make more friends."

*Gloria Romero, '09*



"I like being part of the Mountain Club because I like being outdoors, and I enjoy the different types of activities that we do."

*Adam Ginsberg, '09*

## SPORTS



**MOUNTAIN CLUB**



**STEP TEAM**



**SAILING CLUB**



**BADMINTON CLUB**



# INTERESTS



*F.C.A.*



*MUSIC AFICIONADOS*



*CHESS CLUB*



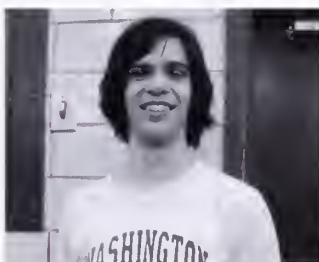
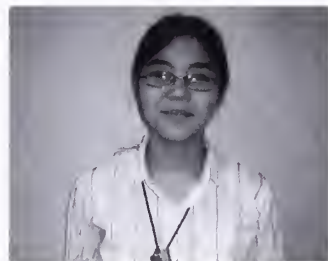
*ROLE PLAYING CLUB*



*P.A.W. CLUB*

"Peer Mediators has helped me to see people in a different manner, to learn that what you say can affect almost anyone. You learn to be more tolerant, and that has helped me to become a better person."

*Linda Huynh, '08*



"My favorite memory from working with P.A.W. club was when I made Christmas ornaments in my oven for the holiday bizarre, and then I got to sell them."

*Patrick Kelley, '10*



## CAREER



*F.B.L.A.*

## PUBLICATIONS



*CROSSED SABRES*



*F.C.C.L.A.*



*PENMAN*



*AFTER SCHOOL CLUB*



*BLUE AND GRAY*



# LANGUAGE & CULTURE



*L.A.S.A.*



*S.O.S. AFRICA CLUB*



*RUSSIAN CLUB*



*FRENCH CLUB & HONOR SOCIETY*



*JAPANESE CULTURE CLUB*



*AFRICAN AWARENESS SOCIETY*

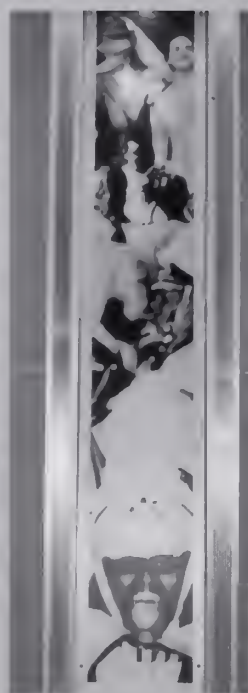




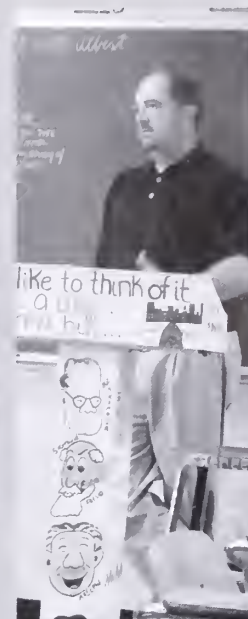
# community

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## 2008







Carving a permanent niche into a community is not necessarily easy, but Washington-Lee has successfully done so in Arlington County. Regarded as both a highly diverse school and an excellent institution, the school community maintains its own identity while keeping strong ties with Arlington as a whole. Night classes are regularities on campus, as are community members sharing the pool with students and the swim team members. School-sponsored events, such as football games or the holiday bazaar, allow the community to show their support for the numerous student clubs and organizations at the school. Community residents are invited to speak to students in classrooms, co-sponsor school organizations, and various committees such as the Parent Teacher Association allow direct communication between student representatives, school officials, and community members. The Generals' spirit may run rampant throughout the school halls, but there is an equal sense of camaraderie shared with the greater community as well.







## CLASS OF 2008

When the year began, you were already making plans for colleges, prom dates, beach week, and, of course, graduation celebrations. Now you are done with high school and on to bigger things! Congratulations!

*-the Blue & Gray Staff*



*senior ads*



# colophon

**Theme:** "Trading Spaces"

**Volume:** 81

**Publisher:** Jostens Publishing Company in Winston-Salem, NC, representative Jenny Caskey

**Cover:** Four-color custom lithograph cover with gloss lamination; designed by Bob Eyster, Jostens design consultant, along with Anna Riddick and Sarah Reese

**Printed:** 650 copies

**Prices:** \$65 for pre-orders, \$80 at distribution

**Number of Pages:** 228

**Paper:** 80# Gloss Paper

**Endsheets:** Sterling Silver

**Copy:** Set in Times, various sizes and styles

**Produced Using:** YearTech Online, Jostens Publishing

**Software:** Photoshop CS2 and Microsoft Word

**Equipment:** Dell PCs, Dell scanner, Sony cameras, Nikon Coolpix camera

**Portraits:** Prestige Portraits by Lifetouch National School Studios, Baltimore, MD

**Adviser:** Sarah Reese, second year

**Editor-in-Chief:** Karina Zannat, third year

**Copy Editor:** Anna Riddick, second year

**Business Manager:** Sarah Michaelson, third year

**Volunteer Assistant:** Anjani Chopra, second year

**Staff Members:**

Sharifa Ahmed, first year

Fabiola Alba, first year

Tamara Amer, first year

Marley Furlong, first year

Whitney Hurdle, first year

Juskeymi Lazo, third year

Jessica Li, first year

Amanda MacDonald, first year

Mandy Maggio, first year

Ana Villalobos, first year

Lindsey Wallace, first year

Katie Wheeler, first year

Jullie Zeballos, first year

## congratulations... to the staff of the *Blue and Gray*

I could not have asked for a better staff. Your willingness to help one another, your enthusiasm for the class and the book, and even your impromptu dance-offs helped make seventh period both fun and productive. Each of you invested yourselves and made something that I hope you and your fellow students will be proud of for years to come.

To Karina: Please don't graduate! What will I do without you? You did a great job again this year. You rewarded your staff members'

hard work, but you also knew how to get them back on track when they needed it. I suppose you must move on to bigger things, but don't forget about us. When you come back to visit, I promise not to make you proof pages.

To Anna: Your good luck at camp helped us win a camera, and your creativity and insights there helped us set up the framework for an excellent book. During the year you did an excellent job of keeping the pages proofed, and helped make our youngest staff

members feel right at home. Best of luck in North Carolina!

To my other graduates, Juskeymi, Fabi, Katie, Sarah, and Anjani: You will be missed. I wish I could keep you for another year.

Finally, to all my returning staff members, you are the future of yearbook! I look forward to another great year as we create the 2009 book!

Many thanks,

Ms. Reese, advisor



*colophon*



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*"Oh, the places you'll go!"*

Colleen, we are so proud of you.

Love, Mom, Dad, and Shea



## Emma Rava

*"Do not go where the path may lead,  
go instead where there is no path and leave a trail."*

*-Ralph Waldo Emerson*

You are destined to do great things. Think about where you want to go in life and what it will take to get there. I'm so proud of you!

Love, Mom



*senior ads*





## Natalie

We are so proud of your  
accomplishments  
and love you very much!

Mom, Dad, Peter and Alex



## Douglas Ninh Nguyen

Congratulations!

Love,  
Mom & Dad







Zachary Warburg

*"There ain't no rules around here.  
We're trying to accomplish something."  
Thomas Edison*

Congratulations! We're so proud of you.  
Love Mom, Dad, Jenn & Dylan







Anjani,

We wish you nothing but the best.  
You have made us so proud!

Love,  
Mom, Dad, Neetu, Raja, Vicky,  
and Baby Vinay



Hernando Wills

We are very proud of your high school graduation.  
Good luck in the future and keep being as nice, happy,  
responsible, smart, and dedicated as you are now.

We love you very much!  
Papi, Mami, Juanfe, Ito, Tata & Juni



*senior ads*





Sarah Amanda Osso Michaelson

Congratulations to the best daughter, ever! Your smiling face, ability to solve problems, dedication to friends, and helping hand to your parents are just some of your assets. We know you will have a great college experience and will use your strengths to make the world a better place.

Love, Mom and Dad







Chris Weber

Hey, Buddy, we are all so  
thankful for and proud of you!

GNWLYGBYSWASD,  
Mom, Dad, Teri



Michael Underriner

School, sports, friends, and laughs

Eighteen years of memories,  
A world of promise







Karina,  
I asked for a child,  
and Allah gave me the most precious  
treasure, YOU.  
I am so proud to be your mother.  
Love, Ma.

You're a really cool older sister.  
Good Luck !!!  
Zuhaerr.



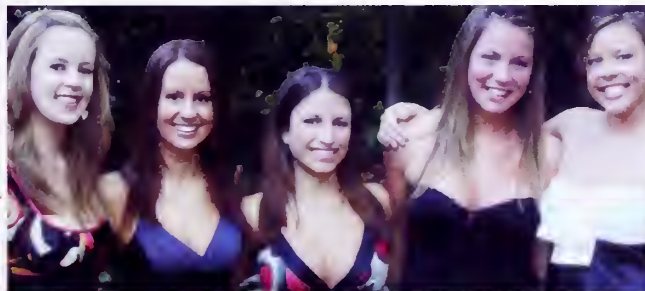




## The Five of Us

Here's to all the good times  
and memories we've shared  
and all the more to come.

Allison Mayo, Lisa Musto, Maggie Tate,  
Allie Vincent, and Amanda Zellman





To my beautiful granddaughter Victoria Jacqueline Petty,

Congratulations on your successes. Stay focused, set your goals and reach for the stars. May all your dreams come true. As you set your goals and follow your dreams take Christ with you and give him the glory. May God continue to bless you and keep you in good health.

With love from your grandmother,  
Deborah Walker



## Alison Hight

Congratulations on the  
many accomplishments  
you made during your  
school years in the  
USA and Canada.

We are so proud of you!

Love,  
Mom, Dad, and Jennifer







Anna Riddick

Congratulations, and enjoy  
your Happily-Ever-Aftering!

We love you!

Jayne, Mom, & Daddy





►► *How 17 girls wrote, designed, edited, and created this publication.*

# yearbookin'

With twelve out of seventeen staff members being new to yearbook, the year started off with complex lessons on the publication process that surprised the newcomers. "I didn't expect yearbook to be so hard. It requires a lot more independence than my other classes," said junior Tamara Amer.

However, once they caught on to the basics, the staffers began to work on individual stories instead of group assignments. "Turning interviews into full length stories was really hard, but once I got started, it was pretty simple," said junior Amanda MacDonald, who also realized that time management and responsibility were essential to meet deadlines.

So how exactly did yearbook work? "Everyone is assigned a story to cover, and has to take pictures, write a story using quotes, and meet their respective deadlines, depending on which of the two groups they were in," said junior Sharifa Ahmed. "Then there's three rounds of corrections from the editors and the adviser, and lots of peer editing," added junior Ana Villalobos.

Though writing stories, meeting deadlines, and coming up

with angles for stories were generally considered to the hardest part of the class, the staff learned to help one another and be more efficient. "If it wasn't for everyone's joint effort, the yearbook wouldn't be possible," said senior Fabi Alba.

The deadlines and multi-tasking could create a high level of stress in the publications lab. However, the deep bonds that quickly grew within the staff helped them to juggle these demands and learn from one another. "Yearbook ended up being hard work, but the fact that we were close as a group and always had a good time made it fun," said junior Jullie Zeballos. Along with class and after-school lab hours, the members often spent time together outside of school, solidifying their closeness.

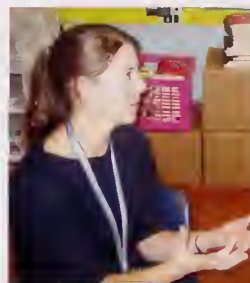
With a year of valuable experience and close-knit group, all but the graduating members of staff intended to return the next year and continue on staff. First-year staffer and sophomore Jessica Li said, "Despite the stress, it was always so much fun; I can't wait to come back and do it all over again."

-Karina Zannat, '08



## Business as Usual

The publications lab in the new building provided additional space and computers. During a typical yearbook class, the lab hummed with activity, as staff members frantically worked to meet their deadlines. At left, senior Fabi Alba checks her publications mailbox for drafts requiring corrections.



Advisor Sarah Reese



Juniors Whitney Hurdle, Jullie Zeballos, and Sharifa Ahmed



Sophomores Jessica Li and Mandy Maggio



Camera Ready...



In Reality...



Junior Amanda MacDonald adjusts the zoom lens on one of the yearbook digital cameras before going out on an assignment.



Juniors Ana Villalobos, Jullie Zeballos, Amanda MacDonald and Sharifa Ahmed enjoy cake brought in by a fellow staff member.



Seniors Juskeymi Lazo and Katie Wheeler, along with junior Tamara Amer, agreed that while individual effort was needed, team work was crucial for finishing the publication.



On the last day of class in the old publications classroom, the staff gathers for a picture.

Senior and copy editor Anna Riddick concentrates on editing a spread and prepares for a conference with a staff member.



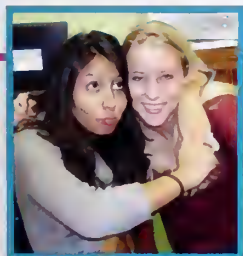
Junior Sharifa Ahmed makes changes to her work online, working from corrections written on printed drafts.



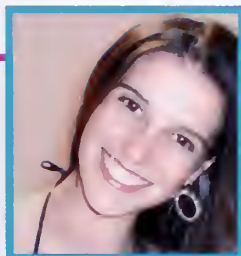
Juniors Ana Villalobos and Jullie Zeballos take a break with senior Fabi Alba after finishing a deadline.



Juniors Marley Furlong, Tamara Amer, and Lindsey Wallace form the "tripod" alliance in class.



Senior Fabi Alba on yearbook inside jokes: "We would always have our inside jokes, like smurfin' around and smurfing good times. Smurf Smurf."



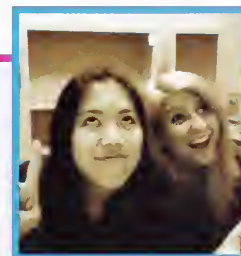
Senior Katie Wheeler on deadlines: "Deadlines were difficult to meet, but once you met them, it made you feel really accomplished."



Sophomore Mandy Maggio on food: "I love the food we had in yearbook and the people who brought it. It was always like feeding time at the zoo."

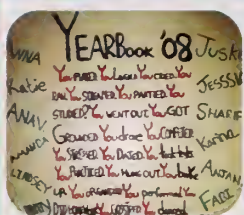


Senior Juskeymi Lazo on writing: "Writing stories was the hardest part, but at the end, the final product made me really proud of the work I put into it."



Sophomore Jessica Li on taking breaks: "We took breaks whenever things got too stressful. We took pictures on the Mac computer for Facebook."





# last words...



It seems like all I've done in the last four years was rush. I rushed to finish every assignment, rushed to be at every meeting, rushed to make it to every hangout with friends, and most of all, rushed the future. I rushed to be a senior, turn eighteen, and get into college. And it's not just me: every one of my peers looked forward to the future so much that, most of the time, we forgot to appreciate the present. And now, as I prepare to leave behind the teachers who supported my every ambition, the friends who listened to every joke, and the administrators who usually caught my every attempt to skip, I realize that I wish I could stop time.

Out of all my classes and extracurricular activities, the biggest lesson I learned was that *success should be self-defined*. Therefore, the future, no matter how unknown or challenging it presents itself, doesn't scare me because I know that no matter how steep the path is, success is waiting for me. I don't exactly know where I'm going in life, but I look forward to grabbing a challenge by the horns and coming back here to tell the teachers who invested so much time and energy in me that their efforts did not go to waste.

I am incredibly proud of this book, and sincerely hope that it achieved our goal of becoming a product that successfully documented your year. The biggest supporter of our publication was Ms. Sarah Reese, who never failed to stay with us well into the evening on a Friday night. Thank you, for being the glue that kept this publication together. The biggest reason for the yearbook's existence is the staff. Because of you guys, this was truly an amazing experience I will always remember, not to mention we made a fantastic product. I thank every single one of you, especially the seniors, for sticking with me through the year, for dealing with my random freak outs and Facebook messages, for making scores of corrections to every draft when I asked, and for being so much fun (with a little help from lots of sugar). A sincere thanks to the various teachers and administrators, who put up with sudden requests for interviews and photo sessions, and usually understood why I corrected yearbook drafts instead of doing work in class. Most importantly, I thank you, the reader, for supporting our work and not running away when we ambushed you with a camera as you unsuspectingly walked down the hallway. Without you, none of *this* would have been possible.

-Karina Zannat  
Editor-in-Chief  
Blue & Gray 2008





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# BLUE AND GRAY 2008

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We may have **traded spaces** literally this past year, but now, the entire student body looks forward to trading this year for the next. Students will brave new experiences, whether they be college or sophomore year, taking with them the experience, the lessons, and the memories of the past year. Graduates will have **traded** in their time and hard work over the past four years for those precious diplomas, as remaining students and staff continue to settle into their new **space**. For those who remain, **spaces** will continue to be **traded** as we enter the next phase of school construction, and new memories and traditions will also find their **space** in our community.

## trading *spaces*



*closing*

















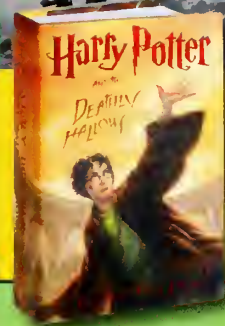
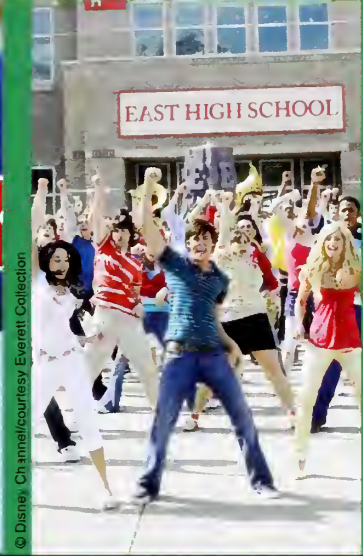




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07

08

# World Beat<sup>®</sup>

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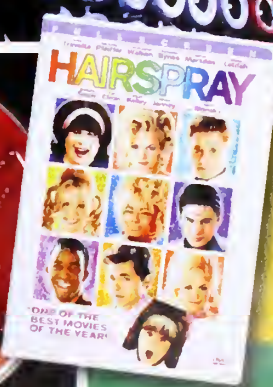
AP Photo/Richard Drew, file



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# Front Page Headlines

► As the war in Iraq passes the four-year mark, tours of duty are lengthened and recruitment standards are relaxed.

▼ To ease the mortgage crisis, the U.S. Senate passes legislation allowing homeowners with delinquent sub-prime mortgages to refinance into federally insured loans.

Chris Rank/Bloomberg News/Landov



► Several cities in the southeastern U.S. are mere months away from running out of water as drought conditions persist in the region.



AP Photo/John Bazemore

REUTERS/Enik de Castro/Landov



▼ Six men are trapped when a Utah coal mine collapses on August 6. Ten days later, the mine collapses again, killing three rescue workers. After four weeks the search ends.

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▲ During televised debates, Democratic and Republican presidential candidates answer tough questions submitted by voters via YouTube.

► The U.S. Postal Service issues a forever stamp featuring an image of the Liberty Bell. It will always be valid for first class postage on envelopes weighing one ounce or less.

AP Photo/USPS



© Heiko Jürgens/epa/Corbis



▲ The Nobel Peace Prize is awarded to former Vice President Al Gore and the Intergovernmental Panel on Climate Change, represented by Dr. Rajendra Pachauri, for their efforts to call attention to global warming.



▼ Schools across the nation are thoroughly disinfected—and some are even shut down—to quell outbreaks of staph infections, including antibiotic-resistant strains.



AP Photo/Jerry Lai

David McNew/Getty Images



▲ In late October, Governor Arnold Schwarzenegger declares a state of emergency due to wildfires that burn more than half a million acres in southern California.

▼ Dozens of tornadoes tear across Tennessee, Arkansas, Mississippi, Kentucky and Alabama on February 5, 2008, killing nearly 60 people.



AP/The Jackson Sun, Amanda Herron



JB Reed/Bloomberg News/Landov

▲ American consumers lose their confidence in China's manufacturers when children's toys tainted with lead trigger widespread recalls.

AP Photo/Richard Drew, file



◀ The Nintendo "Wii-nomenon" sweeps the nation as the game console outplays the competition with sales of more than 13 million units.

© Ted Soqui/Ted Soqui Photography USA/Corbis



▲ Writers hit the picket lines and television production is halted for months when the Writers Guild of America goes on strike to protest compensation policies for new media such as iTunes downloads.

AP Photo/David Zalubowski



► In Littleton, Colorado, construction is completed on the \$1.5 million Columbine Memorial to the 13 victims of the 1999 shooting at Columbine High School.



MANDEL NGAN/APR/Getty Images

▲ On August 1, a six-lane I-35W bridge stretching across the Mississippi River in Minneapolis collapses into the river during the height of the afternoon rush hour.



# Global

© Jose Fuste Raga/Corbis

► People around the world cast more than 100 million online votes to determine the New Seven Wonders of the World. The winning wonders are announced at a gala in Lisbon.

▼ More than 150 of the world's leading music acts perform in concerts staged around the world for Live Earth, a star-studded event to draw attention to the global climate crisis.

The New Seven Wonders of the World

7



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One Laptop Per Child

◀ The One Laptop Per Child Foundation launches a limited-time "Give One, Get One" program to spur donations of XO \$100 laptops to children in developing nations.

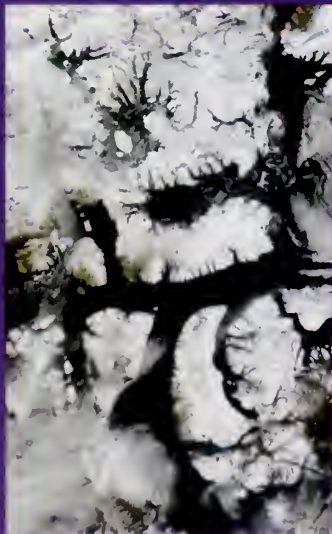


▼ Labour Party leader Gordon Brown succeeds Tony Blair as the new Prime Minister of the United Kingdom of Great Britain.



Leon Neel/AFP/Getty Images

REUTERS/NASA/Terra Satellite/Landov



▲ The melting of the Arctic Sea ice spurs an international network of climate scientists to conclude that global warming is indisputable, and that human activity has been causing temperatures to rise since 1950.

▼ In December, Pakistani opposition leader Benazir Bhutto is assassinated following a political rally in Rawalpindi, Pakistan.



REUTERS/Akram Shahid/Landov

JEWEL SAMAD/AFP/Getty Images



▲ Tropical cyclone Sidr is the deadliest storm to hit Bangladesh in a decade. It destroys thousands of homes, ruins crops and forces more than a million villagers to evacuate.



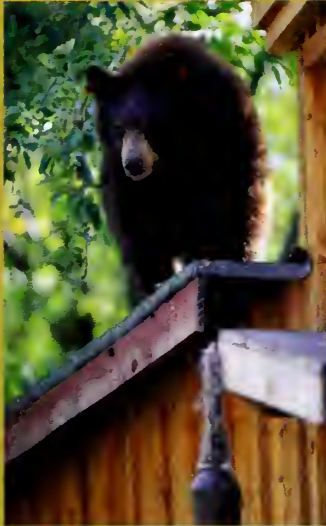
# Sci-Tech

▼ U.S. astronaut Peggy Whitson is the first female commander at the International Space Station.



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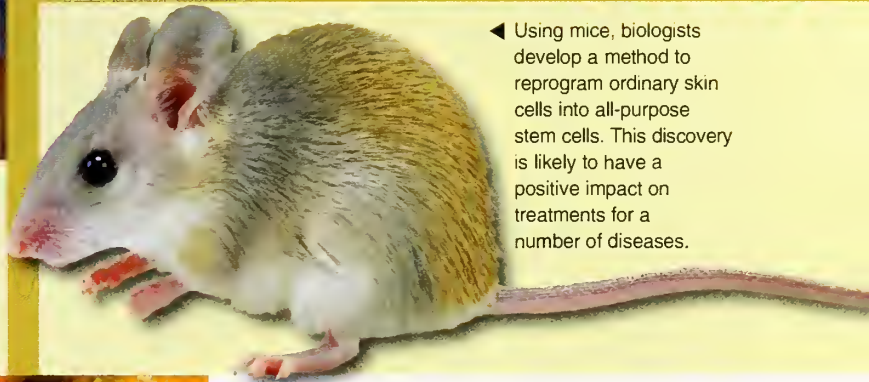
▲ Black bears make headlines in Utah, Wyoming and New Mexico as park rangers and wilderness homeowners report raids on backpacks, tents, trash cans and even kitchens.

AP Photo/Gene J. Puskar



◀ The digital smiley face celebrates its 25th birthday. Its inventor, Carnegie Mellon professor Scott E. Fahlman, first used the icon on an electronic bulletin board in 1982.

Getty Images/Dorling Kindersley



◀ Using mice, biologists develop a method to reprogram ordinary skin cells into all-purpose stem cells. This discovery is likely to have a positive impact on treatments for a number of diseases.

◀ Crops are threatened when honeybee colonies in the U.S. and Europe suffer from Colony Collapse Disorder, losing up to 70 percent of their bees due to unknown causes.

Getty Images/Science Faction



▶ In a medical experiment, salmonella germs take a ride on the space shuttle. When they return to Earth, the germs are far more lethal than their earthbound counterparts.



REUTERS/Academia Brasileira de Ciências/HO Landov

◀ An excavation site in Argentina yields the fossilized remains of a previously unknown species of dinosaur, the Futalognkosaurus dukei, measuring more than 105 feet.



# Lifestyle

► Social networking websites continue to surge in popularity. MySpace and Facebook remain dominant as the sites of choice for young people and inspire a host of innovative imitators.

▼ Concerns about overweight dogs and cats hit the headlines. Veterinarians prescribe a regimen of fewer treats, more walks around the neighborhood and no people food.

Mike Thomas/Express Newspapers/Getty Images



◀ The healthy growth trend for vitamin waters and other nutrient-boosted consumables continues with the introduction of specialized formulas for immunity, focus and more.

Photo illustration by Chris Jackson/Getty Images



▼ User-generated content grows more popular as network television shows, mainstream musical acts and wannabe media stars join amateur home moviemakers on YouTube. One of the most-watched videos of 2007 features a feline pianist.



Feeling the Piano Cat - © 2007 Alexander & Vow!

Harrer/Bloomberg News/Landov



▲ Higher prices for coffee beans do not lessen the nation's craving for coffeehouses. Independents and chains alike continue to be popular with younger consumers.

▼ Concerns over the environment and increasing energy costs create a growing consumer demand for energy-saving, long-lasting compact fluorescent light bulbs.



© Thom Lang/Corbis

▼ The Apple iPhone, with its revolutionary touch screen, packs mobile phone, camera, iPod, Web browser, email and IM capabilities into a sleek, portable package.

PA Photos/Landov





# Trends

▼ Cute and comfy baby doll jumper tops and dresses with button straps start as a summer trend and morph into fall fashion layered over close-fitting sweaters and matching tights.



◀ The A-line silhouette comes to outerwear, as swingy trapeze coats become one of the year's most surprising fashion must-haves.



◀ Under Armor athletic apparel is a popular fashion choice for athletes both on and off the field.



▶ Fashion takes a look back to the 1980s with the return of leg warmers, worn as an accessory with short skirts or skinny jeans and fashionable ballet flats or moccasins.

◀ Quilted Vera Bradley handbags and totes sweep college campuses, sororities and high school hallways from coast to coast.



▶ The ubiquitous, slouchy suede Ugg boot is reinvented with cozy knitted uppers that keep toes toasty and add a soft, tweedy, textured look to fall and winter ensembles.

REUTERS/Eric Thayer/Landov

◀ Guys sport patterned hoodies that are worn alone or layered under jackets and blazers for an edgy, urban look.



▲ Stephon Marbury inspires a host of celebrities, including Sarah Jessica Parker and Venus Williams, to battle the high-priced fashion industry by creating their own affordable apparel.

◀ The craze for oversized leather bags—in metallic shades of copper, silver and gold—inspires a trend for matching footwear in daytime and nighttime looks.





# Entertainment

- ▼ The music video game Rock Band is released for Xbox 360 and PlayStation 3. Players perform together in virtual bands, using peripherals to hit notes as they scroll onscreen.



- ▼ The music video game Guitar Hero III: Legends of Rock is released with a soundtrack of 71 playable songs. Slash and other real-life guitarists appear as in-game characters.

- ◀ Even after lonelygirl15 is revealed as a fictitious character, her popular storyline continues for a full season as an Internet dramedy series on YouTube and MySpace.



Adam Berry/Bloomberg News/Landov

- ▼ After a two-year format war, Toshiba pulls its HD DVD product out of contention, leaving Sony Blu-ray as the sole next-generation successor to DVD.



Sulake Corporation



- ▲ Large-scale multiplayer online gaming gives rise to virtual worlds where players interact via avatars and the computer-generated environment is similar to the real world.

- ▼ Harry Potter and the Deathly Hallows, the seventh and final book in the enormously popular series, is released. Its first U.S. print run is a record-breaking 12 million copies.



- ▲ Beading makes a comeback as a way to relax and creatively spend time with friends.



# Television

▼ The second season of NBC's *Heroes* continues the adventures of ordinary people with extraordinary powers and reveals more about the shadowy dealings of "The Company."



© Disney Channel/courtesy Everett Collection



▲ *High School Musical 2* becomes the highest-rated cable broadcast in the nation's history when 17.2 million U.S. viewers tune in to the Disney Channel for its debut.

▼ In the 36th season of CBS's *The Price Is Right*, host Bob Barker retires and comedian Drew Carey takes over the helm at the world's second-longest-running game show.



Bill Records/© NBC/Courtesy Everett Collection



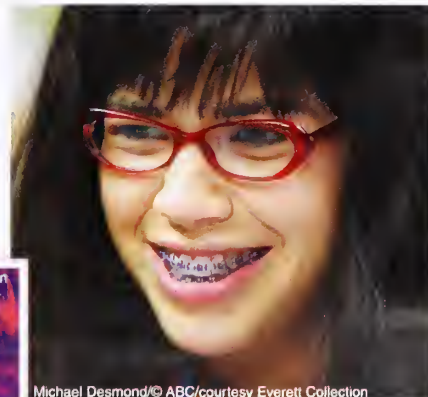
▲ The NBC drama series *Friday Night Lights*, about a fictional high school football team, is taped documentary-style, without rehearsals, to give it a more authentic feeling.



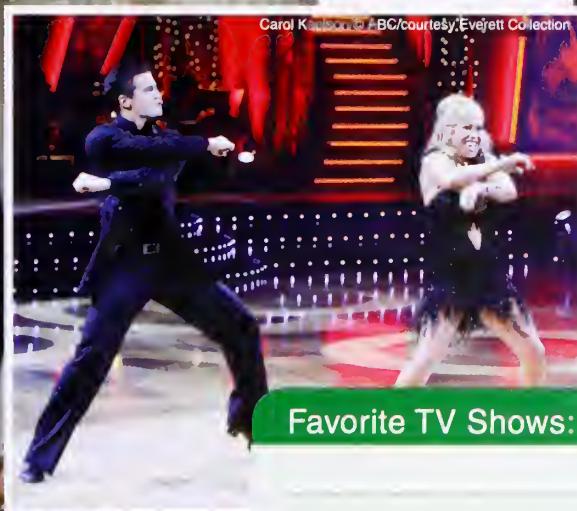
The CW/KC Bailey/Landov

◀ On The CW, Blake Lively portrays socialite teen Serena van der Woodsen in *Gossip Girl*, a drama series that follows the lives of prep school students from New York's Upper East Side.

► America Ferrera, who plays Betty Suarez on the popular ABC comedy-drama *Ugly Betty*, is the first Latina to win the Emmy for Outstanding Lead Actress in a Comedy Series.



Michael Desmond/© ABC/courtesy Everett Collection



Carol Kaelson © ABC/courtesy Everett Collection

◀ ABC's *Dancing with the Stars* rules the ratings thanks to popular celebrity participants such as Sabrina Bryan of The Cheetah Girls.

**Favorite TV Shows:**



# Movies

- ▼ Shia LaBeouf portrays a teenager who is plunged into a high-tech battle between good and evil alien robots in *Transformers*, a live action adaptation of the 1980s cartoon series.



- ◀ *Atonement* receives seven Golden Globe nominations, including lead acting nods for Keira Knightley and James McAvoy.

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July 27

THE SIMPSONS

# M VIE



- Disney's *National Treasure: Book of Secrets* nets the third-highest box-office total ever for a Christmas weekend release.



© Walt Disney Pictures/courtesy Everett Collection

- ◀ *Disturbia*, a surprise hit thriller about a bored teenager under house arrest who thinks his next-door neighbor may be a notorious serial killer, spends three weeks at the top of the box office.



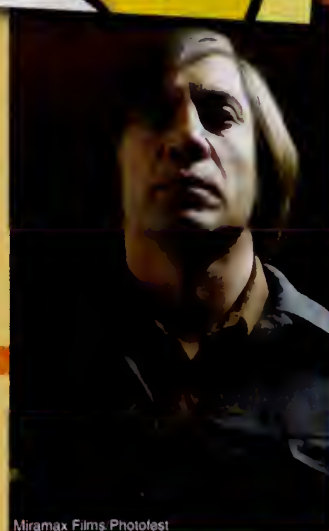
KPA Archival Collection/Omnifilm-Photo Communications, Inc.

- ▼ *The Great Debaters*, based on the real-life victories of a black debate team in the 1930s, receives eight NAACP Image Award nominations.



© Miramax Films/courtesy Everett Collection

- ▼ A 90-minute episode of *The Simpsons* takes six years to make. *The Simpsons Movie* finally makes its big-screen debut and is a major hit.



Miramax Films Photofest

- ▲ Joel and Ethan Coen write and direct *No Country for Old Men*, a film adaptation of Cormac McCarthy's bleak, moody modern western novel. The film receives eight Oscar nominations.



▼ In *I Am Legend*, Will Smith is the last man alive in New York, after a man-made virus wipes out most of the world's population and turns the survivors into dangerous mutants.



© Warner Bros./courtesy Everett Collection

© Universal Pictures/courtesy Everett Collection



▲ Matt Damon reprises his role as amnesiac CIA assassin Jason Bourne for *The Bourne Ultimatum*, the third film in the Bourne trilogy based on Robert Ludlum's novels.

▼ Starring Zac Efron, Amanda Bynes and newcomer Nikki Blonsky, *Hairspray* is a zany musical based on the Broadway smash hit.



## Best Picture Oscar Nominations

*Atonement*

*Juno*

*Michael Clayton*

*No Country for Old Men*

*There Will Be Blood*

© Paramount/courtesy Everett Collection

◀ After a 19-year hiatus, Harrison Ford returns as Steven Spielberg's adventurous archaeologist in *Indiana Jones and the Kingdom of the Crystal Skull*.



DreamWorks/Courtesy Warner Bros. Entertainment/Photofest

▲ Tim Burton directs and Johnny Depp stars as the title character in *Sweeney Todd: The Demon Barber of Fleet Street*, an adaptation of the hit Broadway musical.



© Buena Vista Pictures/courtesy Everett Collection

▲ Using a combination of live action and animation, *Enchanted* tells the story of Giselle, a fairy-tale character seeking a "happily ever after" ending in modern-day Manhattan.

**INDIANA JONES**  
and the  
**KINGDOM OF  
THE CRYSTAL SKULL**



# Music

▼ Fergie continues to place singles from her triple-platinum solo album, *The Dutchess*, on the *Billboard* charts.

▼ Fall Out Boy headlines the Honda Civic tour, performs at Live Earth concerts and reaches the top of the charts with the release of their album *Infinity on High*.

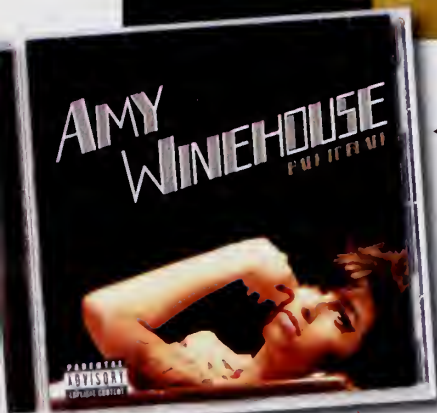
Dave M. Benett/Getty Images



AP Photo/Jim Cooper



◀ British singer Amy Winehouse brings back the beehive and wins five Grammy awards for her work on *Back To Black*.



▼ Canadian pop singer Feist enjoys soaring sales for her third solo album, *The Reminder*, after the single "1234" is featured in a commercial for the iPod nano.

Dustin Rabin Photography



Robert Pitts/Landov



▲ Rihanna records her third album, *Good Girl Gone Bad*, featuring Jay-Z and Ne-Yo. She receives six Grammy nominations.

▼ Newcomer Sean Kingston tops the U.S. *Billboard* Hot 100 and Pop 100 with "Beautiful Girls," his first single from his self-titled debut album.



AP Photo/Jason DeCrow

AP Photo/Peter Kramer



▲ Malibu singer-songwriter Colbie Caillat rises to stardom from MySpace. Her song "Bubbly" garners more than 31 million plays and her CD goes platinum.



▼ Carrie Underwood releases her double-platinum second album, *Carnival Ride*, and contributes the Oscar-nominated song "Ever Ever After" to the soundtrack for the movie *Enchanted*.



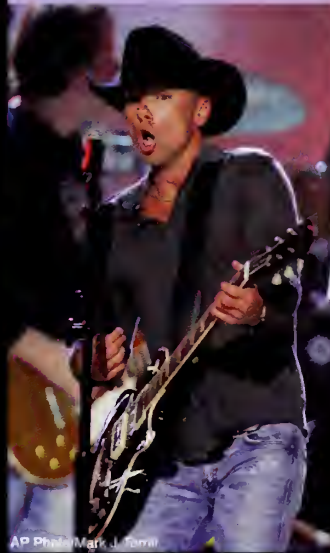
AP Photo/Empire Expo Center, John Haeger

REUTERS/Robert Galbraith/Landov



▲ After facing off at the MTV Music Awards, rapper rivals Kanye West and 50 Cent release albums on September 11 and vie for top sales. Kanye's *Graduation* is the victor.

▼ Country star Kenny Chesney releases his 13th album, *Just Who I Am: Poets & Pirates*. His Flip Flop summer tour is the highest-grossing country tour of 2007.



AP Photo/Mark J. Terrill



▲ Hip-hop artist T-Pain releases his second album, *Epiphany*. The album receives four 2008 Grammy nominations and the Vibe 2007 Song of the Year Award.

◀ Soulja Boy reaches the top of the *Billboard* Hot 100 with the single "Crank That (Soulja Boy)" and his distinctive, loose-limbed dance style becomes a nationwide craze.



Ben Rose/WireImage/Getty Images

dpa/Landov



▲ Punk-pop princess Avril Lavigne releases her third album, *The Best Damn Thing*, featuring "Girlfriend," her first No. 1 single on the *Billboard* Top 100.

IN/ RAINBOWS  
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◀ Radiohead invites listeners and fans to pay whatever they want for a digital download of their highly acclaimed seventh album, *In Rainbows*. A "discbox" edition, with standard CD and vinyl LP, is released in January 2008.



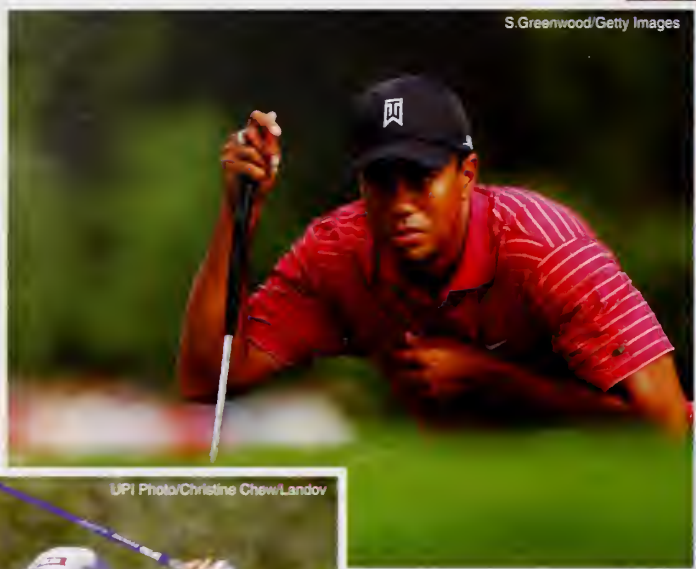


# Sports

▼ The American League Champion Boston Red Sox defeat the National League Champion Colorado Rockies in a decisive four-game sweep to capture their second World Series title in four years.

▼ Tiger Woods achieves his record 14th World Golf Championships win at the WGC-Bridgestone Invitational and claims his 60th PGA Tour win at the BMW Championship.

S.Greenwood/Getty Images



UPI Photo/Christine Chew/Landov



◀ Norwegian golfer Suzann Pettersen wins five LPGA events including her first major championship in a break out season.

© Paul Buck/epa/Corbis

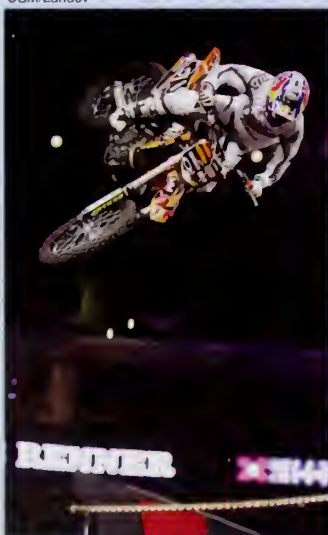


▼ Former Senator George Mitchell releases a list of Major League Baseball players, including seven MVPs and 31 All-Stars, under investigation for illegal use of steroids and other performance-enhancing drugs.



Rich Pineda/MLB Photos via Getty Images

CSM/Landov



▲ At X-Games 13, Ricky Carmichael wins the first MotoX Racing Circuit, Simon Tabron does back-to-back 900s in BMX Vert and Jake Brown survives a 40-foot fall.

▼ The veteran San Antonio Spurs, led by Tim Duncan, beat the Cleveland Cavaliers and their young phenom, LeBron James, in a 4-0 sweep to win the 2007 NBA finals.



Jesse D. Garrabranti/NBAE/Getty Images

Chris Graythen/Getty Images



▲ The LSU Tigers pounce on Ohio State early on their way to a 38-24 victory. LSU is the first two-loss team to compete for and win the BCS National Championship.



▼ California native Jimmie Johnson speeds to victory as the 2007 NASCAR Nextel Cup Champion, defeating his Hendrick Motorsports teammate Jeff Gordon by 77 points.



© Robert Lesieur/Reuters/Corbis

AP Photo/BOCOG, HO

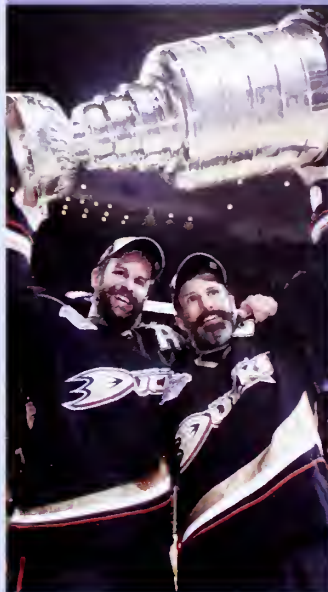


Beijing 2008



▲ Athletes from around the world train for the 2008 Summer Olympics in Beijing as the city prepares for the arrival of hundreds of competitors and millions of spectators.

▼ The Anaheim Ducks claim their first Stanley Cup, beating the Ottawa Senators in five games for the 2007 NHL championship.



© Mike Blake/Reuters/Corbis

AP Photo/Ross D. Franklin



▲ Super Bowl XLII MVP Eli Manning leads the New York Giants on a last-minute scoring drive to upset the heavily favored New England Patriots 17-14, shattering the Patriots' bid for a perfect 19-0 season.

◀ Belgian Justine Henin defeats Russian Svetlana Kuznetsova 6-1, 6-3 to win her second U.S. Open title in New York.

AP Photo/Jeff Chiu



▲ Power hitters Barry Bonds, Frank Thomas, Alex "A-Rod" Rodriguez, Craig Biggio and Jim Thome all achieve home run milestones in their Major League Baseball careers.

AP Photo/Tom Olschield



AP Photo/AJ Mast



► Brett Favre of the Green Bay Packers surpasses Dan Marino's touchdown pass record with number 422. 2007 NFL MVP Tom Brady of the New England Patriots sets the single regular-season mark for touchdown passes with 50.

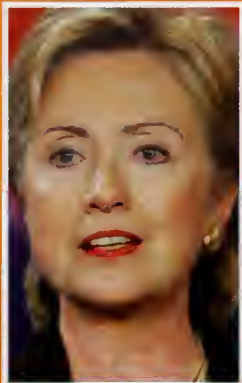
STAN HONDA/AFP/Getty Images



# Faces

## Election '08 Candidates

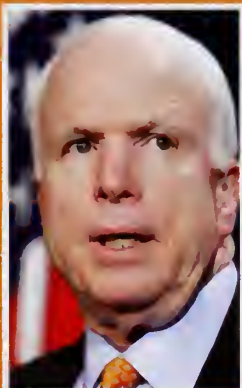
After Super Tuesday primaries on February 5, 2008, the presidential race heats up among frontrunners Hillary Clinton, Mike Huckabee, John McCain and Barack Obama



Hillary Rodham Clinton



Mike Huckabee

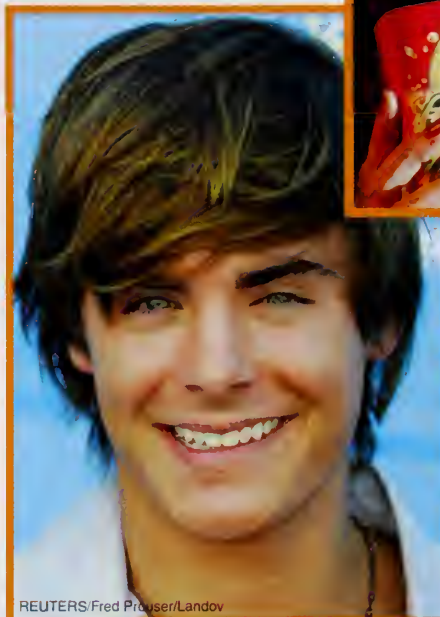


John McCain



Barack Obama

- *Entertainment Weekly* names J.K. Rowling—author of the seven-volume, 4,100-page *Harry Potter* series of best-selling children's books—as its Entertainer of the Year.



REUTERS/Fred Prouser/Landov

- ▲ Heartthrob Zac Efron, who came to fame with his performance in the first *High School Musical*, becomes an even bigger teen star with the release of *High School Musical 2*.
- The Best of Both Worlds tour, starring Miley Cyrus as Hannah Montana, sells out in every city, prompting ticket lotteries, heartbroken fans and scalping scandals.



© Alessia Pierdomenico/Reuters/Corbis



AP Photo/Jennifer Graylock

- ▼ In January 2008, Academy Award-nominated actor Heath Ledger, 28, is found dead in his Lower Manhattan apartment from an accidental overdose of prescription medication.



ARND BRONKHORST/Reuters/Corbis

UPI Photo/Sylvain Gaboury/Landov



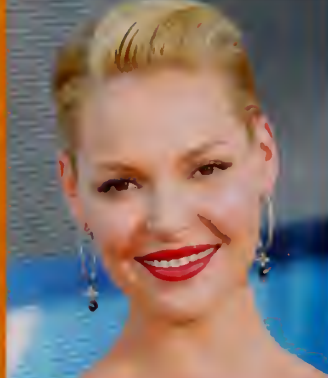
- ▲ Multi-talented star Queen Latifah becomes the latest spokeswoman for Jenny Craig. Her message isn't about getting skinny, but about losing weight to reduce the risk of Type 2 diabetes.

- ▼ At London's Wembley Stadium, Princes William and Harry host the Concert for Diana to commemorate the tenth anniversary of the death of their mother, the Princess of Wales.



PA Photos/Landov

PA Photos/Landov



- ▲ As Izzie Stevens on ABC's *Grey's Anatomy*, Katherine Heigl is a small-screen star. As Anne Fletcher in the comedy *27 Dresses*, she conquers the big screen as well.

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